

Cape Ann League Meet #4
The TRACK at new balance
Results

Boys 55 M Dash Varsity

Name	Year	School	Finals	H#
Finals				
1 Spaulding, Joel	12	Pentucket	6.62	1
2 Sanchez, Michael	12	Amesbury	6.70	3
3 Sanchez, Max	12	Amesbury	6.80	3
4 Rully, Alex	12	Newburyport	6.85	1
5 Beard, Teremun	12	Essex Technical	6.90	2 6.895
6 Torres, Jayden	11	Triton	6.90	2 6.900
7 Coco, Michael	10	Triton	6.98	2
8 Dorman, Jesse	11	Lynnfield	6.99	3
9 Cucciniello, Joe	12	Lynnfield	7.03	3
10 Hight, William	11	Triton	7.07	2
11 Foley, Jack	12	Pentucket	7.08	1
12 Puleo, Joseph	9	Amesbury	7.11	3
13 Abt, Sam	12	Triton	7.12	2
14 Aguilar Lopez, Anthony	10	Amesbury	7.15	3
15 Morgan, Charles	11	Lynnfield	7.16	3
16 Webster, Angus	12	Newburyport	7.17	1
17 Donohoe, Luke	11	Manchester Essex	7.23	4 7.223
18 Rizzo, Craig	11	Essex Technical	7.23	2 7.230
19 Miles, Sean	12	Newburyport	7.32	1
20 Paige, Matthew	10	Newburyport	7.35	1
21 Clements, Nicholas	11	Manchester Essex	7.50	4
22 Reid, Brynjar	11	Hamilton-Wenham	7.54	4
23 Adametz, Quinn	11	Essex Technical	7.55	2
24 Bounsy, Tanner	12	Pentucket	7.65	1
25 Cusick, Aiden	10	Essex Technical	7.70	2
26 Meisner, Caleb	12	Pentucket	7.75	1
27 Esker, Harrison	9	Hamilton-Wenham	8.16	4
28 Rodi, Oliver	11	Manchester Essex	8.75	4

Boys 300 M Dash Varsity

Name	Year	School	Finals	H#
1 Sanchez, Michael	12	Amesbury	36.08	5
2 Sanchez, Max	12	Amesbury	36.19	5
3 Spaulding, Joel	12	Pentucket	37.06	2
4 Macleod, Gabriel	10	Pentucket	37.63	1
5 Lyman, Jack	11	Triton	38.23	4
6 Gardner, Nate	12	Manchester Essex	38.40	7
7 Downs, William	9	Newburyport	39.19	1
8 Pike, Harry	10	Triton	39.23	3
9 Cucciniello, Joe	12	Lynnfield	39.42	5
10 Romano, Everett	10	Triton	39.44	4
11 Donohoe, Luke	11	Manchester Essex	39.78	7
12 Post-Montjoie, Adam	12	Pentucket	39.90	1
13 Norton, Ben	12	Triton	40.08	3
14 Jones, Logan	12	Newburyport	40.15	1
15 Foley, Jack	12	Pentucket	40.20	2
16 Dorman, Jesse	11	Lynnfield	40.34	5
17 Creilsen, Jack	11	Hamilton-Wenham	41.20	7
18 Raymond, Eli	12	Newburyport	42.32	2
19 Morgan, Charles	11	Lynnfield	42.63	6

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20 Cusick, Aiden	10 Essex Technical	43.57	3
21 Callahan, Declan	12 Newburyport	44.16	2
22 Gallo, Jaydin	10 Essex Technical	44.23	3
23 Asselin, Shawn	9 Amesbury	44.92	6
24 Chruniak, Matthew	10 Essex Technical	45.87	4
25 Cate, Collin	9 Amesbury	46.98	6
-- Clark, Brian	11 Triton	X41.43	4 JV
-- Meisner, Caleb	12 Pentucket	X44.02	1 JV
-- Bounsy, Tanner	12 Pentucket	X44.28	2 JV
-- Nugent, Liam	12 Newburyport	X44.63	1 JV
-- Prendergast, Liam	9 Triton	X45.19	4 JV
-- Trippe, Brady	9 Lynnfield	X46.80	6 JV
-- Johnson, Brayden	12 Newburyport	X46.94	2 JV
-- Tammaro, Joe	10 Lynnfield	X48.72	5 JV

Boys 600 M Run Varsity

Name	Year	School	Finals	H#
1 Wise, Jalen	11	Newburyport	1:27.08	1
27.336 (27.336)	56.634 (29.299)		1:27.078 (30.444)	
2 Rodrigues, Maxx	10	Amesbury	1:30.73	3
28.778 (28.778)	58.973 (30.195)		1:30.725 (31.752)	
3 Doherty, Andrew	12	Triton	1:31.26	2
27.609 (27.609)	58.404 (30.795)		1:31.255 (32.852)	
4 Walker, David	9	Newburyport	1:33.46	1
31.152 (31.152)	1:03.124 (31.972)		1:33.458 (30.334)	
5 Blouin, Noah	10	Amesbury	1:34.27	3
30.234 (30.234)	1:01.680 (31.446)		1:34.262 (32.583)	
6 Creilsen, Jack	11	Hamilton-Wenham	1:35.28	3
29.936 (29.936)	1:03.161 (33.225)		1:35.274 (32.114)	
7 Jones, Isaac	11	Hamilton-Wenham	1:35.55	3
30.823 (30.823)	1:03.717 (32.894)		1:35.543 (31.827)	
8 Moriarty, Aidan	11	Triton	1:35.56	2
29.333 (29.333)	1:02.265 (32.932)		1:35.558 (33.294)	
9 Chan, Davius	12	Lynnfield	1:39.32	3
31.163 (31.163)	1:04.251 (33.088)		1:39.320 (35.069)	
10 Madruga, Jeffrey	11	Essex Technical	1:39.55	2
31.265 (31.265)	1:05.356 (34.091)		1:39.547 (34.192)	
11 Hosman, Tighe	12	Pentucket	1:39.85	1
32.246 (32.246)	1:06.423 (34.178)		1:39.841 (33.418)	
12 Kerr, Colin	12	Essex Technical	1:41.42	2
30.745 (30.745)	1:05.501 (34.757)		1:41.412 (35.911)	
13 Wright, Grayden	9	Pentucket	1:43.07	1
35.568 (35.568)	1:09.775 (34.208)		1:43.062 (33.287)	
14 Ahn, Yu Chan	9	Hamilton-Wenham	1:44.62	3
32.582 (32.582)	1:08.559 (35.978)		1:44.617 (36.058)	
15 Tarkan, Noah	9	Newburyport	1:45.13	1
33.693 (33.693)	1:09.310 (35.617)		1:45.123 (35.814)	
16 Way, Matthew	9	Amesbury	1:45.77	3
31.813 (31.813)	1:07.654 (35.841)		1:45.767 (38.114)	
17 Clark, Timothy	10	Triton	1:49.70	2
32.785 (32.785)	1:10.521 (37.736)		1:49.691 (39.171)	
18 Greene, Calvin	10	Pentucket	1:52.26	1
35.098 (35.098)	1:13.501 (38.403)		1:52.257 (38.756)	

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19 Faucher, Nolan	10 Newburyport	1:53.10	1
38.249 (38.249)	1:16.999 (38.751)	1:53.099 (36.100)	
20 Sekelsky, Mather	9 Amesbury	2:10.85	3
40.822 (40.822)	1:25.930 (45.108)	2:10.843 (44.914)	

Boys 1000 M Run Varsity

Name	Year School	Finals	H#
1 Mohoric, Michael	10 Newburyport	2:44.77	1
31.920 (31.920)	1:05.478 (33.559)	1:39.509 (34.032)	
2:44.768 (31.436)		2:13.333 (33.824)	
2 Rich, Ben	11 Hamilton-Wenham	2:45.00	2
30.560 (30.560)	1:03.469 (32.909)	1:37.401 (33.933)	
2:44.993 (33.276)		2:11.718 (34.317)	
3 Lisauskas, Alex	12 Newburyport	2:50.87	1
32.833 (32.833)	1:06.807 (33.975)	1:42.107 (35.300)	
2:50.870 (34.013)		2:16.857 (34.751)	
4 Regan, Cole	9 Hamilton-Wenham	2:52.35	2
32.337 (32.337)	1:07.337 (35.000)	1:43.612 (36.276)	
2:52.345 (31.724)		2:20.622 (37.011)	
5 Tonks, Brody	12 Amesbury	2:53.71	2
32.005 (32.005)	1:07.029 (35.024)	1:43.300 (36.271)	
2:53.703 (33.581)		2:20.122 (36.823)	
6 Lations, Charlie	12 Manchester Essex	2:54.76	2
32.089 (32.089)	1:07.102 (35.013)	1:43.397 (36.296)	
2:54.751 (34.392)		2:20.359 (36.962)	
7 McBee, Cassidy	9 Triton	2:55.19	1
33.224 (33.224)	1:08.572 (35.348)	1:44.569 (35.997)	
2:55.188 (35.126)		2:20.062 (35.494)	
8 Bazirgan, Nick	12 Amesbury	2:58.88	2
33.224 (33.224)	1:09.673 (36.449)	1:45.933 (36.260)	
2:58.874 (34.886)		2:23.989 (38.056)	
9 Smith, Fin	12 Essex Technical	3:05.49	1
33.777 (33.777)	1:11.005 (37.228)	1:50.747 (39.743)	
3:05.487 (34.593)		2:30.894 (40.148)	
10 Linsey, Brooks	9 Amesbury	3:05.82	2
34.631 (34.631)	1:10.661 (36.031)	1:47.673 (37.012)	
3:05.812 (39.071)		2:26.741 (39.069)	
11 Hannula, Zack	10 Pentucket	3:11.07	1
34.450 (34.450)	1:11.772 (37.322)	1:52.678 (40.907)	
3:11.068 (36.368)		2:34.701 (42.023)	
12 Coppola, Max	10 Pentucket	3:12.09	1
34.133 (34.133)	1:11.376 (37.243)	1:52.020 (40.644)	
3:12.083 (37.984)		2:34.100 (42.080)	
13 Eagan, Timothy	11 Essex Technical	3:13.68	1
35.882 (35.882)	1:15.439 (39.557)	1:56.229 (40.791)	
3:13.674 (35.593)		2:38.081 (41.852)	
14 Dean, Henry	11 Triton	3:14.63	1
35.325 (35.325)	1:14.213 (38.888)	1:55.001 (40.789)	
3:14.622 (37.816)		2:36.806 (41.805)	
15 Forisso, Connor	9 Amesbury	3:20.53	2
37.304 (37.304)	1:16.913 (39.610)	1:59.593 (42.680)	
3:20.527 (37.548)		2:42.979 (43.387)	

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16 Bloxham, Luke	10 Essex Technical	3:23.69	1		
36.125 (36.125)	1:16.085 (39.960)	1:58.988 (42.904)		2:43.240 (44.252)	
3:23.687 (40.448)					
17 DiGangi, Brian	11 Lynnfield	3:26.66	2		
36.649 (36.649)	1:16.187 (39.539)	1:58.655 (42.468)		2:42.652 (43.997)	
3:26.656 (44.004)					
18 Dynok, Jacob	9 Triton	3:42.27	1		
37.101 (37.101)	1:18.357 (41.256)	2:06.075 (47.719)		2:56.336 (50.261)	
3:42.265 (45.929)					
19 Connolly, Adam	12 Essex Technical	3:43.71	1		
36.941 (36.941)	1:19.357 (42.416)	2:06.424 (47.068)		2:56.383 (49.960)	
3:43.708 (47.325)					
20 Mitchell, Noah	9 Newburyport	3:55.37	1		
36.716 (36.716)	1:19.864 (43.148)	2:11.637 (51.774)		3:04.564 (52.927)	
3:55.361 (50.798)					

Boys 1 Mile Run Varsity

Name	Year School	Finals	H#		
1 Regan, James	11 Hamilton-Wenham	4:41.55	2		
34.271 (34.271)	1:08.038 (33.767)	1:43.078 (35.040)		2:18.688 (35.611)	
2:54.883 (36.196)	3:31.004 (36.121)	4:06.130 (35.127)		4:41.548 (35.418)	
2 Fadil, Aimon	12 Newburyport	4:48.68	1		
35.371 (35.371)	1:10.619 (35.248)	1:47.726 (37.108)		2:25.572 (37.847)	
3:02.243 (36.671)	3:37.473 (35.231)	4:12.276 (34.804)		4:48.673 (36.397)	
3 Cunha, Christopher	12 Essex Technical	4:53.61	1		
37.027 (37.027)	1:12.440 (35.413)	1:47.995 (35.555)		2:25.867 (37.873)	
3:02.644 (36.777)	3:39.055 (36.412)	4:16.475 (37.420)		4:53.601 (37.127)	
4 Regan, Cole	9 Hamilton-Wenham	4:55.65	2		
39.409 (39.409)	1:15.295 (35.887)	1:50.437 (35.142)		2:27.207 (36.771)	
3:04.462 (37.256)	3:42.608 (38.146)	4:19.941 (37.333)		4:55.647 (35.707)	
5 Martis, Bryce	12 Triton	4:58.00	1		
36.348 (36.348)	1:12.880 (36.532)	1:48.873 (35.993)		2:26.221 (37.348)	
3:03.596 (37.376)	3:41.556 (37.960)	4:20.398 (38.842)		4:58.000 (37.603)	
6 Glidden, Clark	11 Hamilton-Wenham	4:59.12	2		
39.401 (39.401)	1:16.048 (36.648)	1:53.577 (37.529)		2:32.161 (38.584)	
3:10.038 (37.878)	3:48.607 (38.569)	4:24.486 (35.879)		4:59.116 (34.631)	
7 Stevens, Henry	11 Manchester Essex	5:01.41	2		
39.696 (39.696)	1:16.275 (36.580)	1:53.673 (37.398)		2:31.641 (37.968)	
3:09.461 (37.820)	3:47.756 (38.296)	4:25.457 (37.701)		5:01.410 (35.953)	
8 D'Ambrosio, Stephen	12 Newburyport	5:05.56	1		
38.153 (38.153)	1:17.401 (39.248)	1:55.735 (38.335)		2:34.915 (39.180)	
3:13.695 (38.780)	3:52.105 (38.410)	4:29.120 (37.016)		5:05.551 (36.431)	
9 Glidden, Seth	9 Hamilton-Wenham	5:19.38	2		
39.023 (39.023)	1:18.637 (39.614)	1:58.667 (40.031)		2:42.387 (43.720)	
3:23.873 (41.486)	4:06.749 (42.876)	4:46.422 (39.674)		5:19.372 (32.950)	
10 Hannula, Zack	10 Pentucket	5:19.85	1		
37.548 (37.548)	1:17.853 (40.305)	1:57.868 (40.016)		2:41.013 (43.145)	
3:24.711 (43.699)	4:06.900 (42.189)	4:46.935 (40.035)		5:19.847 (32.912)	
11 Hutchinson, Michael	10 Amesbury	5:20.07	2		
38.870 (38.870)	1:18.210 (39.341)	1:59.022 (40.812)		2:42.746 (43.724)	
3:24.335 (41.590)	4:07.026 (42.691)	4:46.554 (39.529)		5:20.066 (33.512)	

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12 Hall, Dane	10 Amesbury	5:20.73	2		
40.382 (40.382)	1:20.085 (39.704)	2:01.588 (41.504)		2:43.138 (41.550)	
3:24.787 (41.650)	4:07.370 (42.583)	4:46.257 (38.888)		5:20.724 (34.468)	
13 Roberts, Theo	11 Newburyport	5:20.75	1		
39.539 (39.539)	1:20.903 (41.365)	2:01.903 (41.000)		2:43.628 (41.725)	
3:25.860 (42.232)	4:06.871 (41.011)	4:46.111 (39.241)		5:20.749 (34.638)	
14 Remignanti, Jonah	11 Triton	5:20.87	1		
36.779 (36.779)	1:13.886 (37.107)	1:52.946 (39.060)		2:33.125 (40.180)	
3:14.234 (41.109)	3:55.521 (41.288)	4:38.390 (42.869)		5:20.867 (42.477)	
15 Coppola, Max	10 Pentucket	5:28.07	1		
38.342 (38.342)	1:17.996 (39.655)	1:57.759 (39.764)		2:41.083 (43.324)	
3:24.729 (43.646)	4:07.928 (43.200)	4:49.231 (41.304)		5:28.069 (38.838)	
16 DeJordy, John	9 Newburyport	5:28.20	1		
39.182 (39.182)	1:20.714 (41.532)	2:02.994 (42.280)		2:44.846 (41.852)	
3:28.293 (43.448)	4:10.711 (42.418)	4:51.930 (41.220)		5:28.197 (36.268)	
17 Harney, Scott	12 Essex Technical	5:30.50	1		
39.855 (39.855)	1:21.104 (41.249)	2:02.191 (41.087)		2:44.357 (42.167)	
3:28.554 (44.197)	4:10.988 (42.435)	4:52.232 (41.244)		5:30.494 (38.262)	
18 Murray, Jameson	9 Pentucket	5:37.37	1		
39.916 (39.916)	1:21.270 (41.354)	2:01.359 (40.089)		2:44.109 (42.751)	
3:28.748 (44.640)	4:12.268 (43.520)	4:55.227 (42.960)		5:37.366 (42.139)	
19 Giangregorio, Ty	9 Amesbury	5:58.29	2		
44.533 (44.533)	1:30.054 (45.522)	2:16.202 (46.148)		3:02.443 (46.241)	
3:49.018 (46.575)	4:34.911 (45.894)	5:19.952 (45.041)		5:58.290 (38.338)	

Boys 2 Mile Run Varsity

Name	Year School	Finals			
1 Rich, Ben	11 Hamilton-Wenham	10:06.78			
39.321 (39.321)	1:16.209 (36.888)	1:54.971 (38.763)		2:31.736 (36.765)	
3:09.122 (37.387)	3:46.949 (37.827)	4:25.226 (38.278)		5:03.778 (38.552)	
5:41.430 (37.652)	6:19.649 (38.220)	6:58.020 (38.372)		7:38.133 (40.113)	
8:17.662 (39.530)	8:56.303 (38.641)	9:33.386 (37.084)		10:06.772 (33.386)	
2 Regan, James	11 Hamilton-Wenham	10:29.80			
39.614 (39.614)	1:16.778 (37.164)	1:54.534 (37.756)		2:32.586 (38.052)	
3:11.529 (38.944)	3:50.719 (39.191)	4:30.493 (39.774)		5:10.586 (40.093)	
5:50.644 (40.059)	6:31.192 (40.548)	7:12.162 (40.971)		7:53.282 (41.120)	
8:34.167 (40.886)	9:15.386 (41.219)	9:55.134 (39.748)		10:29.792 (34.659)	
3 MacDonald, Duncan	12 Triton	10:31.37			
40.097 (40.097)	1:17.574 (37.477)	1:55.978 (38.404)		2:35.077 (39.100)	
3:14.884 (39.808)	3:55.799 (40.916)	4:36.118 (40.320)		5:16.834 (40.716)	
5:57.381 (40.548)	6:38.514 (41.134)	7:19.372 (40.858)		7:59.526 (40.154)	
8:39.454 (39.929)	9:19.762 (40.308)	9:57.782 (38.020)		10:31.362 (33.580)	
4 Lyon, Zach	12 Triton	10:52.41			
38.682 (38.682)	1:16.166 (37.484)	1:54.595 (38.430)		2:32.090 (37.495)	
3:10.686 (38.596)	3:51.526 (40.841)	4:33.338 (41.812)		5:14.963 (41.625)	
5:56.711 (41.748)	6:38.326 (41.615)	7:20.411 (42.086)		8:03.570 (43.160)	
8:47.314 (43.744)	9:30.053 (42.740)	10:12.800 (42.748)		10:52.401 (39.601)	
5 Casino, Drew	12 Newburyport	11:06.53			
39.944 (39.944)	1:17.924 (37.980)	1:56.402 (38.478)		2:35.618 (39.216)	
3:15.932 (40.315)	3:57.473 (41.541)	4:39.074 (41.601)		5:21.482 (42.408)	
6:04.454 (42.972)	6:48.566 (44.112)	7:32.401 (43.836)		8:17.227 (44.827)	
9:01.711 (44.484)	9:47.304 (45.593)	10:29.489 (42.185)		11:06.526 (37.038)	

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....Boys 2 Mile Run Varsity

6 Regan, Ryan	9 Hamilton-Wenham	11:08.11		
38.731 (38.731)	1:18.991 (40.260)	1:59.748 (40.757)	2:41.283 (41.536)	
3:24.614 (43.331)	4:07.259 (42.646)	4:49.051 (41.792)	5:32.573 (43.522)	
6:15.969 (43.396)	7:00.106 (44.137)	7:43.459 (43.354)	8:26.399 (42.940)	
9:08.128 (41.729)	9:47.843 (39.716)	10:30.571 (42.728)	11:08.102 (37.531)	
7 Tudi, Srivanth	12 Lynnfield	11:09.82		
39.010 (39.010)	1:19.242 (40.232)	2:00.057 (40.816)	2:41.528 (41.472)	
3:24.823 (43.296)	4:07.642 (42.819)	4:50.388 (42.747)	5:33.318 (42.931)	
6:16.464 (43.146)	7:00.218 (43.754)	7:44.034 (43.816)	8:26.054 (42.021)	
9:08.018 (41.964)	9:48.116 (40.098)	10:29.986 (41.870)	11:09.819 (39.834)	
8 D'Ambrosio, Stephen	12 Newburyport	11:11.37		
41.596 (41.596)	1:22.709 (41.113)	2:04.527 (41.819)	2:46.232 (41.705)	
3:27.887 (41.656)	4:09.870 (41.984)	4:52.550 (42.680)	5:34.398 (41.849)	
6:16.182 (41.784)	6:59.429 (43.247)	7:42.564 (43.136)	8:25.591 (43.028)	
9:08.355 (42.764)	9:50.617 (42.262)	10:32.828 (42.212)	11:11.369 (38.541)	
9 Williamson, Thomas	12 Essex Technical	11:14.77		
39.159 (39.159)	1:19.706 (40.548)	2:00.486 (40.780)	2:41.919 (41.433)	
3:24.194 (42.276)	4:05.962 (41.768)	4:49.422 (43.460)	5:33.180 (43.759)	
6:16.336 (43.156)	7:00.464 (44.128)	7:43.755 (43.292)	8:26.808 (43.053)	
9:09.070 (42.263)	9:52.613 (43.543)	10:35.802 (43.190)	11:14.767 (38.965)	
10 Roberts, Theo	11 Newburyport	11:16.45		
42.724 (42.724)	1:24.862 (42.139)	2:07.700 (42.838)	2:50.826 (43.127)	
3:34.258 (43.432)	4:17.046 (42.788)	5:00.858 (43.813)	5:43.967 (43.109)	
6:26.758 (42.792)	7:09.339 (42.581)	7:51.068 (41.729)	8:34.550 (43.482)	
9:16.472 (41.923)	9:58.606 (42.135)	10:38.778 (40.172)	11:16.447 (37.669)	
11 Hall, Brodie	10 Amesbury	11:17.37		
39.182 (39.182)	1:21.270 (42.089)	2:03.500 (42.230)	2:46.453 (42.953)	
3:29.363 (42.911)	4:11.911 (42.548)	4:55.911 (44.000)	5:40.482 (44.572)	
6:24.508 (44.026)	7:08.650 (44.142)	7:51.386 (42.736)	8:34.521 (43.136)	
9:17.111 (42.591)	10:00.124 (43.013)	10:42.166 (42.043)	11:17.368 (35.202)	
12 Deveney, Finnian	9 Newburyport	11:28.25		
40.682 (40.682)	1:24.182 (43.501)	2:07.947 (43.765)	2:51.453 (43.506)	
3:35.154 (43.702)	4:18.774 (43.620)	5:02.229 (43.456)	5:45.933 (43.704)	
6:30.318 (44.386)	7:14.142 (43.824)	7:58.017 (43.875)	8:42.453 (44.436)	
9:24.949 (42.496)	10:07.682 (42.734)	10:49.716 (42.034)	11:28.248 (38.532)	
13 Hunter, Nicholas	9 Pentucket	11:38.66		
38.932 (38.932)	1:17.322 (38.391)	1:57.017 (39.695)	2:38.282 (41.266)	
3:21.538 (43.256)	4:06.243 (44.705)	4:50.738 (44.495)	5:34.451 (43.714)	
6:19.543 (45.092)	7:07.199 (47.656)	7:53.797 (46.598)	8:39.987 (46.191)	
9:25.374 (45.388)	10:11.606 (46.232)	10:59.059 (47.454)	11:38.658 (39.599)	
14 Fogarty, Thomas	11 Essex Technical	12:39.75		
39.902 (39.902)	1:22.490 (42.588)	2:05.914 (43.425)	2:51.167 (45.253)	
3:38.230 (47.063)	4:26.654 (48.424)	5:15.234 (48.580)	6:04.370 (49.136)	
6:54.127 (49.758)	7:43.917 (49.790)	8:33.656 (49.740)	9:22.735 (49.080)	
10:11.341 (48.606)	11:01.294 (49.954)	11:51.145 (49.851)	12:39.746 (48.602)	
15 Mahajan, Ritvik	9 Lynnfield	14:55.67		
44.531 (44.531)	1:30.102 (45.571)	2:19.297 (49.196)	3:12.538 (53.242)	
4:09.238 (56.700)	5:05.233 (55.995)	6:02.914 (57.682)	7:02.624 (59.710)	
8:01.903 (59.280)	9:02.500 (1:00.597)	10:04.148 (1:01.648)	11:06.786 (1:02.639)	
12:05.783 (58.997)	13:04.674 (58.892)	14:01.218 (56.544)	14:55.670 (54.452)	

Cape Ann League Meet #4
The TRACK at new balance
Results

Boys 55 M Hurdles Varsity

Name	Year	School	Finals	H#
1 Gardner, Nate	12	Manchester Essex	7.79	3
2 White, Max	11	Amesbury	8.97	3
3 Rich, Thomas	9	Newburyport	9.06	1
4 Huang, Hugo	10	Triton	9.12	2
5 Groussis, Nicholas	11	Lynnfield	9.16	3
6 Hosman, Tighe	12	Pentucket	9.17	1
7 Corkery, Owen	11	Pentucket	9.18	1
8 Rully, Alex	12	Newburyport	9.33	1
9 Lisauskas, Kyle	10	Newburyport	9.37	1
10 Jones, Isaac	11	Hamilton-Wenham	9.40	3 9.396
11 Privitera, Aivyn	11	Pentucket	9.40	1 9.397
12 DiCarlo, DJ	11	Amesbury	9.55	3
13 Silva, Matthew	10	Pentucket	10.01	1
14 Hoffman, James	10	Newburyport	10.11	1
15 Clark, Brian	11	Triton	10.13	2
16 Chan, Davius	12	Lynnfield	10.42	3
17 Cusick, Aiden	10	Essex Technical	10.51	2
18 Prendergast, Liam	9	Triton	10.98	2
19 Mauricio, Isaac	11	Essex Technical	11.88	2
20 Francis, Ethan	12	Lynnfield	14.51	3

Boys 4x200 M Relay Varsity

School	Finals	H#
1 Amesbury	1:36.27	2
1) Scialdone, Connor 9	2) Sanchez, Max 12	
3) Puleo, Joseph 9	4) Sanchez, Michael 12	
2 Lynnfield	1:38.19	2
1) Dorman, Jesse 11	2) Morgan, Charles 11	
3) Reilly, Dillon 11	4) Cucciniello, Joe 12	
3 Triton	1:39.39	1
1) Norton, Ben 12	2) Pike, Harry 10	
3) Ducott, Nate 9	4) Romano, Everett 10	
4 Pentucket	1:40.97	1
1) Spaulding, Joel 12	2) Dennis, Kade 12	
3) Foley, Jack 12	4) Corkery, Owen 11	
5 Essex Technical	1:42.17	1
1) Beard, Teremun 12	2) Rizzo, Craig 11	
3) Madruga, Jeffrey 11	4) Keve, William 12	
6 Newburyport	1:42.81	1
1) Paige, Matthew 10	2) Raymond, Eli 12	
3) Lisauskas, Kyle 10	4) Jones, Logan 12	
7 Hamilton-Wenham	1:44.51	2
1) Cook, McLaren 12	2) Reid, Brynjar 11	
3) Ahn, Yu Chan 9	4) Jones, Isaac 11	
8 Manchester Essex	1:52.41	2
1) Rodi, Oliver 11	2) Clements, Nicholas 11	
3) Stevens, Henry 11	4) Donohoe, Luke 11	

Cape Ann League Meet #4
The TRACK at new balance
Results

Boys 4x400 M Relay Varsity

School	Finals	H#
1 Newburyport	3:44.06	1
1) Downs, William 9	2) Walker, David 9	
3) Mohoric, Michael 10	4) Wise, Jalen 11	
28.587 (28.587)	59.035 (30.448)	1:25.271 (26.236)
2:21.243 (27.066)	2:51.292 (30.049)	3:16.958 (25.667)
		3:44.055 (27.097)
2 Amesbury	3:44.30	2
1) Rodrigues, Maxx 10	2) Aguilar Lopez, Anthony 10	
3) Blouin, Noah 10	4) Tonks, Brody 12	
26.777 (26.777)	56.061 (29.284)	1:23.088 (27.027)
2:20.656 (27.572)	2:50.026 (29.370)	3:15.916 (25.890)
		3:44.297 (28.382)
3 Pentucket	3:48.15	1
1) Wright, Grayden 9	2) Hosman, Tighe 12	
3) Macleod, Gabriel 10	4) Privitera, Aivyn 11	
27.683 (27.683)	57.234 (29.552)	1:25.314 (28.080)
2:23.856 (26.820)	2:53.074 (29.219)	3:17.238 (24.164)
		3:48.141 (30.904)
4 Triton	3:53.30	1
1) Moriarty, Aidan 11	2) Lyman, Jack 11	
3) Doherty, Andrew 12	4) Norton, Ben 12	
27.184 (27.184)	57.863 (30.679)	1:25.506 (27.644)
2:25.126 (28.140)	2:58.640 (33.514)	3:23.666 (25.027)
		3:53.295 (29.629)
5 Hamilton-Wenham	3:59.32	2
1) Creilsen, Jack 11	2) Glidden, Clark 11	
3) Regan, Cole 9	4) Rich, Ben 11	
27.565 (27.565)	58.488 (30.924)	1:29.124 (30.636)
2:27.757 (28.294)	2:59.288 (31.531)	3:28.334 (29.047)
		3:59.314 (30.980)
6 Essex Technical	4:01.13	1
1) Harney, Scott 12	2) Smith, Fin 12	
3) Cunha, Christopher 12	4) Eagan, Timothy 11	
30.403 (30.403)	1:02.697 (32.295)	1:31.906 (29.209)
2:29.681 (26.371)	3:00.356 (30.676)	3:28.063 (27.707)
		4:01.128 (33.066)

Boys High Jump Varsity

Name	Year	School	Finals
1 Mendese, Eli	12	Lynnfield	6-00.00
4-10 5-02 5-04 5-06 5-08 5-10 6-00 6-01			
P P O O O XXO XO XXX			
2 Francis, Ethan	12	Lynnfield	J5-08.00
4-10 5-02 5-04 5-06 5-08 5-10			
P XO O O XO XXX			
3 Scialdone, Connor	9	Amesbury	J5-08.00
4-10 5-02 5-04 5-06 5-08 5-10			
O O O XO XXO XXX			
4 Cook, McLaren	12	Hamilton-Wenham	J5-06.00
4-10 5-02 5-04 5-06 5-08			
P O O O XXX			
5 Rully, Alex	12	Newburyport	J5-06.00
4-10 5-02 5-04 5-06 5-08			
P O O XO XXX			
5 Webster, Angus	12	Newburyport	J5-06.00
4-10 5-02 5-04 5-06 5-08			
O O O XO XXX			

Cape Ann League Meet #4
The TRACK at new balance
Results

....Boys High Jump Varsity

7	Lisauskas, Kyle	10	Newburyport	J5-06.00
	4-10 5-02 5-04 5-06 5-08			
	O O XO XO XXX			
8	Huang, Hugo	10	Triton	5-04.00
	4-10 5-02 5-04 5-06			
	P O O XXX			
9	Romano, Everett	10	Triton	J5-02.00
	4-10 5-02 5-04			
	P O P			
9	Reilly, Dillon	11	Lynnfield	J5-02.00
	4-10 5-02 5-04			
	P O XXX			
11	Clark, Timothy	10	Triton	J4-10.00
	4-10 5-02			
	O XXX			
11	Silva, Matthew	10	Pentucket	J4-10.00
	4-10 5-02			
	O XXX			
11	DiCarlo, DJ	11	Amesbury	J4-10.00
	4-10 5-02			
	O XXX			
11	White, Max	11	Amesbury	J4-10.00
	4-10 5-02			
	O XXX			
15	Murray, Jameson	9	Pentucket	J4-10.00
	4-10 5-02			
	XXO XXX			
15	Wright, Grayden	9	Pentucket	J4-10.00
	4-10 5-02			
	XXO XXX			
--	Landry, Matthew	10	Essex Technical	NH
	4-10 5-02			
	P XXX			
--	Rich, Thomas	9	Newburyport	NH
	4-10			
	XXX			

Boys Long Jump Varsity

Name	Year	School	Finals	H#
1 Mendese, Eli	12	Lynnfield	20-01.50	2
			20-01.50 19-10 19-01	
2 Francis, Ethan	12	Lynnfield	19-04.00	2
			19-04 18-03 18-05	
3 Macleod, Gabriel	10	Pentucket	19-01.00	1
			16-05.50 FOUL 19-01	
4 Wise, Jalen	11	Newburyport	18-08.50	1
			FOUL 18-08.50 18-02	
5 Tonks, Brody	12	Amesbury	18-07.50	2
			17-08.25 17-00 18-07.50	
6 Reilly, Dillon	11	Lynnfield	18-07.00	2
			FOUL FOUL 18-07	
7 Coco, Michael	10	Triton	18-05.00	1
			16-07 18-05 18-03	

Cape Ann League Meet #4
The TRACK at new balance
Results

....Boys Long Jump Varsity

8	Blouin, Noah	10	Amesbury	18-03.00	2
	15-09 15-05.50 18-03				
9	Cook, McLaren	12	Hamilton-Wenham	18-01.00	2
	17-00 FOUL 18-01				
10	Berg, Ben	10	Amesbury	17-03.50	2
	17-03.50 17-02 17-00				
11	Torres, Jayden	11	Triton	16-07.50	1
	FOUL 16-07.50 15-02				
12	Ducott, Nate	9	Triton	16-06.50	1
	FOUL 16-06.50 15-08				
13	Groussis, Nicholas	11	Lynnfield	16-04.50	2
	15-00 16-04.50 15-06				
14	Beard, Teremun	12	Essex Technical	16-02.00	1
	16-02 14-10 16-02				
15	Bounsy, Tanner	12	Pentucket	16-01.00	1
	16-01 15-07.50 16-00				
16	Madruga, Jeffrey	11	Essex Technical	J16-01.00	1
	15-09 16-01 15-05				
17	Rich, Thomas	9	Newburyport	15-10.00	1
	13-01.50 14-09 15-10				
18	Carducci, Max	11	Pentucket	15-08.50	1
	FOUL FOUL 15-08.50				
19	Landry, Matthew	10	Essex Technical	15-06.50	1
	14-09 15-06.50 14-07				
20	Rully, Maxwell	10	Newburyport	15-06.25	1
	14-07.50 15-01 15-06.25				
21	Reid, Brynijar	11	Hamilton-Wenham	14-11.00	2
	12-07.50 14-11 14-07.50				
22	Clements, Nicholas	11	Manchester Essex	14-06.00	2
	FOUL FOUL 14-06				
23	Rodi, Oliver	11	Manchester Essex	12-11.00	2
	12-11 12-00 12-11				

Boys Shot Put Varsity

Name	Year	School	Finals	H#
1 Donovan, Aiden	12	Amesbury	52-04.50	2
			52-04.50 51-09.50 FOUL	
2 Palen, Dylan	10	Amesbury	41-04.50	2
			39-02.75 41-04.50 FOUL	
3 Pessolano, Cade	12	Newburyport	41-01.75	1
			41-01.75 38-09.75 39-10.50	
4 Foley, Josh	12	Pentucket	40-11.25	1
			38-09.25 FOUL 40-11.25	
5 Webster, Angus	12	Newburyport	40-00.00	1
			39-08.50 39-11.75 40-00	
6 Miles, Sean	12	Newburyport	38-08.00	1
			35-10.50 38-08 38-04.50	
7 Kneeland, Liam	12	Triton	38-04.75	1
			38-04.75 35-06.25 34-03	
8 Dore, Ty	11	Amesbury	37-01.00	2
			37-01 36-00.75 36-01.25	
9 Mutti, Shea	10	Pentucket	36-02.00	1
			36-01.25 36-02 33-04.75	

Cape Ann League Meet #4
The TRACK at new balance
Results

....Boys Shot Put Varsity

10 Colon, Marcus	10 Amesbury	33-07.75	2
FOUL 33-06.75	33-07.75		
11 Delacono, Anthony	10 Pentucket	32-07.25	1
30-04.50	32-07.25 30-03.50		
12 Gilman, Mathew	11 Essex Technical	31-10.00	1
30-10.75	31-10 28-11.50		
13 Duprey, Chris	11 Lynnfield	31-06.00	2
31-06	27-09.25 30-09.75		
14 Murphy, Hudson	12 Triton	31-03.75	1
31-01.25	FOUL 31-03.75		
15 Inger, Michael	12 Pentucket	31-03.50	1
FOUL 31-03.50	30-05.50		
16 Kouyoumojian, Jack	11 Lynnfield	31-00.00	2
29-10	31-00 30-06.50		
17 Danehy, Paul	11 Essex Technical	30-07.25	1
30-07.25	29-01 29-11.25		
18 Aham, Luke	10 Triton	30-06.50	1
29-04.50	30-06.50 29-07.25		
19 Baum, Martin	11 Hamilton-Wenham	30-03.25	2
30-03.25	FOUL 29-05		
20 Chiardonna, AJ	12 Lynnfield	29-11.50	2
FOUL 28-11.25	29-11.50		
21 Mckiernan, Michael	11 Essex Technical	29-10.00	1
FOUL FOUL	29-10		
22 Lopilato, Slate	12 Lynnfield	29-09.00	2
28-04.25	29-04.50 29-09		
23 Gosselin, Jaycek	11 Essex Technical	29-05.50	1
28-03.25	29-05.50 28-11		
24 Landers, Austin	9 Hamilton-Wenham	27-09.75	2
26-10.50	27-09.75 26-07.50		
25 Esker, Harrison	9 Hamilton-Wenham	27-04.50	2
26-06.25	27-04.50 27-01.50		
26 Johnson, Brayden	12 Newburyport	26-04.50	1
26-04.50	26-04.25 26-03.50		