

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****Girls 55 M Dash**

Name	Year	School	Finals	H#
Finals				
1 Encarnacao, Kamryn	10	Reading	7.50	4
2 Deardorf, Aubrey	10	Lexington	7.52	2
3 Curll, Kayleigh	10	Woburn	7.64	2
4 Leblanc, Alexis	10	Wilmington	7.70	1
5 Mukasa, D'Mitra	12	Melrose	7.73	1
6 Haverly, Felice	10	Lexington	7.74	2
7 Sagues, Bruguers	10	Lexington	7.85	2 7.844
8 Doherty, Alison	12	Wilmington	7.85	1 7.846
9 Taylor, Abigail	10	Melrose	7.86	1
10 Butler, Kaitlynn	11	Woburn	7.89	2 7.885
11 Domin, Isabella	12	Arlington	7.89	4 7.889
12 Discipio, Karlie	12	Stoneham	7.91	6
13 Sadkowski, Isabella	12	Watertown	7.97	6
14 Hartigan, Abigail	10	Wakefield	7.98	3
15 Solomon, Jada	12	Lexington	7.99	2
16 Lake, Samantha	9	Reading	8.00	4
17 Hermsdorf, Gaby	10	Winchester	8.01	5 8.006
18 Collins, Char	12	Burlington	8.01	3 8.009
19 De Amaral, Nathallya	10	Belmont	8.01	5 8.010
20 Cribbie, Brianna	11	Wakefield	8.02	3
21 Zagami, Antonia	12	Reading	8.16	4
22 Doherty, Alison	12	Melrose	8.20	1
23 LoBello, Ally	12	Winchester	8.22	5
24 Takahashi, Lenna	10	Watertown	8.29	6
25 Walker, Kayleigh	9	Wilmington	8.34	1 8.333
26 Wassarman, Sophie	10	Winchester	8.34	5 8.338
27 Wolff, Joana	10	Belmont	8.36	5
28 Geofrida, Livia	9	Woburn	8.38	2 8.377
28 Preston, Magnolia	12	Wakefield	8.38	3 8.377
30 Rodriguez-Clark, Fiona	10	Belmont	8.39	5
31 Wolinski, Althea	11	Burlington	8.42	3
32 Matarazzo, Ellie	10	Burlington	8.46	3
33 Chambers, Reilly	9	Arlington	8.57	4
34 Velmishi, Flavia	10	Woburn	8.61	2 8.604
35 Carlson, Catherine	12	Reading	8.61	4 8.610
36 Macomber, Emma	12	Watertown	8.63	6 8.625
37 Strileckis, Sophie	10	Melrose	8.63	1 8.629
38 Taitelbaum, Hannah	10	Burlington	8.65	3
39 Ottley, Soraya	9	Arlington	8.67	4
40 Paolucci, Sofia	11	Stoneham	8.74	6
41 Cannatelli, Maggey	10	Stoneham	8.80	6
42 Breen, Grace	9	Stoneham	8.82	6
43 Herson, Emily	12	Wakefield	8.89	3
44 MacKenzie, Nola	11	Watertown	9.04	6
-- Doherty, Emily	12	Wilmington	FS	1

**Girls 300 M Dash**

Name	Year	School	Finals	H#
1 Gangi, Nicole	10	Woburn	41.45	2
2 Haverly, Felice	10	Lexington	42.00	2

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**Results**

**....Girls 300 M Dash**

3	Power, Riley	12 Woburn	43.51	2
4	Carciero, Carissa	12 Reading	43.54	4
5	Domin, Isabella	12 Arlington	44.57	4
6	Alves, Madison	12 Stoneham	44.65	6
7	Maxwell, Molly	10 Arlington	44.69	4
8	Clement, Lucy	10 Burlington	44.71	3
9	Jonathas, Naesha	12 Woburn	44.85	2
10	Melvin, Alexis	12 Wilmington	44.95	1
11	Anderson-Strain, Kate	12 Belmont	45.01	5
12	Solomon, Jada	12 Lexington	45.20	2
13	Lake, Samantha	9 Reading	45.47	4
14	Ramsey, Julia	9 Winchester	45.53	5
15	Hartigan, Abigail	10 Wakefield	45.60	3
16	McKee, Alyssa	9 Lexington	45.67	2
17	Londino, Audrey	11 Burlington	45.84	3
18	Grace, Emily	12 Wilmington	46.02	1
19	Frawley, Jillian	11 Melrose	46.24	1
20	Shanley, Annabelle	10 Reading	46.51	4
21	Scully, Bridget	11 Stoneham	46.68	6
22	McCarthy, Sophie	10 Winchester	46.72	5
23	Cummings, Kaya	10 Burlington	47.16	3
24	Healy, Addison	10 Melrose	47.87	1
25	Oliphant, Olivia	11 Stoneham	48.02	6
26	McCarthy, Ella	10 Winchester	48.65	5
27	Preston, Magnolia	12 Wakefield	48.74	3
28	Fauci, Lila	10 Melrose	48.83	1
29	Caplin, Rachel	11 Wakefield	49.17	3
30	Vo, Celina	9 Wilmington	50.40	1
31	Cacace, Skyla	11 Watertown	51.46	6

**Girls 600 M Run**

Name	Year School	Finals	H#
1 Hanafin, Hope	12 Burlington	1:41.92	3
33.367 (33.367)	1:07.355 (33.988)	1:41.911 (34.556)	
2 Metivier, Sydney	11 Woburn	1:42.47	2
34.999 (34.999)	1:09.736 (34.738)	1:42.461 (32.725)	
3 Moran, Erin	12 Arlington	1:42.69	4
32.654 (32.654)	1:07.514 (34.860)	1:42.686 (35.172)	
4 Finn, Leah	10 Woburn	1:44.49	2
34.766 (34.766)	1:09.412 (34.646)	1:44.490 (35.079)	
5 Lecomte, Renee	12 Burlington	1:46.14	3
33.848 (33.848)	1:09.341 (35.493)	1:46.134 (36.793)	
6 Harkins, Chloe	9 Woburn	1:47.61	2
35.622 (35.622)	1:12.144 (36.523)	1:47.601 (35.457)	
7 Kvaal, Caroline	11 Lexington	1:47.66	2
35.308 (35.308)	1:10.022 (34.714)	1:47.654 (37.632)	
8 Rowe, Amy	12 Melrose	1:48.10	1
35.390 (35.390)	1:13.567 (38.177)	1:48.099 (34.533)	
9 Drago, Emma	10 Melrose	1:48.23	1
35.747 (35.747)	1:13.943 (38.196)	1:48.227 (34.285)	
10 Schermerhorn, Maeve	11 Wakefield	1:50.41	3
34.088 (34.088)	1:10.127 (36.039)	1:50.406 (40.280)	

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11	Cunningham, Claire	11	Lexington	1:50.43	2
	36.052 (36.052)	1:12.290 (36.238)		1:50.430 (38.140)	
12	MacDonald, Cate	10	Wilmington	1:50.97	1
	37.508 (37.508)	1:16.655 (39.148)		1:50.961 (34.306)	
13	Ryan, Elsa	11	Watertown	1:51.16	6
	36.681 (36.681)	1:14.510 (37.829)		1:51.156 (36.647)	
14	Hamer, Lucy	11	Belmont	1:51.39	5
	34.323 (34.323)	1:11.444 (37.121)		1:51.386 (39.942)	
15	Picone, Ava	12	Melrose	1:51.57	1
	37.675 (37.675)	1:14.864 (37.189)		1:51.569 (36.705)	
16	Gallegos, Caroline	12	Reading	1:52.32	4
	35.422 (35.422)	1:12.660 (37.239)		1:52.318 (39.658)	
17	Stanton, Lily	12	Reading	1:53.03	4
	36.078 (36.078)	1:13.320 (37.243)		1:53.029 (39.709)	
18	Brice, Angela	11	Winchester	1:53.21	5
	37.404 (37.404)	1:15.026 (37.622)		1:53.203 (38.177)	
19	Arone, Violet	10	Winchester	1:53.61	5
	37.300 (37.300)	1:15.313 (38.013)		1:53.607 (38.295)	
20	Brewin, Sophie	10	Stoneham	1:53.80	6
	37.661 (37.661)	1:16.535 (38.874)		1:53.795 (37.260)	
21	Ghili, Maya	12	Woburn	1:54.12	2
	36.872 (36.872)	1:14.678 (37.806)		1:54.115 (39.437)	
22	White, Maeve	10	Wilmington	1:55.08	1
	37.855 (37.855)	1:17.041 (39.187)		1:55.079 (38.039)	
23	Shanahan, Megan	11	Reading	1:55.38	4
	36.882 (36.882)	1:15.036 (38.154)		1:55.377 (40.341)	
24	Rock, Tessa	10	Reading	1:55.87	4
	34.855 (34.855)	1:13.791 (38.936)		1:55.866 (42.076)	
25	Tibbetts, Aori	10	Lexington	1:56.91	2
	36.217 (36.217)	1:14.615 (38.398)		1:56.902 (42.288)	
26	Gmelch, Katherine	11	Wakefield	1:57.14	3
	34.952 (34.952)	1:13.507 (38.555)		1:57.134 (43.628)	
27	Xu, Allison	10	Lexington	1:57.34	2
	35.101 (35.101)	1:14.462 (39.361)		1:57.339 (42.877)	
28	Carriere, Isabel	9	Wilmington	1:57.84	1
	37.571 (37.571)	1:17.752 (40.182)		1:57.840 (40.088)	
29	Bois, Julia	11	Stoneham	1:58.21	6
	38.176 (38.176)	1:18.160 (39.984)		1:58.201 (40.042)	
30	Weieneth, Elizabeth	9	Melrose	1:58.30	1
	36.453 (36.453)	1:17.229 (40.776)		1:58.295 (41.066)	
31	Warner, Sophie	10	Watertown	1:58.63	6
	38.277 (38.277)	1:18.431 (40.154)		1:58.626 (40.196)	
32	Rockwell, Lily	9	Melrose	2:03.29	1
	37.306 (37.306)	1:19.328 (42.023)		2:03.287 (43.959)	
33	Ries, Daphne	10	Belmont	2:04.08	5
	39.515 (39.515)	1:20.978 (41.464)		2:04.072 (43.095)	
34	Bekdash, Lana	12	Watertown	2:07.60	6
	39.326 (39.326)	1:22.719 (43.393)		2:07.592 (44.873)	
35	Wedemeyer, Madeline	9	Wakefield	2:08.27	3
	41.563 (41.563)	1:25.452 (43.890)		2:08.265 (42.813)	
36	Freitas, Isabella	11	Stoneham	2:08.30	6
	41.626 (41.626)	1:25.340 (43.714)		2:08.296 (42.957)	
37	LaFrancesca, Viola	11	Reading	2:09.01	4
	37.140 (37.140)	1:21.261 (44.121)		2:09.006 (47.746)	

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38 Herson, Emily	12 Wakefield	2:10.19	3
35.345 (35.345)	1:15.547 (40.202)	2:10.185 (54.639)	
39 Scally, Olivia	11 Stoneham	2:11.24	6
42.628 (42.628)	1:27.600 (44.972)	2:11.238 (43.639)	
40 Wu, Sherri	10 Watertown	2:11.95	6
42.054 (42.054)	1:26.636 (44.582)	2:11.946 (45.311)	
41 Gordon, Julia	9 Burlington	2:12.23	3
35.210 (35.210)	1:18.802 (43.592)	2:12.224 (53.423)	
42 Dinardi, Mia	11 Stoneham	2:14.27	6
41.777 (41.777)	1:26.232 (44.455)	2:14.263 (48.032)	
43 Makhzomi, Nadeen	12 Watertown	2:19.10	6
42.684 (42.684)	1:29.260 (46.576)	2:19.096 (49.836)	
44 Flavin, Riley	12 Woburn	2:21.97	2
40.698 (40.698)	1:29.296 (48.598)	2:21.968 (52.672)	
45 Scollo, Kathryn	12 Wakefield	2:41.50	3
47.327 (47.327)	1:41.088 (53.762)	2:41.497 (1:00.409)	
-- Cook, Liliana	9 Belmont	DQ	5 Cut in too early
31.699 (31.699)	1:11.011 (39.312)	1:55.627 (44.616)	

**Girls 1000 M Run**

Name	Year School	Finals	H#
1 Lonergan, Anna	12 Watertown	3:12.84	3
35.228 (35.228)	1:12.869 (37.641)	1:52.712 (39.843)	2:33.594 (40.883)
3:12.837 (39.244)			
2 Buback, Kayla	12 Woburn	3:14.54	1
38.478 (38.478)	1:19.669 (41.192)	2:00.508 (40.840)	2:40.459 (39.952)
3:14.535 (34.076)			
3 McVey, Samara	12 Lexington	3:18.00	1
38.565 (38.565)	1:19.775 (41.211)	2:00.749 (40.974)	2:41.563 (40.814)
3:17.991 (36.428)			
4 Anderson, Riley	11 Woburn	3:19.80	1
40.127 (40.127)	1:20.851 (40.725)	2:01.047 (40.196)	2:41.371 (40.324)
3:19.791 (38.421)			
5 Aggarwal, Prachi	10 Lexington	3:19.85	1
41.231 (41.231)	1:20.675 (39.444)	2:00.567 (39.893)	2:40.942 (40.375)
3:19.848 (38.907)			
6 Mahon, Alexandra	10 Woburn	3:20.90	1
39.842 (39.842)	1:21.147 (41.306)	2:01.301 (40.154)	2:41.082 (39.781)
3:20.896 (39.815)			
7 Van Kelsted, Kira	10 Belmont	3:21.09	3
36.737 (36.737)	1:15.188 (38.451)	1:57.145 (41.957)	2:40.615 (43.471)
3:21.081 (40.467)			
8 Walker, Chloe	9 Winchester	3:21.79	3
37.638 (37.638)	1:15.505 (37.867)	1:57.425 (41.921)	2:40.957 (43.532)
3:21.781 (40.825)			
9 Goodwin, Ava	12 Reading	3:22.38	2
39.976 (39.976)	1:21.652 (41.676)	2:04.843 (43.191)	2:47.428 (42.586)
3:22.379 (34.951)			
10 Thompson, Darby	12 Melrose	3:22.62	1
39.598 (39.598)	1:21.611 (42.014)	2:03.764 (42.153)	2:44.403 (40.640)
3:22.615 (38.212)			

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11 L'Heureux, Cadence 39.533 (39.533) 3:23.135 (38.368)	11 Melrose 1:21.681 (42.148)	3:23.14 1 2:04.102 (42.421)	2:44.768 (40.667)
12 Brackett, Grace 39.048 (39.048) 3:28.049 (40.687)	11 Wakefield 1:19.622 (40.575)	3:28.05 2 2:02.944 (43.323)	2:47.363 (44.419)
13 Kiley, Charlotte 39.898 (39.898) 3:29.391 (40.764)	9 Wilmington 1:22.022 (42.124)	3:29.40 1 2:04.168 (42.147)	2:48.627 (44.460)
14 Rizal, Oju 40.273 (40.273) 3:30.039 (41.983)	10 Arlington 1:21.257 (40.984)	3:30.04 2 2:04.539 (43.282)	2:48.056 (43.518)
15 Tilden, Margaret 38.261 (38.261) 3:30.600 (39.817)	9 Stoneham 1:20.857 (42.596)	3:30.60 3 2:05.584 (44.728)	2:50.783 (45.200)
16 Flanagan, Moya 39.418 (39.418) 3:32.125 (41.049)	10 Watertown 1:21.603 (42.185)	3:32.13 3 2:05.687 (44.084)	2:51.076 (45.389)
17 Margolius, Isadora 41.254 (41.254) 3:32.536 (40.220)	11 Arlington 1:24.768 (43.515)	3:32.54 2 2:08.440 (43.672)	2:52.316 (43.876)
18 Setia, Hanna 38.011 (38.011) 3:32.593 (42.900)	11 Winchester 1:19.861 (41.850)	3:32.60 3 2:03.433 (43.572)	2:49.693 (46.261)
19 O'Neil, Charlotte 40.772 (40.772) 3:33.184 (44.198)	12 Wakefield 1:21.247 (40.475)	3:33.19 2 2:04.614 (43.368)	2:48.987 (44.373)
20 Eldridge, Ava 40.814 (40.814) 3:33.725 (41.580)	9 Burlington 1:23.347 (42.533)	3:33.73 2 2:07.618 (44.272)	2:52.145 (44.528)
21 Ahmad, Zoya 40.170 (40.170) 3:34.259 (43.505)	11 Winchester 1:22.180 (42.010)	3:34.26 3 2:06.117 (43.938)	2:50.754 (44.637)
22 Kuo, Sophie 41.009 (41.009) 3:36.316 (42.855)	10 Lexington 1:24.342 (43.333)	3:36.32 1 2:08.501 (44.160)	2:53.462 (44.961)
23 Green, Rosemary 39.088 (39.088) 3:36.605 (46.156)	9 Belmont 1:21.861 (42.773)	3:36.61 3 2:05.257 (43.397)	2:50.450 (45.193)
24 Gabriele, Claire 41.201 (41.201) 3:37.148 (44.348)	9 Arlington 1:23.841 (42.640)	3:37.15 2 2:08.074 (44.233)	2:52.800 (44.727)
25 Master, Kaylee 39.874 (39.874) 3:41.458 (46.321)	9 Watertown 1:22.635 (42.761)	3:41.46 3 2:07.886 (45.252)	2:55.137 (47.252)
26 Mackie, Kayla 41.158 (41.158) 3:42.129 (46.409)	10 Burlington 1:23.767 (42.609)	3:42.13 2 2:08.488 (44.721)	2:55.720 (47.233)
27 Liteplo, Maya 40.852 (40.852) 3:42.580 (46.059)	11 Reading 1:23.951 (43.100)	3:42.58 2 2:09.176 (45.226)	2:56.521 (47.345)
28 Shanahan, Abby 41.916 (41.916) 3:42.988 (44.844)	9 Reading 1:25.606 (43.690)	3:42.99 2 2:10.716 (45.111)	2:58.144 (47.428)

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29	Fraczek, Cecelia	9 Burlington	3:48.24	2		
	41.546 (41.546)	1:24.540 (42.995)	2:10.204 (45.664)		2:59.651 (49.448)	
	3:48.236 (48.586)					
30	Shamashkin, Zoe	9 Woburn	3:55.18	1		
	42.519 (42.519)	1:29.423 (46.904)	2:18.570 (49.147)		3:09.278 (50.708)	
	3:55.177 (45.900)					
31	Wright, Linden	11 Winchester	3:56.97	3		
	41.755 (41.755)	1:28.937 (47.183)	2:18.723 (49.786)		3:08.225 (49.502)	
	3:56.961 (48.736)					
32	Zaya, Isabella	10 Wilmington	3:57.85	1		
	42.567 (42.567)	1:30.213 (47.646)	2:19.472 (49.260)		3:11.164 (51.692)	
	3:57.843 (46.680)					
33	Donohue, Mae	10 Melrose	4:03.47	1		
	42.368 (42.368)	1:31.470 (49.102)	2:23.167 (51.697)		3:17.787 (54.621)	
	4:03.469 (45.682)					
34	Zhao, Yongyi	9 Wakefield	4:04.58	2		
	42.416 (42.416)	1:29.759 (47.344)	2:22.112 (52.354)		3:15.944 (53.832)	
	4:04.573 (48.629)					
35	Bhagadia, Reetika	11 Stoneham	4:06.81	3		
	44.927 (44.927)	1:34.550 (49.624)	2:26.780 (52.230)		3:19.382 (52.603)	
	4:06.804 (47.422)					
36	Mena, Catalina	11 Melrose	4:08.40	1		
	43.207 (43.207)	1:31.911 (48.704)	2:23.956 (52.045)		3:19.010 (55.054)	
	4:08.398 (49.388)					
37	Leitz, Lily	10 Watertown	4:17.77	3		
	44.941 (44.941)	1:35.101 (50.160)	2:27.985 (52.884)		3:23.217 (55.232)	
	4:17.761 (54.544)					

**Girls 1 Mile Run**

Name	Year	School	Finals	H#		
1	Powell, Reilly	9 Melrose	5:27.59	1		
	42.004 (42.004)	1:22.487 (40.483)	2:04.023 (41.536)		2:45.988 (41.966)	
	3:28.380 (42.392)	4:10.616 (42.236)	4:51.982 (41.367)		5:27.584 (35.603)	
2	Butler, Sinead	11 Woburn	5:28.27	1		
	40.855 (40.855)	1:20.929 (40.075)	2:02.952 (42.024)		2:45.253 (42.301)	
	3:27.933 (42.680)	4:10.370 (42.437)	4:50.700 (40.331)		5:28.261 (37.561)	
3	Kontos, Lucy	11 Lexington	5:28.48	1		
	40.878 (40.878)	1:20.990 (40.112)	2:02.746 (41.756)		2:45.023 (42.277)	
	3:27.780 (42.758)	4:10.274 (42.494)	4:51.762 (41.488)		5:28.480 (36.718)	
4	Lauzon, Evie	11 Arlington	5:30.45	2		
	41.529 (41.529)	1:21.708 (40.180)	2:03.185 (41.477)		2:45.395 (42.211)	
	3:27.332 (41.937)	4:09.096 (41.764)	4:50.911 (41.816)		5:30.441 (39.530)	
5	Sallee, Lily	11 Wakefield	5:33.33	1		
	42.536 (42.536)	1:23.092 (40.556)	2:04.519 (41.428)		2:46.694 (42.176)	
	3:29.904 (43.211)	4:14.835 (44.931)	4:57.264 (42.429)		5:33.328 (36.064)	
6	Hunt, Addy	11 Wilmington	5:35.22	1		
	41.767 (41.767)	1:22.038 (40.272)	2:03.640 (41.602)		2:45.724 (42.084)	
	3:28.189 (42.466)	4:10.893 (42.704)	4:52.920 (42.028)		5:35.213 (42.293)	
7	Bangtson, Liza	10 Wakefield	5:35.77	1		
	42.812 (42.812)	1:23.368 (40.556)	2:04.900 (41.533)		2:47.208 (42.308)	
	3:30.400 (43.193)	4:15.402 (45.002)	4:58.012 (42.611)		5:35.770 (37.758)	

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8 DeMartinis, Ashleigh	11 Burlington	5:37.41	1		
42.396 (42.396)	1:22.949 (40.554)	2:04.361 (41.412)		2:46.463 (42.102)	
3:29.848 (43.385)	4:14.808 (44.960)	4:57.556 (42.749)		5:37.408 (39.852)	
9 Ferguson, Mikayla	12 Winchester	5:40.25	2		
41.758 (41.758)	1:22.010 (40.252)	2:03.607 (41.597)		2:45.913 (42.306)	
3:28.988 (43.076)	4:13.678 (44.690)	4:59.010 (45.333)		5:40.244 (41.234)	
10 Francis, Sophia	11 Arlington	5:43.11	2		
42.878 (42.878)	1:24.579 (41.701)	2:07.481 (42.902)		2:50.256 (42.776)	
3:33.614 (43.358)	4:17.852 (44.239)	5:02.242 (44.391)		5:43.101 (40.859)	
11 Abdinoor, Nadia	10 Lexington	5:46.43	1		
41.987 (41.987)	1:23.509 (41.523)	2:06.640 (43.132)		2:50.568 (43.928)	
3:35.685 (45.117)	4:20.842 (45.157)	5:05.484 (44.643)		5:46.425 (40.941)	
12 Iagnemma, Siri	10 Belmont	5:46.89	2		
41.908 (41.908)	1:22.306 (40.399)	2:03.935 (41.629)		2:46.293 (42.358)	
3:29.809 (43.516)	4:15.095 (45.287)	5:02.221 (47.126)		5:46.890 (44.669)	
13 Ait Ali, Safiya	12 Arlington	5:47.12	2		
42.174 (42.174)	1:24.332 (42.159)	2:08.246 (43.914)		2:52.930 (44.685)	
3:36.548 (43.618)	4:21.779 (45.232)	5:05.160 (43.381)		5:47.116 (41.956)	
14 Faiano, Zoe	10 Woburn	5:53.87	1		
42.736 (42.736)	1:25.056 (42.320)	2:09.199 (44.143)		2:54.687 (45.488)	
3:41.111 (46.424)	4:27.579 (46.468)	5:11.791 (44.212)		5:53.861 (42.071)	
15 Frakt, Maizie	11 Melrose	6:01.66	1		
44.440 (44.440)	1:28.047 (43.607)	2:14.739 (46.692)		3:01.475 (46.736)	
3:47.660 (46.185)	4:33.949 (46.290)	5:19.185 (45.236)		6:01.655 (42.470)	
16 Sheehan, Molly	12 Watertown	6:05.56	2		
43.218 (43.218)	1:24.918 (41.700)	2:08.568 (43.651)		2:55.430 (46.862)	
3:45.817 (50.388)	4:36.390 (50.573)	5:24.623 (48.234)		6:05.558 (40.935)	
17 Byrne, Ella	12 Stoneham	6:08.32	2		
43.523 (43.523)	1:25.811 (42.288)	2:11.046 (45.236)		2:57.678 (46.632)	
3:46.205 (48.527)	4:36.190 (49.985)	5:24.139 (47.950)		6:08.312 (44.173)	
18 Hackett, Molly	11 Reading	6:10.05	2		
44.535 (44.535)	1:28.459 (43.924)	2:14.270 (45.812)		3:02.098 (47.828)	
3:50.278 (48.180)	4:38.896 (48.619)	5:27.474 (48.578)		6:10.050 (42.576)	
19 Rao, Nidhi	12 Winchester	6:12.29	2		
48.413 (48.413)	1:34.021 (45.608)	2:20.401 (46.380)		3:08.709 (48.308)	
3:56.242 (47.533)	4:43.770 (47.528)	5:29.991 (46.222)		6:12.282 (42.291)	
20 Rechea, Violeta	10 Melrose	6:15.44	1		
46.235 (46.235)	1:31.393 (45.159)	2:17.249 (45.856)		3:04.964 (47.716)	
3:53.872 (48.908)	4:42.490 (48.618)	5:31.085 (48.596)		6:15.437 (44.352)	
21 Corduck, Elise	11 Woburn	6:15.55	1		
43.688 (43.688)	1:26.100 (42.412)	2:11.802 (45.703)		3:00.159 (48.357)	
3:49.860 (49.702)	4:40.576 (50.716)	5:29.821 (49.246)		6:15.541 (45.720)	
22 Stepler, Katherine	11 Reading	6:17.98	2		
44.712 (44.712)	1:28.712 (44.000)	2:14.558 (45.847)		3:02.410 (47.852)	
3:50.631 (48.221)	4:39.938 (49.307)	5:30.791 (50.854)		6:17.972 (47.181)	
23 Agarwala, Kritika	10 Burlington	6:29.72	1		
45.739 (45.739)	1:33.531 (47.792)	2:22.520 (48.989)		3:13.352 (50.832)	
4:04.981 (51.630)	4:57.238 (52.257)	5:47.532 (50.294)		6:29.720 (42.188)	
24 Follett, Evelyn	10 Watertown	6:31.73	2		
47.545 (47.545)	1:34.342 (46.797)	2:23.747 (49.406)		3:15.205 (51.458)	
4:06.262 (51.058)	4:57.310 (51.048)	5:46.695 (49.385)		6:31.724 (45.029)	
25 Israelson, Cayley	10 Wilmington	6:33.11	1		
44.853 (44.853)	1:29.707 (44.854)	2:18.404 (48.697)		3:09.557 (51.154)	
4:01.548 (51.991)	4:53.560 (52.013)	5:44.132 (50.572)		6:33.105 (48.973)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Girls 1 Mile Run**

26 Suzuki, Leah	9 Winchester	6:33.62	2		
47.521 (47.521)	1:35.382 (47.862)	2:26.092 (50.710)		3:16.963 (50.872)	
4:09.415 (52.452)	5:01.557 (52.142)	5:50.913 (49.356)		6:33.614 (42.701)	
27 Brady, Marykate	12 Belmont	6:37.36	2		
46.075 (46.075)	1:33.456 (47.381)	2:21.896 (48.440)		3:14.016 (52.120)	
4:04.831 (50.816)	4:58.142 (53.311)	5:49.811 (51.670)		6:37.358 (47.548)	
28 Richardson, Abigail	10 Wakefield	6:46.44	1		
47.596 (47.596)	1:35.386 (47.791)	2:26.810 (51.424)		3:19.277 (52.468)	
4:12.228 (52.952)	5:06.059 (53.831)	5:58.747 (52.688)		6:46.436 (47.690)	
29 Guerbous, Maya	11 Stoneham	6:46.48	2		
47.774 (47.774)	1:32.559 (44.786)	2:22.087 (49.528)		3:13.373 (51.286)	
4:05.718 (52.346)	5:00.298 (54.580)	5:54.841 (54.544)		6:46.476 (51.636)	
30 Golisano, Sofia	11 Stoneham	6:49.63	2		
45.497 (45.497)	1:32.289 (46.792)	2:23.562 (51.273)		3:15.688 (52.127)	
4:12.058 (56.370)	5:08.822 (56.764)	6:06.161 (57.340)		6:49.630 (43.470)	
31 Killeen, Catherine	10 Belmont	7:16.90	2		
48.117 (48.117)	1:35.974 (47.858)	2:28.530 (52.556)		3:23.994 (55.464)	
4:22.779 (58.786)	5:21.998 (59.220)	6:21.527 (59.529)		7:16.900 (55.373)	

**Girls 2 Mile Run**

Name	Year School	Finals			
1 Klatka, Ellery	12 Arlington	11:53.10			
48.685 (48.685)	1:31.724 (43.040)	2:15.368 (43.644)		3:00.220 (44.852)	
3:45.351 (45.131)	4:30.840 (45.489)	5:16.327 (45.488)		6:01.801 (45.475)	
6:47.078 (45.277)	7:32.426 (45.348)	8:17.671 (45.245)		9:03.305 (45.635)	
9:49.331 (46.026)	10:35.072 (45.742)	11:17.014 (41.942)		11:53.094 (36.080)	
2 Caldera, Meghan	10 Lexington	12:13.94			
50.197 (50.197)	1:35.267 (45.070)	2:21.724 (46.457)		3:08.656 (46.932)	
3:55.679 (47.024)	4:42.532 (46.854)	5:28.874 (46.342)		6:14.980 (46.107)	
7:01.232 (46.252)	7:46.422 (45.191)	8:31.898 (45.476)		9:17.612 (45.715)	
10:03.972 (46.360)	10:49.044 (45.072)	11:31.728 (42.684)		12:13.936 (42.209)	
3 Butler, Sinead	11 Woburn	12:27.23			
50.474 (50.474)	1:36.260 (45.786)	2:22.268 (46.008)		3:09.712 (47.445)	
3:56.318 (46.606)	4:43.248 (46.931)	5:30.444 (47.196)		6:17.559 (47.116)	
7:04.518 (46.960)	7:51.209 (46.692)	8:37.924 (46.715)		9:25.804 (47.880)	
10:13.788 (47.985)	11:02.063 (48.275)	11:48.172 (46.110)		12:27.227 (39.055)	
4 Ehmann, Erin	9 Lexington	12:31.38			
53.472 (53.472)	1:39.603 (46.131)	2:24.507 (44.904)		3:09.960 (45.454)	
3:55.896 (45.936)	4:42.948 (47.052)	5:30.012 (47.064)		6:17.796 (47.784)	
7:04.667 (46.872)	7:50.899 (46.232)	8:37.732 (46.833)		9:25.643 (47.912)	
10:13.425 (47.783)	11:01.763 (48.338)	11:48.812 (47.049)		12:31.380 (42.569)	
5 Hunt, Addy	11 Wilmington	12:35.40			
49.492 (49.492)	1:35.672 (46.181)	2:21.919 (46.247)		3:08.794 (46.876)	
3:54.976 (46.182)	4:41.480 (46.504)	5:28.195 (46.716)		6:14.783 (46.588)	
7:01.957 (47.175)	7:49.779 (47.822)	8:38.242 (48.464)		9:26.965 (48.724)	
10:16.370 (49.405)	11:05.396 (49.027)	11:53.024 (47.628)		12:35.398 (42.375)	
6 LaFrancesca, Maria	9 Reading	12:45.63			
49.977 (49.977)	1:35.066 (45.089)	2:21.651 (46.585)		3:09.049 (47.399)	
3:55.246 (46.197)	4:42.542 (47.296)	5:29.888 (47.347)		6:19.298 (49.410)	
7:08.603 (49.305)	7:59.348 (50.745)	8:51.548 (52.201)		9:42.784 (51.236)	
10:33.763 (50.979)	11:21.120 (47.358)	12:06.571 (45.451)		12:45.626 (39.056)	



**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Girls 2 Mile Run**

7 Lehr, Dana	11 Belmont	12:47.97		
51.388 (51.388)	1:38.408 (47.021)	2:29.173 (50.765)	3:19.392 (50.219)	
4:10.384 (50.993)	5:01.805 (51.421)	5:54.459 (52.654)	6:45.440 (50.982)	
7:36.498 (51.058)	8:27.560 (51.062)	9:17.852 (50.293)	10:09.345 (51.493)	
10:48.704 (39.360)	11:29.423 (40.719)	12:09.188 (39.765)	12:47.967 (38.780)	
8 Juffre, Allison	9 Reading	12:48.03		
50.374 (50.374)	1:36.674 (46.300)	2:23.056 (46.382)	3:10.696 (47.640)	
3:58.815 (48.120)	4:46.765 (47.951)	5:35.159 (48.394)	6:23.656 (48.497)	
7:14.017 (50.362)	8:04.072 (50.055)	8:54.591 (50.520)	9:44.722 (50.132)	
10:34.421 (49.700)	11:21.496 (47.076)	12:07.161 (45.665)	12:48.028 (40.867)	
9 Rivera, Emilia	11 Woburn	12:49.53		
49.840 (49.840)	1:36.073 (46.234)	2:22.468 (46.396)	3:09.858 (47.390)	
3:57.045 (47.188)	4:44.260 (47.215)	5:32.128 (47.868)	6:20.228 (48.100)	
7:09.016 (48.788)	7:59.452 (50.436)	8:50.907 (51.456)	9:40.531 (49.624)	
10:30.834 (50.304)	11:20.487 (49.653)	12:07.957 (47.471)	12:49.529 (41.572)	
10 Cloherly, Eva	12 Arlington	12:52.91		
49.643 (49.643)	1:33.975 (44.332)	2:19.175 (45.200)	3:04.879 (45.704)	
3:51.829 (46.951)	4:38.813 (46.984)	5:25.828 (47.015)	6:13.876 (48.048)	
7:02.241 (48.366)	7:50.104 (47.863)	8:40.023 (49.920)	9:31.780 (51.758)	
10:24.504 (52.724)	11:17.511 (53.007)	12:06.677 (49.167)	12:52.908 (46.231)	
11 Lawlor, Adeline	12 Melrose	13:02.81		
50.634 (50.634)	1:35.939 (45.305)	2:22.172 (46.234)	3:09.154 (46.982)	
3:55.259 (46.105)	4:41.889 (46.631)	5:28.832 (46.943)	6:18.406 (49.575)	
7:08.613 (50.208)	8:01.169 (52.556)	8:53.216 (52.048)	9:45.772 (52.556)	
10:36.894 (51.123)	11:27.780 (50.886)	12:17.640 (49.861)	13:02.805 (45.165)	
12 Bettencourt, Josephine	9 Lexington	13:14.53		
54.409 (54.409)	1:40.635 (46.226)	2:24.896 (44.261)	3:10.347 (45.452)	
3:56.768 (46.422)	4:43.680 (46.912)	5:31.286 (47.606)	6:21.543 (50.257)	
7:12.092 (50.549)	8:02.742 (50.651)	8:55.445 (52.704)	9:48.329 (52.884)	
10:40.032 (51.703)	11:33.578 (53.547)	12:26.275 (52.697)	13:14.530 (48.256)	
13 Sallee, Lily	11 Wakefield	13:28.16		
52.599 (52.599)	1:41.678 (49.080)	2:33.327 (51.649)	3:25.105 (51.779)	
4:16.632 (51.527)	5:08.912 (52.280)	5:59.836 (50.925)	6:51.387 (51.551)	
7:42.938 (51.552)	8:33.576 (50.638)	9:25.698 (52.123)	10:16.578 (50.880)	
11:06.924 (50.347)	11:57.200 (50.276)	12:45.896 (48.696)	13:28.160 (42.264)	
14 Machemer, Alex	10 Winchester	13:28.22		
52.164 (52.164)	1:40.665 (48.501)	2:29.534 (48.869)	3:19.237 (49.704)	
4:09.675 (50.438)	5:00.787 (51.112)	5:52.843 (52.056)	6:44.804 (51.962)	
7:35.293 (50.489)	8:27.215 (51.922)	9:17.349 (50.135)	10:09.223 (51.874)	
11:01.944 (52.722)	11:53.747 (51.803)	12:44.724 (50.978)	13:28.212 (43.488)	
15 Surette, Gabriella	12 Stoneham	13:29.47		
51.604 (51.604)	1:37.441 (45.838)	2:25.190 (47.749)	3:14.176 (48.986)	
4:04.627 (50.452)	4:56.500 (51.874)	5:48.944 (52.444)	6:41.428 (52.484)	
7:33.251 (51.824)	8:25.076 (51.825)	9:17.508 (52.433)	10:10.352 (52.844)	
11:03.197 (52.845)	11:57.074 (53.877)	12:49.233 (52.160)	13:29.466 (40.233)	
16 Loughlin, Molly	10 Woburn	13:40.31		
50.306 (50.306)	1:36.587 (46.281)	2:22.920 (46.334)	3:10.712 (47.792)	
3:57.793 (47.081)	4:45.622 (47.829)	5:34.570 (48.948)	6:25.089 (50.520)	
7:16.764 (51.676)	8:09.551 (52.787)	9:04.372 (54.822)	10:03.265 (58.893)	
11:01.072 (57.807)	11:56.824 (55.752)	12:51.007 (54.184)	13:40.303 (49.296)	
17 Bangtson, Liza	10 Wakefield	13:41.68		
53.187 (53.187)	1:42.388 (49.202)	2:33.917 (51.529)	3:25.745 (51.828)	
4:17.130 (51.385)	5:09.646 (52.516)	6:00.830 (51.184)	6:52.169 (51.340)	
7:43.868 (51.700)	8:35.000 (51.132)	9:26.983 (51.984)	10:18.750 (51.768)	
11:11.177 (52.428)	12:04.184 (53.007)	12:54.731 (50.548)	13:41.674 (46.944)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Girls 2 Mile Run**

18 Frakt, Maizie	11 Melrose	13:43.66		
54.679 (54.679)	1:44.158 (49.480)	2:36.001 (51.844)	3:27.804 (51.803)	
4:19.957 (52.154)	5:13.306 (53.349)	6:06.504 (53.198)	6:59.497 (52.994)	
7:53.015 (53.518)	8:48.688 (55.673)	9:38.455 (49.768)	10:27.970 (49.516)	
11:17.963 (49.993)	12:07.492 (49.529)	12:56.169 (48.678)	13:43.657 (47.488)	
19 Chakrabarty, Arundhati	9 Belmont	13:45.38		
50.966 (50.966)	1:38.128 (47.162)	2:28.881 (50.754)	3:19.125 (50.244)	
4:10.074 (50.949)	5:01.552 (51.479)	5:54.281 (52.729)	6:45.341 (51.060)	
7:36.615 (51.274)	8:29.073 (52.459)	9:23.104 (54.032)	10:16.410 (53.306)	
11:11.764 (55.355)	12:05.596 (53.832)	12:59.965 (54.369)	13:45.371 (45.406)	
20 Stryhalaleck, Mia	12 Wilmington	13:58.40		
53.043 (53.043)	1:42.679 (49.636)	2:34.244 (51.566)	3:26.082 (51.838)	
4:17.552 (51.470)	5:10.040 (52.488)	6:01.157 (51.118)	6:51.539 (50.382)	
7:41.306 (49.768)	8:33.224 (51.919)	9:26.262 (53.038)	10:18.306 (52.044)	
11:14.783 (56.477)	12:09.692 (54.909)	13:05.345 (55.654)	13:58.391 (53.046)	
21 Mitchell, Riley	9 Wakefield	14:16.61		
53.814 (53.814)	1:43.226 (49.412)	2:35.138 (51.912)	3:27.434 (52.296)	
4:20.967 (53.533)	5:15.189 (54.223)	6:10.817 (55.628)	7:05.939 (55.122)	
8:00.860 (54.921)	8:57.704 (56.845)	9:53.788 (56.084)	10:49.250 (55.462)	
11:44.822 (55.572)	12:40.356 (55.535)	13:32.251 (51.895)	14:16.609 (44.359)	
22 Master, Kaylee	9 Watertown	14:33.79		
56.514 (56.514)	1:49.392 (52.878)	2:43.649 (54.258)	3:39.473 (55.824)	
4:35.380 (55.908)	5:30.844 (55.464)	6:27.305 (56.461)	7:22.372 (55.068)	
8:17.134 (54.762)	9:10.473 (53.340)	10:05.234 (54.761)	11:01.200 (55.966)	
11:56.672 (55.473)	12:52.511 (55.839)	13:46.531 (54.020)	14:33.788 (47.258)	
23 Schwoebel, Ellery	10 Burlington	14:36.15		
55.292 (55.292)	1:45.052 (49.761)	2:36.736 (51.684)	3:29.843 (53.108)	
4:23.172 (53.329)	5:17.454 (54.283)	6:11.388 (53.934)	7:07.843 (56.456)	
8:03.418 (55.576)	9:02.041 (58.624)	9:59.347 (57.306)	10:55.827 (56.480)	
11:55.904 (1:00.078)	12:53.800 (57.896)	13:50.411 (56.611)	14:36.148 (45.738)	
24 Ludlum, Kenzington	11 Melrose	14:41.55		
52.756 (52.756)	1:41.848 (49.092)	2:31.541 (49.694)	3:22.180 (50.639)	
4:15.423 (53.244)	5:09.263 (53.840)	6:01.222 (51.960)	6:54.141 (52.920)	
7:51.184 (57.044)	8:49.201 (58.017)	9:45.960 (56.760)	10:45.589 (59.629)	
11:46.055 (1:00.466)	12:47.290 (1:01.236)	13:48.271 (1:00.981)	14:41.550 (53.280)	
25 Shackelford, Kaitlyn	10 Wilmington	15:17.21		
54.047 (54.047)	1:43.772 (49.726)	2:35.594 (51.822)	3:27.278 (51.684)	
4:21.620 (54.343)	5:16.169 (54.549)	6:11.064 (54.895)	7:06.961 (55.898)	
8:03.260 (56.300)	9:02.511 (59.251)	10:03.448 (1:00.937)	11:05.412 (1:01.965)	
12:07.852 (1:02.440)	13:11.554 (1:03.703)	14:16.388 (1:04.834)	15:17.210 (1:00.823)	
-- Myrter, Katharine	11 Stoneham	DNF		
59.083 (59.083)	1:53.399 (54.316)	2:49.274 (55.876)	3:47.011 (57.737)	
4:45.835 (58.824)	5:46.546 (1:00.712)	6:47.800 (1:01.255)	7:50.309 (1:02.509)	
8:54.017 (1:03.708)	9:58.724 (1:04.707)	11:05.348 (1:06.624)	12:12.406 (1:07.059)	
13:20.880 (1:08.474)	14:27.567 (1:06.688)	15:30.449 (1:02.883)		
-- Damon-Bach, Celeste	11 Reading	DQ	Cut in too early	
51.100 (51.100)	1:39.328 (48.228)	2:30.032 (50.705)	3:22.284 (52.252)	
4:15.788 (53.504)	5:09.577 (53.789)	6:02.627 (53.050)	6:58.323 (55.696)	
7:55.091 (56.768)	8:53.811 (58.720)	9:52.090 (58.280)	10:50.358 (58.268)	
11:49.239 (58.881)	12:47.300 (58.062)	13:56.189 (1:08.889)	14:47.513 (51.324)	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****Girls 55 M Hurdles**

Name	Year	School	Finals	H#
1 Gangi, Nicole	10	Woburn	8.64	2
2 Curll, Kayleigh	10	Woburn	8.87	2
3 Caraco, Katie	12	Reading	9.03	4
4 Blout, Morgan	11	Stoneham	9.07	6
5 Mangon, Amandine	12	Lexington	9.12	2
6 Collins, Char	12	Burlington	9.19	3
7 Laverty, Cora	12	Burlington	9.32	3
8 Atkins, Katie	12	Lexington	9.55	2
9 Van Oloo, Mayeesha	10	Arlington	9.69	4
10 Battista, Grace	12	Woburn	9.78	2
11 Hoefkens, Emily	9	Lexington	9.80	2
12 DeCastro, Kelsey	10	Arlington	9.85	4
13 Osgood, Mollie	12	Wilmington	9.87	1
14 Gardner, Mira	11	Belmont	10.06	5
15 Clark, Katelyn	11	Woburn	10.16	2
16 Savio, Katherine	10	Reading	10.29	4
17 Wall, Natalie	12	Reading	10.41	4
18 Hirsch, Noga	12	Arlington	10.51	4
19 Ristuccia, Emily	10	Arlington	10.52	4
20 Finnih, Monjola	10	Lexington	10.53	2
21 Jordan, Sara	11	Stoneham	10.71	6
22 McCarthy, Sloane	10	Winchester	10.79	5
23 Cormey, Temperance	9	Winchester	10.88	5
24 Glennon, Hallie	12	Wakefield	10.90	3
25 Gove, Amanda	11	Stoneham	10.92	6
26 Kennedy, Katherine	9	Melrose	10.94	1
27 Kuhn, Lyla	10	Burlington	11.00	3
28 Cacace, Skyla	11	Watertown	11.02	6
29 Otaluka, Amara	12	Melrose	11.03	1
30 Callahan, Emma	10	Wilmington	11.04	1
31 Murphy, Allison	11	Melrose	11.20	1
32 Smith, Julia	10	Reading	11.21	4
33 Clark, Megan	11	Wakefield	11.25	3
34 Tulipani, Gianna	12	Wakefield	11.31	3
35 Hitchman, Sophia	12	Melrose	11.35	1
36 Duong, Valerie	11	Watertown	11.37	6
37 Fusco, Isabella	9	Wakefield	11.38	3
38 Kushmerek, Nadya	12	Winchester	11.44	5
39 Aubakirova, Daniya	9	Belmont	11.48	5
40 Olatilu, Giselle	10	Wilmington	11.70	1
41 Lusic, Laila	11	Belmont	12.39	5
42 Thistle, Grace	11	Stoneham	12.74	6
43 Ries, Daphne	10	Belmont	15.99	5

**Girls 4x200 M Relay**

School	Finals	H#
1 Woburn	1:50.36	1
1) Clark, Katelyn 11		
2) Butler, Kaitlynn 11		
3) Jonathas, Naesha 12		
4) Battista, Grace 12		
2 Lexington	1:50.51	1
1) Cheng, Carson 12		
2) Sagues, Bruguers 10		

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Girls 4x200 M Relay**

3 Reading	3) Hoefkens, Emily 9	4) Deardorf, Aubrey 10	1:52.07	2
	1) Zagami, Antonia 12	2) Carciero, Carissa 12		
	3) Savio, Katherine 10	4) Encarnacao, Kamryn 10		
4 Wilmington	1) Melvin, Alexis 12	2) Grace, Emily 12	1:52.60	1
	3) MacDonald, Cate 10	4) Leblanc, Alexis 10		
5 Melrose	1) Mukasa, D'Mitra 12	2) Taylor, Abigail 10	1:52.72	1
	3) Frawley, Jillian 11	4) Chardavoryne, Isabelle 12		
6 Stoneham	1) Discipio, Karlie 12	2) Scully, Bridget 11	1:53.26	2
	3) Oliphant, Olivia 11	4) Alves, Madison 12		
7 Winchester	1) Hermsdorf, Gaby 10	2) LoBello, Ally 12	1:54.12	2
	3) Ramsey, Julia 9	4) Nelson, Elizabeth 9		
8 Burlington	1) Clement, Lucy 10	2) Cummings, Kaya 10	1:56.09	1
	3) Wolinski, Althea 11	4) Londino, Audrey 11		
9 Arlington	1) Maxwell, Molly 10	2) Van Oloo, Mayeesha 10	1:56.23	2
	3) Chambers, Reilly 9	4) Lauzon, Isabella 12		
10 Belmont	1) De Amaral, Nathallya 10	2) Rodriguez-Clark, Fiona 10	1:57.67	2
	3) Cook, Liliana 9	4) Wolff, Joana 10		
11 Wakefield	1) Clark, Megan 11	2) Cribbie, Brianna 11	1:58.19	1
	3) Carangelo, Lea 12	4) Hartigan, Abigail 10		
12 Watertown	1) Sadkowski, Isabella 12	2) Egan, Rachel 11	1:58.31	2
	3) Takahashi, Lenna 10	4) Ryan, Elsa 11		

**Girls 4x400 M Relay**

School	Finals	H#
1 Woburn	4:13.73	1
1) Power, Riley 12	2) Finn, Leah 10	
3) Metivier, Sydney 11	4) Buback, Kayla 12	
30.412 (30.412)	1:02.377 (31.966)	1:33.546 (31.169)
2:38.386 (30.376)	3:11.964 (33.579)	3:41.510 (29.546)
		2:08.010 (34.464)
		4:13.728 (32.218)
2 Lexington	4:19.80	1
1) Neely, Rose 10	2) Kontos, Lucy 11	
3) McVey, Samara 12	4) Steinbrecher, Anika 10	
31.780 (31.780)	1:06.198 (34.419)	1:38.373 (32.176)
2:42.528 (31.268)	3:15.228 (32.700)	3:46.829 (31.602)
		2:11.260 (32.888)
		4:19.799 (32.970)
3 Burlington	4:19.97	1
1) DeMartinis, Ashleigh 11	2) Laverty, Cora 12	
3) Hanafin, Hope 12	4) Lecomte, Renee 12	
33.287 (33.287)	1:07.796 (34.509)	1:39.123 (31.328)
2:45.200 (31.906)	3:20.472 (35.273)	3:48.801 (28.329)
		2:13.294 (34.172)
		4:19.966 (31.165)
4 Melrose	4:22.14	1
1) L'Heureux, Cadence 11	2) Rowe, Amy 12	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Girls 4x400 M Relay**

3) Drago, Emma 10	33.404 (33.404)	1:08.298 (34.894)	4) Powell, Reilly 9	1:38.707 (30.409)	2:12.684 (33.977)
	2:44.240 (31.557)	3:18.432 (34.192)		3:49.060 (30.629)	4:22.132 (33.072)
5 Belmont				4:25.03 2	
1) Kozelian, Mardylee 9			2) Van Kelsted, Kira 10		
3) Hamer, Lucy 11	33.527 (33.527)	1:08.549 (35.023)	4) Anderson-Strain, Kate 12	1:41.170 (32.621)	2:15.419 (34.249)
	2:46.464 (31.045)	3:19.863 (33.400)		3:51.915 (32.052)	4:25.030 (33.116)
6 Reading				4:25.62 2	
1) Goodwin, Ava 12			2) Shanley, Annabelle 10		
3) Stanton, Lily 12	32.873 (32.873)	1:05.901 (33.028)	4) Gallegos, Caroline 12	1:37.845 (31.945)	2:14.699 (36.854)
	2:46.598 (31.900)	3:21.514 (34.916)		3:53.469 (31.955)	4:25.614 (32.146)
7 Arlington				4:27.02 2	
1) Moran, Erin 12			2) Lauzon, Evie 11		
3) Rizal, Oju 10	34.393 (34.393)	1:09.826 (35.433)	4) Francis, Sophia 11	1:41.812 (31.986)	2:16.892 (35.080)
	2:47.010 (30.119)	3:22.494 (35.484)		3:53.571 (31.077)	4:27.013 (33.442)
8 Winchester				4:28.69 2	
1) Arone, Violet 10			2) Brice, Angela 11		
3) Walker, Chloe 9	33.112 (33.112)	1:06.353 (33.242)	4) Nottleson, Rosalia 9	1:39.337 (32.984)	2:15.333 (35.997)
	2:46.302 (30.969)	3:20.838 (34.536)		3:53.441 (32.604)	4:28.687 (35.246)
9 Stoneham				4:36.48 2	
1) Blout, Morgan 11			2) Tilden, Margaret 9		
3) Bois, Julia 11	32.606 (32.606)	1:05.970 (33.364)	4) Brewin, Sophie 10	1:39.782 (33.812)	2:17.364 (37.582)
	2:51.121 (33.758)	3:29.556 (38.435)		4:01.777 (32.222)	4:36.478 (34.701)
10 Watertown				4:39.19 2	
1) Flanagan, Moya 10			2) Follett, Evelyn 10		
3) Warner, Sophie 10	33.309 (33.309)	1:07.574 (34.265)	4) Bekdash, Lana 12	1:43.280 (35.706)	2:24.885 (41.606)
	2:57.921 (33.036)	3:34.381 (36.460)		4:06.486 (32.105)	4:39.187 (32.701)
11 Wilmington				4:39.50 1	
1) Kiley, Charlotte 9			2) Vo, Celina 9		
3) Carriere, Isabel 9	35.200 (35.200)	1:12.404 (37.205)	4) White, Maeve 10	1:44.528 (32.124)	2:20.997 (36.470)
	2:52.683 (31.686)	3:28.362 (35.680)		4:02.808 (34.447)	4:39.500 (36.692)
12 Wakefield				4:44.13 1	
1) Sallee, Lily 11			2) Brackett, Grace 11		
3) Forrest, Molly 12	33.436 (33.436)	1:08.529 (35.093)	4) Schermerhorn, Maeve 11	1:43.328 (34.800)	2:21.548 (38.220)
	2:55.296 (33.748)	3:33.076 (37.780)		4:06.500 (33.424)	4:44.130 (37.630)

**Girls High Jump**

Name	Year	School	Finals
1 Caraco, Katie	12	Reading	5-02.00
	4-02 4-04 4-06 4-08 4-10	5-00 5-02 5-04	
	---	O O XXX	
2 Osgood, Mollie	12	Wilmington	5-00.00
	4-02 4-04 4-06 4-08 4-10	5-00 5-02	
	---	O O XO XXX	
3 Lauzon, Isabella	12	Arlington	J5-00.00
	4-02 4-04 4-06 4-08 4-10	5-00 5-02	
	O O O XO O	XO XXX	

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Girls High Jump**

4	Laverty, Cora	12 Burlington	J5-00.00
	4-02 4-04 4-06 4-08 4-10 5-00 5-02		
	--- --- 0 XO XO XXO XXX		
4	Curll, Kayleigh	10 Woburn	J5-00.00
	4-02 4-04 4-06 4-08 4-10 5-00 5-02		
	--- --- 0 O XXO XXO XXX		
6	Radoslovich, Ella	10 Arlington	4-10.00
	4-02 4-04 4-06 4-08 4-10 5-00		
	--- 0 O O XO XXX		
6	Blout, Morgan	11 Stoneham	4-10.00
	4-02 4-04 4-06 4-08 4-10 5-00		
	--- --- 0 O XO XXX		
8	Gove, Amanda	11 Stoneham	J4-10.00
	4-02 4-04 4-06 4-08 4-10 5-00		
	--- XO O O XO XXX		
9	Haverly, Felice	10 Lexington	J4-10.00
	4-02 4-04 4-06 4-08 4-10 5-00		
	--- 0 O --- XXO XXX		
10	Boyer, Emeline	10 Melrose	4-08.00
	4-02 4-04 4-06 4-08 4-10		
	--- --- XO O XXX		
11	Shanahan, Megan	11 Reading	4-06.00
	4-02 4-04 4-06 4-08		
	O XO O XXX		
12	Sadkowski, Isabella	12 Watertown	J4-06.00
	4-02 4-04 4-06 4-08		
	XO XO O XXX		
13	Olatilu, Giselle	10 Wilmington	J4-06.00
	4-02 4-04 4-06 4-08		
	O XXO XO XXX		
14	Carangelo, Lea	12 Wakefield	J4-06.00
	4-02 4-04 4-06 4-08		
	O O XXO XXX		
15	Johnson, Sophie	10 Lexington	J4-06.00
	4-02 4-04 4-06 4-08		
	O XXO XXO XXX		
15	Cribbie, Brianna	11 Wakefield	J4-06.00
	4-02 4-04 4-06 4-08		
	O XXO XXO XXX		
17	Goodwin, Ava	12 Reading	4-04.00
	4-02 4-04 4-06		
	O XO XXX		
18	Cormey, Temperance	9 Winchester	J4-04.00
	4-02 4-04 4-06		
	XO XO XXX		
18	Callahan, Emma	10 Wilmington	J4-04.00
	4-02 4-04 4-06		
	XO XO XXX		
18	Mangon, Amandine	12 Lexington	J4-04.00
	4-02 4-04 4-06		
	XO XO XXX		
21	Tsafack, Elka	11 Arlington	J4-04.00
	4-02 4-04 4-06		
	O XXO XXX		

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024**  
**the TRACK at new balance**  
**Results**

**....Girls High Jump**

22 Brophy, Kiera	10 Melrose	4-02.00
4-02 4-04		
O XXX		
22 Gardner, Mira	11 Belmont	4-02.00
4-02 4-04		
O XXX		
22 Wolff, Joana	10 Belmont	4-02.00
4-02 4-04		
O XXX		
25 Kennedy, Katherine	9 Melrose	J4-02.00
4-02 4-04		
XO XXX		
25 Battista, Grace	12 Woburn	J4-02.00
4-02 4-04		
XO XXX		
27 Kushmerek, Nadya	12 Winchester	J4-02.00
4-02 4-04		
XXO XXX		
27 Power, Riley	12 Woburn	J4-02.00
4-02 4-04		
XXO XXX		
-- Thistle, Grace	11 Stoneham	NH
4-02 4-04		
--- XXX		
-- Fusco, Isabella	9 Wakefield	NH
4-02		
XXX		
-- Robitaille, Ava	10 Burlington	NH
4-02		
XXX		

**Girls Pole Vault**

Name	Year	School	Finals
1 Moran, Erin	12	Arlington	J10-06.00
6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00			
P P P P P P P P P O XXX			
2 Atkins, Katie	12	Lexington	J10-06.00
6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00			
P P P P P P O XO XXO XXX			
3 Lennox, Caitlin	11	Lexington	6-06.00
6-06 7-00			
O XXX			

**Girls Long Jump**

Name	Year	School	Finals	H#
1 Caraco, Katie	12	Reading	17-00.25	2
16-06 16-08 17-00.25				
2 Gangi, Nicole	10	Woburn	16-06.50	1
16-06.50 16-03.75 15-10				
3 Deardorf, Aubrey	10	Lexington	16-02.75	1
FOUL FOUL 16-02.75				

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Girls Long Jump**

4	Encarnacao, Kamryn	10 Reading	16-00.50	2
	15-08.75 15-04.25	16-00.50		
5	Collins, Char	12 Burlington	15-11.00	2
	15-11 15-09 15-06.50			
6	Mukasa, D'Mitra	12 Melrose	15-10.50	1
	15-10.50 14-07.50	14-07.50		
7	L'Heureux, Cadence	11 Melrose	15-01.50	1
	14-08.25 15-01.50	14-06.25		
8	Sagues, Bruguers	10 Lexington	J15-01.50	1
	14-04 14-09.50	15-01.50		
9	De Amaral, Nathallya	10 Belmont	15-00.75	3
	14-02.75 15-00.75	FOUL		
10	Hamer, Lucy	11 Belmont	14-10.50	3
	FOUL 14-04	14-10.50		
11	Clark, Katelyn	11 Woburn	14-08.25	1
	14-03 14-08.25	14-04		
12	Kar, Srishti	9 Belmont	14-07.25	3
	13-10.50 14-03.25	14-07.25		
13	Kuhn, Lyla	10 Burlington	14-04.75	2
	FOUL 14-03.25	14-04.75		
14	Nyren, Lilla	12 Arlington	14-03.00	2
	13-08 13-10.50	14-03		
15	Shanley, Annabelle	10 Reading	14-02.00	2
	13-04.50 13-06.75	14-02		
16	McKee, Alyssa	9 Lexington	14-00.50	1
	14-00.50 13-09.25	13-11.25		
17	Clark, Megan	11 Wakefield	14-00.00	2
	13-11.50 FOUL	14-00		
18	Takahashi, Lenna	10 Watertown	13-11.25	3
	13-07.50 13-11.25	13-08.75		
19	Ryan, Elsa	11 Watertown	13-07.75	3
	13-07.75 12-11.75	13-04.50		
20	Kalik, Vivian	12 Arlington	13-06.75	2
	12-10.25 13-06.75	FOUL		
21	Glaser, Samantha	10 Wilmington	13-03.50	1
	13-03.50 12-08	12-06.50		
22	Floyd, Olivia	11 Burlington	13-01.75	2
	13-01.75 FOUL	12-11		
23	MacDonald, Cate	10 Wilmington	13-00.50	1
	13-00.50 13-00	12-08.25		
24	Chardavoryne, Isabelle	12 Melrose	12-10.50	1
	FOUL FOUL	12-10.50		
25	Brewin, Sophie	10 Stoneham	12-08.25	3
	12-08.25 FOUL	11-06.50		
26	Leblanc, Alexis	10 Wilmington	12-04.25	1
	FOUL 12-04.25	FOUL		
27	Gove, Amanda	11 Stoneham	12-03.50	3
	11-03.75 12-03.50	11-08.25		
28	Carangelo, Lea	12 Wakefield	11-10.25	2
	11-10.25 11-05	FOUL		
--	Tulipani, Gianna	12 Wakefield	FOUL	2
	FOUL FOUL FOUL			
--	Tilden, Margaret	9 Stoneham	FOUL	3
	FOUL FOUL PASS			



**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Girls Long Jump**

-- Hughes, Kiera 12 Woburn FOUL 1  
 FOUL FOUL FOUL

**Girls Triple Jump**

Name	Year	School	Finals
1 White, Maeve	10	Wilmington	29-03.00
29-03 27-11.75 26-08			
2 Callahan, Emma	10	Wilmington	27-00.00
FOUL 26-10.75 27-00			
-- Melvin, Alexis	12	Wilmington	FOUL
FOUL FOUL FOUL			

**Girls Shot Put**

Name	Year	School	Finals	H#
1 Herlihy, Caroline	12	Winchester	33-11.00	2
33-11 PASS PASS				
2 Cuthbertson, Ainsley	10	Lexington	32-05.25	1
32-05.25 FOUL 30-01				
3 Hayes, Bella	11	Arlington	32-04.25	2
31-04.75 32-02.50 32-04.25				
4 Williams, Gabrielle	12	Winchester	31-01.50	2
31-01.50 30-08.25 30-10				
5 Hayes, Gabby	11	Arlington	31-00.50	2
31-00.50 28-04.25 FOUL				
6 Boyer, Emeline	10	Melrose	30-04.25	1
27-09.25 28-10.75 30-04.25				
7 Prior, Meghan	11	Arlington	30-01.00	2
28-10 30-01 FOUL				
8 Brito, Maria	12	Woburn	29-09.50	1
29-09.50 28-03.50 25-04.50				
9 Patterson, Bridget	12	Reading	29-08.50	2
27-06.25 29-08.50 28-08.50				
10 Tandeih, Quin	12	Lexington	29-06.75	1
28-11.25 28-06.75 29-06.75				
11 Mangarelli, Lauren	12	Wakefield	29-04.75	1
25-05 26-05.75 29-04.75				
12 Krueger, Maddie	11	Wilmington	28-04.75	1
28-04.75 25-09.75 28-03.75				
13 Paolucci, Sofia	11	Stoneham	28-01.00	2
25-11 27-04.25 28-01				
14 Arangio, Isabelle	11	Winchester	27-05.25	2
25-04 26-00.50 27-05.25				
15 Brown, Makalah	12	Lexington	26-08.75	1
26-08.75 24-02.50 25-06.50				
16 Curran, Courtney	12	Woburn	26-00.00	1
26-00 25-03.50 25-00.50				
17 Gaiero, Kelsey	11	Burlington	25-08.25	1
25-04.75 25-08.25 25-02.50				
18 Golisano, Sofia	11	Stoneham	25-04.75	2
24-09.75 25-04.75 24-06.75				

**Middlesex League Varsity Indoor T&F Block #5 - 1/15/2024****the TRACK at new balance****Results****....Girls Shot Put**

19	Howie, Abigail	10	Wilmington	25-03.75	1
	25-03.75 24-03.25 24-05.50				
20	Taylor, Abigail	10	Melrose	25-02.25	1
	25-02.25 23-09 FOUL				
21	Diaz, Brendia	10	Wakefield	24-11.50	1
	24-04.50 23-00 24-11.50				
22	Damon-Bach, Celeste	11	Reading	24-10.50	2
	23-09.25 23-04.50 24-10.50				
23	Lin, Chloe	11	Stoneham	24-08.25	2
	23-01.75 22-09 24-08.25				
24	Yiu, Hazel	10	Burlington	24-00.50	1
	20-06.50 24-00.50 23-08.25				
25	Langione, Ariana	9	Woburn	23-09.50	1
	23-09.50 23-06.50 22-10.25				
26	Capone, Celina	12	Reading	23-09.25	2
	23-06.25 23-09.25 23-09.25				
27	Cicolini, Ava	11	Burlington	23-08.25	1
	23-08.25 21-10.25 22-07				
28	Sheehan, Molly	12	Watertown	22-11.50	2
	22-02.25 22-03.75 22-11.50				
29	Sullivan, Anna	9	Melrose	22-09.00	1
	22-09 21-01.75 22-02				
30	Lind, Nina	9	Belmont	20-10.25	2
	20-06.75 20-06.50 20-10.25				
31	Spada, Eleonora	12	Belmont	20-08.25	2
	18-07.25 19-04.75 20-08.25				
32	Souza, Gabriella		Watertown	20-00.75	2
	20-00.75 19-04 19-06.75				
33	Tarin, Emma	9	Wilmington	19-03.75	1
	17-10.25 19-00 19-03.75				
34	Cassesso, Daisy	11	Wakefield	17-11.50	1
	16-03.50 17-11.50 17-02.25				
35	Donaldson, Kelsey	12	Belmont	17-02.00	2
	17-02 15-10.75 17-00.50				

**Girls Weight Throw**

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Name	Year	School	Finals		
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1	Tandeh, Quin	12	Lexington	39-07.75	
	FOUL 39-07.75 39-03.50				
2	Cuthbertson, Ainsley	10	Lexington	34-06.00	
	34-06 FOUL FOUL				
3	Prior, Meghan	11	Arlington	33-00.50	
	23-02.25 FOUL 33-00.50				
4	Hayes, Bella	11	Arlington	20-08.25	
	20-08.25 19-00.75 20-00.50				
5	Brown, Makalah	12	Lexington	19-02.50	
	FOUL FOUL 19-02.50				
6	Hayes, Gabby	11	Arlington	18-08.75	
	14-00.75 15-02.75 18-08.75				
7	Herlihy, Caroline	12	Winchester	18-03.75	
	18-03.75 PASS PASS				