

the TRACK at new balance Collegiate Showdown

Saturday, January 18, 2025

TIME SCHEDULE

****NOTE: Running Events will go up to 15 minutes ahead of schedule.****

Heats for running events will be run fast to slow.

Event	Round	Gender	Start Time
60m HH	Prelims	Women	10:00am
60m HH	Prelims	Men	Round eliminated
60m Dash	Prelims	Women	10:10am
60m Dash	Prelims	Men	10:20am
60m HH	Final	Women	10:30am
60m HH	Final	Men	10:35am
60m Dash	Final	Women	10:40am
60m Dash	Final	Men	10:45am
RAISE TRACK			
Mile	Final	Women	11:00am
Mile	Final	Men	11:20am
400m	Final	Women	11:30am
400m	Final	Men	11:45am
600m	Final	Women	12:00pm
600m	Final	Men	12:05pm
800m	Final	Women	12:10pm
800m	Final	Men	12:20pm
200m	Final	Women	12:30pm
200m	Final	Men	1:00pm
3000m	Final	Women	1:30pm
3000m	Final	Men	2:00pm
4x400m	Final	Women	2:15pm
4x400m	Final	Men	2:25pm
DMR	Final	Women	2:35pm
Finish Meet			2:50pm
Weight Throw	Final	Women	10:00am
Weight Throw	Final	Men	To follow
Shot Put	Final	Women	To follow
Shot Put	Final	Men	To follow
Pole Vault	Final	Women	10:00am
Pole Vault	Final	Men	To follow
Long Jump	Final	Women	10:00am
Triple Jump	Final	Women	To follow
Long Jump	Final	Men	10:00am
Triple Jump	Final	Men	To follow
High Jump	Final	Women	11:00am
High Jump	Final	Men	11:00am