

2022 NASHUA NORTH XC INVITATIONAL

Nashua, NH
 Mines Falls
 Host: Nashua North High School
 Saturday, September 17, 2022

MEET OFFICIALS

Meet Director:
 Art Kobs / John Lysik
Timing:
 Lancer Timing



OFFICIAL MEET REPORT
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Race #5
JV Girls 5K Race

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Bedford	25	1-2-5-6-11(12)(13)	1:58:26	23:42	1:43.6
2 Concord	44	3-7-8-9-17(27)(35)	2:01:18	24:16	1:53.4
3 Windham	80	4-10-16-19-31	2:08:30	25:42	5:29.4
4 Londonderry	101	14-15-18-21-33	2:10:55	26:11	4:37.2
5 Nashua South	126	20-22-23-24-37(41)(43)	2:18:28	27:42	3:45.7
6 Merrimack	155	25-28-32-34-36(38)(40)	2:23:46	28:46	2:03.8
7 Manchester Memorial	166	26-29-30-39-42	2:29:31	29:55	4:51.3

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 O'NEIL, Kloeigh	FR	512	Bedford	1	23:03.1	---	7:24.7	4:36.6
2 CARIDADE, Raissa	FR	495	Bedford	2	23:04.1	1.0	7:25.0	4:36.8
3 SHORT, Madeleine	FR	554	Concord	3	23:18.8	15.7	7:29.8	4:39.8
4 HARTMAN, Anna	FR	679	Windham	4	23:35.1	32.0	7:35.0	4:43.0
5 MURTHI, Ella	SR	509	Bedford	5	23:35.4	32.3	7:35.1	4:43.1
6 PULSIFER, Kara	SR	516	Bedford	6	23:56.6	53.5	7:41.9	4:47.3
7 SEXTON, Sydney	SO	663	Pinkerton	-	24:03.8	1:00.7	7:44.2	4:48.8
8 REGAN, Sophia	SO	553	Concord	7	24:06.3	1:03.2	7:45.0	4:49.3
9 BARTON, Eeman	SO	593	Manchester Central	-	24:12.4	1:09.3	7:47.0	4:50.5
10 DOPERALSKI, Clover	FR	541	Concord	8	24:19.6	1:16.5	7:49.3	4:51.9
11 MALETTE, Christina	SR	546	Concord	9	24:20.4	1:17.3	7:49.6	4:52.1
12 ECKERMAN, Mia	SO	656	Pinkerton	-	24:30.9	1:27.8	7:53.0	4:54.2
13 ROGERS, Natalie	FR	686	Windham	10	24:45.1	1:42.0	7:57.5	4:57.0
14 UNDERWOOD, Ava	SR	523	Bedford	11	24:46.7	1:43.6	7:58.0	4:57.3
15 RAYNE, Caoilainn	SO	518	Bedford	(12)	24:46.9	1:43.8	7:58.1	4:57.4
16 ADAMS, Margaret	SR	494	Bedford	(13)	24:49.6	1:46.5	7:59.0	4:57.9
17 COURTEMANCHE, Kyra	SO	584	Londonderry	14	24:50.2	1:47.1	7:59.2	4:58.0
18 FITZGERALD, Charley	JR	586	Londonderry	15	24:52.5	1:49.4	7:59.9	4:58.5
19 MANNING, Elena	FR	683	Windham	16	24:53.7	1:50.6	8:00.3	4:58.7
20 POTHURU, Lauren	JR	515	Bedford	-	25:09.3	2:06.2	8:05.3	5:01.9
21 FITZGERALD, Kaley	SR	542	Concord	17	25:12.2	2:09.1	8:06.2	5:02.4
22 DIBUONO, Ella	FR	585	Londonderry	18	25:24.2	2:21.1	8:10.1	5:04.8
23 WALLACE, Kaitlyn	SR	524	Bedford	-	25:38.5	2:35.4	8:14.7	5:07.7
24 WHITCOMB, Madison	SR	525	Bedford	-	25:43.4	2:40.3	8:16.3	5:08.7
25 KIM, Madison	SR	503	Bedford	-	25:43.9	2:40.8	8:16.4	5:08.8
26 MOHAMMED, Ava	SO	661	Pinkerton	-	25:46.9	2:43.8	8:17.4	5:09.4
27 SUCHECKI, Riley	FR	634	Nashua North	-	25:51.9	2:48.8	8:19.0	5:10.4
28 GILROY, Brooke	FR	502	Bedford	-	25:58.8	2:55.7	8:21.2	5:11.8
29 HYNES, Lauren	SO	680	Windham	19	26:10.7	3:07.6	8:25.0	5:14.1
30 COTNOIR, Gabrielle	SR	497	Bedford	-	26:13.4	3:10.3	8:25.9	5:14.7
31 COSGROVE, Kylie	SR	642	Nashua South	20	26:16.4	3:13.3	8:26.9	5:15.3
32 CHYLINSKI, Katiana	SR	583	Londonderry	21	26:20.1	3:17.0	8:28.1	5:16.0
33 DONAHUE, MacKenzie	FR	670	Salem	-	26:55.7	3:52.6	8:39.5	5:23.1
34 DAABOUL, Quella	SO	668	Salem	-	27:16.5	4:13.4	8:46.2	5:27.3
35 MATTHEWS, Hadleigh	SO	645	Nashua South	22	27:19.6	4:16.5	8:47.2	5:27.9

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**Race #5
JV Girls 5K Race****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
36 RODRIGUEZ , Penelope	FR	650	Nashua South	23	27:22.3	4:19.2	8:48.1	5:28.5
37 ALMONTE, Jolina	FR	639	Nashua South	24	27:26.9	4:23.8	8:49.5	5:29.4
38 COLER, Phoebe	FR	609	Merrimack	25	27:30.6	4:27.5	8:50.7	5:30.1
39 MARTINOS, Isabella	JR	562	Hollis/Brookline	-	27:37.3	4:34.2	8:52.9	5:31.5
40 LEGALLO, Kelly	SO	601	Manchester Memori	26	27:46.7	4:43.6	8:55.9	5:33.3
41 PALEMENT, Camryn	SO	550	Concord	(27)	27:52.6	4:49.5	8:57.8	5:34.5
42 PARZYCH, Riley	JR	622	Merrimack	28	27:55.7	4:52.6	8:58.8	5:35.1
43 NORWAY, Jill	JR	537	Bishop Guertin	-	27:58.7	4:55.6	8:59.8	5:35.7
44 MOLONGOSKI, Riley	SR	536	Bishop Guertin	-	28:33.4	5:30.3	9:10.9	5:42.7
45 ALZATE, Pamela	JR	594	Manchester Memori	29	28:34.4	5:31.3	9:11.3	5:42.9
46 CHAMPAGNE, Elizabeth	SO	596	Manchester Memori	30	28:57.3	5:54.2	9:18.6	5:47.5
47 O'DONNELL , Katherine	FR	510	Bedford	-	28:59.9	5:56.8	9:19.5	5:48.0
48 GUENENA, Hana	FR	678	Windham	31	29:04.5	6:01.4	9:20.9	5:48.9
49 MCKIERNAN, Avry	FR	535	Bishop Guertin	-	29:07.7	6:04.6	9:22.0	5:49.5
50 WOODS, Avery	FR	493	Alvirne	-	29:11.2	6:08.1	9:23.1	5:50.2
51 CHEN , Jessica	SR	496	Bedford	-	29:12.9	6:09.8	9:23.6	5:50.6
52 WISHERD, Reese	SO	526	Bedford	-	29:14.6	6:11.5	9:24.2	5:50.9
53 MERHI, Noura	SO	506	Bedford	-	29:16.4	6:13.3	9:24.8	5:51.3
54 MUSKIEWICZ, Emma	FR	621	Merrimack	32	29:17.5	6:14.4	9:25.1	5:51.5
55 WHERRY, Grace	SO	492	Alvirne	-	29:20.0	6:16.9	9:25.9	5:52.0
56 POPE, Lillian	SO	514	Bedford	-	29:26.7	6:23.6	9:28.1	5:53.3
57 KENNEY, Elana	SO	587	Londonderry	33	29:27.4	6:24.3	9:28.3	5:53.5
58 GORDON, Holly	JR	615	Merrimack	34	29:27.5	6:24.4	9:28.3	5:53.5
59 STEINBERG, Parker	SO	556	Concord	(35)	29:30.4	6:27.3	9:29.3	5:54.1
60 ALLEN, Hannah	FR	603	Merrimack	36	29:34.4	6:31.3	9:30.5	5:54.9
61 AMISS, Molly	FR	665	Salem	-	29:39.5	6:36.4	9:32.2	5:55.9
62 KEESHAN, Abby	FR	531	Bishop Guertin	-	29:52.2	6:49.1	9:36.3	5:58.4
63 OXNARD, Myrick	SO	549	Concord	-	29:56.5	6:53.4	9:37.7	5:59.3
64 BASHYAM, Medha	SO	640	Nashua South	37	30:02.1	6:59.0	9:39.5	6:00.4
65 BURT, Zoe	FR	482	Alvirne	-	30:14.8	7:11.7	9:43.5	6:03.0
66 BERARDINELLI, Avary	SO	606	Merrimack	(38)	30:47.5	7:44.4	9:54.1	6:09.5
67 OLIVIERO, Eleanor	SO	513	Bedford	-	31:03.2	8:00.1	9:59.1	6:12.6
68 LAUB, Olivia	FR	561	Hollis/Brookline	-	31:29.0	8:25.9	10:07.4	6:17.8
69 BLIGHT, Maya	JR	595	Manchester Memori	39	31:34.3	8:31.2	10:09.1	6:18.9
70 DOYLE, Madeline	JR	613	Merrimack	(40)	31:36.3	8:33.2	10:09.7	6:19.3
71 CURRY-POWERS, Keegan	FR	667	Salem	-	32:12.5	9:09.4	10:21.4	6:26.5
72 RODRIGUEZ, Ava	SR	649	Nashua South	(41)	32:24.1	9:21.0	10:25.1	6:28.8
73 HODGKINS, Allish	JR	599	Manchester Memori	42	32:38.0	9:34.9	10:29.6	6:31.6
74 DILLON, Emily	FR	610	Merrimack	-	33:03.0	9:59.9	10:37.6	6:36.6
75 SARCIA, Shealyn	JR	623	Merrimack	-	33:48.1	10:45.0	10:52.1	6:45.6
76 ALCANTARA , Genesis	FR	638	Nashua South	(43)	34:03.7	11:00.6	10:57.1	6:48.7
77 GIRARD, Breana	SR	483	Alvirne	-	34:16.7	11:13.6	11:01.3	6:51.3
78 DODDS, Sarah	FR	611	Merrimack	-	34:39.7	11:36.6	11:08.7	6:55.9
79 GAGE, Anyssa	SR	614	Merrimack	-	36:59.9	13:56.8	11:53.8	7:24.0
80 MALONE, Mae	SO	616	Merrimack	-	39:58.4	16:55.3	12:51.2	7:59.7
81 MURBY, Lauren	FR	620	Merrimack	-	41:14.9	18:11.8	13:15.8	8:15.0

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Race #7
Varsity Girls 5K Race

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Bedford	38	1-4-8-12-13(16)(24)	1:41:59	20:24	1:18.6
2 Pinkerton	59	2-5-14-17-21(23)(44)	1:44:12	20:51	1:57.0
3 Concord	86*	6-10-19-25-26(29)(31)	1:46:38	21:20	1:28.5
4 Keene	86*	3-7-11-30-35(43)	1:45:45	21:09	2:32.2
5 Bishop Guertin	147	15-22-32-38-40	1:52:00	22:24	2:14.4
6 Nashua North	162	18-20-34-41-49(50)	1:53:28	22:42	3:05.5
7 Nashua South	197	28-33-37-47-52(58)	1:56:41	23:21	2:52.2
8 Salem	219	9-36-55-59-60	2:04:16	24:52	6:32.9
9 Merrimack	224	27-39-48-54-56(57)(62)	2:02:45	24:33	4:44.6
10 Hollis/Brookline	237	42-45-46-51-53(61)	2:01:14	24:15	1:29.8

***Tiebreakers**

Concord	6	10	19	25	26	29
Keene	3	7	11	30	35	43

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 LEE, Fiona	JR	505	Bedford	1	19:34.3	---	6:17.6	3:54.9
2 SILVA, Contessa	JR	664	Pinkerton	2	19:46.6	12.3	6:21.5	3:57.3
3 HOY, Reagan	SR	575	Keene	3	19:57.2	22.9	6:24.9	3:59.4
4 DUPREY, Caitrin	FR	499	Bedford	4	20:09.1	34.8	6:28.8	4:01.8
5 GROULX, Isabelle	JR	657	Pinkerton	5	20:19.8	45.5	6:32.2	4:03.9
6 PINCOSKE, Alina	JR	552	Concord	6	20:27.6	53.3	6:34.7	4:05.5
7 FARRIS, Aly	FR	569	Keene	7	20:29.5	55.2	6:35.3	4:05.9
8 MOONEY, Sophie	JR	507	Bedford	8	20:36.0	1:00.7	6:37.4	4:07.2
9 THOMAS, Lily	JR	676	Salem	9	20:41.9	1:07.6	6:39.3	4:08.4
10 NYHAN, Molly	SR	548	Concord	10	20:43.0	1:07.7	6:39.7	4:08.6
11 RUNEZ, Lily	FR	579	Keene	11	20:44.2	1:09.9	6:40.1	4:08.8
12 MORANTI, Mia	FR	508	Bedford	12	20:46.0	1:10.7	6:40.6	4:09.2
13 O'NEIL, Kelseigh	JR	511	Bedford	13	20:52.9	1:18.6	6:42.9	4:10.6
14 MARZOLF, Kalisan	FR	660	Pinkerton	14	21:03.2	1:28.9	6:46.2	4:12.6
15 FONDAKOWSKI, Anna	SO	529	Bishop Guertin	15	21:10.3	1:36.0	6:48.4	4:14.0
16 SNEAU, Collette	SR	521	Bedford	(16)	21:13.2	1:38.9	6:49.4	4:14.6
17 BEDARD, Gabrielle	FR	655	Pinkerton	17	21:19.0	1:43.7	6:51.2	4:15.8
18 SUNG, Erin	SR	635	Nashua North	18	21:20.1	1:45.8	6:51.6	4:16.0
19 KLINGER, Katherine	JR	681	Windham	-	21:28.7	1:54.4	6:54.4	4:17.7
20 DOHERTY, Morgan	JR	540	Concord	19	21:36.4	2:02.1	6:56.8	4:19.3
21 HAYDEN, Annika	JR	629	Nashua North	20	21:42.5	2:08.2	6:58.8	4:20.5
22 RASA, Sarah	FR	662	Pinkerton	21	21:43.5	2:09.2	6:59.1	4:20.7
23 MASSON, Lyla	FR	534	Bishop Guertin	22	21:48.4	2:14.1	7:00.7	4:21.7
24 LEBLANC, Althea	SO	659	Pinkerton	(23)	21:50.7	2:16.4	7:01.4	4:22.1
25 DUROCHER, Abigail	FR	500	Bedford	(24)	21:50.9	2:16.6	7:01.5	4:22.2
26 GUDAS, Chloe	JR	544	Concord	25	21:55.1	2:20.8	7:02.9	4:23.0
27 PHILBROOK, Ava	JR	551	Concord	26	21:56.0	2:20.7	7:03.1	4:23.2

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Race #7
Varsity Girls 5K Race

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM	
28	BEDARD, Melanie	SO	605	Merrimack	27	21:56.9	2:22.6	7:03.4	4:23.4
29	HISCOCK, Rebecca	SR	644	Nashua South	28	21:59.6	2:25.3	7:04.3	4:23.9
30	ANDERSON, Brynna	JR	480	Alvirne	-	22:00.8	2:26.5	7:04.7	4:24.1
31	MCHUGH, Gracie	SR	547	Concord	(29)	22:01.9	2:27.6	7:05.0	4:24.4
32	KINSON, Corinne	SO	576	Keene	30	22:04.9	2:30.6	7:06.0	4:25.0
33	DUCHARME, Samantha	JR	498	Bedford	-	22:06.1	2:31.8	7:06.4	4:25.2
34	DATER-ROBERTS, Phoebe	SO	539	Concord	(31)	22:06.5	2:32.2	7:06.5	4:25.3
35	KRAFT, Katie	SR	532	Bishop Guertin	32	22:16.6	2:42.3	7:09.8	4:27.3
36	HARRIS, Grace	SR	643	Nashua South	33	22:20.4	2:46.1	7:11.0	4:28.1
37	JURIS, Christina	JR	630	Nashua North	34	22:23.4	2:49.1	7:11.9	4:28.7
38	MADDEN, Darby	SO	682	Windham	-	22:28.0	2:52.7	7:13.4	4:29.6
39	FRINK, Gillian	SO	570	Keene	35	22:29.4	2:55.1	7:13.9	4:29.9
40	WHITE, Sayde	SO	591	Londonderry	-	22:30.9	2:56.6	7:14.3	4:30.2
41	KRANTZ, Elliot	JR	600	Manchester Memori	-	22:33.4	2:59.1	7:15.2	4:30.7
42	RADUAZO, Mishalena	SR	517	Bedford	-	22:36.4	3:02.1	7:16.1	4:31.3
43	DEFRANCESCO, Olivia	FR	669	Salem	36	22:38.0	3:02.7	7:16.6	4:31.6
44	MORGAN, Riley	JR	685	Windham	-	22:42.9	3:08.6	7:18.2	4:32.6
45	HERBERT, Jennifer	SO	485	Alvirne	-	22:44.6	3:10.3	7:18.8	4:32.9
46	KOMOREK, Bella	FR	545	Concord	-	22:45.8	3:11.5	7:19.2	4:33.2
47	SMITH, Emily	SR	589	Londonderry	-	22:56.1	3:21.8	7:22.5	4:35.2
48	WILLIAMS, Amara	JR	592	Londonderry	-	23:10.6	3:36.3	7:27.1	4:38.1
49	PERRY, Katelyn (Katie)	SO	648	Nashua South	37	23:15.1	3:40.8	7:28.6	4:39.0
50	GARAY, Olatz	SR	530	Bishop Guertin	38	23:19.5	3:45.2	7:30.0	4:39.9
51	MCWHIRTER, Megan	FR	618	Merrimack	39	23:21.3	3:47.0	7:30.6	4:40.3
52	PYLES, Audrey	FR	538	Bishop Guertin	40	23:24.6	3:50.3	7:31.6	4:40.9
53	SCHMITT, Marlaina	JR	602	Manchester Memori	-	23:27.6	3:53.3	7:32.6	4:41.5
54	BROWN, Tiana	SO	628	Nashua North	41	23:35.9	4:01.6	7:35.3	4:43.2
55	BUTLER, Edith	FR	559	Hollis/Brookline	42	23:36.1	4:01.8	7:35.3	4:43.2
56	HANSEN, Lillian	JR	572	Keene	(43)	23:36.1	4:01.8	7:35.3	4:43.2
57	TONNIGES, Alera	FR	590	Londonderry	-	23:42.8	4:08.5	7:37.5	4:44.6
58	JELLOW, Grace	SR	658	Pinkerton	(44)	23:47.7	4:13.4	7:39.1	4:45.5
59	HARDY, Quinn	FR	560	Hollis/Brookline	45	23:48.4	4:14.1	7:39.3	4:45.7
60	GUSTAFSON, Laila	JR	598	Manchester Memori	-	23:54.7	4:20.4	7:41.3	4:46.9
61	BAUER, Sarah	FR	557	Hollis/Brookline	46	23:58.5	4:24.2	7:42.5	4:47.7
62	MELENDEZ, Emely	JR	646	Nashua South	47	24:13.7	4:39.4	7:47.4	4:50.7
63	YELLIN, Zosia	FR	627	Merrimack	48	24:13.7	4:39.4	7:47.4	4:50.7
64	NALEN, Margaret	SR	633	Nashua North	49	24:25.6	4:51.3	7:51.2	4:53.1
65	KUTSCHKE, Calla	SR	631	Nashua North	(50)	24:31.8	4:57.5	7:53.2	4:54.4
66	BROADHURST, Elise	FR	558	Hollis/Brookline	51	24:45.1	5:10.8	7:57.5	4:57.0
67	O'CONNOR, Gabrielle	JR	647	Nashua South	52	24:51.7	5:17.4	7:59.6	4:58.3
68	SORRELL, Kylee	FR	564	Hollis/Brookline	53	25:05.9	5:31.6	8:04.2	5:01.2
69	SULLIVAN, Avery	SR	624	Merrimack	54	26:31.0	6:55.7	8:31.6	5:18.2
70	MARCHESI, Amelia	FR	671	Salem	55	26:35.4	7:01.1	8:33.0	5:19.1
71	DOYLE, Emily	SO	612	Merrimack	56	26:41.5	7:07.2	8:34.9	5:20.3
72	BONE, Ainsley	SR	607	Merrimack	(57)	26:46.1	7:11.8	8:36.4	5:21.2
73	BYRNE, Carolyn	SR	641	Nashua South	(58)	26:47.0	7:11.7	8:36.7	5:21.4

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Lancer Timing

**OFFICIAL MEET REPORT**

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**Race #7
Varsity Girls 5K Race****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
74 NORMAND, Audrey	SR	487	Alvirne	-	26:48.9	7:14.6	8:37.3	5:21.8
75 WADEN, Katherine	SR	491	Alvirne	-	26:58.0	7:23.7	8:40.3	5:23.6
76 ROEGER, Caitlin	FR	673	Salem	59	27:06.0	7:30.7	8:42.8	5:25.2
77 MARCHESI, Ava	SO	672	Salem	60	27:14.8	7:40.5	8:45.6	5:27.0
78 SPEAR, Mia	FR	565	Hollis/Brookline	(61)	27:19.8	7:45.5	8:47.3	5:28.0
79 DUCHESNE, Elizabeth	SR	653	Pembroke	-	27:20.0	7:44.7	8:47.3	5:28.0
80 MENKEN, Olivia	FR	619	Merrimack	(62)	27:28.9	7:54.6	8:50.2	5:29.8
81 DUCHESNE, Abigail	SR	652	Pembroke	-	27:51.4	8:17.1	8:57.4	5:34.3
82 MAYEU, Adison	JR	654	Pembroke	-	27:59.6	8:25.3	9:00.0	5:35.9
83 BLAKE, Jasmine	FR	651	Pembroke	-	28:54.5	9:20.2	9:17.7	5:46.9
84 WOOD, Courtney	JR	626	Merrimack	-	29:46.1	10:11.8	9:34.3	5:57.2
85 TAYLOR, Ella	FR	625	Merrimack	-	31:09.2	11:34.9	10:01.0	6:13.8