

**2024 NHIAA Division I Track & Field Championships**  
**Portsmouth High School - 5/25/2024**  
**Results**

**Girls 100 M Dash**

State Record: S 12.01	2014	Dominique Twombly, Oyster River		
Division I: D 12.24	1988	Angela Johnson, Nashua		
2023 Champ: L 12.43	2023	Soraya Ross, Nashua South		
Name	Year	School	Prelims	Wind H#

## Preliminaries

1	Ross, Soraya	12	Nashua South	12.46Q	-0.4	2	
2	Roberts, Eva	12	Pinkerton	12.63Q	-0.5	1	
3	Musa, Nyahingiva (Nyah)	12	Nashua South	12.65Q	-0.4	3	
4	Ortiz-Blanco, Leanny	10	Salem NH	12.57q	-0.4	2	
5	Sippel, Hannah	12	Pinkerton	12.73q	-0.4	3	
6	Jenkins, Lily	12	Portsmouth	12.76q	-0.5	1	
7	Saysaw, Grace	10	Concord	12.89q	-0.4	3	
8	Adigun, Fareedah	12	Salem NH	12.94q	-0.5	1	
9	Ortiz, Myasiah (Mimi)	12	Nashua South	12.95	-0.5	1	
10	O'Keefe, Ella	10	Bedford HS	12.97	-0.4	2	
11	Brayall, Nora	10	Pinkerton	12.99	-0.4	2	
12	Russell, Courtney	9	Pinkerton	13.22	-0.4	3	
13	Aprile, Emerson	10	Timberlane	13.35	-0.4	3	13.341
14	George, Ava	9	Pinkerton	13.35	-0.5	1	13.343
15	Hartson, Ella	11	Alvirne	13.44	-0.4	2	
16	Toenah, Chelsea	10	Concord	13.50	-0.4	2	
17	Lee, Sedona	11	Windham	13.55	-0.4	3	
18	Foxx, Libby	9	Bedford HS	13.63	-0.5	1	

**Girls 100 M Dash**

State Record: S 12.01	2014	Dominique Twombly, Oyster River		
Division I: D 12.24	1988	Angela Johnson, Nashua		
2023 Champ: L 12.43	2023	Soraya Ross, Nashua South		
Name	Year	School	Finals	Wind Points

## Finals

1	Musa, Nyahingiva (Nyah)	12	Nashua South	12.28L	+0.0	10	
2	Ross, Soraya	12	Nashua South	12.29L	+0.0	8	
3	Roberts, Eva	12	Pinkerton	12.52	+0.0	6	
4	Saysaw, Grace	10	Concord	12.62	+0.0	4	
5	Jenkins, Lily	12	Portsmouth	12.65	+0.0	2	
6	Sippel, Hannah	12	Pinkerton	12.72	+0.0	1	
7	Ortiz-Blanco, Leanny	10	Salem NH	12.77	+0.0		
8	Adigun, Fareedah	12	Salem NH	12.92	+0.0		

**Girls 200 M Dash**

State Record: S 24.44	1971	Kathy Lawson, Keene		
Division I: D 24.44	1970	Kathie Lawson, Keene		
2023 Champ: L 25.17	2023	Harriet Barber, Manchester C		
Name	Year	School	Finals	Wind H# Points

1	Barber, Harriet	12	Manchester Central	25.54	-0.4	3	10
2	Thomas, Jhanelle	11	Nashua North	25.95	-0.4	3	8
3	Jenkins, Lily	12	Portsmouth	26.21	-0.4	3	6
4	Ortiz, Myasiah (Mimi)	12	Nashua South	26.35	-0.6	2	4
5	Roberts, Eva	12	Pinkerton	26.47	-0.6	2	2
6	Frye, Allison	10	Nashua North	26.51	-0.6	2	1

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**....Girls 200 M Dash**

7	Ross, Soraya	12	Nashua South	26.55	-0.6	2	
8	Musa, Nyahingiva (Nyah)	12	Nashua South	26.67	-0.4	3	
9	Sippel, Hannah	12	Pinkerton	26.72	-0.4	3	
10	Thompson, Rayna	12	Exeter	27.02	-0.4	3	
11	Adigun, Fareedah	12	Salem NH	27.10	-1.6	1	
12	O'Keefe, Ella	10	Bedford HS	27.14	-0.6	2	
13	Russell, Courtney	9	Pinkerton	27.28	-1.6	1	27.271
14	Courter, Jordan	10	Manchester Memorial	27.28	-1.6	1	27.277
15	Foxx, Libby	9	Bedford HS	27.29	-1.6	1	
16	Cenesca, Angela	10	Manchester Central	27.86	-1.6	1	

**Girls 400 M Run**

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State Record: S 55.42 2019 Grace Devannby, Concord  
 Division I: D 56.20 5/25/2023 Harriet Barber, Manchester C  
 2023 Champ: L 56.20 2023 Harriet Barber, Manchester C

Name	Year	School	Finals	H#	Points
1 Barber, Harriet	12	Manchester Central	56.31	3	10
2 Thompson, Rayna	12	Exeter	59.23	3	8
3 Beaudoin, Charlotte	10	Timberlane	59.27	3	6
4 Ducharme, Samantha	12	Bedford HS	60.31	3	4
5 Lantaigne, Mia	10	Winnacunnet	60.74	2	2
6 Cenesca, Angela	10	Manchester Central	61.12	3	1
7 Yahya, Nabah	11	Concord	61.21	3	
8 Sippel, Isabella	10	Pinkerton	61.23	2	
9 Bekkering, Joy	9	Bedford HS	61.94	2	
10 Sanni, Ayomide	12	Manchester Memorial	62.03	1	
11 Sinclair, Anna	10	Bishop Guertin	62.25	2	
12 McNulty, Camryn	9	Pinkerton	62.78	2	
13 Gillette, Gabby	9	Bishop Guertin	63.01	1	1:03.004
14 Ouellette, Maeve	9	Winnacunnet	63.01	2	1:03.008
15 Parrott, Georgia	10	Portsmouth	64.19	1	
16 Stienecker, Abigail	9	Pinkerton	64.39	1	
17 Boston, Caitlyn	12	Spaulding	64.55	1	
18 Orleans, Amber	11	Exeter	65.56	1	

**Girls 800 M Run**

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State Record: S 2:06.42 2013 Hannah Parker, Coe-Brown  
 Division I: D 2:13.63 2017 Leya Salis, Bedford  
 2023 Champ: L 2:19.23 2023 Fiona Lee, Bedford

Name	Year	School	Finals	H#	Points
1 Poulin, Anique	11	Dover	2:17.43L	3	10
1:12.176 (1:12.176)	2:17.423 (1:05.247)				
2 Lee, Fiona	12	Bedford HS	2:18.64L	3	8
1:11.903 (1:11.903)	2:18.634 (1:06.731)				
3 Gudas, Chloe	12	Concord	2:19.33	3	6
1:12.358 (1:12.358)	2:19.322 (1:06.964)				
4 Neveu, Rosalie	9	Nashua North	2:21.71	3	4
1:12.377 (1:12.377)	2:21.710 (1:09.333)				
5 Koutalidis, Charlotte	12	Winnacunnet	2:24.61	3	2
1:12.708 (1:12.708)	2:24.605 (1:11.897)				

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**....Girls 800 M Run**

6	Rzasa, Sarah	10 Pinkerton	2:25.33	3	1
	1:12.958 (1:12.958)	2:25.325 (1:12.367)			
7	Martin, Ava	11 Alvirne	2:26.72	2	
	1:13.269 (1:13.269)	2:26.719 (1:13.450)			
8	Mariotti, Carson	11 Winnacunnet	2:27.43	2	
	1:12.393 (1:12.393)	2:27.421 (1:15.028)			
9	Denon, Lydia	10 Bedford HS	2:31.63	2	
	1:14.772 (1:14.772)	2:31.623 (1:16.851)			
10	Krantz, Elliot	12 Manchester Memorial	2:32.76	1	
	1:17.025 (1:17.025)				
11	Sherman, Drewanne	10 Londonderry	2:33.09	1	
	1:17.173 (1:17.173)				
12	Baker, Mallory	9 Portsmouth	2:33.14	2	
	1:14.400 (1:14.400)	2:33.134 (1:18.734)			
13	Herbert, Jennifer	11 Alvirne	2:34.55	1	
	1:16.841 (1:16.841)				
14	Boll, Grace	9 Bedford HS	2:36.10	2	
	1:14.058 (1:14.058)	2:36.097 (1:22.039)			
15	Simpson, Anna	11 Alvirne	2:37.85	1	
	1:16.868 (1:16.868)	2:37.842 (1:20.974)			
--	Mooney, Sophie	12 Bedford HS	DQ	2	Cut in too early
	1:12.721 (1:12.721)	2:27.197 (1:14.476)			

**Girls 1600 M Run**

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 State Record: S 4:47.48 2010 Arianna Vailas, Manchester Central  
 Division I: D 4:52.98 2016 Leya Salis, Bedford  
 2023 Champ: L 5:21.54 2023 Fiona Lee, Bedford

Name	Year	School	Finals	Points
1 Lee, Fiona	12	Bedford HS	4:59.49L	10
			1:14.672 (1:14.672)	2:31.183 (1:16.511) 3:48.608 (1:17.425) 4:59.485 (1:10.877)
2 Koutalidis, Charlotte	12	Winnacunnet	4:59.81L	8
			1:14.264 (1:14.264)	2:30.599 (1:16.335) 3:48.331 (1:17.732) 4:59.803 (1:11.472)
3 O'Neil, Kelseigh	12	Bedford HS	5:12.58L	6
			1:15.080 (1:15.080)	2:32.647 (1:17.567) 3:54.528 (1:21.881) 5:12.575 (1:18.047)
4 White, Laura	11	Nashua North	5:14.82L	4
			1:16.402 (1:16.402)	2:37.289 (1:20.887) 3:58.897 (1:21.608) 5:14.820 (1:15.923)
5 Klinger, Katherine	12	Windham	5:16.83L	2
			1:15.495 (1:15.495)	2:35.942 (1:20.447) 3:55.898 (1:19.956) 5:16.830 (1:20.932)
6 Mariotti, Carson	11	Winnacunnet	5:17.53L	1
			1:17.428 (1:17.428)	2:37.265 (1:19.837) 3:58.241 (1:20.976) 5:17.527 (1:19.286)
7 Bedard, Melanie	11	Merrimack	5:29.14	
			1:17.065 (1:17.065)	2:39.647 (1:22.582) 4:06.753 (1:27.106) 5:29.139 (1:22.386)
8 Marzolf, Kalisan	10	Pinkerton	5:39.98	
			1:18.197 (1:18.197)	2:43.832 (1:25.635) 4:14.664 (1:30.832) 5:39.977 (1:25.313)
9 McIntyre, Isabel	12	Dover	5:40.98	
			1:23.647 (1:23.647)	2:52.685 (1:29.038) 4:20.946 (1:28.261) 5:40.976 (1:20.030)
10 McWhirter, Megan	10	Merrimack	5:42.13	
			1:20.452 (1:20.452)	2:47.098 (1:26.646) 4:17.553 (1:30.455) 5:42.126 (1:24.573)
11 Faulkner, Lia	9	Salem NH	5:44.99	
			1:21.720 (1:21.720)	2:46.586 (1:24.866) 4:16.562 (1:29.976) 5:44.987 (1:28.425)
12 Moranti, Mia	10	Bedford HS	5:45.33	
			1:22.898 (1:22.898)	2:52.361 (1:29.463) 4:21.545 (1:29.184) 5:45.327 (1:23.782)

**2024 NHIAA Division I Track & Field Championships****Portsmouth High School - 5/25/2024****Results****....Girls 1600 M Run**

13 Caridade, Raissa	10 Bedford HS	5:45.62			
1:22.947 (1:22.947)	2:52.303 (1:29.356)	4:21.327 (1:29.024)	5:45.620 (1:24.293)		
14 DeLong, Gabriella	9 Londonderry	5:46.65			
1:22.204 (1:22.204)	2:50.343 (1:28.139)	4:21.312 (1:30.969)	5:46.649 (1:25.337)		
15 Poulin, Janelle	9 Dover	5:52.76			
1:23.408 (1:23.408)	2:53.697 (1:30.289)	4:25.672 (1:31.975)	5:52.753 (1:27.081)		
16 Roache, Delaney	11 Exeter	5:58.19			
1:24.132 (1:24.132)	2:54.760 (1:30.628)	4:29.729 (1:34.969)	5:58.188 (1:28.459)		
17 Carter, Chloe	9 Portsmouth	6:04.67			
1:24.719 (1:24.719)	2:58.343 (1:33.624)	4:36.990 (1:38.647)	6:04.662 (1:27.672)		

**Girls 3200 M Run**

State Record: S	10:05.71	2017	Jacquelline Gaughan, Exeter		
Division I: D	10:14.35	2018	Jacqueline Gaughan, Exeter		
2023 Champ: L	11:46.86	2023	Contessa Silva, Pinkerton		
Name	Year	School	Finals	Points	
1 O'Neil, Kelseigh	12 Bedford HS	10:58.97L	10		
1:21.481 (1:21.481)	2:44.446 (1:22.965)	4:07.883 (1:23.437)	5:30.991 (1:23.108)		
6:54.191 (1:23.200)	8:17.466 (1:23.275)	9:41.214 (1:23.748)	10:58.961 (1:17.747)		
2 Silva, Contessa	12 Pinkerton	11:04.98L	8		
1:21.803 (1:21.803)	2:44.809 (1:23.006)	4:08.228 (1:23.419)	5:31.511 (1:23.283)		
6:54.896 (1:23.385)	8:19.145 (1:24.249)	9:44.323 (1:25.178)	11:04.971 (1:20.648)		
3 Smith, Shelly	11 Concord	11:23.05L	6		
1:22.309 (1:22.309)	2:46.398 (1:24.089)	4:12.852 (1:26.454)	5:40.503 (1:27.651)		
7:08.372 (1:27.869)	8:35.559 (1:27.187)	10:02.484 (1:26.925)	11:23.046 (1:20.562)		
4 Paterna, Alexis	9 Exeter	11:40.37L	4		
1:22.667 (1:22.667)	2:46.880 (1:24.213)	4:13.428 (1:26.548)	5:42.446 (1:29.018)		
7:12.862 (1:30.416)	8:45.677 (1:32.815)	10:17.456 (1:31.779)	11:40.362 (1:22.906)		
5 Fondakowski, Anna	11 Bishop Guertin	11:41.53L	2		
1:23.350 (1:23.350)	2:47.137 (1:23.787)	4:13.801 (1:26.664)	5:42.937 (1:29.136)		
7:12.903 (1:29.966)	8:44.830 (1:31.927)	10:16.697 (1:31.867)	11:41.530 (1:24.833)		
6 Groulx, Isabelle	12 Pinkerton	11:45.38L	1		
1:25.121 (1:25.121)	2:51.178 (1:26.057)	4:19.500 (1:28.322)	5:48.741 (1:29.241)		
7:18.015 (1:29.274)	8:48.581 (1:30.566)	10:21.628 (1:33.047)	11:45.375 (1:23.747)		
7 Mahoney, Rachel	12 Bedford HS	11:52.13			
1:23.916 (1:23.916)	2:50.238 (1:26.322)	4:18.991 (1:28.753)	5:49.019 (1:30.028)		
7:17.980 (1:28.961)	8:49.736 (1:31.756)	10:24.152 (1:34.416)	11:52.123 (1:27.971)		
8 Pinegar, Abigail	9 Keene	11:55.46			
1:23.860 (1:23.860)	2:50.013 (1:26.153)	4:19.488 (1:29.475)	5:51.286 (1:31.798)		
7:23.762 (1:32.476)	8:58.305 (1:34.543)	10:28.466 (1:30.161)	11:55.452 (1:26.986)		
9 Klinger, Katherine	12 Windham	11:58.33			
1:23.223 (1:23.223)	2:48.367 (1:25.144)	4:18.141 (1:29.774)	5:48.655 (1:30.514)		
7:19.170 (1:30.515)	8:55.304 (1:36.134)	10:28.542 (1:33.238)	11:58.324 (1:29.782)		
10 LeBlanc, Althea	11 Pinkerton	12:13.62			
1:23.517 (1:23.517)	2:48.546 (1:25.029)	4:18.400 (1:29.854)	5:48.973 (1:30.573)		
7:25.352 (1:36.379)	9:05.166 (1:39.814)	10:43.256 (1:38.090)	12:13.620 (1:30.364)		
11 Burdette, Mahalie	9 Concord	12:17.41			
1:24.065 (1:24.065)	2:50.833 (1:26.768)	4:22.244 (1:31.411)	6:00.434 (1:38.190)		
7:35.434 (1:35.000)	9:12.052 (1:36.618)	10:48.814 (1:36.762)	12:17.408 (1:28.594)		
12 Malnar, Julia	9 Bedford HS	12:19.04			
1:24.215 (1:24.215)	2:50.638 (1:26.423)	4:20.699 (1:30.061)	5:54.368 (1:33.669)		
7:30.789 (1:36.421)	9:09.569 (1:38.780)	10:47.065 (1:37.496)	12:19.031 (1:31.966)		

**2024 NHIAA Division I Track & Field Championships  
Portsmouth High School - 5/25/2024  
Results**

**....Girls 3200 M Run**

13 Spuler, Margaret	12 Dover	12:21.20			
1:25.173 (1:25.173)	2:52.795 (1:27.622)	4:25.333 (1:32.538)	6:00.788 (1:35.455)		
7:35.216 (1:34.428)	9:11.805 (1:36.589)	10:49.235 (1:37.430)	12:21.199 (1:31.964)		
14 Carlson, Maddie	10 Keene	12:36.57			
1:23.132 (1:23.132)	2:51.571 (1:28.439)	4:24.756 (1:33.185)	5:59.798 (1:35.042)		
7:35.339 (1:35.541)	9:12.835 (1:37.496)	10:58.540 (1:45.705)	12:36.569 (1:38.029)		
15 White, Sayde	11 Londonderry	12:42.79			
1:24.697 (1:24.697)	2:52.211 (1:27.514)	4:23.781 (1:31.570)	6:02.246 (1:38.465)		
7:43.048 (1:40.802)	9:23.372 (1:40.324)	11:05.429 (1:42.057)	12:42.782 (1:37.353)		
16 Masson, Lyla	10 Bishop Guertin	12:49.14			
1:25.993 (1:25.993)	2:56.113 (1:30.120)	4:35.558 (1:39.445)	6:13.198 (1:37.640)		
7:54.298 (1:41.100)	9:35.632 (1:41.334)	11:16.428 (1:40.796)	12:49.140 (1:32.712)		
17 Bachrach, Madeline	12 Dover	12:55.15			
1:27.673 (1:27.673)	3:01.865 (1:34.192)	4:39.466 (1:37.601)	6:18.071 (1:38.605)		
7:57.940 (1:39.869)	9:36.150 (1:38.210)	11:16.617 (1:40.467)	12:55.142 (1:38.525)		
18 Berube, Sophia	11 Alvirne	13:02.13			
1:26.335 (1:26.335)	2:56.634 (1:30.299)	4:35.967 (1:39.333)	6:13.693 (1:37.726)		
7:55.560 (1:41.867)	9:39.116 (1:43.556)	11:23.280 (1:44.164)	13:02.130 (1:38.850)		

**Girls 100 M Hurdles**

State Record: S 14.23	2013	Betsy Garnick, Bishop Guertin
RetiredState: S 14.38	1981	Sheri Gagnon, Nashua (30")
Division I: D 14.43	2014	Betsy Garnick, Bish Guertin
Retired D I: D 14.38	1981	Sheri Gagnon, Nashua (30")
2023 Champ: L 14.53	2023	Jordan Wheaton, Pinkerton

Name	Year	School	Prelims	Wind	H#
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**Preliminaries**

1 Scott, Anika	11 Bedford HS	L 14.49Q	-2.3	3	
2 Doherty, Morgan	12 Concord	15.29Q	-1.0	1	15.283
3 Nada, Mariam	12 Portsmouth	15.29Q	-0.3	2	15.290
4 Ofori, Petrina	12 Alvirne	15.80q	-0.3	2	
5 Brown, Tiana	11 Nashua North	16.61q	-1.0	1	
6 Adams, Hayden	12 Winnacunnet	16.84q	-2.3	3	
7 Kirk, Zoe	11 Dover	16.92q	-1.0	1	
8 Gatheral, Brooke	12 Bishop Guertin	17.02q	-2.3	3	
9 Kaupp, Ruby	11 Bedford HS	17.08	-0.3	2	
10 Pierannunzi, Lucy	10 Keene	17.20	-2.3	3	
11 MacVicar, Sydney	10 Exeter	17.23	-1.0	1	
12 Bolobanic, Jordyn	11 Dover	17.42	-0.3	2	
13 Witta, Sarah	10 Nashua South	17.46	-0.3	2	
14 Grote, Lola	9 Winnacunnet	17.72	-0.3	2	
15 Bates, Danielle	9 Timberlane	17.74	-1.0	1	
16 Bobar, Alexandra	9 Bedford HS	18.07	-1.0	1	
17 Collier, Abrielle	10 Merrimack	18.30	-0.3	2	
18 Dinndorf, Jenna	11 Bedford HS	18.48	-2.3	3	
19 Becker, Ava	10 Manchester Central	18.53	-1.0	1	
20 LaBatt, Ava	9 Keene	18.55	-1.0	1	
21 Frye, Sarah	10 Nashua North	18.73	-2.3	3	
22 Massaquoi, Bakela	10 Concord	19.21	-0.3	2	

**2024 NHIAA Division I Track & Field Championships**  
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**Results**

**Girls 100 M Hurdles**

State Record: S 14.23	2013	Betsy Garnick, Bishop Guertin			
RetiredState: S 14.38	1981	Sheri Gagnon, Nashua (30")			
Division I: D 14.43	2014	Betsy Garnick, Bish Guertin			
Retired D I: D 14.38	1981	Sheri Gagnon, Nashua (30")			
2023 Champ: L 14.53	2023	Jordan Wheaton, Pinkerton			
Name	Year	School	Finals	Wind	Points

## Finals

1	Scott, Anika	11	Bedford HS	14.19S	-2.0	10
2	Nada, Mariam	12	Portsmouth	15.24	-2.0	8
3	Doherty, Morgan	12	Concord	15.33	-2.0	6
4	Ofori, Petrina	12	Alvirne	15.95	-2.0	4
5	Brown, Tiana	11	Nashua North	16.38	-2.0	2
6	Kirk, Zoe	11	Dover	16.87	-2.0	1
7	Adams, Hayden	12	Winnacunnet	16.89	-2.0	
8	Gatheral, Brooke	12	Bishop Guertin	17.01	-2.0	

**Girls 300 M Hurdles**

State Record: S 43.54	2014	Corinne Kennedy, Lebanon			
Division I: D 43.87	1997	Katie Gayman, Manchester Central			
2023 Champ: L 43.92	2023	Jhanelle Thomas, Nashua North			
Name	Year	School	Finals	H#	Points

1	Scott, Anika	11	Bedford HS	44.81	3	10
2	Thomas, Jhanelle	11	Nashua North	45.22	3	8
3	Ofori, Petrina	12	Alvirne	46.53	3	6
4	Frye, Allison	10	Nashua North	46.84	3	4
5	Doherty, Morgan	12	Concord	47.48	2	2
6	Metcalfe, Sienna	10	Portsmouth	47.53	3	1
7	Gatheral, Brooke	12	Bishop Guertin	47.75	2	
8	Witta, Sarah	10	Nashua South	48.50	2	
9	Brown, Tiana	11	Nashua North	49.09	3	
10	Clifford, Maitri	11	Winnacunnet	49.25	2	
11	Mann, Tianna	10	Manchester Central	49.99	1	
12	MacVicar, Sydney	10	Exeter	50.75	2	
13	Adams, Hayden	12	Winnacunnet	51.00	1	
14	O'Mally, Norah	9	Dover	51.25	1	
15	Vitaria, Laura	9	Concord	52.12	1	
16	Hansen, Lillian	12	Keene	52.37	1	
17	Bolobanic, Jordyn	11	Dover	54.16	1	
18	Clifford, Moxie	10	Winnacunnet	56.81	2	

**Girls 4x100 M Relay**

State Record: S 48.64	2023	Nashua South, Nashua South			
		M Ortiz, I Braswell, M Cruz, S Ross			
Division I: D 48.64	5/25/2023	Nashua South, Nashua South			
		M Ortiz, I Braswell, M Cruz, S Ross			
2023 Champ: L 48.64	2023	Nashua South, Nashua South			
		M Ortiz, I Braswell, M Cruz, S Ross			
School			Finals	H#	Points

1	Pinkerton		47.88S	3	10
	1) Brayall, Nora	10			
	2) Roberts, Eva	12			

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3) Russell, Courtney 9	4) Sippel, Hannah 12		
2 Nashua South	48.99	3	8
1) Chavarin, Alejandra 11	2) Ross, Soraya 12		
3) Ortiz, Myasiah (Mimi) 12	4) Musa, Nyahingiva (Nyah) 12		
3 Nashua North	49.58	3	6
1) Juris, Christina 12	2) Brown, Tiana 11		
3) Frye, Allison 10	4) Thomas, Jhanelle 11		
4 Bedford HS	49.68	3	4
1) Ducharme, Samantha 12	2) Scott, Anika 11		
3) Foxx, Libby 9	4) O'Keefe, Ella 10		
5 Portsmouth	49.78	3	2
1) Timerman, Avery 12	2) Metcalf, Sienna 10		
3) Nada, Mariam 12	4) Jenkins, Lily 12		
6 Concord	49.92	3	1
1) Toenah, Chelsea 10	2) Saysaw, Grace 10		
3) Conteh, Ballay 11	4) Goulas, Ella 11		
7 Salem NH	50.92	2	
1) Callahan, Shea 12	2) Ortiz-Blanco, Leanny 10		
3) Aliberti, Avery 10	4) Adigun, Fareedah 12		
8 Manchester Memorial	51.32	2	
1) Courter, Jordan 10	2) Sanni, Ayomide 12		
3) Doe, Philipline 10	4) Rodriguez, Hannah 11		
9 Manchester Central	51.66	2	
1) Mann, Tianna 10	2) Barber, Harriet 12		
3) Becker, Ava 10	4) Cenesca, Angela 10		
10 Alvirne	51.96	2	
1) Labonte, Abby 9	2) Rudy, Olivia 12		
3) Ofori, Petrina 12	4) Hartson, Ella 11		
11 Keene	52.07	2	
1) Pierannunzi, Lucy 10	2) Perry, Violet 10		
3) Carey, Neela 11	4) Ethier, Sophia 9		
12 Exeter	52.27	2	
1) Ahern, Claire 10	2) McBride, Martelle 10		
3) MacVicar, Sydney 10	4) Poulin, Rachel 12		
13 Londonderry	52.74	1	
1) Plante, Madeleine 12	2) Pena, Alexandra 10		
3) Horan, Meara 11	4) Nadeau, Emma 11		
14 Dover	52.90	1	
1) Cancilla, Nicole 10	2) Pelletier, Noelle 9		
3) Bolobanic, Jordyn 11	4) Campbell, Harmony 10		
15 Merrimack	53.01	1	
1) Amoo, Kaylin 11	2) Roy, Haylie 12		
3) Farrell, Lilly 12	4) Wright, Serenah 9		
16 Winnacunnet	53.51	1	
1) Pacheco, Liana 11	2) Lantaigne, Mia 10		
3) Ouellette, Maeve 9	4) Clifford, Moxie 10		
17 Bishop Guertin	53.77	1	
1) Gatheral, Brooke 12	2) Ogbunamiri, Nina 10		
3) Desjadon, Madeline 10	4) Sinclair, Anna 10		
18 Spaulding	53.81	1	
1) Boudreau, Sara 10	2) Junkins, Abby 10		
3) Young, Natalie 11	4) Tallman, Kaitlin 11		

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**Girls 4x400 M Relay**

School	Finals	H#	Points
State Record: S 3:53.87	2013 Bishop Guertin		
	S Burke, R Pellitier, B Garnick, M McCabe		
Division I: D 3:58.30	2011 Bishop Guertin		
	C Barowski, S Burke, M McCabe, L Mei		
2023 Champ: L 4:04.41	2023 Nashua North, Nashua North		
	C Juris, S Frye, A Frye, J Thomas		
1 Nashua North	4:01.74L	3	10
1) Juris, Christina 12	2) Frye, Allison 10		
3) Frye, Sarah 10	4) Thomas, Jhanelle 11		
2 Portsmouth	4:05.19	3	8
1) Timerman, Avery 12	2) Metcalf, Sienna 10		
3) Carter, Ella 10	4) Jenkins, Lily 12		
3 Winnacunnet	4:05.84	3	6
1) Clifford, Maitri 11	2) Lantaigne, Mia 10		
3) Koutalidis, Charlotte 12	4) Ouellette, Maeve 9		
4 Bedford HS	4:08.15	3	4
1) Lee, Fiona 12	2) Bekkering, Joy 9		
3) Ray, Anna 10	4) Ducharme, Samantha 12		
5 Concord	4:08.65	3	2
1) Gudas, Chloe 12	2) Doherty, Morgan 12		
3) Gualtieri, Gianna 9	4) Muller, Madeline 11		
6 Exeter	4:09.36	3	1
1) McBride, Martelle 10	2) Knab, Clara 12		
3) Caron, Danica 10	4) Thompson, Rayna 12		
7 Pinkerton	4:11.27	2	
1) McNulty, Camryn 9	2) Rzasa, Sarah 10		
3) Sippel, Isabella 10	4) Sippel, Hannah 12		
8 Nashua South	4:15.47	2	
1) Millette, Emma 9	2) Witta, Sarah 10		
3) Ayi, Camrin 9	4) Musa, Nyahingiva (Nyah) 12		
9 Bishop Guertin	4:19.44	1	
1) Sinclair, Anna 10	2) Desjadon, Madeline 10		
3) Gatheral, Brooke 12	4) Gillette, Gabby 9		
10 Timberlane	4:21.24	2	
1) Fronc, Julia 12	2) Caruso, Jillian 11		
3) Sayers, Sophia 12	4) Beaudoin, Charlotte 10		
11 Dover	4:25.02	2	
1) O'Mally, Norah 9	2) Kelly, Brooke 11		
3) Pelletier, Noelle 9	4) Poulin, Anique 11		
12 Manchester Central	4:25.42	1	
1) Cenesca, Angela 10	2) Mann, Tianna 10		
3) Becker, Ava 10	4) Barber, Harriet 12		
13 Merrimack	4:25.95	1	
1) Amoo, Kaylin 11	2) Wright, Serenah 9		
3) Roy, Haylie 12	4) Bedard, Melanie 11		
14 Manchester Memorial	4:28.71	1	
1) Rodriguez, Kihanna 10	2) Nur, Fatumo 10		
3) Krantz, Elliot 12	4) Sanni, Ayomide 12		
15 Alvirne	4:28.74	2	
1) Martin, Ava 11	2) Makoviy, Jane 9		
3) Tobin, Addison 11	4) Simpson, Anna 11		
16 Londonderry	4:35.74	1	
1) Plante, Madeleine 12	2) DiBuono, Ella 10		



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**....Girls 4x400 M Relay**

3) Horan, Meara 11	4) Sherman, Drewanne 10		
17 Keene	4:36.31	2	
1) Houston, Lucy 10	2) Perry, Violet 10		
3) Farris, Aly 10	4) Kinson, Corinne 11		
18 Spaulding	4:43.53	1	
1) Meulenbroek, Caroline 10	2) Junkins, Abby 10		
3) Tallman, Kaitlin 11	4) Boston, Caitlyn 12		

**Girls 4x800 M Relay**

=====									
State Record: S 9:15.02	2011	Bishop Guertin							
		S Veilleaux, S Burke, M McCabe, C Barowski							
Division I: D 9:28.28	2017	Bishop Guertin, Bishop Guertin							
		J Nigro, C Towle, H Schmitt, C Fischer							
2023 Champ: L 9:34.79	2023	Bedford, Bedford							
		A Zink, K O'Neil, S Mooney, S Ducharme							
School					Finals	Points			
=====									
1 Bedford HS					9:38.26	10			
1) Ray, Anna 10				2) Boll, Grace 9					
3) Denon, Lydia 10				4) Ducharme, Samantha 12					
1:13.620 (1:13.620)	2:25.375	(1:11.755)	3:36.412	(1:11.037)	4:54.357	(1:17.945)			
6:06.100 (1:11.743)	7:20.849	(1:14.749)	8:28.013	(1:07.164)	9:38.256	(1:10.243)			
2 Exeter					9:39.08	8			
1) Paterna, Brianna 9				2) Knab, Clara 12					
3) Orleans, Amber 11				4) Caron, Danica 10					
1:14.286 (1:14.286)	2:29.471	(1:15.185)	3:35.703	(1:06.232)	4:50.670	(1:14.967)			
6:02.814 (1:12.144)	7:19.545	(1:16.731)	8:27.697	(1:08.152)	9:39.076	(1:11.379)			
3 Pinkerton					9:43.81	6			
1) Groulx, Isabelle 12				2) Marzolf, Kalisan 10					
3) Rzasa, Sarah 10				4) Silva, Contessa 12					
1:13.378 (1:13.378)	2:25.631	(1:12.253)	3:36.599	(1:10.968)	4:53.823	(1:17.224)			
6:05.888 (1:12.065)	7:23.981	(1:18.093)	8:30.279	(1:06.298)	9:43.810	(1:13.531)			
4 Dover					9:54.21	4			
1) Spuler, Margaret 12				2) Poulin, Janelle 9					
3) McIntyre, Isabel 12				4) Poulin, Anique 11					
1:14.708 (1:14.708)	2:31.678	(1:16.970)	3:44.406	(1:12.728)	5:03.951	(1:19.545)			
6:15.922 (1:11.971)	7:31.744	(1:15.822)	8:41.483	(1:09.739)	9:54.201	(1:12.718)			
5 Portsmouth					10:03.38	2			
1) Baryiames, Alexa 10				2) Campbell, Kelsey 10					
3) Timerman, Avery 12				4) Baker, Mallory 9					
1:14.334 (1:14.334)	2:32.641	(1:18.307)	3:44.025	(1:11.384)	5:09.041	(1:25.016)			
6:20.402 (1:11.361)	7:36.655	(1:16.253)	8:46.528	(1:09.873)	10:03.380	(1:16.852)			
6 Londonderry					10:06.33	1			
1) DeLong, Gabriella 9				2) White, Sayde 11					
3) DiBuono, Ella 10				4) Sherman, Drewanne 10					
1:14.077 (1:14.077)	2:31.284	(1:17.207)	3:41.002	(1:09.718)	5:02.654	(1:21.652)			
6:15.882 (1:13.228)	7:35.668	(1:19.786)	8:45.384	(1:09.716)	10:06.330	(1:20.946)			
7 Alvirne					10:06.70				
1) Simpson, Anna 11				2) Herbert, Jennifer 11					
3) Berube, Sophia 11				4) Martin, Ava 11					
1:14.784 (1:14.784)	2:29.105	(1:14.321)	3:43.945	(1:14.840)	5:04.572	(1:20.627)			
6:17.758 (1:13.186)	7:41.215	(1:23.457)	8:51.869	(1:10.654)	10:06.698	(1:14.829)			

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**....Girls 4x800 M Relay**

8 Concord	10:07.99					
1) Gualtieri, Gianna 9	2) Wing, Elliana 10					
3) Burdette, Mahalie 9	4) Doherty, Quinn 9					
1:13.806 (1:13.806)	2:27.384 (1:13.578)	3:38.820 (1:11.436)	5:00.343 (1:21.523)			
6:16.111 (1:15.768)	7:36.970 (1:20.859)	8:50.315 (1:13.345)	10:07.985 (1:17.670)			
9 Nashua North	10:16.66					
1) Hewson, Skyler 10	2) Azevedo, Kathryn 10					
3) Wilson, Charlotte 9	4) Neveu, Rosalie 9					
1:13.968 (1:13.968)	2:31.338 (1:17.370)	3:44.274 (1:12.936)	5:05.182 (1:20.908)			
6:21.565 (1:16.383)	7:45.222 (1:23.657)	8:53.980 (1:08.758)	10:16.652 (1:22.672)			
10 Keene	10:20.70					
1) Farris, Aly 10	2) Carlson, Maddie 10					
3) Shapiro, Nancy 10	4) Kinson, Corinne 11					
1:14.930 (1:14.930)	2:30.471 (1:15.541)	3:43.456 (1:12.985)	5:05.832 (1:22.376)			
6:20.968 (1:15.136)	7:43.484 (1:22.516)	8:51.607 (1:08.123)	10:20.697 (1:29.090)			
11 Timberlane	10:43.97					
1) Fronc, Julia 12	2) Reynolds, Kaitlyn 12					
3) Reynolds, Julia 12	4) Sayers, Sophia 12					
1:15.288 (1:15.288)	2:34.251 (1:18.963)	3:49.104 (1:14.853)	5:18.135 (1:29.031)			
6:37.357 (1:19.222)	8:02.924 (1:25.567)	9:16.787 (1:13.863)	10:43.965 (1:27.178)			
12 Windham	10:56.38					
1) Hynes, Lauren 11	2) Rogers, Natalie 10					
3) Morgan, Riley 12	4) Martin, Brooke 11					
1:14.186 (1:14.186)	2:40.007 (1:25.821)	3:52.205 (1:12.198)	5:15.409 (1:23.204)			
6:37.703 (1:22.294)	8:07.927 (1:30.224)	9:28.836 (1:20.909)	10:56.378 (1:27.542)			

**Girls High Jump**

State Record: S	5-10	1988	Alison Poulin, Oyster River	
Division I: D	5-08	1996	Krista Nelson, Londonderry	
2023 Champ: L	5-04	2023	Ella Goulas, Concord	
Name	Year	School	Finals	Points
=====				
1 Bates, Danielle	9	Timberlane	5-04.00L	10
4-06 4-08 4-10 5-00 5-02 5-04 5-05				
P O O XO O XXO XXX				
2 Ofori, Petrina	12	Alvirne	5-02.00	8
4-06 4-08 4-10 5-00 5-02 5-04				
P P O O O XXX				
3 Goulas, Ella	11	Concord	J5-02.00	6
4-06 4-08 4-10 5-00 5-02 5-04				
O O O O XO XXX				
4 Provencher, London	11	Pinkerton	5-00.00	4
4-06 4-08 4-10 5-00 5-02				
O O XXO O XXX				
5 Haggett, Lilly	12	Londonderry	J5-00.00	2
4-06 4-08 4-10 5-00 5-02				
P O O XO XXX				
6 Mikelson, Kelley	12	Concord	J5-00.00	1
4-06 4-08 4-10 5-00 5-02				
O O XO XO XXX				
7 Kirk, Zoe	11	Dover	4-10.00	
4-06 4-08 4-10 5-00				
P O O XXX				

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**....Girls High Jump**

8	Gregoire, Linsey	11 Londonderry	J4-10.00
	4-06 4-08 4-10 5-00		
	P O XO XXX		
9	Mijal, Mya	10 Bedford HS	4-08.00
	4-06 4-08 4-10		
	XXO O XXX		
9	Brien, Allyse	12 Concord	4-08.00
	4-06 4-08 4-10		
	XXO O XXX		
11	Rodriguez, Penelope	10 Nashua South	J4-08.00
	4-06 4-08 4-10		
	P XO XXX		
12	French, Lauren	10 Keene	J4-08.00
	4-06 4-08 4-10		
	XO XO XXX		
13	Grosky, Kaydence	9 Portsmouth	4-06.00
	4-06 4-08		
	O XXX		
13	Flynn, Molly	9 Portsmouth	4-06.00
	4-06 4-08		
	O XXX		
15	Oates, Marley	10 Manchester Central	J4-06.00
	4-06 4-08		
	XO XXX		
15	Turner, Quinn	9 Manchester Central	J4-06.00
	4-06 4-08		
	XO XXX		
--	Russell, Courtney	9 Pinkerton	NH
	4-06		
	XXX		

**Girls Pole Vault**

=====									
State Record:	S	12-09	2012	Jacilyn Briggs, Keene					
Division I:	D	11-07	2009	Lindsey Patterson, Timberlane					
2023 Champ:	L	10-00	2023	Maya Malatesta, Bedford					
Name			Year	School			Finals	Points	
=====									
1	Kaupp, Ruby		11	Bedford HS			10-00.00L	10	
	7-06 8-00 8-06 9-00 9-06 10-00 10-06								
	P P P P O O XXX								
2	Barton, Kendall		12	Concord			J10-00.00L	8	
	7-06 8-00 8-06 9-00 9-06 10-00 10-06								
	P P P O O XO XXX								
3	Haggett, Lilly		12	Londonderry			J10-00.00L	6	
	7-06 8-00 8-06 9-00 9-06 10-00 10-06								
	P P P O XO XO XXX								
4	Robinson, Amanda		12	Londonderry			J10-00.00L	4	
	7-06 8-00 8-06 9-00 9-06 10-00 10-06								
	P P O O O XXO XXX								
5	Muller, Madeline		11	Concord			9-06.00	2	
	7-06 8-00 8-06 9-00 9-06 10-00								
	P O XO O O XXX								

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**....Girls Pole Vault**

6 Cahoon, Sophia	10 Pinkerton	9-00.00	1
7-06 8-00 8-06 9-00 9-06			
0 0 0 0 XXX			
7 Forrester, Mackenzie	11 Bedford HS	J9-00.00	
7-06 8-00 8-06 9-00 9-06			
0 0 XO 0 XXX			
8 Awad, Aliviyah	11 Londonderry	8-06.00	
7-06 8-00 8-06 9-00			
0 XO 0 XXX			
9 Muskus, Rose	10 Keene	8-00.00	
7-06 8-00 8-06			
0 0 XXX			
10 Takekoshi, Lela	10 Spaulding	J8-00.00	
7-06 8-00 8-06			
0 XO XXX			
11 Powers, Bridget	9 Bishop Guertin	7-06.00	
7-06 8-00			
0 XXX			
11 Kelly, Brooke	11 Dover	7-06.00	
7-06 8-00			
0 XXX			

**Girls Long Jump**

=====						
State Record: S	19-04.50	2008	Bree Robinson,	Pinkerton		
Division I: D	19-04.50	2008	Bree Robinson,	Pinkerton		
2023 Champ: L	18-08.25	2023	Kailey Dillon,	Merrimack		
Name	Year	School	Finals	Wind	H#	Points
=====						
1 Scott, Anika	11	Bedford HS	18-09.75L	+0.0	2	10
FOUL(0.4)	17-03.25(+0.0)	PASS(0.1)	18-03.50(-0.0)	17-07.75(+0.0)	18-09.75(+0.0)	
2 Nada, Mariam	12	Portsmouth	18-00.75	+0.0	2	8
17-04.50(1.4)	17-03.50(1.3)	FOUL(-0.8)	FOUL(0.7)	18-00.75(+0.0)	FOUL(+0.0)	
3 Goulas, Ella	11	Concord	16-03.25	+0.0	2	6
15-02.25(+0.0)	15-07(1.0)	16-03(1.0)	16-01.75(+0.0)	16-03.25(+0.0)	15-03.50(+0.0)	
4 Adams, Hayden	12	Winnacunnet	16-02.50	+0.0	2	4
14-10.25(1.5)	15-03.25(+0.0)	14-11.75(1.7)	14-10.50(+0.0)	15-05(0.5)	16-02.50(+0.0)	
5 McBride, Martelle	10	Exeter	15-09.75	0.2	2	2
FOUL(+0.0)	FOUL(1.9)	15-09.75(0.2)	13-04.25(-0.9)	FOUL(-0.4)	FOUL(+0.0)	
6 Witta, Sarah	10	Nashua South	15-06.00	1.9	2	1
FOUL(+0.0)	15-06(1.9)	15-03.75(+0.0)	14-03(0.1)	FOUL(-0.9)	15-02.50(-0.9)	
7 Rodriguez, Hannah	11	Manchester Memorial	15-04.50	1.7	2	
15-04.50(1.7)	13-08.50(-0.2)	14-09.25(+0.0)	FOUL(+0.0)	15-01.75(0.2)	FOUL(0.6)	
8 Poulin, Rachel	12	Exeter	15-03.25	+0.0	1	
14-11(-1.2)	14-00.25(1.0)	15-03.25(+0.0)	14-05.50(+0.0)	FOUL(2.4)	15-03.25(+0.0)	
9 Ahdi, Aaria	9	Bedford HS	15-02.75	+0.0	1	
15-02.75(+0.0)	14-03.75(+0.0)	14-05(+0.0)				
10 Coleman, Katie	9	Pinkerton	15-02.25	-0.1	2	
15-02.25(-0.1)	FOUL(1.7)	FOUL(+0.0)				
11 Roberts, Eva	12	Pinkerton	15-00.00	-0.6	1	
FOUL(+0.0)	FOUL(-1.1)	15-00(-0.6)				
12 Aprile, Emerson	10	Timberlane	14-09.50	+0.0	1	
14-05.25(1.0)	14-06.75(+0.0)	14-09.50(+0.0)				
13 Doherty, Morgan	12	Concord	14-09.00	+0.0	1	
14-09(+0.0)	13-08.25(-0.4)	FOUL(-0.7)				

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14	Pena, Alexandra	10 Londonderry	14-08.75	-0.7	2
	14-06(+0.0)	14-08.75(-0.7)	FOUL(+0.0)		
15	Tallman, Kaitlin	11 Spaulding	14-05.00	1.0	1
	FOUL(-0.3)	FOUL(1.5)	14-05(1.0)		
16	Young, Natalie	11 Spaulding	14-03.50	-0.1	1
	13-10.25(+0.0)	14-03.50(-0.1)	FOUL(-0.0)		
17	Lee, Sedona	11 Windham	14-01.75	+0.0	1
	FOUL(+0.0)	FOUL(-0.1)	14-01.75(+0.0)		
--	Ahern, Claire	10 Exeter	FOUL		1
	FOUL(-0.0)	FOUL(-0.0)	FOUL(-1.2)		

**Girls Triple Jump**

=====						
State Record:	S	40-02	2007	Ellen Powers,	Bishop Guertin	
Division I:	D	38-11.75	2007	Ellen Powers,	Bishop Guertin	
2023 Champ:	L	36-00.25	2023	Alexis Best,	Merrimack	
Name		Year	School	Finals	Wind H#	Points
=====						
1	Goulas, Ella	11	Concord	36-11.50L	+0.0 2	10
	36-11.50(+0.0)	PASS	PASS	35-09(+0.0)	PASS(0.1)	34-04(+0.0)
2	Nada, Mariam	12	Portsmouth	35-08.00	+0.0 2	8
	35-08(+0.0)	34-02.75(+0.0)	33-04.25(0.3)	PASS	PASS	
3	Frye, Sarah	10	Nashua North	34-11.00	+0.0 2	6
	FOUL(-0.2)	FOUL(+0.0)	32-03.75(+0.0)	33-01(+0.0)	34-11(+0.0)	33-09.50(0.8)
4	Saysaw, Grace	10	Concord	34-09.00	NWI 2	4
	34-09(-0.0)	FOUL(+0.0)	PASS	33-06.25(+0.0)	FOUL(+0.0)	PASS
5	Bates, Danielle	9	Timberlane	34-07.25	+0.0 2	2
	32-00.50(+0.0)	33-05.25(0.2)	34-07.25(+0.0)	33-00(+0.0)	32-08.25(+0.0)	33-05.50(+0.0)
6	Mullen, Ayva	12	Concord	33-09.00	+0.0 2	1
	33-09(+0.0)	33-05.25(+0.0)	32-07.50(0.1)	FOUL(1.1)	FOUL(+0.0)	33-06(-0.0)
7	Ethier, Sophia	9	Keene	32-03.75	-0.9 2	
	30-06(-0.9)	31-03.50(-0.8)	32-03.75(-0.9)	31-03(1.9)	30-07.75(+0.0)	32-00.25(+0.0)
8	Chavarin, Alejandra	11	Nashua South	31-06.25	0.8 2	
	31-02(1.0)	31-06.25(0.8)	30-00(0.1)	30-08.25(-0.0)	30-02.75(-0.0)	31-04.25(+0.0)
9	Boudreau, Sara	10	Spaulding	31-04.50	0.4 1	
	31-04.50(0.4)	31-04.50(+0.0)	30-09.50(-0.0)			
10	Mikelson, Kelley	12	Concord	31-04.00	-1.1 2	
	31-04(-1.1)	FOUL(0.6)	PASS			
11	Elmera, Naima	11	Pinkerton	31-03.50	+0.0 1	
	31-03.50(+0.0)	FOUL(0.8)	28-09(+0.0)			
12	Millette, Emma	9	Nashua South	31-02.50	NWI 1	
	FOUL(-0.3)	31-02.50(-0.0)	30-02(-0.0)			
13	Farrell, Lilly	12	Merrimack	31-01.75	+0.0 1	
	30-09.50(0.1)	29-08.50(+0.0)	31-01.75(+0.0)			
14	Nelson, Pearl	10	Nashua South	30-08.25	0.4 1	
	FOUL(+0.0)	30-08.25(0.4)	30-01(+0.0)			
15	Robinson, Amanda	12	Londonderry	30-06.50	+0.0 1	
	30-02.75(+0.0)	30-05.25(+0.0)	30-06.50(+0.0)			
16	Coleman, Katie	9	Pinkerton	30-03.50	+0.0 1	
	30-03.50(+0.0)	29-00.75(+0.0)	29-07.50(-0.9)			
17	Wright, Laurel	9	Windham	29-09.25	1.1 1	
	29-09.25(1.1)	29-02.25(+0.0)	28-06.50(0.1)			
18	Friend-Gray, Emeline	11	Dover	29-08.50	+0.0 1	
	FOUL(-0.0)	29-06.50(1.0)	29-08.50(+0.0)			

**2024 NHIAA Division I Track & Field Championships**  
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**Results**

**Girls Shot Put**

State Record: S 51-03.50 2000 Laura Gerrughty, Nashua							
Division I: D 51-03.50 2000 Laura Gerraughty, Nashua							
2023 Champ: L 34-06.50 2023 Bella Colizzi, Salem							
Name	Year	School	Finals	H#	Points		
1 Kemp, Carolyn	10	Bedford HS	33-01.50	2	10		
	33-01.50	31-08.25	32-03.50	30-05	30-02.50	29-11	
2 Fabiano, Autumn	10	Exeter	32-07.00	2	8		
	3-07.50	32-00	32-07	28-08.50	29-09.75	FOUL	
3 Gautieri, Nora	11	Nashua South	32-04.00	2	6		
	31-01.50	29-06.50	32-04	30-11	31-03.25	30-07	
4 Trask, Jameson	11	Pinkerton	31-08.75	2	4		
	30-09.50	30-09	31-00.50	31-08.75	31-00	30-02.75	
5 Akalonu, Maria	12	Portsmouth	31-08.25	2	2		
	31-00.25	30-02.50	31-05.25	FOUL	31-08.25	FOUL	
6 Getchell, Mia	12	Merrimack	31-07.00	2	1		
	30-06.75	30-05.25	31-03.50	30-05.50	31-07	29-09	
7 Avalo, Aaliyah	12	Bedford HS	30-11.25	2			
	29-10.75	30-01.75	30-11.25	30-04	30-02.50	29-08.75	
8 Wright, Kelly	11	Windham	29-10.25	1			
	29-10.25	28-10.50	27-02.25	28-09.75	27-11.75	28-04.75	
9 Metaxotos, Faith	12	Merrimack	29-09.50	2			
	29-04	29-03.25	29-09.50				
10 Terrenzio, Juliana	11	Pinkerton	29-07.75	1			
	28-05.75	29-07.75	28-02.50				
11 Beem, Lucille	10	Exeter	29-06.75	1			
	FOUL	29-06.75	FOUL				
12 Johnson, Brynn	10	Windham	29-04.50	1			
	29-04.50	27-04	27-07.50				
13 Edwards, Charlotte	11	Nashua North	29-02.00	1			
	29-02	FOUL	27-09.25				
14 Mullen, Ayva	12	Concord	28-11.75	1			
	FOUL	28-01.25	28-11.75				
15 Mosto, Gabriella	11	Salem NH	28-11.00	2			
	FOUL	FOUL	28-11				
16 Haggett, Autumn	11	Pinkerton	28-09.00	1			
	28-06.50	27-09	28-09				
17 Abbis, Marissa	12	Nashua South	28-06.75	1			
	27-10.50	27-01.50	28-06.75				

**Girls Discus Throw**

State Record: S 158-09 2007 Kelsey Huckins, Keene							
Division I: D 148-09 2001 Laura Gerraughty, Nashua							
2023 Champ: L 122-01 2023 Briana Danis, Pinkerton							
Name	Year	School	Finals	H#	Points		
1 Akalonu, Maria	12	Portsmouth	113-05	2	10		
	107-07	113-05	113-03	FOUL	112-05	111-06	
2 Trask, Jameson	11	Pinkerton	99-02	2	8		
	FOUL	92-04	FOUL	FOUL	99-02	98-04	
3 Cruz, Chloe	11	Nashua South	95-04	2	6		
	79-11	91-10	91-04	FOUL	FOUL	95-04	
4 Milotte, Troia	12	Keene	91-07	2	4		
	88-08	91-07	88-09	FOUL	90-04	FOUL	

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**....Girls Discus Throw**

5	Gautieri, Nora	11	Nashua South	90-10	2	2
	84-11 FOUL 81-10 85-08 90-10 FOUL					
6	Wambu, Nkechi	11	Londonderry	88-07	2	1
	80-03 88-07 88-06 80-08 FOUL FOUL					
7	Ulven, Josslyn	12	Exeter	87-02	2	
	74-04 FOUL 86-09 87-02 FOUL FOUL					
8	Fabiano, Autumn	10	Exeter	85-11	2	
	73-06 85-09 83-07 FOUL 85-11 FOUL					
9	Kemp, Carolyn	10	Bedford HS	82-11	2	
	73-02 77-02 82-11					
10	Terrenzio, Juliana	11	Pinkerton	81-09	1	
	81-09 FOUL FOUL					
11	Ortiz Cuevas, Vanessa	10	Nashua South	80-04	1	
	62-06 80-04 FOUL					
12	Gutowski, Samantha	9	Exeter	80-00	1	
	72-04 80-00 FOUL					
13	Chandrasekaran, Charvi	12	Merrimack	78-03	1	
	78-03 70-06 74-01					
14	Sutton, Ava	12	Spaulding	77-04	1	
	77-04 FOUL 75-08					
15	Kelly, Caroline	10	Nashua South	75-06	1	
	74-04 FOUL 75-06					
16	Fong, Ella	12	Merrimack	72-03	1	
	72-03 FOUL FOUL					
17	Beem, Lucille	10	Exeter	72-00	1	
	FOUL FOUL 72-00					
18	Bah, abby	12	Manchester Memorial	67-09	1	
	67-09 FOUL FOUL					

**Girls Javelin Throw**

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State Record:	S	149-09	2007	Danika Ham, Somersworth		
RetiredState:	S	150-02	1981	Michelle Duhaime, Man Central		
Division I:	D	139-05	2003	Heidi Nadeau, Winnacunnet		
Retired D I:	D	150-02	1981	Nichelle Duhaime, Manchester Central		
2023 Champ:	L	122-07	2023	Madelyn Novak, Nashua North		
Name		Year	School	Finals	H#	Points
=====						
1	Knapp, Makenna	11	Keene	105-06	2	10
	91-08 90-07 97-11 105-06 99-04 101-07					
2	Wright, Kelly	11	Windham	103-10	2	8
	103-10 96-10 101-00 94-11 100-00 90-05					
3	Montplaisir, Margaret	12	Portsmouth	102-10	2	6
	97-05 97-04 FOUL 102-10 92-07 93-03					
4	Pataki, Maggie	11	Portsmouth	97-10	2	4
	72-11 91-01 85-11 97-10 91-03 87-00					
5	Poulin, Rachel	12	Exeter	97-01	2	2
	FOUL 97-01 FOUL 76-10 FOUL 93-09					
6	Gilroy, Chloe	12	Manchester Central	95-09	2	1
	88-07 95-09 95-02 93-11 90-06 93-10					
7	Fong, Ella	12	Merrimack	93-00	2	
	93-00 82-10 79-06 71-01 80-03 73-01					
8	Adams, Hayden	12	Winnacunnet	90-11	1	
	88-03 90-11 82-04 36-02 72-06 73-04					

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**....Girls Javelin Throw**

9	Abbis, Marissa	12	Nashua South	88-06	1
	83-05 76-09 88-06				
10	Beland, Roe	10	Portsmouth	87-10	2
	69-08 81-02 87-10				
11	Kelly, Brooke	11	Dover	86-04	2
	85-09 81-04 86-04				
12	Ash, Elise	10	Portsmouth	85-08	1
	85-08 81-10 75-10				
13	MacCannell, Maddie	12	Portsmouth	82-00	1
	73-04 81-10 82-00				
14	Metaxotos, Faith	12	Merrimack	80-10	1
	79-10 80-10 79-10				
15	Root, Makayla	11	Concord	J80-10	1
	78-07 70-06 80-10				
16	Kemp, Carolyn	10	Bedford HS	77-05	1
	77-05 75-08 76-11				
17	Laird, Hannah	10	Bedford HS	73-00	1
	71-03 71-07 73-00				
18	Morrison, Makenna	12	Dover	64-03	1
	63-11 61-03 64-03				

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Women - Team Rankings - 18 Events Scored

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1) Bedford HS	106	2) Portsmouth	67
3) Concord	65	4) Nashua North	53
5) Pinkerton	52	6) Nashua South	45
7) Exeter	33	8) Winnacunnet	23
9) Manchester Central	22	10) Alvirne	18
10) Timberlane	18	12) Dover	15
13) Keene	14	13) Londonderry	14
15) Windham	10	16) Bishop Guertin	2
17) Merrimack	1		