

NASHUA NORTH INVITATIONAL TOP MALE PERFORMERS

2006-2025

100m Dash

1.	Angel Feliz	Concord NH	2016	10.81
2.	Christopher McConnell	Andover MA	2010	10.93
3.	Raymond Gorzela	Andover MA	2010	10.98
4.	Kendrick Edwards	Con-Val NH	2024	11.00
5.	Zakari Jenkins	Nashua North NH	2014	11.01

110m Hurdles

1.	Billy Powers	Winnacunnet NH	2018	14.10
2.	Ben DeForest	Souhegan NH	2014	14.60
3.	Sean Caveney	Andover MA	2015	14.68
4.	Sebastian Silveira	Andover MA	2025	14.80
5.	Cameron Mitchell	Wakefield MA	2010	14.91

200m Dash

1.	Evan White	Tewksbury MA	2009	21.94
2.	Raymond Gorzela	Andover MA	2016	22.06
3.	Samuel Bruneau	Hollis Brookline NH	2025	22.08
4.	Avery Wilson	Milford NH	2025	22.13
5.	Angel Feliz	Concord NH	2016	22.27

400m

1.	Ross Stephens	Con-Val NH	2025	49.54
2.	Sebastian Eaton	Souhegan NH	2016	49.99
3.	Shane Plumley	Alvirne NH	2025	50.00
4.	Brody Smith	Souhegan NH	2025	50.03
5.	Steve Harshman	Merrimack NH	2010	50.29

300m Hurdles

1.	Chris Fowler	Westford Academy MA	2009	39.53
2.	Joey Marcotte	Alvirne NH	2025	39.75
3.	Keith Lewis	Nashua South NH	2009	39.85
4.	Billy Powers	Winnacunnet NH	2018	40.14
5.	Kevin Maciel	Tewksbury MA	2010	40.22

800m

1.	Lucian Gleiser	Hanover NH	2023	1:57.05
2.	Eli Moskowitz	Souhegan NH	2014	1:58.06
3.	Ethan Pulsifer	Bedford NH	2025	1:58.27
4.	Jason Robie	Pinkerton Academy NH	2025	1:58.28
5.	Stewart Griffin	Brookline MA	2019	1:58.62

Freshman/Sophomore 1 Mile

1.	Torin Kindopp	Keene NH	2019	4:36.92
2.	Sully Sturtz	Keene NH	2023	4:38.04
3.	Brandon Latham	Bishop Guertin NH	2010	4:39.58
4.	Zachary Jarnagin	Chelmsford MA	2016	4:40.37
5.	B.J. Smith	Concord NH	2011	4:40.56

Varsity 1 Mile

1.	Francis Hernandez	Bishop Guertin NH	2010	4:15.24
2.	William Simard	Con-Val NH	2025	4:19.62
3.	Rohan Rai	Windham NH	2021	4:20.14
4.	Johnny Gregorek	Seekonk MA	2010	4:20.66
5.	Antoine Gisore	Concord NH	2010	4:21.45

2 Mile

1.	Jacob Winslow	Exeter NH	2019	9:21.05
2.	Joey Jourdain	Bishop Guertin NH	2008	9:26.44
3.	Forest MacKenzie	Concord NH	2019	9:29.63
4.	Sean Quinn	Hollis Brookline NH	2010	9:33.76
5.	Steven Ndisabiye	Concord NH	2010	9:36.60

RELAYS

<i>School</i>	<i>Athletes</i>	<i>Year</i>	<i>Performance</i>	
<u>4x100m Relay</u>				
1.	Pinkerton NH	Cavallo, Isaac, George, Michaud	2025	42.96
2.	Andover MA		2009	43.41
3.	Pinkerton NH	Harrington, Isaac, Parker, Michaud	2023	43.58
4.	Londonderry NH	Inglese, Gaudet, Burris, Massahos	2025	43.63
5.	Nashua South NH	Lopez, Jansen, Staveley, Perry	2025	43.68
<u>4x400m Relay</u>				
1.	Andover MA		2009	3:27.15
2.	Chelmsford MA		2008	3:29.09
3.	Pinkerton Academy NH		2008	3:29.57
4.	Brookline MA		2019	3:30.33
5.	Nashua South NH		2009	3:30.62
<u>4x800m Relay</u>				
1.	Manchester Central NH		2007	8:07.00
2.	Concord NH		2009	8:10.26
3.	Brookline MA		2019	8:10.36
4.	Merrimack NH		2008	8:11.22
5.	Pinkerton Academy NH		2019	8:12.10

FIELD EVENTS

High Jump

1.	Matthew Gambill	Dover NH	2010	6' 9"
2.	Starlin Ortiz	Londonderry NH	2015	6' 8"
3.	Keith Lewis	Nashua South NH	2009	6' 6"
4.	Chris Lemieux	Salem NH	2007	6' 4"
4.	Michael Marshall	Concord NH	2009	6' 4"
4.	Kevin Shea	Nashua South NH	2011	6' 4"
4.	Ben DeForest	Souhegan NH	2014	6' 4"
4.	Joao Baptista	Somerville MA	2014	6' 4"
4.	Jonathan Rodriguez	Andover MA	2015	6' 4"
4.	David Ajama	Lowell MA	2019	6' 4"

Long Jump

1.	Devin Martin	Merrimack NH	2010	21' 10.5"
2.	Kwaateng Richmond	Lowell MA	2019	21' 8.5"
3.	Andrew Westover	Concord NH	2006	21' 8"
4.	Starlin Ortiz	Londonderry NH	2014	21' 3.5"
5.	Mike Kelly	Bishop Guertin NH	2010	21' 3.5"
5.	Max Jacquez	Salem NH	2011	21' 3.5"

Pole Vault

1.	Mike Cyphers	Lebanon NH	2012	14' 6"
2.	Alex Tamulonis	Milford NH	2013	14' 1"
3.	Ian McAfee	Nashua North NH	2008	14' 0"
4.	Andrew Westover	Concord NH	2006	13' 6"
4.	Mark Westover	Concord NH	2006	13' 6"
4.	Mark Vetere	Andover MA	2009	13' 6"
4.	Tom Gauger	Billerica MA	2009	13' 6"

Triple Jump

1.	Shane Wang	Concord Christian NH	2021	46' 3"
2.	Jordan Buckmire	Nashua North NH	2017	45' 3"
3.	Triston Delicema	Nashua North NH	2017	44' 8"
4.	Isaac Nelson	Keene NH	2024	44' 3.5"
5.	Alex Dixon	Keene NH	2025	43' 10"

Shot Put

1.	Dominic Filiano	Lebanon NH	2010	60' 4"
2.	Scott O'Neil	Nashua North NH	2006	55' 8"
3.	Kevin Rosenberg	Nashua North NH	2010	53' 5"
4.	Cameron Lyle	Timberlane NH	2009	52' 11"
5.	David Irving	Manchester Memorial NH	2007	52' 4.25"

Discus

1.	Brett Sanchez	Winnacunnet NH	2009	171' 9"
2.	Matt McDermott	Andover MA	2018	158' 3"
3.	Jack White	Winnacunnet NH	2009	156' 10"
4.	Dominic Filiano	Lebanon NH	2010	155' 7"
5.	Shawn Boudreau	Alvirne NH	2025	155' 5.5"

Javelin

1.	John King	Pinkerton Academy NH	2018	185' 3"
2.	Nick Reynolds	Concord NH	2023	183' 6"
3.	Charles Franks	Pinkerton Academy NH	2025	181' 0"
4.	Scott McCummings	Natick MA	2010	179' 2.5"
5.	Steve Iattari	Andover MA	2008	176' 11"

Year is performance year, not year of graduation

NASHUA NORTH INVITATIONAL TOP FEMALE PERFORMERS

2006-2025

100m Dash

1.	Yorgelis Ortiz	Londonderry NH	2016	12.26
2.	Grace Devanny	Concord NH	2016	12.47
3.	Cecilia Barowski	Bishop Guertin NH	2010	12.49
4.	Alexis Best	Merrimack NH	2023	12.51
5.	Melanie Forte	Milford NH	2011	12.52

110m Hurdles

1.	Betsy Garnick	Bishop Guertin NH	2012	14.79
2.	Jordan Wheaton	Pinkerton Academy NH	2023	14.87
3.	Becca Parascandola	Londonderry NH	2009	15.11
3.	Beth McKenna	Bishop Guertin NH	2010	15.11
5.	Caroline Bonsaint	Winnacunnet NH	2012	15.60

200m Dash

1.	Harriet Barber	Manchester Central NH	2025	25.32
2.	Grace Devanny	Concord NH	2016	25.46
3.	Meggie Donovan	Manchester Central NH	2010	25.77
4.	Melanie Forte	Milford NH	2009	25.78
5.	Delia Barbanti	Andover MA	2018	25.84

400m

1.	Harriet Barber	Manchester Central NH	2024	56.32
2.	Grace Devanny	Concord NH	2019	57.28
3.	Cecilia Barowski	Bishop Guertin NH	2009	57.33
4.	Amelia Graves	Pinkerton Academy NH	2017	58.59
5.	Melissa Higgins	Salem NH	2009	58.83

300m Hurdles

1.	Jhanelle Thomas	Nashua North NH	2025	45.66
2.	Kailey Dillon	Merrimack NH	2023	46.54
3.	Haley O'Sullivan	Central Catholic MA	2006	46.82
4.	Kristen Hohenstein	Chelmsford MA	2017	46.85
5.	Melissa Higgins	Salem NH	2010	47.07

800m

1.	Sarah Burke	Bishop Guertin NH	2013	2:14.39
2.	Cecilia Barowski	Bishop Guertin NH	2010	2:14.70
3.	Caroline Fischer	Bishop Guertin NH	2017	2:16.39
4.	Leanne Tucker	Tewksbury MA	2010	2:16.92
5.	Alexandra Conway	Manchester Central NH	2010	2:18.58

Freshman/Sophomore 1 Mile

1.	Arianna Vailas	Manchester Central NH	2009	5:12.71
2.	Sandra Van Den Heuvel	Nashua North NH	2009	5:23.70
3.	Sarah Burke	Bishop Guertin NH	2010	5:25.13
4.	Cassie Shea	Concord NH	2015	5:26.19
5.	Emma Newton	Hollis Brookline NH	2012	5:27.23

Varsity 1 Mile

1.	Arianna Vailas	Manchester Central NH	2010	5:00.93
2.	Keely Maguire	Triton Regional MA	2006	5:10.23
3.	Fiona Doherty	Bishop Guertin NH	2021	5:12.09
4.	Alexandra Conway	Manchester Central NH	2011	5:12.34
5.	Molly McCabe	Bishop Guertin NH	2012	5:12.57

2 Mile

1.	Molly Martorella	Murdock MA	2010	10:58.09
2.	Chloe Trudel	Souhegan NH	2019	11:13.13
3.	Ashley Morgenstern	Pinkerton Academy NH	2006	11:13.98
4.	Jennika Mannesto	Concord NH	2017	11:18.09
5.	Holly Banaian	Manchester Memorial NH	2008	11:18.25

RELAYS

4x100m Relay

1.	Nashua South NH	Ortiz, Braswell, Cruz, Ross	2023	48.97
2.	Pinkerton NH	Roberts, Wheaton, Brayall, Sippel	2023	49.58
3.	Nashua South NH	Braswell, Ostrowski, Cruz, Ross	2022	49.84
4.	Nashua South NH	Chavarin, Ross, Ortiz, Musa	2024	49.86
5.	Nashua North NH	S. Frye, A. Frye, Brown, Thomas	2025	49.89

4x400m Relay

1.	Bishop Guertin NH		2008	4:03.93
2.	Chelmsford MA		2008	4:04.50
3.	Andover MA		2007	4:05.30
4.	Tewksbury MA		2008	4:05.33
5.	Nashua North NH	Wilson, A. Frye, Neveu, Thomas	2025	4:05.82

4x800m Relay

1.	Bishop Guertin NH	Ewing, Ntengeri, Veilleaux, Nigro	2016	9:48.09
2.	Concord NH		2008	9:51.38
3.	Londonderry NH	Lagueux, Szymanski, William, McGrath	2012	9:51.44
4.	Concord NH	Conery, Shea, Waters, Boesch-Dining	2014	9:53.59
5.	Tewksbury MA		2008	9:54.28

FIELD EVENTS

High Jump

1.	Moira Cronin	Andover MA	2010	5' 8"
2.	Jessica Salley	Andover MA	2010	5' 6"
2.	Olivia Mazerolle	Nashua North NH	2021	5' 6"
4.	Emily Standish	Bishop Guertin NH	2007	5' 4"
4.	Kylie Morris	Bishop Guertin NH	2008	5' 4"
4.	Melissa LaCoste	Bishop Guertin NH	2010	5' 4"
4.	Ella Goulas	Concord NH	2024	5' 4"

Long Jump

1.	Deanna Latham	Triton Regional MA	2009	17' 10.5"
2.	Jocelyn Briggs	Winnacunnet NH	2009	17' 9.5"
3.	Ellen Powers	Bishop Guertin NH	2007	17' 5.25"
4.	Betsy Garnick	Bishop Guertin NH	2012	17' 4"
5.	Nora Bruckner	Manchester Central NH	2009	17' 3.75"

Pole Vault

1.	Rachel Hill	North Reading MA	2017	11' 0"
2.	Hanna McPhee	Wellesley MA	2010	10' 6"
3.	Melanie Packard	Londonderry NH	2013	10' 0"
3.	Elizabeth Allard	Nashua South NH	2013	10' 0"
3.	Abigail Concannon	Notre Dame Academy MA	2013	10' 0"
3.	Megan Reese	Concord NH	2014	10' 0"

Triple Jump

1.	Ellen Powers	Bishop Guertin NH	2006	38' 2.25"
2.	Camille Quarles	Pinkerton Academy NH	2007	38' 0.25"
3.	Alexis Best	Merrimack NH	2023	37' 5.25"
4.	Nickole McMorrow	Milford NH	2016	36' 6.5"
5.	Jocelyn Briggs	Winnacunnet NH	2009	36' 0.5"

Shot Put

1.	Victoria Conrad	Nashua North NH	2021	40' 1.5"
2.	Lyssa Winslow	Londonderry NH	2011	39' 5"
3.	Ivy Muchuma	Nashua North NH	2010	38' 10"
4.	Bryanna Brown	Nashua South NH	2007	38' 6.25"
5.	Cathy Liebowitz	Lebanon NH	2011	38' 4"

Discus

1.	Briana Danis	Pinkerton Academy NH	2023	129' 9"
2.	Robyn Krafft	Milford NH	2017	114' 9"
3.	Megan Rocha	Bishop Guertin NH	2006	112' 7"
4.	Madelyn Novak	Nashua North NH	2023	111' 2"
5.	Jaimie Orlosk	Londonderry NH	2006	109' 4"

Javelin

1.	Natalie Howes	Londonderry NH	2015	132' 1"
2.	Kara Duffy	Dover NH	2012	123' 0"
3.	Lauren Berg	Central Catholic MA	2009	122' 4"
4.	Grace Maliska	Murdock MA	2010	120' 9"
5.	Colleen Sorenson	Central Catholic MA	2006	118' 5"