

theTRACKat new balance

The meet will follow a rolling schedule

Field Events

- 9:00 a.m. Weight Throw – men (seeded flights, top flight last)
11:00 a.m. Long Jump - women & men (men runway A, women runway B)
11:00 a.m. Pole Vault - women & men (men runway A, women runway B)
Weight Throw – women (seeded flights, top flight last) following men
Shot Put – men (seeded flights, top flight last) following women's Weight Throw
High Jump – women & men (men pit A, women pit B) following 60m. dash final
Triple Jump - women & men (men runway A, women runway B) following long jump
Shot Put – women (seeded flights, top flight last) following men

Track Events: (seeded slow to fast)

- 10:00 a.m. 60m Hurdles - women (trials)
60m Hurdles – men (trials)
60 meters – women(trials)
60 meters – men (trials)
5000 meters - women
5000 meters - men
Mile – women
Mile - men
60m Hurdles – women (final)
60m Hurdles – men (final)
60 meters – women (final)
60 meters – men
400 meters – women
400 meters – men
800 meters – women
800 meters – men
200 meters – women
200 meters - men
3000 meters – women
3000 meters - men
Distance Medley - women
Distance Medley - men
4x400 meters - women
4x400 meters - men

