2024 Kingswood Middle School Invitational

at the Nick in Wolfeboro NH

Wednesday – May 8th

(updated – May 7th)

4:00 PM  
Boys Shot Put  followed by Girls
Girls Discus Throw  followed by Boys
Boys Javelin Throw  followed by Girls
Girls Long Jump  followed by Boys
Boys High Jump  followed by Girls

All field events with multiple flights will be run worst to best

4:30 PM  
Girls 100m Hurdle - Sections  followed by Boys
Girls 100m Dash - Sections  followed by Boys
Girls 1600m Run  followed by Boys
Girls 4x100m Relay  followed by Boys
Girls 400m Run  followed by Boys
Girls 200m Dash  followed by Boys
Girls 800m Run  followed by Boys
Girls 4x400m Relay  followed by Boys

All running events will be contested sections on time running slowest to fastest