

IMPORTANT INFORMATION

PLEASE READ CAREFULLY

1. DO NOT PIN THROUGH THE BARCODE, and be sure your athletes' numbers match the number listed on the roster inside your packet.
2. Any number problems, see Lancer Timing on the soccer field.
3. Numbers are to be worn on the front in a position OVER THE BELLY BUTTON. They will be scanned by the officials at the end of the chute.
4. You may enter any of your athletes in any race that you wish. REMINDER: Only 7 (maximum) in any of the scoring races. To score as a team, you must have a minimum of 5 athletes, but you can still enter the scoring races with less than 5, you just will not have a team score.
5. Please do everything in your power to educate your fans, parents, etc. on staying in designated areas and keeping off the course. Please have them stay away from the starting, finish and timing areas as well as the chutes. With approx. 1000 entries, there will a great number of spectators at the meet, so please help us out.
6. At the completion of all the races, awards will be given out to the top ten athletes in each race and team awards will be presented.
7. All results for all races can be found on line at www.lancertiming.com Printed results will be posted on the side wall of the red barn near the concession stand. No printed results will be handed out today.
7. All race videos, photos and interviews will be found at www.newhampshirecrosscountry.com
8. If you have any questions, please direct them to Amy Tkaczyk, Brent Tkaczyk, or Tim Cox.

→ **NEW** ←

STARTING LINE INSTRUCTIONS

There will be starting positions for **all scoring races**. Starting positions on the line will be in alphabetical order (first letter of your school name). There will be officials helping to line teams up in this order.

All **non-scoring race teams** will just line up as they arrive for the start. On the starting line, prior to a race being called over the public address, there will be NO saving spaces for teams.

For **all races**, there will be room to have four (4) athletes in the front row.

Parents are NOT allowed in the starting area – coaches and athletes only.

When a race is called, athletes will report to the starting line. Failure to follow the above rules will lead to disqualification.

PLEASE help meet officials with these tasks by informing parents and athletes of these regulations.