

ORDER OF EVENTS

FIELD EVENTS

9:00 am

All Field Events will begin.
Pole Vault (Boys then Girls)
High Jump (Girls then Boys)
Javelin (Boys then Girls)
Shot Put (Girls then Boys)
Long Jump (Boys then Girls)
Triple Jump (Girls then Boys)
Discus (Boys then Girls)

RUNNING EVENTS

9:00

G	4x800 Relay Final	B	4x800 Relay Final
G	Freshman/Soph Mile Final	B	Freshman/Soph Mile Final

10:00 am

B	110 HH Trials*	G	100 HH Trials*
B	100m Trials*	G	100m Trials*
G	100 HH Final	B	110 HH Final
G	100m Final	B	100m Final
G	Mile Final	B	Mile Final
G	4x100 Relay Final	B	4x100 Relay Final
G	400m Final	B	400m Final
G	300m LH Final	B	300m IH Final
G	800m Final	B	800m Final
G	200m Final	B	200m Final
G	Two Mile Final	B	Two Mile Final
G	4x400 Relay Final	B	4x400 Relay Final

* Denotes Trials to Finals on time – no semifinals
Dash and Hurdles will run a two section final on time.

All heats will be run from slow to fast.