

# ORDER OF EVENTS

## FIELD EVENTS

9:00 am All Field Events will begin. Pole Vault (B-G); High Jump (G-B); Javelin (B-G); Shot Put (G-B); Long Jump (B-G); Triple Jump (G-B); Discus (B-G)

## RUNNING EVENTS

9:00 am

G	4x800 Relay Final	B	4x800 Relay Final
G	F/S Mile Final	B	F/S Mile Final

10:00 am

B	110 HH Trials*	G	100 HH Trials*
B	100m Trials*	G	100m Trials*
G	100 HH Final	B	110 HH Final
G	100m Final	B	100m Final
G	Mile Final	B	Mile Final
G	4x100 Relay Final	B	4x100 Relay Final
G	400m Final	B	400m Final
G	300m LH Final	B	300m IH Final
G	800m Final	B	800m Final
G	200m Final	B	200m Final
G	Two Mile Final	B	Two Mile Final
G	4x400 Relay Final	B	4x400m Final

\* Denotes Trials to Finals on time – no semifinals  
Dash and Hurdles will run a two section final on time.

**Athletes must check in at the clerking tent two events prior to their running events.**

All heats will be run from slow to fast.

## FIELD EVENTS

The opening heights of the high jump will be 4' 4" for girls and 5' 4" for boys. The bar will then be moved up in 3" increments to 4' 10" and 5' 10" and then increase by 2" increments.

Opening heights of the pole vault will be 7' 0" for girls and increase to 8' 0". 9' 0" for boys followed by 10'. The bar will then be moved up in 6" increments (Opening heights are subject to change but will not be lower).

The top-8 will also go to the finals in the long jump, shot put, triple jump, javelin, and discus. 5-Alive will be used in the high jump and pole vault.

The 5-minute rule will be in place for athletes checking out of a field event to go to a running event. This will be further explained at the coaches meeting at the beginning of the meet.

The shot put and discus surfaces are cement. The javelin runway will be grass.