

2021 NASHUA NORTH X-C INVITATIONAL

Nashua, NH

Mines Falls

Host: Nashua South High School

Saturday, September 18, 2021

MEET OFFICIALS**Meet Director:**

Nate Burns

Timing:

Lancer Timing

**OFFICIAL MEET REPORT**

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Race #4
Boys VARSITY 5K**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Bishop Guertin	41	1-7-10-11-12(27)(35)	1:22:43	16:33
2 Concord	46	2-4-5-16-19(30)(32)	1:22:42	16:33
3 Pinkerton	85	3-8-20-21-33(36)(46)	1:25:14	17:03
4 Londonderry	104	6-9-13-37-39(44)(59)	1:26:03	17:13
5 Nashua South	171	24-26-38-41-42(51)(52)	1:30:04	18:01
6 Alvirne	220	14-17-48-70-71(81)(86)	1:32:24	18:29
7 Bedford	224	31-34-40-55-64(65)(66)	1:32:18	18:28
8 Salem	238	22-29-58-61-68(73)(77)	1:33:18	18:40
9 Nashua North	239	25-28-49-54-83(87)	1:33:37	18:44
10 Monadnock	268	18-43-45-80-82	1:34:08	18:50
11 Merrimack	269	15-60-62-63-69(84)(85)	1:34:36	18:56
12 Manchester Memorial	283	23-47-67-72-74(75)(79)	1:35:08	19:02
13 Groton-Dunstable	292	50-53-56-57-76(78)(88)	1:35:33	19:07

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 FONDAKOWSKI, Nate	274	Bishop Guertin	1	15:45.69	---	5:04.1	3:09.1
2 HILTS, Sam	300	Concord	2	15:45.88	.19	5:04.1	3:09.2
3 BRENNAN, Luke	452	Pinkerton	3	15:54.60	8.91	5:06.9	3:10.9
4 HOOPER, Zachary	302	Concord	4	16:02.93	17.24	5:09.6	3:12.6
5 MURPHY, John	308	Concord	5	16:09.33	23.64	5:11.7	3:13.9
6 FORTIN, Ryan	335	Londonderry	6	16:17.29	31.60	5:14.2	3:15.5
7 OKEEFE, Sean	286	Bishop Guertin	7	16:22.11	36.42	5:15.8	3:16.4
8 CHARLES, Ethan	455	Pinkerton	8	16:25.84	40.15	5:17.0	3:17.2
9 CLEGG, Sean	333	Londonderry	9	16:33.87	48.18	5:19.6	3:18.8
10 GIARDINA, Matthew	275	Bishop Guertin	10	16:42.79	57.10	5:22.4	3:20.6
11 RIVERS, Joshua	287	Bishop Guertin	11	16:52.39	1:06.70	5:25.5	3:22.5
12 GUARRERA, Noah	281	Bishop Guertin	12	16:59.35	1:13.66	5:27.8	3:23.9
13 PLANTE, Will	344	Londonderry	13	17:05.79	1:20.10	5:29.8	3:25.2
14 MARCOTTE, Nick	226	Alvirne	14	17:08.76	1:23.07	5:30.8	3:25.8
15 FREDETTE, Cameron	368	Merrimack	15	17:13.85	1:28.16	5:32.4	3:26.8
16 GLEASON, Liam	298	Concord	16	17:16.18	1:30.49	5:33.2	3:27.2
17 CRAWFORD, John	220	Alvirne	17	17:20.97	1:35.28	5:34.7	3:28.2
18 HILL, Mitchell	388	Monadnock	18	17:25.99	1:40.30	5:36.3	3:29.2
19 WATT, Tyler	311	Concord	19	17:26.72	1:41.03	5:36.6	3:29.3
20 DAVIS, Theo	458	Pinkerton	20	17:27.32	1:41.63	5:36.8	3:29.5
21 CAMERON, Jack	454	Pinkerton	21	17:28.05	1:42.36	5:37.0	3:29.6
22 JAMES, Brock	469	Salem	22	17:39.16	1:53.47	5:40.6	3:31.8
23 LAVALLEE, Tyler	356	Manchester Memori	23	17:41.63	1:55.94	5:41.4	3:32.3
24 THIBEAULT, Alex	446	Nashua South	24	17:43.39	1:57.70	5:41.9	3:32.7
25 ROBERT, Matthew	406	Nashua North	25	17:48.13	2:02.44	5:43.5	3:33.6
26 BYRNE, Andrew	416	Nashua South	26	17:48.29	2:02.60	5:43.5	3:33.7
27 ZEMAN, Sebastian	291	Bishop Guertin	(27)	17:50.49	2:04.80	5:44.2	3:34.1

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Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
28 LAFLAMME, Andrew	401	Nashua North	28	17:51.32	2:05.63	5:44.5	3:34.3
29 RUSHTON, Nicholas	472	Salem	29	17:53.07	2:07.38	5:45.0	3:34.6
30 DESANTIS THOMPSON, We	294	Concord	(30)	17:53.80	2:08.11	5:45.3	3:34.8
31 MAHONEY, Kasey	253	Bedford	31	17:55.72	2:10.03	5:45.9	3:35.1
32 MCDONALD, Jonathan	307	Concord	(32)	17:56.54	2:10.85	5:46.2	3:35.3
33 BINDA, Nathan	450	Pinkerton	33	17:57.77	2:12.08	5:46.5	3:35.6
34 LACROIX, Adam	249	Bedford	34	17:58.22	2:12.53	5:46.7	3:35.6
35 FISCHER, Carson	273	Bishop Guertin	(35)	17:58.42	2:12.73	5:46.8	3:35.7
36 DAIGLE, Noah	457	Pinkerton	(36)	18:00.22	2:14.53	5:47.3	3:36.0
37 DICKSON, Justin	334	Londonderry	37	18:00.76	2:15.07	5:47.5	3:36.2
38 BYRNE, Daniel	417	Nashua South	38	18:04.55	2:18.86	5:48.7	3:36.9
39 OLJEY, Aiden	342	Londonderry	39	18:04.93	2:19.24	5:48.9	3:37.0
40 FIFIELD, Shaun	295	Concord	-	18:06.88	2:21.19	5:49.5	3:37.4
41 LACROIX, Nicholas	250	Bedford	40	18:07.69	2:22.00	5:49.7	3:37.5
42 GIRATA, Alex	277	Bishop Guertin	-	18:09.89	2:24.20	5:50.4	3:38.0
43 DUNSMOOR, Micah	272	Bishop Guertin	-	18:11.05	2:25.36	5:50.8	3:38.2
44 TEIXEIRA, Clifford	444	Nashua South	41	18:12.31	2:26.62	5:51.2	3:38.5
45 LAFLEUR, Evan	429	Nashua South	42	18:15.15	2:29.46	5:52.1	3:39.0
46 JOSLYN, Jace	389	Monadnock	43	18:17.96	2:32.27	5:53.0	3:39.6
47 JULIAN, Brendan	338	Londonderry	(44)	18:19.82	2:34.13	5:53.6	3:40.0
48 JOSLYN, Peyton	390	Monadnock	45	18:20.86	2:35.17	5:54.0	3:40.2
49 MICHAUD, Cooper	460	Pinkerton	(46)	18:22.12	2:36.43	5:54.4	3:40.4
50 DAVIS, Owen	352	Manchester Memori	47	18:35.97	2:50.28	5:58.8	3:43.2
51 PRESCOTTE, AJ	228	Alvirne	48	18:37.08	2:51.39	5:59.2	3:43.4
52 REEL, Kenneth	405	Nashua North	49	18:47.80	3:02.11	6:02.6	3:45.6
53 ARADHYA, Neil	314	Groton-Dunstable	50	18:48.28	3:02.59	6:02.8	3:45.7
54 RZASA, Michael	440	Nashua South	(51)	18:50.12	3:04.43	6:03.4	3:46.0
55 THEODORE, Connor	445	Nashua South	(52)	18:51.30	3:05.61	6:03.8	3:46.3
56 METZGER, Zach	325	Groton-Dunstable	53	18:51.70	3:06.01	6:03.9	3:46.3
57 COFFIE, D'Sean	393	Nashua North	54	18:52.23	3:06.54	6:04.1	3:46.4
58 LUCEY, Gabriel	252	Bedford	55	18:53.95	3:08.26	6:04.6	3:46.8
59 HANN, Declan	321	Groton-Dunstable	56	19:01.75	3:16.06	6:07.1	3:48.4
60 TERHUNE, John	328	Groton-Dunstable	57	19:03.09	3:17.40	6:07.6	3:48.6
61 SCALA, Samuel	474	Salem	58	19:04.45	3:18.76	6:08.0	3:48.9
62 LYNCH, Colby	340	Londonderry	(59)	19:05.28	3:19.59	6:08.3	3:49.1
63 SAFSTROM, Tyler	384	Merrimack	60	19:06.31	3:20.62	6:08.6	3:49.3
64 ALLARD, Micah	412	Nashua South	-	19:08.65	3:22.96	6:09.3	3:49.7
65 LAGRASSE, Benjamin	470	Salem	61	19:09.54	3:23.85	6:09.6	3:49.9
66 BEAUREGARD, Nathan	363	Merrimack	62	19:18.72	3:33.03	6:12.6	3:51.7
67 DESFOSSE, David	366	Merrimack	63	19:21.63	3:35.94	6:13.5	3:52.3
68 BOLDEIA, Sam	235	Bedford	64	19:22.27	3:36.58	6:13.7	3:52.5
69 BEKKERING, Jared	232	Bedford	(65)	19:22.52	3:36.83	6:13.8	3:52.5
70 SHARMA, Yash	260	Bedford	(66)	19:26.59	3:40.90	6:15.1	3:53.3
71 PLATTE, McGregor	360	Manchester Memori	67	19:27.99	3:42.30	6:15.6	3:53.6
72 HAWKINS, Spencer	424	Nashua South	-	19:29.32	3:43.63	6:16.0	3:53.9
73 ACKER, Peyton	462	Salem	68	19:31.63	3:45.94	6:16.7	3:54.3

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Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
74 CARILLO, Aidan	364	Merrimack	69	19:35.42	3:49.73	6:17.9	3:55.1
75 GIBSON, Jacob	224	Alvirne	70	19:38.16	3:52.47	6:18.8	3:55.6
76 DUNNING, Brent	221	Alvirne	71	19:38.31	3:52.62	6:18.9	3:55.7
77 MILLER, Jacob	357	Manchester Memori	72	19:39.55	3:53.86	6:19.3	3:55.9
78 WHITE, Liam	312	Concord	-	19:40.76	3:55.07	6:19.7	3:56.2
79 CARON, David	464	Salem	(73)	19:41.11	3:55.42	6:19.8	3:56.2
80 DENIO, Stephen	353	Manchester Memori	74	19:41.99	3:56.30	6:20.1	3:56.4
81 BERTHIAUME, Nathan	350	Manchester Memori	(75)	19:42.42	3:56.73	6:20.2	3:56.5
82 PERCIVAL, Kieran	327	Groton-Dunstable	76	19:47.28	4:01.59	6:21.8	3:57.5
83 SAVAGEAU, Colby	473	Salem	(77)	19:47.33	4:01.64	6:21.8	3:57.5
84 JUNG, Ryan	247	Bedford	-	19:49.57	4:03.88	6:22.5	3:57.9
85 MCDONALD, Ethan	324	Groton-Dunstable	(78)	19:51.18	4:05.49	6:23.0	3:58.2
86 LAVALLEE, Devin	354	Manchester Memori	(79)	19:55.11	4:09.42	6:24.3	3:59.0
87 BRUNJES, Jacob	386	Monadnock	80	19:55.63	4:09.94	6:24.4	3:59.1
88 RASKOW, Mitchell	471	Salem	-	19:56.87	4:11.18	6:24.8	3:59.4
89 BUNKARTAS, Leo	218	Alvirne	(81)	20:00.34	4:14.65	6:26.0	4:00.1
90 ALDERTON, Berkley	231	Bedford	-	20:01.79	4:16.10	6:26.4	4:00.4
91 LAMPINEN, Carlton	391	Monadnock	82	20:07.04	4:21.35	6:28.1	4:01.4
92 KUTSCHKE, Nicholas	400	Nashua North	83	20:17.06	4:31.37	6:31.3	4:03.4
93 TARARA, Joshua	478	Salem	-	20:21.15	4:35.46	6:32.7	4:04.2
94 PLUMB, Tristan	379	Merrimack	(84)	20:31.95	4:46.26	6:36.1	4:06.4
95 PENCINGER, Tyler	378	Merrimack	(85)	20:43.06	4:57.37	6:39.7	4:08.6
96 CAHILL, Cody	219	Alvirne	(86)	20:58.88	5:13.19	6:44.8	4:11.8
97 SEWHUK-THOMAS, Kai	409	Nashua North	(87)	21:09.83	5:24.14	6:48.3	4:14.0
98 DAVIS, Andrew	318	Groton-Dunstable	(88)	21:13.61	5:27.92	6:49.5	4:14.7
99 HUANG, Jason	322	Groton-Dunstable	-	21:35.40	5:49.71	6:56.5	4:19.1
100 KOSS, Aidan	372	Merrimack	-	21:36.75	5:51.06	6:57.0	4:19.4
101 GLANVILLE, Ben	320	Groton-Dunstable	-	22:20.04	6:34.35	7:10.9	4:28.0
102 KOSTAR, Matthew	373	Merrimack	-	22:24.61	6:38.92	7:12.4	4:28.9