

2025 NHIAA Division I Track & Field Championships
Portsmouth High School - 5/30/2025
Meet Program

Event 18 Boys 100 M Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times			
Lane Name	Yr	School	Seed Time
Heat 1 of 3 Prelims			
1 Adumene, Ledum	10	Manchester M	11.61
2 Staveley, Tim	12	Nashua South	11.46
3 Zannini, Jordan	11	Salem	11.19
4 Peters, Luke	12	Nashua North	11.11
5 Flahn, Ceasar	11	Manchester C	10.84
6 Isaac, Jamison	12	Pinkerton	11.11
7 Reardon, Phineas	12	Exeter	11.28
8 Fahnbulleh, Tim	11	Concord	11.47
Heat 2 of 3 Prelims			
1 Nunez, Jewry	10	Salem	11.63
2 Jelinek, Brendan	11	Exeter	11.56
3 Parshay, Jacob	11	Bishop Guert	11.17
4 Massahos, Griffin	12	Londonderry	11.06
5 Cavallo, Travis	10	Pinkerton	10.86
6 Perry, Kobe	11	Nashua North	11.12
7 Perry, Marcell	12	Nashua South	11.28
8 Savard, Colin	10	Concord	11.52
Heat 3 of 3 Prelims			
1 Inglese, Jon	12	Londonderry	11.46
2 Batstone, Daniel	12	Exeter	11.40
3 Lopez, Leonel	12	Nashua South	11.17
4 Kabel, Luca	12	Merrimack	11.00
5 George, Winston	9	Pinkerton	10.93
6 Parshay, Tyler	11	Bishop Guert	11.12
7 Hines, Deagan	11	Concord	11.40
8 Saysaw, Thomas	9	Concord	11.53

Event 30 Boys 200 M Dash

Lane Name	Yr	School	Seed Time
Section 1 of 3 Finals			
1 Staveley, Tim	12	Nashua South	23.33
2 Jansen, Ryan	11	Nashua South	23.14
3 Peters, Luke	12	Nashua North	23.10
4 Parshay, Jacob	11	Bishop Guert	23.13
5 Batstone, Daniel	12	Exeter	23.26
6 Inglese, Jon	12	Londonderry	23.42
Section 2 of 3 Finals			
1 Taylor, Jaden	11	Alvirne	23.03
2 Massahos, Griffin	12	Londonderry	22.85
3 Lopez, Leonel	12	Nashua South	22.68
4 Perry, Marcell	12	Nashua South	22.78
5 Gagne, Kaedin	12	Manchester C	22.90
6 Zannini, Jordan	11	Salem	23.04
Section 3 of 3 Finals			
1 Catino, Briggs	12	Portsmouth	22.47
2 Janetos, Owen	11	Winnacunnet	22.28
3 Flahn, Ceasar	11	Manchester C	22.19
4 Kabel, Luca	12	Merrimack	22.23
5 Isaac, Jamison	12	Pinkerton	22.41
6 George, Winston	9	Pinkerton	22.47

Event 24 Boys 400 M Run

Lane Name	Yr	School	Seed Time
Section 1 of 3 Finals			
1 Salman, Ameer	10	Alvirne	54.78
2 Lewis, Quincee	10	Spaulding	53.66
3 Ware, Keagan	12	Bedford	53.40
4 Rosado, Elias	11	Manchester M	53.51
5 Bourgeault, Avery	10	Exeter	53.79
6 Wallace, Tavis	12	Bedford	54.88
Section 2 of 3 Finals			
1 Venator, Sean	12	Manchester C	51.53
2 Olsen, Revin	12	Nashua South	50.90
3 Griffith, Agee	11	Exeter	50.49
4 Hastings, Jayden	12	Goffstown	50.52
5 Lopez, Sergio	10	Nashua South	51.33
6 Plaskiewicz, Wade	11	Keene	53.27
Section 3 of 3 Finals			
1 Gagne, Kaedin	12	Manchester C	50.36
2 Beattie, Theo	12	Portsmouth	50.12
3 Janetos, Owen	11	Winnacunnet	49.33
4 Plumley, Shane	11	Alvirne	50.00
5 Proulx, Brodie	12	Exeter	50.22
6 Petrie, Zachary	12	Bedford	50.44

Event 28 Boys 800 M Run

Start in lanes - 1-turn stagger			
Lane Name	Yr	School	Seed Time
Section 1 of 3 Finals			
1 Atwood, Cameron	10	Spaulding	2:05.17
2 Chea, Bunhour	10	Nashua North	2:03.57
3 Motherway, Matthew	11	Nashua South	2:02.70
4 Brien, Camdon	12	Nashua South	2:03.17
5 Robles, Cash	11	Londonderry	2:04.74
6 Koutalidis, William	10	Winnacunnet	2:05.33
Section 2 of 3 Finals			
1 Smith, Brad	11	Windham	2:02.04
2 Gannon, Jackson	12	Salem	2:01.82
3 Baguidy, Lucas	12	Goffstown	1:59.70
4 Jung, Ryan	12	Bedford	2:01.35
5 Martin-Biggs, Andrew	12	Winnacunnet	2:01.83
6 Dunning, Brent	12	Alvirne	2:02.48
Section 3 of 3 Finals			
1 Pulsifer, Ethan	12	Bedford	1:58.27
2 Berdecia, Melo	11	Dover	1:56.14
3 Zumbach, Ryan	12	Winnacunnet	1:54.57
4 Hart, Will	11	Portsmouth	1:56.04
5 Spence, Evan	12	Salem	1:57.34
6 LaGrasse, Benjamin	12	Salem	1:58.86

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Event 20 Boys 1600 M Run**Waterfall start**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Twomey, Josh	11	Londonderry	4:24.60
2	Fischer, Carson	12	Bishop Guert	4:24.99
3	Fitzgerald, Carson	11	Londonderry	4:26.31
4	Robie, Jason	10	Pinkerton	4:28.71
5	Pulsifer, Ethan	12	Bedford	4:28.98
6	Martin-Biggs, Andrew	12	Winnacunnet	4:31.58
7	Byrne, Daniel	12	Nashua South	4:34.62
8	James, Brock	12	Salem	4:36.57
9	Dunning, Brent	12	Alvirne	4:37.76
10	Hayes, Sean	11	Pinkerton	4:38.26
11	Cipriano, Austin	11	Pinkerton	4:38.85
12	Zumbach, Dylan	9	Winnacunnet	4:45.97
13	Clark, Marcus	11	Exeter	4:46.12
14	Gagnon, Owen	10	Nashua North	4:46.56
15	Broyles, Anton	9	Spaulding	4:47.40
16	White, Tom	9	Nashua North	4:47.57
17	Bickford, Blake	11	Manchester M	4:49.18
18	Dangora, Wally	11	Exeter	4:49.38

Event 32 Boys 3200 M Run**Waterfall start**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Giardina, Matthew	12	Bishop Guert	9:05.30
2	Robie, Jason	10	Pinkerton	9:31.97
3	Mailloux, Trainor	11	Pinkerton	9:32.34
4	Fischer, Ethan	9	Bishop Guert	9:37.83
5	Gomez, Lucas	11	Salem	9:38.14
6	Fischer, Carson	12	Bishop Guert	9:40.59
7	Peters, Nolan	12	Portsmouth	9:40.76
8	Sturtz, Sullivan	11	Keene	9:42.74
9	Fitzgerald, Carson	11	Londonderry	9:44.83
10	Clemans, Spencer	9	Concord	9:49.75
11	D'Amelio, Oscar	10	Pinkerton	9:50.60
12	Twomey, Josh	11	Londonderry	9:52.76
13	Ramsey, Patrick	9	Londonderry	9:55.95
14	DuVarney, Ryan	12	Nashua South	9:56.48
15	Burns, Cole	11	Nashua North	10:10.40
16	Phemester, Braden	11	Bishop Guert	10:18.56
17	Poteet, Logen	9	Exeter	10:18.58
18	Parker, Luke	9	Bedford	10:22.31

Event 16 Boys 110 M Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Hogan, Christopher	12	Nashua South	18.37
2	Zakos, Jack	11	Alvirne	17.31
3	Kasongo, Arnold	12	Londonderry	16.19
4	Westcott, Dustin	12	Bedford	15.77
5	Child, John	11	Pinkerton	15.09
6	Jamison, Ryan	11	Winnacunnet	15.68
7	Saqib, Ayaan	11	Salem	16.45
8	McGahan, Connor	12	Concord	17.51

Heat 2 of 3 Prelims

1	Landies, Gabriel	10	Bedford	18.33
2	Benjamin, Eli	12	Spaulding	17.17
3	Fougere, Wyatt	12	Manchester C	16.01
4	Marcotte, Joey	11	Alvirne	15.61
5	Kelly, Josh	12	Portsmouth	15.11
6	Edgecomb, Gavin	10	Pinkerton	15.66
7	Griffin, Jacob	9	Nashua North	16.66
8	Moreau, Aiden	9	Windham	17.89

Heat 3 of 3 Prelims

1	Fournier, Gavin	9	Manchester M	17.92
2	Todd, Elijah	11	Bedford	16.94
3	Dandeneau, Mason	11	Nashua North	15.92
4	Gould, Oliver	11	Pinkerton	15.12
5	Crowell, Wayne	11	Keene	15.12
6	Bois, Preston	11	Nashua South	15.83
7	Krizan, Reid	12	Windham	16.76
8	Felo, Luke	10	Merrimack	17.61

Event 26 Boys 300 M Hurdles

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Boynton, Luke	10	Portsmouth	44.90
2	Harerimana, Eddy	9	Concord	43.90
3	Hogan, Christopher	12	Nashua South	43.30
4	Krizan, Reid	12	Windham	43.70
5	Boston, Brody	11	Spaulding	44.57
6	Thurmond, Nick	11	Keene	45.32

Section 2 of 3 Finals

1	Carrigan, Wilder	12	Portsmouth	43.15
2	Westcott, Dustin	12	Bedford	42.72
3	Silva, Thiago	12	Manchester C	41.54
4	Dandeneau, Mason	11	Nashua North	42.61
5	Hussey, Tyler	11	Merrimack	43.12
6	Griffin, Jacob	9	Nashua North	43.28

Section 3 of 3 Finals

1	Kelly, Josh	12	Portsmouth	41.07
2	Edgecomb, Gavin	10	Pinkerton	40.51
3	Jamison, Ryan	11	Winnacunnet	39.44
4	Marcotte, Joey	11	Alvirne	39.50
5	Crowell, Wayne	11	Keene	40.81
6	Sucheki, Gavin	11	Nashua North	41.30

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Event 22 Boys 4x100 M Relay

Lane Team	Relay	Seed Time
Section 1 of 3 Finals		
1		
2 Dover		45.81
3 Exeter		45.10
4 Windham		45.78
5 Portsmouth		50.80
6		
Section 2 of 3 Finals		
1 Bedford		44.98
2 Manchester M		44.72
3 Alvirne		44.04
4 Nashua North		44.06
5 Winnacunnet		44.76
6 Bishop Guert		44.99
Section 3 of 3 Finals		
1 Concord		43.79
2 Nashua South		42.83
3 Pinkerton		42.35
4 Londonderry		42.72
5 Manchester C		43.22
6 Merrimack		43.83

Event 34 Boys 4x400 M Relay**3-turn stagger**

Lane Team	Relay	Seed Time
Section 1 of 3 Finals		
1 Goffstown		3:41.77
2 Windham		3:38.53
3 Manchester M		3:37.57
4 Bishop Guert		3:38.08
5 Dover		3:39.02
6 Spaulding		3:42.75
Section 2 of 3 Finals		
1 Londonderry		3:35.75
2 Bedford		3:30.71
3 Manchester C		3:29.79
4 Alvirne		3:29.96
5 Merrimack		3:34.19
6 Keene		3:37.34
Section 3 of 3 Finals		
1 Portsmouth		3:27.37
2 Nashua South		3:26.05
3 Winnacunnet		3:22.95
4 Exeter		3:25.05
5 Nashua North		3:26.36
6 Pinkerton		3:29.54

Event 36 Boys 4x800 M Relay

Lane Team	Relay	Seed Time
Waterfall start		
Section 1 of 1 Finals		
1 Salem		8:01.96
2 Pinkerton		8:12.83
3 Londonderry		8:17.03
4 Nashua South		8:22.63
5 Nashua North		8:25.31
6 Portsmouth		8:35.21
7 Windham		8:41.49
8 Bishop Guert		8:43.01
9 Merrimack		8:44.41
10 Bedford		8:44.70
11 Exeter		8:47.64
12 Alvirne		8:48.41

Event 14 Boys High Jump**Starting Height 5' 8"**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Rodriguez, Gabriel	12	Pinkerton	5-08.00
2	Bloom, Ben	11	Portsmouth	5-09.00
3	Caraballo-Sophos, Jeremia	10	Alvirne	5-10.00
4	Bartell, Asher	9	Exeter	5-10.00
5	Georges, Michael	10	Manchester M	5-10.00
6	Woodward, Sam	11	Bishop Guert	5-10.00
7	Harvell, Anatole	11	Portsmouth	5-10.00
8	Holmes, Charles	10	Manchester C	5-10.00
9	Kasongo, Arnold	12	Londonderry	5-10.00
10	Benjamin, Eli	12	Spaulding	5-10.00
11	VanAvery, Devin	10	Londonderry	5-10.00
12	Sullivan, Josh	10	Nashua North	6-00.00
13	Texeira, Gabe	11	Bedford	6-00.00
14	Okowuga, Kaiden	10	Merrimack	6-00.00
15	Cyr, Michael	10	Bedford	6-02.00
16	Dixon, Alex	12	Keene	6-02.00
17	Sucheck, Gavin	11	Nashua North	6-02.25
18	Gould, Oliver	11	Pinkerton	6-03.00

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Event 2 Boys Pole Vault**Starting Height 10' 0"**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Gurley, Ryan	11	Manchester C	10-01.00
2	Mikulsky, Ryan	11	Exeter	10-06.00
3	Daw, Jackson	12	Nashua South	10-06.00
4	Putnam, Logan	11	Spaulding	10-07.00
5	Sciretto, Jack	11	Portsmouth	11-00.00
6	Gould, Sawyer	11	Portsmouth	11-01.00
7	Eastwood, Thomas	11	Exeter	12-00.00
8	Moriarty, Kelly	12	Portsmouth	12-01.00
9	Orleans, Colby	10	Exeter	12-01.00
10	Guarracino, Leo	11	Portsmouth	13-00.00
11	Bois, Preston	11	Nashua South	13-06.00
12	Nyhan, Colby	12	Concord	15-06.00
13				
14				
15				
16				
17				
18				

Event 10 Boys Long Jump**TOP 8 to the FINALS**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	Holmes, Charles	10	Manchester C	19-06.00
2	Ray, Colton	9	Exeter	19-06.50
3	Venator, Sean	12	Manchester C	19-07.25
4	Nardone, Samuel	9	Nashua North	19-07.50
5	Georges, Michael	10	Manchester M	19-08.00
6	Salman, Mustafa	12	Alvirne	19-10.00
7	Silva, Thiago	12	Manchester C	20-00.00
8	Kersten-Guiler, Thoren	12	Exeter	20-01.00
9	Freytag, Leighton	10	Pinkerton	20-01.75

Flight 2 of 2 Finals

1	Flahn, Ceasar	11	Manchester C	20-02.00
2	Gray, Trevor	9	Manchester C	20-03.00
3	Dixon, Alex	12	Keene	20-03.25
4	Marcotte, Joey	11	Alvirne	20-04.00
5	Kabel, Luca	12	Merrimack	20-08.50
6	Gould, Oliver	11	Pinkerton	20-09.00
7	Peters, Luke	12	Nashua North	20-09.50
8	Burris, Chase	12	Londonderry	21-04.50
9	Gaudet, Luc	12	Londonderry	21-09.00

Event 12 Boys Triple Jump**TOP 8 to the FINALS**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	Nepal, Suyog	9	Concord	37-06.00
2	Scott, Samuari	10	Merrimack	37-06.00
3	Burke, Ryan	12	Alvirne	37-10.00
4	Nardone, Samuel	9	Nashua North	38-05.50
5	Freytag, Leighton	10	Pinkerton	38-09.00
6	Yi, Jeremiah	12	Alvirne	38-11.75
7	Skitch, Jayden	12	Londonderry	39-01.75
8	Sullivan, Josh	10	Nashua North	39-03.00
9				

Flight 2 of 2 Finals

1	Taylor, Jaden	11	Alvirne	39-09.00
2	Hussey, Tyler	11	Merrimack	39-09.00
3	Siegel, Abraham	11	Portsmouth	41-03.00
4	Gaudet, Luc	12	Londonderry	41-05.50
5	Severance, Kyle	11	Pinkerton	41-09.50
6	Kersten-Guiler, Thoren	12	Exeter	42-01.75
7	Bois, Preston	11	Nashua South	42-10.25
8	Dixon, Alex	12	Keene	43-10.00
9	Saysaw, Thomas	9	Concord	43-10.00

Event 4 Boys Shot Put**TOP 8 to the FINALS**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	Sheff, Jacob	12	Bedford	41-10.50
2	Marcano, Jose	9	Nashua North	42-00.00
3	Vougias, Athanasios	11	Windham	42-05.00
4	Blaszka, Thomas	11	Pinkerton	42-07.75
5	Franqui, Nicholas	12	Merrimack	43-00.50
6	Dunbar, Travis	11	Concord	43-01.00
7	Chick, Jordan	12	Pinkerton	43-03.50
8	O'Neil, Matt	12	Londonderry	43-04.00
9	Gallagher, Liam	12	Nashua South	44-00.50

Flight 2 of 2 Finals

1	Briggs, Logan	12	Nashua North	44-02.50
2	Hebert, Antonio	11	Goffstown	44-02.50
3	Barrett, Charles	10	Alvirne	44-04.75
4	Cintron Arizmendi, Zariel	12	Nashua North	47-02.50
5	Bateman, Kellen	12	Exeter	47-05.00
6	Karuru, Raymond	11	Nashua South	47-09.50
7	Pasterczyk, Noah	12	Nashua North	49-03.75
8	Boudreau, Shawn	12	Alvirne	51-02.50
9	Smith, Darius	12	Nashua North	53-03.00

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Event 6 Boys Discus Throw**TOP 8 to the FINALS**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Hebert, Antonio	11	Goffstown		116-08
2	Langer, Colin	11	Nashua South		117-11
3	Terrenzio, Derek	12	Pinkerton		119-10
4	Briggs, Logan	12	Nashua North	120-05.50	
5	Noble, Aadit	11	Portsmouth		122-02
6	Chick, Jordan	12	Pinkerton	123-00.50	
7	Tarallo-Hanney, Sebastian	10	Pinkerton		124-08
8	Wallace, Jacob	11	Keene		128-05
9	Cintron Arizmendi, Zariel	12	Nashua North		128-09

Flight 2 of 2 Finals

1	Martin, Ethan	12	Merrimack		129-01
2	Gallagher, Liam	12	Nashua South		131-09
3	Blaszka, Thomas	11	Pinkerton		133-10
4	Barbee, Nicholas	12	Manchester C		134-08
5	Lazarz, Connor	11	Dover		137-04
6	Barrett, Charles	10	Alvirne		137-06
7	Pfitzenmayer, Sam	12	Concord		138-10
8	Smith, Darius	12	Nashua North		152-07
9	Boudreau, Shawn	12	Alvirne		174-04

Event 8 Boys Javelin Throw**TOP 8 to the FINALS**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Hope, Maverick	11	Spaulding		130-05
2	McGahan, Connor	12	Concord		130-11
3	Boughter, Beau	11	Bishop Guert		133-01
4	Cardin, Brady	11	Merrimack		133-09
5	Beauchamp, Caden	10	Pinkerton		135-01
6	Gallagher, Liam	12	Nashua South		135-04
7	Kozak, Seth	12	Portsmouth		139-04
8	Picone, Daniel	12	Goffstown		140-05
9	Chase, Kenji	10	Exeter		140-05

Flight 2 of 2 Finals

1	Tarallo-Hanney, Sebastian	10	Pinkerton		140-10
2	Gomez, Lucas	12	Manchester C		142-03
3	Mazerolle, Lewis	12	Nashua North		143-05
4	Woodward, Sam	11	Bishop Guert		145-11
5	Boudreau, Shawn	12	Alvirne		153-02
6	Ventura, Vincent	11	Pinkerton		155-07
7	Smith, Darius	12	Nashua North		162-05
8	Penny, Sawyer	11	Nashua South		169-01
9	Franks, Charles	12	Pinkerton		191-05