

## 2025 New England Division III Indoor Track &amp; Field Championships

The TRACK at New Balance - 2/28/2025 to 3/1/2025

## Performance List

## Event 4 Women 60 M Dash Prelims

Name	Yr	School	Seed Time
1 Arthur, Rachel	SR	Williams	7.63
2 Strynar, Jillian	FR	Trinity (Con	7.65
3 McDonough, Alison	SR	Bridgewater	7.69
4 Waheed, Simone	SO	Colby	7.74
5 Garceau, Arianna	JR	UMass Boston	7.74
6 Lawal, Simisola	SO	Tufts	7.81
7 Loriston, Michaina	JR	Wheaton (Mas	7.82
8 Giordano, Keely	FR	Keene State	7.86
9 Hammith, Khalysa	FR	Southern Mai	7.87
10 Hughes, Heloise	SO	Amherst	7.88
11 Goodwin, Amaris	SR	Gordon	7.88
12 Thompson, Rayna	FR	WPI	7.89
13 Cary, Tayshia	SO	RIC	7.89
14 Conteh, Jainaba	SO	Suffolk	7.90
15 Inacio, Grace	FR	Bridgewater	7.95
16 Brake-Hoffman, Charlotte	FR	Colby	7.95
17 Hubley, Rachel	SO	Amherst	7.95
18 Sullivan, Juliette	SO	Wesleyan	7.95
19 Wooden, Wendy	JR	Wheaton (Mas	7.96
20 Pezza, Quianna	FR	RIC	8.01
21 Lash, Camilla	SO	Amherst	8.01
22 Sukup, Ella	JR	Williams	8.01
23 Cain, Emily	SO	Bates	8.03
24 Nichols, Maggie	FR	Williams	8.04
25 Bruno, Katie	JR	Middlebury	8.04
26 Miller, JoJo	SO	MIT	8.04
27 Gaskill, Elizabeth	SO	Gordon	8.05
28 Wang, Ellie	SO	Colby	8.05
29 Walden, Amanda	SR	Suffolk	8.06
30 Daggitt, Mackenzie	SR	Middlebury	8.06
31 Evans, Jhenelle	SO	UMass Boston	8.06
32 McKayle, Gabrielle	FR	Nichols	8.07
33 Parker, Delaney	SR	Westfield St	8.07
34 Alves, Madison	FR	Bates	8.07
35 Kim, Anna	FR	Bowdoin	8.08
36 Aguilar, Sofia	SO	Springfield	8.10
37 Zielinski, Emily	SR	Wheaton (Mas	8.10

## Event 8 Women 200 M Dash

Name	Yr	School	Seed Time
1 Arthur, Rachel	SR	Williams	24.75
2 Garceau, Arianna	JR	UMass Boston	24.75
3 Mejico, Fiona	SR	Colby	24.84
4 Hughes, Heloise	SO	Amherst	24.90
5 King-Harvey, Bella	SO	Williams	25.12
6 Strynar, Jillian	FR	Trinity (Con	25.12
7 Young, Janiah	JR	Southern Mai	25.14
8 Goodwin, Amaris	SR	Gordon	25.18
9 Waheed, Simone	SO	Colby	25.33
10 Kirkland, Kennedy	SO	Bowdoin	25.40
11 Sullivan, Juliette	SO	Wesleyan	25.52
12 Burr, Emma	SO	Thomas Colle	25.53
13 Zeller, Tally	JR	Colby	25.59

14 Inacio, Grace	FR	Bridgewater	25.64
15 Sukup, Ella	JR	Williams	25.65
16 Brake-Hoffman, Charlotte	FR	Colby	25.66
17 Lawal, Simisola	SO	Tufts	25.69
18 Stonebraker, Alaina	JR	Coast Guard	25.74
19 Thompson, Rayna	FR	WPI	25.75
20 Moustakas, Isa	FR	Southern Mai	25.80
21 Hubley, Rachel	SO	Amherst	25.87
22 Nichols, Maggie	FR	Williams	25.94
23 Kalyan, Shreya	SO	MIT	25.99
24 Loriston, Michaina	JR	Wheaton (Mas	26.02
25 Lash, Camilla	SO	Amherst	26.03
26 Miller, JoJo	SO	MIT	26.08
27 Kirkland, Saige	SR	Eastern Conn	26.13
28 Pizzi, Kristina	SR	Colby	26.14
29 Alves, Madison	FR	Bates	26.26
30 Klein, Malia	SR	Williams	26.31
31 Thompson, Nyla	SR	Tufts	26.31

## Event 10 Women 400 M Dash

Name	Yr	School	Seed Time
1 King-Harvey, Bella	SO	Williams	55.75
2 Abrantes, Kiara	JR	Bridgewater	55.78
3 Dias, Olivia	SR	MIT	56.88
4 Miller, Marina	SR	MIT	56.93
5 Ewald, Kaitlyn	SO	Colby	57.21
6 Zeller, Tally	JR	Colby	57.96
7 Donaldson, Cate	SO	Williams	58.00
8 Moriarty, Makayla	FR	Tufts	58.19
9 Besant, Ella	SO	Coast Guard	58.47
10 Krouse, Anna	SR	Middlebury	58.63
11 Flynn, Grace	SR	Coast Guard	59.20
12 Sullivan, Maeve	FR	MIT	59.22
13 Karantza, Alexis	SO	Southern Mai	59.26
14 Meek, Harper	SR	Tufts	59.56
15 Walden, Amanda	SR	Suffolk	59.65
16 Conley, Heaven	SR	Southern Mai	59.65
17 Concepcion, Emily	SR	Suffolk	59.73
18 Dickson, Jessica	SO	Wheaton (Mas	59.91
19 Hurst, Paige	SR	Plymouth Sta	1:00.10
20 Sullivan, Mia	FR	Colby	1:00.24
21 Holcomb, Annalee	FR	Western Conn	1:00.27
22 Robinson, Sachi	FR	Mount Holyok	1:00.36
23 Mazur, Anna	SO	Middlebury	1:00.56
24 Baker, Lena	JR	Smith	1:00.84
25 Traficonte, Lia	SO	Bates	1:00.85
26 Barron, Charlie	JR	Wellesley	1:00.96
27 Kimball, Allie	SO	Southern Mai	1:00.98
28 Monaco, Gabby	JR	Bates	1:01.01
29 Najjar, Jenna	FR	Trinity (Con	1:01.02

## Event 12 Women 600 M Run

Name	Yr	School	Seed Time
1 Lentz, Piper	JR	Amherst	1:34.31
2 Thompson, Elle	SR	Middlebury	1:35.83
3 Pizzi, Kristina	SR	Colby	1:35.94

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## Event 12 ... (Women 600 M Run)

Name	Yr	School	Seed Time
4 Ferver, Shams	SR	Smith	1:36.43
5 McGuire, Astrid	FR	Bowdoin	1:36.96
6 Smith, Emma	SR	Tufts	1:37.55
7 Barnes, Michelle	SO	Colby	1:38.45
8 Lindsay, Jenna	FR	Gordon	1:39.19
9 Doherty, Olivia	JR	Colby	1:40.35
10 Knott, Peyton	FR	Springfield	1:40.37
11 Thorburn, Riley	SR	Coast Guard	1:40.63
12 Elie, Logan	FR	Tufts	1:40.95
13 Gibson, Taylor	SR	Springfield	1:41.69
14 Gentile, Ashley	SR	Eastern Conn	1:41.85
15 Dion, Amelia	FR	Smith	1:41.89
16 Janssen, Anne-Sophie	JR	Tufts	1:41.96
17 Keating, Katie	JR	Connecticut	1:41.97
18 Corso, Nina	FR	Tufts	1:42.05
19 Castle, Leah	JR	Springfield	1:42.05
20 Heise, Aubrey	FR	Regis (Mass.	1:42.15
21 Miller, Francine	SO	Bowdoin	1:42.41
22 Luckhardt, Dalia	SO	Mount Holyok	1:42.72
23 Marchand, Evelyn	JR	Bates	1:42.73
24 Cortes, Camille	JR	Connecticut	1:42.86

## Event 14 Women 800 M Run

Name	Yr	School	Seed Time
1 Montgomery, Krystal	JR	MIT	2:11.35
2 Paluska, Annika	FR	Williams	2:11.52
3 Estes, Alexa	JR	Connecticut	2:11.56
4 Schor, Julia	SR	Amherst	2:13.56
5 Lentz, Piper	JR	Amherst	2:14.62
6 White, Sophia	SR	Coast Guard	2:15.42
7 Marcus, Zoe	SO	Amherst	2:15.46
8 Atwood, Naomi	FR	Middlebury	2:15.55
9 Topp, Makenna	SO	Coast Guard	2:16.31
10 Bryar, Phoebe	FR	Tufts	2:17.90
11 Rinko, Carly	JR	Tufts	2:18.44
12 Bush, Maddie	SO	Colby	2:19.02
13 Olmedo, Elina	SR	Springfield	2:19.28
14 Hale, Kaylee	FR	Bowdoin	2:19.29
15 VanSchaick, Caroline	SO	Middlebury	2:19.82
16 Karow, Rose	SO	Plymouth Sta	2:19.94
17 Beaver, Kim	JR	Mount Holyok	2:21.31
18 Schilling, April	SO	Connecticut	2:22.86
19 Graziani, Caroline	SO	Connecticut	2:22.94
20 Steckley, Maeve	SO	WPI	2:23.02
21 Haslinger, Lulani	FR	Johnson & Wa	2:23.41
22 Bulczynski, Lily	JR	Middlebury	2:24.15

## Event 16 Women 1000 M Run

Name	Yr	School	Seed Time
1 McDonough, Grace	JR	Connecticut	2:51.90
2 Dean, Lexi	JR	Tufts	2:59.98
3 Tucker, LK	SO	Connecticut	3:00.14
4 Wold, Sylvan	SR	Amherst	3:00.55
5 Rinko, Carly	JR	Tufts	3:01.55

6 Britner, Serena	SR	Smith	3:01.63
7 Adhikari, Hannah	FR	Amherst	3:01.72
8 Gahm, Clara	FR	Williams	3:01.80
9 Jurusz, Sofia	SO	Smith	3:02.68
10 Trapp, Greta	SR	Mount Holyok	3:03.73
11 Oliver, Haley	JR	RIC	3:04.03
12 White, Leah	SO	Bates	3:04.80
13 West, Kaya	SO	Tufts	3:04.96
14 Dolce, Julia	JR	Tufts	3:05.48
15 Davis, Lex	JR	Bowdoin	3:05.92
16 Neldner, Taylor	SO	Tufts	3:07.10
17 Peng, Claire	JR	Wellesley	3:07.78
18 Gregory, Meadow	SO	Bates	3:07.85
19 Vatsndal, Emma	SO	Amherst	3:08.46
20 Christy, Adrienne	SO	Middlebury	3:08.81
21 McVey, Samara	FR	Tufts	3:08.89
22 Gomel, Naomi	FR	Middlebury	3:08.91
23 Braslow, Sara	SR	Connecticut	3:08.98
24 Collins, Catherine	SO	Smith	3:08.99
25 Daly, Catherine	FR	WPI	3:09.00
26 Ireland, Chase	SO	Connecticut	3:09.17
27 Freeman, Liz	JR	Connecticut	3:09.30
28 Steudel, Sarah	SR	Connecticut	3:09.33
29 Levine, Maya	FR	Amherst	3:09.42
30 Martinez Nocito, Lina	FR	Maine-Farmin	3:09.47

## Event 18 Women 1 Mile Run

Name	Yr	School	Seed Time
1 Roeder, Gillian	JR	MIT	4:50.16
2 Brennan, Rachel	SR	Gordon	4:54.75
3 Parker, Pria	SR	Smith	4:55.00
4 Semerod, Claire	JR	Coast Guard	5:00.09
5 Yampolsky, Lily	FR	Williams	5:00.71
6 Parr, Bea	SR	Middlebury	5:01.81
7 Biro, Flora	FR	Amherst	5:02.35
8 Liss-Riordan, Jordan	SO	Williams	5:02.73
9 Buckingham, Blakeley	JR	Williams	5:02.90
10 Dean, Lexi	JR	Tufts	5:05.30
11 Johnson, Nora	SR	Williams	5:06.78
12 Demeritt, Isabelle	JR	Bates	5:08.35
13 Cestaro, Mary	FR	Middlebury	5:08.37
14 Meyer, Cam	FR	Bowdoin	5:09.34
15 Walter, Jordan	SR	Wesleyan	5:09.66
16 Risko, Hannah	SR	Endicott	5:10.67
17 Haslinger, Lulani	FR	Johnson & Wa	5:10.88
18 Kyle, Kristina	JR	Springfield	5:11.34
19 Whitehouse, Eleanor	FR	Tufts	5:12.29
20 Ames, Sarah	SR	Keene State	5:12.50
21 Meza, Jessica	SO	MIT	5:12.64
22 Olson, Sonia	SO	Tufts	5:13.57
23 Perez-Cartaya, Dani	FR	Amherst	5:14.23
24 Steedman, Emma	SO	UMass Dartmo	5:14.64
25 Lessner, Virginia	FR	Wesleyan	5:14.90
26 Hunter, Brooke	FR	Coast Guard	5:15.27

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## Event 20 Women 3000 M Run

Name	Yr	School	Seed Time
1 Sanderson, Kate	JR	MIT	9:40.27
2 Girand, Liv	SO	MIT	9:43.95
3 Crow, Christina	SR	MIT	9:44.94
4 Phillips, Paige	SR	Coast Guard	9:45.83
5 Tuttle, Kate	FR	Williams	9:47.31
6 Stephenson, Hannah	FR	Amherst	9:52.35
7 Maclean, Audrey	SO	Middlebury	10:00.26
8 Wold, Sylvan	SR	Amherst	10:01.32
9 Demeritt, Isabelle	JR	Bates	10:01.95
10 Beebe, Claire	SR	Colby	10:04.75
11 Parr, Bea	SR	Middlebury	10:06.63
12 Jensen, Heather	SO	MIT	10:08.17
13 McGoey, Addison	FR	Amherst	10:08.24
14 Cass, Naomi	SO	Bridgewater	10:10.47
15 Henisz, Katya	SO	Tufts	10:12.80
16 Byl-Brann, Tamar	SO	Williams	10:15.49
17 Diulus, Megan	SO	MIT	10:16.40
18 Mellon, Lauren	JR	Coast Guard	10:17.03
19 Shea, Maddie	SR	Springfield	10:17.37
20 Chopra, Nikki	SO	Amherst	10:20.31
21 Hickey, Angelina	FR	Bowdoin	10:20.45
22 Hart, Nora	FR	Amherst	10:21.06
23 Kreipke, Lucy	SO	Smith	10:22.12
24 Gall, Ali	JR	Trinity (Con	10:23.55
25 Chandonnet, Tealei	JR	Westfield St	10:23.63
26 Pohl, Phoebe	SR	Bates	10:24.15
27 Fajen, Shea	FR	Middlebury	10:24.48
28 Demeritt, Sophie	JR	Bates	10:25.20
29 Risko, Hannah	SR	Endicott	10:25.37
30 Weingard, Alexandra	FR	Wesleyan	10:27.55
31 Connor, Hillary	JR	Smith	10:29.05
32 Simon, Alexandra	SO	Wesleyan	10:29.36

## Event 22 Women 5000 M Run

Name	Yr	School	Seed Time
1 Semerod, Claire	JR	Coast Guard	17:04.96
2 Eigel, Morgan	SO	Williams	17:12.16
3 Donahue, Elizabeth	JR	Tufts	17:36.31
4 Peng, Charlene	SO	Williams	17:40.93
5 Williams, Abby	SO	Connecticut	17:42.14
6 Margolies, Zoe	FR	Tufts	17:43.73
7 Mellon, Lauren	JR	Coast Guard	17:47.66
8 Callon, Claire	SR	Amherst	17:48.40
9 Picone, Fiona	JR	Williams	17:49.00
10 Ballard, Hayley	SO	Williams	17:57.13
11 Timmerman, Alsacia	JR	Connecticut	18:05.20
12 Parziale, Nina	SR	U. of New En	18:05.20
13 Furer, Maggie	JR	Trinity (Con	18:07.36
14 Brennan, Julia	SO	Williams	18:09.53
15 Day, Carolyn	SR	Gordon	18:09.66
16 Pohl, Phoebe	SR	Bates	18:10.06
17 Ogden, Grace	JR	Tufts	18:10.65
18 Lancaster, Tessa	SR	Mount Holyok	18:11.61

19 Carpenter, Sophie	SO	Tufts	18:13.41
20 Fogg, Sydney	JR	Suffolk	18:17.68
21 Demeritt, Sophie	JR	Bates	18:17.76
22 Prokup, Hannah	FR	Williams	18:23.11
23 Lau, Vivian	JR	Tufts	18:23.12
24 Ross, Violet	SR	Middlebury	18:24.85
25 Jaenicke, Paige	SO	Trinity (Con	18:27.65
26 Brydges, Emily	JR	Wellesley	18:27.67
27 St John, Margaret	SR	Keene State	18:30.14

## Event 6 Women 60 M Hurdles Prelims

Name	Yr	School	Seed Time
1 McDonough, Alison	SR	Bridgewater	8.81
2 DeFosse, Katherine	SO	Springfield	8.92
3 Cardwell, Eliza	SR	Amherst	8.95
4 Leonard, Cali	SR	Hartford	9.13
5 Medina, Myeh	JR	Amherst	9.20
6 Scharn, Moriah	JR	Bates	9.21
7 Tsoni, Ioanna	SO	Mount Holyok	9.21
8 McGowan, Arissa Grace	JR	Amherst	9.22
9 Johnson, Erica	JR	Maine-Farmin	9.26
10 LaBelle, Olivia	FR	Williams	9.29
11 Mills, Emma	SO	Middlebury	9.40
12 Greene, Tamara	FR	Hartford	9.41
13 Breiting-Brown, Saya	FR	Southern Mai	9.42
14 Fisher, Corryn	JR	WPI	9.45
15 Brillhart, Lila	FR	Colby-Sawyer	9.46
16 Uwakwe, Catherine	JR	Bowdoin	9.47
17 Rogers, Juno	FR	Bates	9.48
18 Stanton, Cameron	FR	Tufts	9.48
19 Moustakas, Isa	FR	Southern Mai	9.50
20 Crocker, Caroline	SO	Hartford	9.52
21 Santos, Laci	JR	Wentworth	9.54
22 Bilodeau, Audrey	SO	St. Joseph's	9.55
23 Novello, Olivia	SO	Endicott	9.61
24 Dickens, Kinneal	SR	Endicott	9.65
25 Whalen, Devin	SO	Westfield St	9.66
26 Cece, Savannah	SR	Trinity (Con	9.66
27 Barnes, Michelle	SO	Colby	9.66
28 Facey, Ziann	JR	Williams	9.67

## Event 41 Women 4x200 M Relay

Team	Relay	Seed Time
1 Colby		1:42.00
2 Southern Mai		1:44.36
3 Middlebury		1:46.79
4 Plymouth Sta		1:47.96
5 Wheaton (Mas		1:48.34
6 Eastern Conn		1:48.41
7 Mount Holyok		1:49.08
8 Hartford		1:49.27
9 Bates		1:49.30
10 Bowdoin		1:49.31
11 Keene State		1:50.48
12 Worcester St		1:50.51
13 Regis (Mass.		1:51.03

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## Event 41 ...(Women 4x200 M Relay)

	Team	Relay	Seed Time
14	Coast Guard		1:51.06
15	Smith		1:51.72
16	Husson		1:53.16
17	Westfield St		1:53.18
18	WPI		1:54.31
19	Maine-Farmin		1:54.99
20	Fitchburg St		1:55.03
21	St. Joseph's		1:56.24
22	Wentworth		1:59.06
23	Colby-Sawyer		2:04.86
24	Thomas Colle		2:05.70
25	Trinity (Con		NT
26	Tufts		NT
27	Williams		NT
28	Connecticut		NT
29	Amherst		NT
30	Simmons		NT
31	Gordon		NT
32	Springfield		NT
33	Endicott		NT

## Event 36 Women 4x400 M Relay

	Team	Relay	Seed Time
1	Colby		3:46.71
2	Williams		3:48.81
3	MIT		3:51.29
4	Tufts		3:52.06
5	Coast Guard		3:55.40
6	Middlebury		4:03.10
7	Bates		4:04.87
8	Amherst		4:05.81
9	Bowdoin		4:07.67
10	Southern Mai		4:07.79
11	Connecticut		4:07.88
12	Wheaton (Mas		4:10.22
13	Smith		4:12.26
14	Springfield		4:12.83
15	Eastern Conn		4:13.17
16	Emmanuel (Ma		4:16.79
17	Keene State		4:19.53
18	Hartford		4:20.01
19	St. Joseph's		4:21.40
20	Trinity (Con		4:26.69
21	Westfield St		4:34.81
22	Simmons		4:36.19
23	Thomas Colle		4:46.97
24	Worcester St		4:47.30
25	Endicott		NT
26	Maine-Farmin		NT

## Event 38 Women 4x800 M Relay

	Team	Relay	Seed Time
1	Coast Guard		9:23.81
2	Amherst		9:36.17

3	Bowdoin		9:38.01
4	Connecticut		9:47.91
5	Wesleyan		9:52.89
6	Tufts		9:55.77
7	Bates		10:11.00
8	Keene State		10:14.01
9	UMass Dartmo		10:34.20
10	Husson		10:37.15
11	Eastern Conn		10:47.76
12	Southern Mai		11:02.58
13	Trinity (Con		NT
14	Mount Holyok		NT
15	MIT		NT
16	Smith		NT
17	Westfield St		NT
18	Williams		NT
19	Middlebury		NT
20	Lasell		NT

## Event 40 Women Distance Medley

	Team	Relay	Seed Time
1	MIT		11:34.00
2	Connecticut		11:41.08
3	Williams		11:41.27
4	Smith		12:08.00
5	Tufts		12:19.04
6	Middlebury		12:37.35
7	Wesleyan		12:38.34
8	Amherst		12:38.62
9	Coast Guard		12:40.60
10	Trinity (Con		12:53.20
11	Keene State		13:02.01
12	Simmons		14:16.72
13	Southern Mai		14:18.36
14	Emmanuel (Ma		14:19.94
15	Lasell		14:36.87
16	Thomas Colle		14:51.26
17	Westfield St		NT
18	UMass Dartmo		NT
19	Wentworth		NT
20	Colby		NT
21	Eastern Conn		NT
22	Bowdoin		NT
23	Bates		NT
24	Hartford		NT
25	Maine-Farmin		NT
26	Gordon		NT