Time Schedule for UMass Lowell Invitational

Saturday March 30, 2024

Field Events:

10:00am  Men’s Hammer followed by Women will be thrown in the cage
         Javelin Follows Hammer (Women followed by Men)
         Women’s Discus followed by Men

10:30am  Pole Vault (Men followed by Women)

11:00am  Long Jump (Men and Women same time)
         High Jump (Men followed by Women)

12:00pm  Women’s Shot Put followed by Men
         Follows LJ  Triple Jump (Women and Men at the same time)

Track Events: (women followed by men)

11:00am  4x100m
         Steeplechase
         100m Hurdle Final on time
         110m Hurdle Final on time
         1500
         100m Final on time
         400m
         800m
         400m Hurdles
         200m
         3000m
         4x400m Relay