



## Merrimack Track Alumni Classic Welcoming Stonehill, St Anselm and SNHU

April 2nd, 2026

Meet will be scored as a 4 team meet for women, 3 team meet for men.

Only two individual entries per institution shall score.

One relay entry per institution shall score.

9 competitors shall advance to final in throwing events and horizontal jumps.

Fast Heats will go first.

12:00 Implement Weigh-in at Shot Put Sector (behind Duane Stadium, in parking lot M)

3:00 National Anthem

### Field Events

1:00 pm Javelin Throw (Women followed by Men (2 flights) after 30min warm up)  
Shot Put (Men followed by Women after 30min warm up)  
Hammer (Women followed by Men after 30min warm up)  
Discus (After Hammer, Women Followed by Men after 30min warm up)  
2:00 pm Pole Vault (Men followed by Women after 45min warm up )  
3:01pm Long Jump (Men followed by Women)  
Triple Jump (Women followed by Men)  
High Jump (Women followed by Men)

### Track Events (Men run first in even year)

3:01pm 4x100 Meter Relay  
1500m  
100/110 Meter Hurdles Final  
400 Meters  
100 M Final  
800 Meters  
400 Meter Hurdles  
200 Meters  
5000 Meters  
4x400 Meter Relay

*Honoring Merrimack Seniors at conclusion of the Meet*