

2022 NASHUA NORTH XC INVITATIONAL

Nashua, NH

Mines Falls

Host: Nashua North High School

Saturday, September 17, 2022

MEET OFFICIALS**Meet Director:**

Art Kobs / John Lysik

Timing:

Lancer Timing

**OFFICIAL MEET REPORT**

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**Race #1
MS Girls 2-Mile "B"****Final Results****INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 TAYLOR, Sadie	7	1068	Merrimack Middle S	-	17:09.19	---	8:34.6	5:19.6
2 PROWKER, Kaelyn	7	1036	Elm St. Eagles	-	17:10.14	.95	8:35.1	5:19.9
3 TRUDEL, Marissa	7	1042	Elm St. Eagles	-	19:25.99	2:16.80	9:43.0	6:02.1
4 COLSON, Mckenna	6	1028	Elm St. Eagles	-	19:29.48	2:20.29	9:44.7	6:03.2
5 RUIZ, Iliana	6	1008	Acad. for Sci. & Des	-	20:44.97	3:35.78	10:22.5	6:26.6
6 CARTER, Elizabeth	6	1003	Acad. for Sci. & Des	-	20:46.43	3:37.24	10:23.2	6:27.1
7 MUCCI, Gianvanna	6	1034	Elm St. Eagles	-	21:08.08	3:58.89	10:34.0	6:33.8
8 ALLEN, Liv	5	1012	Auburn Village Sch	-	21:09.43	4:00.24	10:34.7	6:34.2
9 CHINNI, Emilia	6	1027	Elm St. Eagles	-	21:16.34	4:07.15	10:38.2	6:36.4
10 ST.AUBIN, Aubree	6	1039	Elm St. Eagles	-	21:43.30	4:34.11	10:51.7	6:44.8
11 HARNEDY, Brianna	7	1047	Fairgrounds Middle	-	22:15.13	5:05.94	11:07.6	6:54.6
12 BASHYAM, Divya	6	1025	Elm St. Eagles	-	22:19.06	5:09.87	11:09.5	6:55.9
13 ALCARAZ, Sheyla	6	1044	Fairgrounds Middle	-	23:35.02	6:25.83	11:47.5	7:19.4
14 SOOD, Riya	7	1009	Acad. for Sci. & Des	-	24:28.09	7:18.90	12:14.0	7:35.9
15 SCHROLL, Kali	7	1064	Merrimack Middle S	-	25:03.93	7:54.74	12:32.0	7:47.1
16 BASSETT, Cadence	8	1055	Merrimack Middle S	-	25:12.45	8:03.26	12:36.2	7:49.7
17 SWISHER, Ava	7	1067	Merrimack Middle S	-	25:15.33	8:06.14	12:37.7	7:50.6
18 BRANNON, Sadie	7	1026	Elm St. Eagles	-	25:44.03	8:34.84	12:52.0	7:59.5
19 GOPINATH, Ganya	8	1004	Acad. for Sci. & Des	-	25:54.48	8:45.29	12:57.2	8:02.8
20 SIIK, Adalynn	7	1066	Merrimack Middle S	-	26:07.73	8:58.54	13:03.9	8:06.9
21 MUNETON, Camila	8	1050	Fairgrounds Middle	-	26:14.38	9:05.19	13:07.2	8:08.9
22 ROY, Molly	7	1063	Merrimack Middle S	-	26:23.61	9:14.42	13:11.8	8:11.8
23 CHAVARRIA-RIZZUTO, Ada	5	1013	Auburn Village Sch	-	27:07.04	9:57.85	13:33.5	8:25.3
24 ROLFE, Addisyn	6	1022	Auburn Village Sch	-	27:31.74	10:22.5	13:45.9	8:33.0
25 NOUEIRI, Hallie	6	1051	Fairgrounds Middle	-	29:01.22	11:52.0	14:30.6	9:00.8
26 JAMLA, Aarushey	6	1005	Acad. for Sci. & Des	-	31:59.84	14:50.6	15:59.9	9:56.2

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Race #3
MS Girls 2-Mile "A"

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Elm St. Eagles	37	4-5-6-10-12(13)(22)	1:17:23	15:29	1:49.7
2 Auburn Village School	49	1-7-8-16-17(26)(27)	1:19:40	15:56	5:06.3
3 Milford Middle School	83	2-9-15-28-29(31)(32)	1:24:37	16:56	6:17.3
4 Merrimack Middle School	88	11-14-19-21-23(24)(25)	1:26:59	17:24	1:50.8
5 Pennichuck Middle School	104	3-18-20-30-33(34)	1:35:53	19:11	12:31.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 FOLSOM, Sookie	8	1015	Auburn Village Sch	1	12:32.38	---	6:16.2	3:53.7
2 PAUL, Jaylyn	7	1076	Milford Middle Scho	2	13:05.16	32.78	6:32.6	4:03.8
3 HATHAWAY-RUBE, Claire	8	1081	Pennichuck Middle	3	13:42.54	1:10.16	6:51.3	4:15.4
4 NEVEU, Rosalie	8	1035	Elm St. Eagles	4	14:30.39	1:58.01	7:15.2	4:30.3
5 SMALL, Alaina	6	1038	Elm St. Eagles	5	14:55.28	2:22.90	7:27.6	4:38.0
6 GARIMELLA, Annika	8	1046	Fairgrounds Middle	-	15:12.74	2:40.36	7:36.4	4:43.5
7 WILSON, Charlotte	8	1043	Elm St. Eagles	6	15:20.38	2:48.00	7:40.2	4:45.8
8 LENZI, Violet	8	1020	Auburn Village Sch	7	15:54.62	3:22.24	7:57.3	4:56.5
9 JOHNSON, Bridget	7	1018	Auburn Village Sch	8	16:06.72	3:34.34	8:03.4	5:00.2
10 ROWE, Gretta	7	1077	Milford Middle Scho	9	16:07.46	3:35.08	8:03.7	5:00.5
11 FISCHER, Kiera	7	1029	Elm St. Eagles	10	16:16.37	3:43.99	8:08.2	5:03.2
12 CUIPA, Tori	7	1057	Merrimack Middle S	11	16:18.39	3:46.01	8:09.2	5:03.8
13 PROWKER, Olivia	7	1037	Elm St. Eagles	12	16:20.03	3:47.65	8:10.0	5:04.4
14 AYI, Camrin	8	1024	Elm St. Eagles	(13)	16:32.05	3:59.67	8:16.0	5:08.1
15 CHAPUT, Gracie	7	1056	Merrimack Middle S	14	16:33.61	4:01.23	8:16.8	5:08.6
16 COATES, Rylee	7	1071	Milford Middle Scho	15	16:59.78	4:27.40	8:29.9	5:16.7
17 MUKHERJEE, Sanvi	6	1007	Acad. for Sci. & Des	-	17:18.77	4:46.39	8:39.4	5:22.6
18 FIELD, Emily	7	1014	Auburn Village Sch	16	17:26.75	4:54.37	8:43.4	5:25.1
19 STANTON, Averly	5	1023	Auburn Village Sch	17	17:38.60	5:06.22	8:49.3	5:28.8
20 SHROFF, Riyah	8	1053	Fairgrounds Middle	-	17:44.79	5:12.41	8:52.4	5:30.7
21 PRITCHARD, Paige	8	1083	Pennichuck Middle	18	17:45.95	5:13.57	8:53.0	5:31.0
22 HILL, Samantha	7	1058	Merrimack Middle S	19	17:53.30	5:20.92	8:56.7	5:33.3
23 CAREY, Rebecca	8	1079	Pennichuck Middle	20	17:57.79	5:25.41	8:58.9	5:34.7
24 LAFLEUR, Madison	7	1049	Fairgrounds Middle	-	17:58.66	5:26.28	8:59.3	5:35.0
25 KANDEL, Desiree	7	1059	Merrimack Middle S	21	18:03.87	5:31.49	9:01.9	5:36.6
26 TARBOX, Allison	7	1040	Elm St. Eagles	(22)	18:08.88	5:36.50	9:04.4	5:38.2
27 THOMPSON, Makayla	8	1069	Merrimack Middle S	23	18:09.12	5:36.74	9:04.6	5:38.2
28 SEKELA, Alina	8	1065	Merrimack Middle S	(24)	18:21.08	5:48.70	9:10.5	5:42.0
29 POWERS, Bridget	8	1060	Merrimack Middle S	(25)	18:28.17	5:55.79	9:14.1	5:44.2
30 HAKOUN, Elli	7	1016	Auburn Village Sch	(26)	18:34.50	6:02.12	9:17.3	5:46.1
31 KRYGERIS, Ava	8	1019	Auburn Village Sch	(27)	18:40.35	6:07.97	9:20.2	5:47.9
32 VARSHNEY, Saiansha	6	1011	Acad. for Sci. & Des	-	18:56.20	6:23.82	9:28.1	5:52.9
33 TROWBRIDGE, Elena	7	1041	Elm St. Eagles	-	18:59.61	6:27.23	9:29.8	5:53.9
34 GROCHALA, Evangeline	6	1074	Milford Middle Scho	28	19:01.27	6:28.89	9:30.6	5:54.4
35 ROBICHAUD, Raegan	7	1061	Merrimack Middle S	-	19:14.39	6:42.01	9:37.2	5:58.5
36 LAWLESS, Vivian	6	1091	Saint Christopher A	-	19:19.31	6:46.93	9:39.7	6:00.0
37 BOYD, Arabella	6	1070	Milford Middle Scho	29	19:22.42	6:50.04	9:41.2	6:01.0

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Race #3
MS Girls 2-Mile "A"**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
38 BIWALKAR, Medhavi	8	1001	Acad. for Sci. & Des	-	19:23.07	6:50.69	9:41.5	6:01.2
39 SALTZMAN, Jenny	7	1093	Saint Christopher A	-	20:05.26	7:32.88	10:02.6	6:14.3
40 PROVOST, Grace	6	1084	Pennichuck Middle	30	20:12.43	7:40.05	10:06.2	6:16.5
41 WEISSENSEE, Kaelyn	6	1078	Milford Middle Scho	(31)	21:21.03	8:48.65	10:40.5	6:37.8
42 MASK, Audrey	7	1006	Acad. for Sci. & Des	-	22:21.96	9:49.58	11:11.0	6:56.8
43 GIES, Leila	6	1073	Milford Middle Scho	(32)	23:59.18	11:26.8	11:59.6	7:27.0
44 TURCOTTE, Fallon	6	1086	Pennichuck Middle	33	26:14.04	13:41.6	13:07.0	8:08.8
45 SAFRI, Salome	8	1085	Pennichuck Middle	(34)	27:13.80	14:41.4	13:36.9	8:27.4

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Race #5
JV Girls 5K Race

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Bedford	25	1-2-5-6-11(12)(13)	1:58:26	23:42	1:43.6
2 Concord	44	3-7-8-9-17(27)(35)	2:01:18	24:16	1:53.4
3 Windham	80	4-10-16-19-31	2:08:30	25:42	5:29.4
4 Londonderry	101	14-15-18-21-33	2:10:55	26:11	4:37.2
5 Nashua South	126	20-22-23-24-37(41)(43)	2:18:28	27:42	3:45.7
6 Merrimack	155	25-28-32-34-36(38)(40)	2:23:46	28:46	2:03.8
7 Manchester Memorial	166	26-29-30-39-42	2:29:31	29:55	4:51.3

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 O'NEIL, Kloeigh	FR	512	Bedford	1	23:03.10	---	7:24.7	4:36.6
2 CARIDADE, Raissa	FR	495	Bedford	2	23:04.10	1.00	7:25.0	4:36.8
3 SHORT, Madeleine	FR	554	Concord	3	23:18.80	15.70	7:29.8	4:39.8
4 HARTMAN, Anna	FR	679	Windham	4	23:35.10	32.00	7:35.0	4:43.0
5 MURTHI, Ella	SR	509	Bedford	5	23:35.40	32.30	7:35.1	4:43.1
6 PULSIFER, Kara	SR	516	Bedford	6	23:56.60	53.50	7:41.9	4:47.3
7 SEXTON, Sydney	SO	663	Pinkerton	-	24:03.80	1:00.70	7:44.2	4:48.8
8 REGAN, Sophia	SO	553	Concord	7	24:06.30	1:03.20	7:45.0	4:49.3
9 BARTON, Eeman	SO	593	Manchester Central	-	24:12.40	1:09.30	7:47.0	4:50.5
10 DOPERALSKI, Clover	FR	541	Concord	8	24:19.60	1:16.50	7:49.3	4:51.9
11 MALETTE, Christina	SR	546	Concord	9	24:20.40	1:17.30	7:49.6	4:52.1
12 ECKERMAN, Mia	SO	656	Pinkerton	-	24:30.90	1:27.80	7:53.0	4:54.2
13 ROGERS, Natalie	FR	686	Windham	10	24:45.10	1:42.00	7:57.5	4:57.0
14 UNDERWOOD, Ava	SR	523	Bedford	11	24:46.70	1:43.60	7:58.0	4:57.3
15 RAYNE, Caoilainn	SO	518	Bedford	(12)	24:46.90	1:43.80	7:58.1	4:57.4
16 ADAMS, Margaret	SR	494	Bedford	(13)	24:49.60	1:46.50	7:59.0	4:57.9
17 COURTEMANCHE, Kyra	SO	584	Londonderry	14	24:50.20	1:47.10	7:59.2	4:58.0
18 FITZGERALD, Charley	JR	586	Londonderry	15	24:52.50	1:49.40	7:59.9	4:58.5
19 MANNING, Elena	FR	683	Windham	16	24:53.70	1:50.60	8:00.3	4:58.7
20 POTHURU, Lauren	JR	515	Bedford	-	25:09.30	2:06.20	8:05.3	5:01.9
21 FITZGERALD, Kaley	SR	542	Concord	17	25:12.20	2:09.10	8:06.2	5:02.4
22 DIBUONO, Ella	FR	585	Londonderry	18	25:24.20	2:21.10	8:10.1	5:04.8
23 WALLACE, Kaitlyn	SR	524	Bedford	-	25:38.50	2:35.40	8:14.7	5:07.7
24 WHITCOMB, Madison	SR	525	Bedford	-	25:43.40	2:40.30	8:16.3	5:08.7
25 KIM, Madison	SR	503	Bedford	-	25:43.90	2:40.80	8:16.4	5:08.8
26 MOHAMMED, Ava	SO	661	Pinkerton	-	25:46.90	2:43.80	8:17.4	5:09.4
27 SUCHECKI, Riley	FR	634	Nashua North	-	25:51.90	2:48.80	8:19.0	5:10.4
28 GILROY, Brooke	FR	502	Bedford	-	25:58.80	2:55.70	8:21.2	5:11.8
29 HYNES, Lauren	SO	680	Windham	19	26:10.70	3:07.60	8:25.0	5:14.1
30 COTNOIR, Gabrielle	SR	497	Bedford	-	26:13.40	3:10.30	8:25.9	5:14.7
31 COSGROVE, Kylie	SR	642	Nashua South	20	26:16.40	3:13.30	8:26.9	5:15.3
32 CHYLINSKI, Katiana	SR	583	Londonderry	21	26:20.10	3:17.00	8:28.1	5:16.0
33 DONAHUE, MacKenzie	FR	670	Salem	-	26:55.70	3:52.60	8:39.5	5:23.1
34 DAABOUL, Quella	SO	668	Salem	-	27:16.50	4:13.40	8:46.2	5:27.3
35 MATTHEWS, Hadleigh	SO	645	Nashua South	22	27:19.60	4:16.50	8:47.2	5:27.9

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**Race #5
JV Girls 5K Race****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
36 RODRIGUEZ , Penelope	FR	650	Nashua South	23	27:22.30	4:19.20	8:48.1	5:28.5
37 ALMONTE, Jolina	FR	639	Nashua South	24	27:26.90	4:23.80	8:49.5	5:29.4
38 COLER, Phoebe	FR	609	Merrimack	25	27:30.60	4:27.50	8:50.7	5:30.1
39 MARTINOS, Isabella	JR	562	Hollis/Brookline	-	27:37.30	4:34.20	8:52.9	5:31.5
40 LEGALLO, Kelly	SO	601	Manchester Memori	26	27:46.70	4:43.60	8:55.9	5:33.3
41 PALEMENT, Camryn	SO	550	Concord	(27)	27:52.60	4:49.50	8:57.8	5:34.5
42 PARZYCH, Riley	JR	622	Merrimack	28	27:55.70	4:52.60	8:58.8	5:35.1
43 NORWAY, Jill	JR	537	Bishop Guertin	-	27:58.70	4:55.60	8:59.8	5:35.7
44 MOLONGOSKI, Riley	SR	536	Bishop Guertin	-	28:33.40	5:30.30	9:10.9	5:42.7
45 ALZATE, Pamela	JR	594	Manchester Memori	29	28:34.40	5:31.30	9:11.3	5:42.9
46 CHAMPAGNE, Elizabeth	SO	596	Manchester Memori	30	28:57.30	5:54.20	9:18.6	5:47.5
47 O'DONNELL , Katherine	FR	510	Bedford	-	28:59.90	5:56.80	9:19.5	5:48.0
48 GUENENA, Hana	FR	678	Windham	31	29:04.50	6:01.40	9:20.9	5:48.9
49 MCKIERNAN, Avry	FR	535	Bishop Guertin	-	29:07.70	6:04.60	9:22.0	5:49.5
50 WOODS, Avery	FR	493	Alvirne	-	29:11.20	6:08.10	9:23.1	5:50.2
51 CHEN , Jessica	SR	496	Bedford	-	29:12.90	6:09.80	9:23.6	5:50.6
52 WISHERD, Reese	SO	526	Bedford	-	29:14.60	6:11.50	9:24.2	5:50.9
53 MERHI, Noura	SO	506	Bedford	-	29:16.40	6:13.30	9:24.8	5:51.3
54 MUSKIEWICZ, Emma	FR	621	Merrimack	32	29:17.50	6:14.40	9:25.1	5:51.5
55 WHERRY, Grace	SO	492	Alvirne	-	29:20.00	6:16.90	9:25.9	5:52.0
56 POPE, Lillian	SO	514	Bedford	-	29:26.70	6:23.60	9:28.1	5:53.3
57 KENNEY, Elana	SO	587	Londonderry	33	29:27.40	6:24.30	9:28.3	5:53.5
58 GORDON, Holly	JR	615	Merrimack	34	29:27.50	6:24.40	9:28.3	5:53.5
59 STEINBERG, Parker	SO	556	Concord	(35)	29:30.40	6:27.30	9:29.3	5:54.1
60 ALLEN, Hannah	FR	603	Merrimack	36	29:34.40	6:31.30	9:30.5	5:54.9
61 AMISS, Molly	FR	665	Salem	-	29:39.50	6:36.40	9:32.2	5:55.9
62 KEESHAN, Abby	FR	531	Bishop Guertin	-	29:52.20	6:49.10	9:36.3	5:58.4
63 OXNARD, Myrick	SO	549	Concord	-	29:56.50	6:53.40	9:37.7	5:59.3
64 BASHYAM, Medha	SO	640	Nashua South	37	30:02.10	6:59.00	9:39.5	6:00.4
65 BURT, Zoe	FR	482	Alvirne	-	30:14.80	7:11.70	9:43.5	6:03.0
66 BERARDINELLI, Avary	SO	606	Merrimack	(38)	30:47.50	7:44.40	9:54.1	6:09.5
67 OLIVIERO, Eleanor	SO	513	Bedford	-	31:03.20	8:00.10	9:59.1	6:12.6
68 LAUB, Olivia	FR	561	Hollis/Brookline	-	31:29.00	8:25.90	10:07.4	6:17.8
69 BLIGHT, Maya	JR	595	Manchester Memori	39	31:34.30	8:31.20	10:09.1	6:18.9
70 DOYLE, Madeline	JR	613	Merrimack	(40)	31:36.30	8:33.20	10:09.7	6:19.3
71 CURRY-POWERS, Keegan	FR	667	Salem	-	32:12.50	9:09.40	10:21.4	6:26.5
72 RODRIGUEZ, Ava	SR	649	Nashua South	(41)	32:24.10	9:21.00	10:25.1	6:28.8
73 HODGKINS, Allish	JR	599	Manchester Memori	42	32:38.00	9:34.90	10:29.6	6:31.6
74 DILLON, Emily	FR	610	Merrimack	-	33:03.00	9:59.90	10:37.6	6:36.6
75 SARCIA, Shealyn	JR	623	Merrimack	-	33:48.10	10:45.0	10:52.1	6:45.6
76 ALCANTARA , Genesis	FR	638	Nashua South	(43)	34:03.70	11:00.6	10:57.1	6:48.7
77 GIRARD, Breana	SR	483	Alvirne	-	34:16.70	11:13.6	11:01.3	6:51.3
78 DODDS, Sarah	FR	611	Merrimack	-	34:39.70	11:36.6	11:08.7	6:55.9
79 GAGE, Anysa	SR	614	Merrimack	-	36:59.90	13:56.8	11:53.8	7:24.0
80 MALONE, Mae	SO	616	Merrimack	-	39:58.40	16:55.3	12:51.2	7:59.7
81 MURBY, Lauren	FR	620	Merrimack	-	41:14.90	18:11.8	13:15.8	8:15.0

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MEET OFFICIALS

Meet Director:
 Art Kobs / John Lysik
 Timing:
 Lancer Timing



OFFICIAL MEET REPORT
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Race #7
Varsity Girls 5K Race

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Bedford	38	1-4-8-12-13(16)(24)	1:41:59	20:24	1:18.6
2 Pinkerton	59	2-5-14-17-21(23)(44)	1:44:12	20:51	1:57.0
3 Concord	86*	6-10-19-25-26(29)(31)	1:46:38	21:20	1:28.5
4 Keene	86*	3-7-11-30-35(43)	1:45:45	21:09	2:32.2
5 Bishop Guertin	147	15-22-32-38-40	1:52:00	22:24	2:14.4
6 Nashua North	162	18-20-34-41-49(50)	1:53:28	22:42	3:05.5
7 Nashua South	197	28-33-37-47-52(58)	1:56:41	23:21	2:52.2
8 Salem	219	9-36-55-59-60	2:04:16	24:52	6:32.9
9 Merrimack	224	27-39-48-54-56(57)(62)	2:02:45	24:33	4:44.6
10 Hollis/Brookline	237	42-45-46-51-53(61)	2:01:14	24:15	1:29.8

***Tiebreakers**

Concord	6	10	19	25	26	29
Keene	3	7	11	30	35	43

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 LEE, Fiona	JR	505	Bedford	1	19:34.29	---	6:17.6	3:54.9
2 SILVA, Contessa	JR	664	Pinkerton	2	19:46.59	12.30	6:21.5	3:57.3
3 HOY, Reagan	SR	575	Keene	3	19:57.13	22.84	6:24.9	3:59.4
4 DUPREY, Caitrin	FR	499	Bedford	4	20:09.10	34.81	6:28.8	4:01.8
5 GROULX, Isabelle	JR	657	Pinkerton	5	20:19.74	45.45	6:32.2	4:03.9
6 PINCOSKE, Alina	JR	552	Concord	6	20:27.55	53.26	6:34.7	4:05.5
7 FARRIS, Aly	FR	569	Keene	7	20:29.48	55.19	6:35.3	4:05.9
8 MOONEY, Sophie	JR	507	Bedford	8	20:35.96	1:01.67	6:37.4	4:07.2
9 THOMAS, Lily	JR	676	Salem	9	20:41.87	1:07.58	6:39.3	4:08.4
10 NYHAN, Molly	SR	548	Concord	10	20:42.93	1:08.64	6:39.7	4:08.6
11 RUNEZ, Lily	FR	579	Keene	11	20:44.16	1:09.87	6:40.1	4:08.8
12 MORANTI, Mia	FR	508	Bedford	12	20:45.96	1:11.67	6:40.6	4:09.2
13 O'NEIL, Kelseigh	JR	511	Bedford	13	20:52.87	1:18.58	6:42.9	4:10.6
14 MARZOLF, Kalisan	FR	660	Pinkerton	14	21:03.17	1:28.88	6:46.2	4:12.6
15 FONDAKOWSKI, Anna	SO	529	Bishop Guertin	15	21:10.23	1:35.94	6:48.4	4:14.0
16 SNEAU, Collette	SR	521	Bedford	(16)	21:13.12	1:38.83	6:49.4	4:14.6
17 BEDARD, Gabrielle	FR	655	Pinkerton	17	21:18.93	1:44.64	6:51.2	4:15.8
18 SUNG, Erin	SR	635	Nashua North	18	21:20.03	1:45.74	6:51.6	4:16.0
19 KLINGER, Katherine	JR	681	Windham	-	21:28.65	1:54.36	6:54.4	4:17.7
20 DOHERTY, Morgan	JR	540	Concord	19	21:36.39	2:02.10	6:56.8	4:19.3
21 HAYDEN, Annika	JR	629	Nashua North	20	21:42.44	2:08.15	6:58.8	4:20.5
22 RASA, Sarah	FR	662	Pinkerton	21	21:43.50	2:09.21	6:59.1	4:20.7
23 MASSON, Lyla	FR	534	Bishop Guertin	22	21:48.40	2:14.11	7:00.7	4:21.7
24 LEBLANC, Althea	SO	659	Pinkerton	(23)	21:50.62	2:16.33	7:01.4	4:22.1
25 DUROCHER, Abigail	FR	500	Bedford	(24)	21:50.83	2:16.54	7:01.5	4:22.2
26 GUDAS, Chloe	JR	544	Concord	25	21:55.09	2:20.80	7:02.9	4:23.0
27 PHILBROOK, Ava	JR	551	Concord	26	21:55.99	2:21.70	7:03.1	4:23.2

2022 NASHUA NORTH XC INVITATIONAL

Nashua, NH

Mines Falls

Host: Nashua North High School

Saturday, September 17, 2022

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**Race #7
Varsity Girls 5K Race****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
28 BEDARD, Melanie	SO	605	Merrimack	27	21:56.86	2:22.57	7:03.4	4:23.4
29 HISCOCK, Rebecca	SR	644	Nashua South	28	21:59.51	2:25.22	7:04.3	4:23.9
30 ANDERSON, Brynna	JR	480	Alvirne	-	22:00.74	2:26.45	7:04.7	4:24.1
31 MCHUGH, Gracie	SR	547	Concord	(29)	22:01.87	2:27.58	7:05.0	4:24.4
32 KINSON, Corinne	SO	576	Keene	30	22:04.83	2:30.54	7:06.0	4:25.0
33 DUCHARME, Samantha	JR	498	Bedford	-	22:06.01	2:31.72	7:06.4	4:25.2
34 DATER-ROBERTS, Phoebe	SO	539	Concord	(31)	22:06.45	2:32.16	7:06.5	4:25.3
35 KRAFT, Katie	SR	532	Bishop Guertin	32	22:16.57	2:42.28	7:09.8	4:27.3
36 HARRIS, Grace	SR	643	Nashua South	33	22:20.40	2:46.11	7:11.0	4:28.1
37 JURIS, Christina	JR	630	Nashua North	34	22:23.34	2:49.05	7:11.9	4:28.7
38 MADDEN, Darby	SO	682	Windham	-	22:27.98	2:53.69	7:13.4	4:29.6
39 FRINK, Gillian	SO	570	Keene	35	22:29.32	2:55.03	7:13.9	4:29.9
40 WHITE, Sayde	SO	591	Londonderry	-	22:30.82	2:56.53	7:14.3	4:30.2
41 KRANTZ, Elliot	JR	600	Manchester Memori	-	22:33.40	2:59.11	7:15.2	4:30.7
42 RADUAZO, Mishalena	SR	517	Bedford	-	22:36.34	3:02.05	7:16.1	4:31.3
43 DEFRANCESCO, Olivia	FR	669	Salem	36	22:37.93	3:03.64	7:16.6	4:31.6
44 MORGAN, Riley	JR	685	Windham	-	22:42.87	3:08.58	7:18.2	4:32.6
45 HERBERT, Jennifer	SO	485	Alvirne	-	22:44.57	3:10.28	7:18.8	4:32.9
46 KOMOREK, Bella	FR	545	Concord	-	22:45.77	3:11.48	7:19.2	4:33.2
47 SMITH, Emily	SR	589	Londonderry	-	22:56.04	3:21.75	7:22.5	4:35.2
48 WILLIAMS, Amara	JR	592	Londonderry	-	23:10.52	3:36.23	7:27.1	4:38.1
49 PERRY, Katelyn (Katie)	SO	648	Nashua South	37	23:15.06	3:40.77	7:28.6	4:39.0
50 GARAY, Olatz	SR	530	Bishop Guertin	38	23:19.41	3:45.12	7:30.0	4:39.9
51 MCWHIRTER, Megan	FR	618	Merrimack	39	23:21.25	3:46.96	7:30.6	4:40.3
52 PYLES, Audrey	FR	538	Bishop Guertin	40	23:24.57	3:50.28	7:31.6	4:40.9
53 SCHMITT, Marlaina	JR	602	Manchester Memori	-	23:27.59	3:53.30	7:32.6	4:41.5
54 BROWN, Tiana	SO	628	Nashua North	41	23:35.83	4:01.54	7:35.3	4:43.2
55 BUTLER, Edith	FR	559	Hollis/Brookline	42	23:36.04	4:01.75	7:35.3	4:43.2
56 HANSEN, Lillian	JR	572	Keene	(43)	23:36.07	4:01.78	7:35.3	4:43.2
57 TONNIGES, Alera	FR	590	Londonderry	-	23:42.76	4:08.47	7:37.5	4:44.6
58 JELLOW, Grace	SR	658	Pinkerton	(44)	23:47.65	4:13.36	7:39.1	4:45.5
59 HARDY, Quinn	FR	560	Hollis/Brookline	45	23:48.34	4:14.05	7:39.3	4:45.7
60 GUSTAFSON, Laila	JR	598	Manchester Memori	-	23:54.66	4:20.37	7:41.3	4:46.9
61 BAUER, Sarah	FR	557	Hollis/Brookline	46	23:58.50	4:24.21	7:42.5	4:47.7
62 MELENDEZ, Emely	JR	646	Nashua South	47	24:13.65	4:39.36	7:47.4	4:50.7
63 YELLIN, Zosia	FR	627	Merrimack	48	24:13.70	4:39.41	7:47.4	4:50.7
64 NALEN, Margaret	SR	633	Nashua North	49	24:25.52	4:51.23	7:51.2	4:53.1
65 KUTSCHKE, Calla	SR	631	Nashua North	(50)	24:31.77	4:57.48	7:53.2	4:54.4
66 BROADHURST, Elise	FR	558	Hollis/Brookline	51	24:45.10	5:10.81	7:57.5	4:57.0
67 O'CONNOR, Gabrielle	JR	647	Nashua South	52	24:51.63	5:17.34	7:59.6	4:58.3
68 SORRELL, Kylee	FR	564	Hollis/Brookline	53	25:05.81	5:31.52	8:04.2	5:01.2
69 SULLIVAN, Avery	SR	624	Merrimack	54	26:30.96	6:56.67	8:31.6	5:18.2
70 MARCHESI, Amelia	FR	671	Salem	55	26:35.33	7:01.04	8:33.0	5:19.1
71 DOYLE, Emily	SO	612	Merrimack	56	26:41.42	7:07.13	8:34.9	5:20.3
72 BONE, Ainsley	SR	607	Merrimack	(57)	26:46.02	7:11.73	8:36.4	5:21.2
73 BYRNE, Carolyn	SR	641	Nashua South	(58)	26:46.93	7:12.64	8:36.7	5:21.4

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74 NORMAND, Audrey	SR	487	Alvirne	-	26:48.84	7:14.55	8:37.3	5:21.8
75 WADEN, Katherine	SR	491	Alvirne	-	26:58.00	7:23.71	8:40.3	5:23.6
76 ROEGER, Caitlin	FR	673	Salem	59	27:05.98	7:31.69	8:42.8	5:25.2
77 MARCHESI, Ava	SO	672	Salem	60	27:14.77	7:40.48	8:45.6	5:27.0
78 SPEAR, Mia	FR	565	Hollis/Brookline	(61)	27:19.77	7:45.48	8:47.3	5:28.0
79 DUCHESNE, Elizabeth	SR	653	Pembroke	-	27:19.94	7:45.65	8:47.3	5:28.0
80 MENKEN, Olivia	FR	619	Merrimack	(62)	27:28.83	7:54.54	8:50.2	5:29.8
81 DUCHESNE, Abigail	SR	652	Pembroke	-	27:51.40	8:17.11	8:57.4	5:34.3
82 MAYEU, Adison	JR	654	Pembroke	-	27:59.52	8:25.23	9:00.0	5:35.9
83 BLAKE, Jasmine	FR	651	Pembroke	-	28:54.43	9:20.14	9:17.7	5:46.9
84 WOOD, Courtney	JR	626	Merrimack	-	29:46.01	10:11.7	9:34.3	5:57.2
85 TAYLOR, Ella	FR	625	Merrimack	-	31:09.11	11:34.8	10:01.0	6:13.8