

# Hanover Athletic Club

Presents

## 2009 Pole Vault & Throws Clinic

**Dates:** Sunday December 6<sup>th</sup> and Sunday December 20<sup>th</sup>

**Times:** **Session 1** 10:00 a.m. – 12:00 p.m.

**Lunch Break (PLEASE PROVIDE YOUR OWN)** 12:00 p.m. – 1:00 p.m.

**Session 2** 1:00 p.m. – 3:00 p.m.

**Location:** Leverone Field House

**Clinicians:** Dartmouth College Track and Field Coaches

- **Michelle Clayton (Throws)**
- **Will Thomas (Jumps and Multi's)**

*Both Coach Clayton and Coach Thomas have multiple years of coaching experience at the collegiate level as well as national and international competitive experience.*

**Cost:** \$30 per Clinic or \$50 for both

**Please Make Checks Payable to Hanover Athletic Club**

**Who's Eligible:** ALL high school athletes and/or coaches!!!

Please contact Coach Michelle Clayton by December 1 if you plan to attend.

603-646-6431 OR [Michelle.Clayton@dartmouth.edu](mailto:Michelle.Clayton@dartmouth.edu)

Bring your check the day of the clinic along with your event specific shoes and training apparel.

\*Walk ups the day of the clinic will be accepted but we would prefer you let us know ahead of time your intentions. Thank you