14th Annual
NASHUA NORTH INVITATIONAL
Saturday April 20, 2019

GENERAL INFORMATION

Directions and more information available at: http://www.lancertiming.com

No team scoring. Locker rooms are available.

The meet will feature an 8-lane track and Fully Automatic Timing provided by Lancer Timing Services.

Only ¼ inch pyramid spikes will be allowed on all running and jumping surfaces.

ALL FEDERATION RULES APPLY.

A full concession stand will be available at the facility and T-shirts will also be sold.

Results will be available at www.lancertiming.com.

ENTRY INFORMATION

Entries will be done through Direct Athletics. The meet will be added to your schedule, on your team page, at directathletics.com. Event entry deadline will be Friday April 19, 2019 by noon.

Qualifying Standards can be found on the meet website. Please seed all athletes accurately and honestly.

Each team will be allowed a maximum of 3 athletes per event.

Due to possible large team/event entries, each athlete will be allowed to compete in a maximum of any 3 events – including relays. For example, an athlete may run the 4x800, 800, and 4x400; or the 100, 4x100, and TJ. An athlete may not compete in 4 events. If an athlete is caught doing more than 3 events, the athlete’s performances will be disqualified from the meet.

There will be an entry fee of $8.00 per event/per athlete or team entry fees of $100.00 per gender.

Please make checks payable to: Nashua High School North - Track

Mail entry fee to:
Karen Burnett
Nashua High School North – Athletics
8 Titan Way
Nashua, NH 03063

AWARDS

Individual awards will be given to the winner of each event. The winner of the girls 4x100 relay will receive a special plaque in memory of Pauline Albert. The winner of the boys 4x400 relay will receive a special plaque in memory of Bob DeMello. Four individual trophies will also be given out to the top male and female track athlete and the top male and female field athlete.