

**New Hampshire Interscholastic Athletic Assoc.**  
**Division I Indoor Track & Field Championship - 2/11/2024**  
**ALLWell North Field House - Plymouth State**  
**Results**

**Girls 55 M Dash**

=====					
State: S		7.14	1989	Angie Johnson, Nashua	
Division I: D		7.29	2015	Yorgelis Ortiz, Londonderry	
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Best, Alexis	12 Merrimack	D 7.21Q	2	
2	Musa, Nyahingiva (Nyah)	12 Nashua South	D 7.24Q	1	
3	Barber, Harriet	12 Manchester Central	D 7.29q	1	
4	Nada, Mariam	12 Portsmouth	7.35q	2	
5	Ortiz-Blanco, Leanny	10 Salem	7.37q	2	
6	Ortiz, Myasiah (Mimi)	12 Nashua South	7.38q	2	
7	Roberts, Eva	12 Pinkerton	7.41q	1	
8	Jenkins, Lily	12 Portsmouth	7.42q	1	
9	O'Keefe, Ella	10 Bedford	7.43	2	
10	Thompson, Rayna	12 Exeter	7.44	1	
11	Brayall, Nora	10 Pinkerton	7.54	2	
12	Courter, Jordan	10 Manchester Memorial	7.56	2	
13	Lee, Sedona	11 Windham	7.68	1	
14	Rodriguez, Hannah	11 Manchester Memorial	7.69	1	
15	Frye, Allison	10 Nashua North	7.70	1	

**Girls 55 M Dash**

=====					
State: S		7.14	1989	Angie Johnson, Nashua	
Division I: D		7.29	2015	Yorgelis Ortiz, Londonderry	
Name	Year	School	Finals	H#	
=====					
Finals					
1	Best, Alexis	12 Merrimack	7.23D	7.222	
2	Musa, Nyahingiva (Nyah)	12 Nashua South	7.23D	7.230	
3	Barber, Harriet	12 Manchester Central	7.30		
4	Nada, Mariam	12 Portsmouth	7.40	7.391	
5	Ortiz-Blanco, Leanny	10 Salem	7.40	7.399	
6	Roberts, Eva	12 Pinkerton	7.41		
7	Jenkins, Lily	12 Portsmouth	7.48		
8	Ortiz, Myasiah (Mimi)	12 Nashua South	7.50		

**Girls 300 M Dash**

=====					
State: S		39.87	2007	Anna Cioffredi, Lebanon	
Division I: D		40.08	2019	Grace Devanny, Concord	
Name	Year	School	Finals	H#	
=====					
1	Barber, Harriet	12 Manchester Central	39.59S	3	
2	Thomas, Jhanelle	11 Nashua North	41.56	3	
3	Scott, Anika	11 Bedford	41.98	2	
4	Jenkins, Lily	12 Portsmouth	41.99	2	
5	Sippel, Hannah	12 Pinkerton	42.10	3	
6	Musa, Nyahingiva (Nyah)	12 Nashua South	42.64	1	
7	Timerman, Avery	12 Portsmouth	43.23	1	
8	Ofori, Petrina	12 Alvirne	43.33	2	
9	Needham, Isabel	10 Winnacunnet	44.12	1	
10	Barry, Mikita	10 Bedford	44.41	2	
11	Adigun, Fareedah	12 Salem	44.45	1	

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**Girls 600 M Run**

=====				
State: S 1:32.00		2014	Molly McCabe, Bishop Guertin	
Division I: D 1:33.49		2014	Molly McCabe, Bishop Guertin	
Name	Year	School	Finals	H#
=====				
1 Knab, Clara	12	Exeter	1:38.97	2
2 Ducharme, Samantha	12	Bedford	1:38.98	2
3 Caron, Danica	10	Exeter	1:40.58	2
4 Muller, Madeline	11	Concord	1:40.59	2
5 Beauvoisin, Charlotte	10	Timberlane	1:41.41	1
6 Blake, Nicole	10	Pinkerton	1:42.78	2
7 Sinclair, Anna	10	Bishop Guertin	1:43.61	1
8 Ray, Anna	10	Bedford	1:43.71	1
9 Houghton, Maddy	10	Portsmouth	1:44.78	1
10 Fronc, Julia	12	Timberlane	1:45.06	1
11 Rzasa, Sarah	10	Pinkerton	1:45.44	2
12 Orleans, Amber	11	Exeter	1:48.43	1

**Girls 1000 M Run**

=====				
State: S 2:48.25		2017	Leya Salis, Bedford	
Division I: D 2:52.42		2017	Leya Salis, Bedford	
Name	Year	School	Finals	
=====				
1 Barry, Mikita	10	Bedford	3:02.98	
2 Poulin, Anique	11	Dover	3:03.30	
3 Groulx, Isabelle	12	Pinkerton	3:07.99	
4 Martin, Ava	11	Alvirne	3:10.32	
5 Bremer, Isabelle	9	Exeter	3:11.62	
6 Bedard, Melanie	11	Merrimack	3:12.09	
7 McIntyre, Isabel	12	Dover	3:13.55	
8 Knowlton, Parker	10	Pinkerton	3:14.19	
9 Faulkner, Lia	9	Salem	3:15.67	
10 Paterna, Brianna	9	Exeter	3:17.98	
11 Bedard, Gabrielle	10	Pinkerton	3:18.62	

**Girls 1500 M Run**

=====				
State: S 4:36.79		2014	Shannon Murdock, Exeter	
Division I: D 4:36.79		2014	Shannon Murdock, Exeter	
Name	Year	School	Finals	
=====				
1 Koutalidis, Charlotte	12	Winnacunnet	4:49.34	
2 White, Laura	11	Nashua North	4:49.70	
3 Silva, Contessa	12	Pinkerton	4:57.14	
4 Klinger, Katherine	12	Windham	5:01.39	
5 Cross, Eli	9	Exeter	5:04.09	
6 Paterna, Alexis	9	Exeter	5:04.10	
7 Mariotti, Carson	11	Winnacunnet	5:05.57	
8 Thomas, Lily	12	Salem	5:05.86	
9 Groulx, Isabelle	12	Pinkerton	5:10.12	
10 Fondakowski, Anna	11	Bishop Guertin	5:12.20	
11 Marzolf, Kalisan	10	Pinkerton	5:44.84	

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**Girls 3000 M Run**

=====			
State: S	9:35.70	2018	Jacqueline Gaughan, Exeter
Division I: D	9:35.70	2018	Jacqueline Gaughan, Exeter
Name	Year	School	Finals
=====			
1 Cross, Eli	9	Exeter	10:23.45
2 Silva, Contessa	12	Pinkerton	10:26.22
3 Fondakowski, Anna	11	Bishop Guertin	10:56.69
4 Marzolf, Kalisan	10	Pinkerton	11:11.90
5 Bortz, Alyson	12	Dover	11:16.48
6 Spuler, Margaret	12	Dover	11:17.13
7 LeBlanc, Althea	11	Pinkerton	11:17.78
8 Masson, Lyla	10	Bishop Guertin	11:33.18
9 Melendez, Emely	12	Nashua South	11:49.81
10 Bachrach, Madeline	12	Dover	12:08.42
11 Roache, Delaney	11	Exeter	12:13.72
12 Philipp, Samantha Priya	10	Pinkerton	12:15.47

**Girls 55 M Hurdles**

=====					
State: S	8.01	2013	Betsy Garnick, Bishop Guertin		
Division I: D	8.21	2012	Betsy Garnick, Bish Guertin		
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1 Scott, Anika	11	Bedford	8.27Q	1	
2 Thomas, Jhanelle	11	Nashua North	8.37Q	2	
3 Ofori, Petrina	12	Alvirne	8.75q	1	
4 Doherty, Morgan	12	Concord	8.92q	2	
5 Brown, Tiana	11	Nashua North	8.95q	1	
6 Ortiz, Myasiah (Mimi)	12	Nashua South	9.04q	2	
7 Nada, Mariam	12	Portsmouth	9.05q	1	
8 Beeley, Madeline	11	Salem	9.57q	1	
9 Adams, Hayden	12	Winnacunnet	9.61	1	
10 Draeger, Sydney	12	Windham	9.77	2	
11 MacVicar, Sydney	10	Exeter	9.78	2	
12 Kirk, Zoe	11	Dover	9.79	2	
13 Wheale, Mollie	10	Pinkerton	9.94	2	
14 Frye, Sarah	10	Nashua North	9.99	2	
15 Bolobanic, Jordyn	11	Dover	10.22	1	
16 Gatheral, Brooke	12	Bishop Guertin	11.15	1	

**Girls 55 M Hurdles**

=====					
State: S	8.01	2013	Betsy Garnick, Bishop Guertin		
Division I: D	8.21	2012	Betsy Garnick, Bish Guertin		
Name	Year	School	Finals		
=====					
Finals					
1 Scott, Anika	11	Bedford	8.07D		
2 Thomas, Jhanelle	11	Nashua North	8.56		
3 Ofori, Petrina	12	Alvirne	8.79		
4 Doherty, Morgan	12	Concord	8.82		
5 Nada, Mariam	12	Portsmouth	8.87		
6 Brown, Tiana	11	Nashua North	8.91		

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**....Girls 55 M Hurdles**

7 Ortiz, Myasiah (Mimi)	12 Nashua South	9.01
8 Beeley, Madeline	11 Salem	9.44

**Girls 4x200 M Relay**

=====			
State: S	1:45.57	2016	Milford
			A Arena, N McMorrow, O Rougeau, V Williams
Division I: D	1:47.09	2010	Manchester Central
			M Brown, M Donovan, L Johnson, C Dion
School		Finals	H#
=====			
1 Pinkerton		1:48.40	3
1) Roberts, Eva 12			
3) Brayall, Nora 10			
2 Nashua South		1:48.97	3
1) Chavarin, Alejandra 11			
3) Musa, Nyahingiva (Nyah) 12			
3 Nashua North		1:49.59	3
1) Juris, Christina 12			
3) Brown, Tiana 11			
4 Bedford		1:50.04	3
1) Ducharme, Samantha 12			
3) Foxx, Libby 9			
5 Salem		1:51.83	2
1) Olson, Jennifer 12			
3) Aliberti, Avery 10			
6 Exeter		1:52.00	1
1) Christiana, Annie 12			
3) McBride, Martelle 10			
7 Manchester Memorial		1:52.01	2
1) Courter, Jordan 10			
3) Jackson, Charline 10			
8 Portsmouth		1:52.34	2
1) Baryiames, Alexa 10			
3) Vinciguerra, Ginger 10			
9 Concord		1:53.13	2
1) Gridley, Rachel 12			
3) Mullen, Ayva 12			
10 Bishop Guertin		1:53.44	1
1) Gillette, Gabby 9			
3) Desjadon, Madeline 10			
11 Manchester Central		1:54.53	1
1) Mann, Tianna 10			
3) Becker, Ava 10			
12 Winnacunnet		1:56.58	1
1) Adams, Hayden 12			
3) Pacheco, Liana 11			

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**Girls 4x400 M Relay**

=====			
State:	S 3:57.67	2013	Bishop Guertin
			M McCabe, S Burke, B Garnick, R Pelletier
Division I:	D 4:02.60	2011	Bishop Guertin
			M McCabe, S Burke, B Garnick, R Pelletier
School			Finals H#
=====			
1	Nashua North		4:07.73 3
	1) Brown, Tiana 11	2) Frye, Allison 10	
	3) Juris, Christina 12	4) Thomas, Jhanelle 11	
2	Portsmouth		4:08.68 3
	1) Timerman, Avery 12	2) Vinciguerra, Ginger 10	
	3) Guarracino, Sylvia 10	4) Jenkins, Lily 12	
3	Exeter		4:12.23 3
	1) Knab, Clara 12	2) Bremer, Isabelle 9	
	3) Caron, Danica 10	4) Thompson, Rayna 12	
4	Bedford		4:16.50 3
	1) Ducharme, Samantha 12	2) Bekkering, Joy 9	
	3) Zimmerman, Paige 12	4) Barry, Mikita 10	
5	Pinkerton		4:16.73 2
	1) McNulty, Camryn 9	2) Knowlton, Parker 10	
	3) Sippel, Isabella 10	4) Silva, Contessa 12	
6	Winnacunnet		4:16.96 2
	1) Clifford, Maitri 11	2) Ouellette, Maeve 9	
	3) Fowler, McKinley 9	4) Christie, Isla 9	
7	Concord		4:20.48 2
	1) Doherty, Morgan 12	2) Gualtieri, Gianna 9	
	3) Goulas, Ella 11	4) Muller, Madeline 11	
8	Merrimack		4:27.26 1
	1) Best, Alexis 12	2) Amoo, Kaylin 11	
	3) Roy, Haylie 12	4) Bedard, Melanie 11	
9	Timberlane		4:29.06 1
	1) Fronc, Julia 12	2) Robinson, Abigail 10	
	3) Fitzgerald, Aubrey 9	4) Beaudoin, Charlotte 10	
10	Alvirne		4:29.46 1
	1) Rudy, Olivia 12	2) Makoviyz, Jane 9	
	3) Tobin, Addison 11	4) Ofori, Petrina 12	
11	Salem		4:32.89 1
	1) Beeley, Madeline 11	2) Bolduc, Averie 9	
	3) Tutrone, Isabella 9	4) Faulkner, Lia 9	
12	Nashua South		4:33.55 2
	1) Eppolito, Nevaeh 11	2) Kelly, Caroline 10	
	3) Marengo, Ariana 10	4) Melendez, Emely 12	

**Girls 4x800 M Relay**

=====			
State:	S 9:37.52	2001	Manchester Central, Manches
			J Stevens, T Hewitt, L Gesel, S Girard
Division I:	D 9:43.88	2014	Bishop Guertin
			J Ewing, G Richardson, B Veilleux, M McCabe
School			Finals
=====			
1	Bedford		9:43.76D
	1) Ray, Anna 10	2) Boll, Grace 9	
	3) Ducharme, Samantha 12	4) Barry, Mikita 10	

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**....Girls 4x800 M Relay**

2 Pinkerton	9:47.34
1) Rzasa, Sarah 10	2) Bedard, Gabrielle 10
3) Groulx, Isabelle 12	4) Knowlton, Parker 10
3 Exeter	9:52.33
1) Orleans, Amber 11	2) Paterna, Alexis 9
3) Paterna, Brianna 9	4) Bremer, Isabelle 9
4 Portsmouth	10:12.74
1) Timerman, Avery 12	2) Baker, Mallory 9
3) Campbell, Kelsey 10	4) Houghton, Maddy 10
5 Nashua North	10:33.43
1) Hewson, Skyler 10	2) Witkoskie, Sonya 12
3) Frye, Sarah 10	4) White, Laura 11
6 Dover	10:36.91
1) Bachrach, Madeline 12	2) McIntyre, Isabel 12
3) Fiorenza, Lily 9	4) Poulin, Janelle 9
7 Londonderry	10:41.85
1) DeLong, Gabriella 9	2) White, Sayde 11
3) DiBuono, Ella 10	4) Sherman, Drewanne 10
8 Merrimack	10:54.11
1) McWhirter, Megan 10	2) Vinson, Ella 9
3) Taylor, Ella 10	4) Bedard, Melanie 11
9 Winnacunnet	11:02.85
1) Clifford, Maitri 11	2) Burness, Ava 12
3) Rooney, Teagan 11	4) Nardone, Sofia 12

**Girls High Jump**

=====							
State:	S	5-10	2005	Paige McConney,	Bishop Guerti		
Division I:	D	5-10	2005	Paige McConney,	Bishop Guerti		
Name			Year	School			Finals
=====							
1 Goulas, Ella			11	Concord			5-04.00
4-06	4-08	4-10	5-00	5-02	5-04	5-06	
P	O	O	O	O	XO	XXX	
2 DeLorey, Eres			10	Londonderry			5-02.00
4-06	4-08	4-10	5-00	5-02	5-04		
O	XO	XO	XO	XO	XXX		
3 Ofori, Petrina			12	Alvirne			J5-02.00
4-06	4-08	4-10	5-00	5-02	5-04		
P	XO	XO	XXO	XO	XXX		
4 Russo, Liv			9	Portsmouth			4-10.00
4-06	4-08	4-10	5-00				
O	O	O	XXX				
5 Mikelson, Kelley			12	Concord			J4-10.00
4-06	4-08	4-10	5-00				
O	O	XXO	XXX				
5 French, Lauren			10	Keene			J4-10.00
4-06	4-08	4-10	5-00				
O	O	XXO	XXX				
7 Adams, Hayden			12	Winnacunnet			4-08.00
4-06	4-08	4-10					
XO	O	XXX					

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**....Girls High Jump**

7	Gregoire, Linsey	11 Londonderry	4-08.00
	4-06 4-08 4-10		
	XO O XXX		
9	Nastasi, Taylor	9 Pinkerton	J4-08.00
	4-06 4-08 4-10		
	O XO XXX		
10	Kirk, Zoe	11 Dover	J4-08.00
	4-06 4-08 4-10		
	XO XXO XXX		
11	Brien, Allyse	12 Concord	4-06.00
	4-06 4-08		
	XO XXX		
--	Mijal, Mya	10 Bedford	NH
	4-06		
	XXX		

**Girls Long Jump**

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=====
State: S 18-06.25 2012 Hillary Holmes, Exeter
Division I: D 18-06.25 2012 Hillary Holmes, Exeter
Name Year School Finals
=====
1 Scott, Anika 11 Bedford 20-03.25S
  20-03.25 19-05 PASS PASS PASS
2 Best, Alexis 12 Merrimack 18-00.50
  17-04.50 16-11.75 17-02.50 17-08.75 18-00.50 PASS
3 Nada, Mariam 12 Portsmouth 17-03.75
  16-06 16-09.25 15-05.50 16-06.25 17-00.25 17-03.75
4 Roberts, Eva 12 Pinkerton 17-00.25
  15-06.25 FOUL 16-10.25 FOUL 17-00.25 FOUL
5 McBride, Martelle 10 Exeter 16-09.25
  FOUL FOUL 16-01.75 15-09 14-07.75 16-09.25
6 Doherty, Morgan 12 Concord 16-06.00
  16-06 15-11.25 16-01 15-09 FOUL 15-05.50
7 Goulas, Ella 11 Concord 16-04.50
  16-02.75 FOUL 16-04.50 15-08.75 16-04.25 16-00
8 Rodriguez, Hannah 11 Manchester Memorial 16-00.50
  15-07.25 16-00.50 15-04 15-03.50 14-09.50 PASS
9 Adams, Hayden 12 Winnacunnet 15-09.50
  15-09.50 FOUL 15-09
10 O'Keefe, Ella 10 Bedford 15-08.75
  15-08.75 15-00.50 FOUL
11 Ethier, Sophia 9 Keene 15-01.50
  14-11.75 15-01.50 15-00.50
-- Mikelson, Kelley 12 Concord FOUL
  FOUL FOUL FOUL
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**Girls Shot Put**

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State: S 53-00 2001 Laura Gerraughty, Nashua
Division I: D 40-07 2020 Victoria Conrad, Nashua North
Name Year School Finals
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**....Girls Shot Put**

1	Foxx, Maggie	12 Bedford	34-11.25
	33-05.25 34-02 34-08.50 34-11.25 34-00.25 33-10.75		
2	Beem, Lucille	10 Exeter	34-00.00
	34-00 31-00 FOUL 33-09.50 31-05.25 31-00.25		
3	Gautieri, Nora	11 Nashua South	32-08.75
	32-08.50 29-00.25 31-08.50 31-07.25 32-00 32-08.75		
4	Cruz, Chloe	11 Nashua South	31-10.50
	27-06.75 30-11.25 30-01 30-02.25 31-10.50 31-10		
5	Kemp, Carolyn	10 Bedford	31-08.00
	31-02.50 29-08 28-08.75 31-01 31-08 31-06		
6	Getchell, Mia	12 Merrimack	31-01.50
	30-04.75 30-10.50 31-01.50 30-01.50 30-05.25 29-10.50		
7	Avalo, Aaliyah	12 Bedford	31-01.25
	27-09.25 30-08.50 31-01.25 26-11.50 28-06 29-09.75		
8	Wright, Kelly	11 Windham	31-01.00
	29-09 29-09 31-01 30-01 30-06.75 30-07		
9	Fabiano, Autumn	10 Exeter	29-07.75
	FOUL 28-01 29-07.75		
10	Mullen, Ayva	12 Concord	29-06.25
	29-06.25 FOUL FOUL		
11	Trask, Jameson	11 Pinkerton	29-00.75
	29-00.75 FOUL 26-06.50		
12	Sutton, Ava	12 Spaulding	26-09.75
	FOUL 26-09.75 26-09.75		

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Women - Team Rankings - 13 Events Scored

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1) Bedford	74	2) Exeter	54
3) Pinkerton	52	4) Nashua North	43
5) Portsmouth	32	6) Nashua South	27
7) Concord	20.50	8) Merrimack	20
9) Manchester Central	16	9) Alvirne	16
11) Dover	12	12) Winnacunnet	11
13) Londonderry	8	14) Bishop Guertin	6
15) Windham	4	15) Salem	4
17) Timberlane	2	18) Keene	1.50