

# Time Schedule for UMass Lowell D'Amour Invitational

**Friday March 27, 2026**

## **Field Events:**

12:00pm Men's Hammer followed by Women will be thrown in the cage  
Javelin Follows Hammer (Women followed by Men)  
TBD start time & location Women's Discus followed by Men  
12:00pm Women's Shot Put followed by Men  
12:00pm Pole Vault (Women followed by Men)  
12:00pm High Jump (Women followed by Men)  
12:00pm Long Jump (Men followed by Women)  
Follows LJ Triple Jump (Women and Men at the same time)

## **Track Events: (Women followed by Men unless noted)**

1:00pm 4x100m  
Steeplechase (Men followed by Women)  
100m Hurdle Final on time  
110m Hurdle Final on time  
1500  
100m Final on time  
400m  
800m  
400m Hurdles  
200m  
3000m  
4x400m Relay