

2024 NHIAA Division III Track & Field Championships - 5/23/2024**Winnisquam High School****Results****Boys 100 Meter Dash**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Gentchos, Joshua	12 Bishop Brady	10.81Q	2.6	1
2	Kelm, Tim	12 Portsmouth C	10.86Q	2.4	2
3	Oyaronbi, Nehemiah	12 Trinity	10.87q	2.4	2
4	DiGiantommaso, Anthony	10 Trinity	11.01q	2.6	1
5	Yap, Alan	12 Bishop Brady	11.22q	2.4	2
6	Glidden, Dennis	11 Raymond	11.26q	2.6	1
7	Curley, Brady	12 Hillsboro-Deering	11.28q	2.6	1
8	D'Almeida, Albert	12 Laconia	11.29q	2.4	2 11.283
9	Vetter, Colby	12 Belmont	11.29	2.4	2 11.286
10	Ingersoll, Austin	12 Sanborn Regional	11.40	2.6	1
11	Bissah, Joshua-Stephen	12 Bishop Brady	11.45	2.6	1
12	Sanchez, Breyden	10 Sanborn Regional	11.51	2.4	2
13	Hogan, Peter	12 Mount Royal	11.58	2.4	2
14	Thompson, Patrick	11 Epping	11.63	2.6	1
15	Heath, Kieran	10 Stevens	11.66	2.6	1
16	Morin, Casey	12 Epping	11.70	2.4	2

Boys 100 Meter Dash

Name	Year	School	Finals	Wind	Points
Finals					
1	Gentchos, Joshua	12 Bishop Brady	10.65	3.0	10
2	Oyaronbi, Nehemiah	12 Trinity	10.80	3.0	8
3	Kelm, Tim	12 Portsmouth C	10.84	3.0	6
4	DiGiantommaso, Anthony	10 Trinity	10.97	3.0	4
5	Yap, Alan	12 Bishop Brady	11.09	3.0	2
6	Glidden, Dennis	11 Raymond	11.13	3.0	1
7	D'Almeida, Albert	12 Laconia	11.18	3.0	
8	Curley, Brady	12 Hillsboro-Deering	11.31	3.0	

Boys 200 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
1	Gentchos, Joshua	12 Bishop Brady	22.23	0.3	2	10
2	Kelm, Tim	12 Portsmouth C	22.37	0.3	2	8
3	Yap, Alan	12 Bishop Brady	22.48	0.3	2	6
4	Crear, Colby	11 Pelham	22.93	0.3	2	4
5	Glidden, Dennis	11 Raymond	22.97	0.3	2	2
6	Oyaronbi, Nehemiah	12 Trinity	23.00	0.3	2	1
7	Vetter, Colby	12 Belmont	23.19	0.4	1	
8	McKeen, Shane	11 Sanborn Regional	23.37	0.3	2	
9	Moulton, Tanner	11 Mascoma Valley	23.66	0.4	1	
10	Curley, Brady	12 Hillsboro-Deering	23.67	0.3	2	
11	Fellows, Aaron	11 Newport	23.72	0.4	1	
12	D'Almeida, Albert	12 Laconia	23.88	0.4	1	23.872
13	Dwyer, Brady	12 Epping	23.88	0.4	1	23.878
14	Heath, Kieran	10 Stevens	23.96	0.4	1	
15	Ciglar, Jon	12 Conant	24.41	0.4	1	

2024 NHIAA Division III Track & Field Championships - 5/23/2024**Winnisquam High School****Results****Boys 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Sanderson, Rolen	12	Concord Christian	50.23	2	10
2 Lawton, Wyatt	11	Profile	50.27	2	8
3 Goodwin, Brendan	11	Winnisquam	51.31	2	6
4 Richards, Landon	10	Inter-Lakes	51.72	2	4
5 Moulton, Tanner	11	Mascoma Valley	52.43	2	2
6 McKeen, Shane	11	Sanborn Regional	52.73	2	1
7 Thomas, James	12	Mascoma Valley	53.15	2	
8 Cairns, Emerson	10	Gorham	54.02	1	
9 Allen, Joey	11	Campbell	54.22	2	
10 Edokpolo, Ewa	9	Trinity	54.44	1	
11 Caillouette, Ricky	12	Sanborn Regional	54.63	1	
12 Nwabueze, Osinachi	10	Pelham	54.73	1	
13 LaBranche, Jaron	11	Newmarket	55.03	1	
14 Christensen, Mason	10	Kearsarge	55.86	1	
15 Llibre, Joel	11	Pelham	55.88	1	
16 Forsythe, Christian	11	Newport	56.20	1	

Boys 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Teeter, Jonas	12	Portsmouth C	1:59.88	2	10
1:00.294 (1:00.294)		1:59.873 (59.579)			
2 Joslyn, Peyton	10	Monadnock	2:00.00	2	8
1:01.375 (1:01.375)		1:59.992 (58.617)			
3 Nudd-Homeyer, Isaac	11	Inter-Lakes	2:00.89	2	6
1:00.535 (1:00.535)		2:00.884 (1:00.349)			
4 Sanderson, Rolen	12	Concord Christian	2:01.39	2	4
59.877 (59.877)		2:01.381 (1:01.504)			
5 Finlayson, Roman	11	Hopkinton	2:04.03	2	2
1:01.601 (1:01.601)		2:04.026 (1:02.425)			
6 Sturgis, Ivan	12	Portsmouth C	2:04.49	2	1
1:00.918 (1:00.918)		2:04.490 (1:03.572)			
7 Alajajian, Nathan	11	Conant	2:08.15	2	
1:02.002 (1:02.002)		2:08.146 (1:06.144)			
8 Harker, Brady	10	Newfound Regional	2:08.17	2	
1:02.827 (1:02.827)		2:08.166 (1:05.339)			
9 Pincince, Jacob	12	Somersworth	2:11.00	1	
1:04.841 (1:04.841)		2:10.992 (1:06.151)			
10 Pitre, Jake	11	Sanborn Regional	2:11.18	1	
1:05.597 (1:05.597)		2:11.176 (1:05.579)			
11 Lenti, Nick	10	Trinity	2:11.72	1	
1:06.373 (1:06.373)		2:11.712 (1:05.339)			
12 Williams, Brady	10	Pelham	2:12.43	1	
1:04.583 (1:04.583)		2:12.424 (1:07.841)			
13 Palmer, Bryce	10	Newport	2:13.72	1	
1:06.113 (1:06.113)		2:13.716 (1:07.603)			
14 Krause, Cooper	11	Trinity	2:14.23	1	
1:06.391 (1:06.391)		2:14.226 (1:07.835)			
15 Albanese, Brody	11	Mascoma Valley	2:14.31	1	
1:07.088 (1:07.088)		2:14.309 (1:07.221)			
16 Stow, Henry	12	Gilford	2:20.01	1	
1:07.173 (1:07.173)		2:20.010 (1:12.837)			

2024 NHIAA Division III Track & Field Championships - 5/23/2024**Winnisquam High School****Results****Boys 1600 Meter Run**

Name	Year	School	Finals	Points
1 Teeter, Jonas	12	Portsmouth C	4:35.09	10
1:10.494 (1:10.494)	2:20.631 (1:10.137)	3:29.207 (1:08.576)	4:35.090 (1:05.883)	
2 Joslyn, Peyton	10	Monadnock	4:37.05	8
1:10.366 (1:10.366)	2:21.241 (1:10.875)	3:30.202 (1:08.961)	4:37.043 (1:06.841)	
3 Bodanza, Elijah	9	Hillsboro-Deering	4:37.89	6
1:10.634 (1:10.634)	2:21.780 (1:11.146)	3:31.140 (1:09.360)	4:37.881 (1:06.741)	
4 Young, Emery	12	Profile	4:42.81	4
1:11.245 (1:11.245)	2:22.182 (1:10.937)	3:36.039 (1:13.857)	4:42.804 (1:06.765)	
5 Lampinen, Carlton	12	Monadnock	4:43.55	2
1:11.202 (1:11.202)	2:21.994 (1:10.792)	3:35.394 (1:13.400)	4:43.550 (1:08.156)	
6 Pitre, Jake	11	Sanborn Regional	4:43.69	1
1:11.499 (1:11.499)	2:22.567 (1:11.068)	3:34.440 (1:11.873)	4:43.686 (1:09.246)	
7 Daniels, Ben	12	Hopkinton	4:47.31	
1:10.766 (1:10.766)	2:21.972 (1:11.206)	3:33.467 (1:11.495)	4:47.310 (1:13.843)	
8 Foster, Colin	9	Newfound Regional	4:50.74	
1:12.758 (1:12.758)	2:26.824 (1:14.066)	3:44.434 (1:17.610)	4:50.739 (1:06.305)	
9 Kalpakgian, Will	10	Mount Royal	4:55.39	
1:13.346 (1:13.346)	2:27.181 (1:13.835)	3:42.664 (1:15.483)	4:55.388 (1:12.724)	
10 Reeder, Isaac	11	Profile	4:56.76	
1:12.095 (1:12.095)	2:25.990 (1:13.895)	3:43.076 (1:17.086)	4:56.754 (1:13.678)	
11 Callahan, Dylan	10	Mascenic Regional	4:58.04	
1:14.461 (1:14.461)	2:30.468 (1:16.007)	3:46.669 (1:16.201)	4:58.038 (1:11.369)	
12 Melder, Koen	11	Concord Christian	4:59.01	
1:14.942 (1:14.942)	2:30.855 (1:15.913)	3:48.677 (1:17.822)	4:59.006 (1:10.329)	
13 Bentley, Jed	10	Monadnock	5:00.59	
1:13.979 (1:13.979)	2:30.257 (1:16.278)	3:47.287 (1:17.030)	5:00.589 (1:13.302)	
14 Russell, Carl	9	Mascoma Valley	5:00.75	
1:14.362 (1:14.362)	2:29.876 (1:15.514)	3:48.062 (1:18.186)	5:00.743 (1:12.681)	
15 Maheu, Trevor	11	Mascoma Valley	5:02.34	
1:14.249 (1:14.249)	2:30.241 (1:15.992)	3:48.308 (1:18.067)	5:02.339 (1:14.031)	

Boys 3200 Meter Run

Name	Year	School	Finals	Points
1 Teeter, Jonas	12	Portsmouth C	9:43.71	10
1:10.231 (1:10.231)	2:22.095 (1:11.864)	3:34.868 (1:12.773)	4:48.824 (1:13.956)	
6:05.282 (1:16.458)	7:18.874 (1:13.592)	8:29.778 (1:10.904)	9:43.703 (1:13.925)	
2 Carrier, Gunner	11	Mascoma Valley	9:46.50	8
1:09.313 (1:09.313)	2:21.169 (1:11.856)	3:34.515 (1:13.346)	4:48.580 (1:14.065)	
6:05.139 (1:16.559)	7:20.741 (1:15.602)	8:37.824 (1:17.083)	9:46.499 (1:08.675)	
3 Lampinen, Carlton	12	Monadnock	9:52.33	6
1:10.516 (1:10.516)	2:22.553 (1:12.037)	3:35.572 (1:13.019)	4:50.728 (1:15.156)	
6:09.807 (1:19.079)	7:27.812 (1:18.005)	8:44.683 (1:16.871)	9:52.321 (1:07.638)	
4 Joslyn, Jace	12	Monadnock	9:59.99	4
1:11.508 (1:11.508)	2:23.130 (1:11.622)	3:36.281 (1:13.151)	4:53.137 (1:16.856)	
6:12.561 (1:19.424)	7:33.097 (1:20.536)	8:50.375 (1:17.278)	9:59.982 (1:09.607)	
5 Young, Emery	12	Profile	10:03.84	2
1:11.297 (1:11.297)	2:25.097 (1:13.800)	3:40.829 (1:15.732)	4:58.693 (1:17.864)	
6:17.859 (1:19.166)	7:37.557 (1:19.698)	8:56.738 (1:19.181)	10:03.835 (1:07.097)	
6 Tetu, Ben	12	Fall Mountain	10:04.00	1
1:10.858 (1:10.858)	2:22.872 (1:12.014)	3:35.903 (1:13.031)	4:51.068 (1:15.165)	
6:10.095 (1:19.027)	7:29.104 (1:19.009)	8:50.005 (1:20.901)	10:03.999 (1:13.994)	

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Winnisquam High School

Results

....Boys 3200 Meter Run

7	Foster, Evan	12 Newfound Regional	10:08.84		
	1:11.460 (1:11.460)	2:25.089 (1:13.629)	3:39.485 (1:14.396)	4:55.882 (1:16.397)	
	6:12.183 (1:16.301)	7:31.381 (1:19.198)	8:51.566 (1:20.185)	10:08.834 (1:17.268)	
8	Clarner, Matt	12 Hopkinton	10:25.38		
	1:12.707 (1:12.707)	2:29.637 (1:16.930)	3:48.011 (1:18.374)	5:07.791 (1:19.780)	
	6:28.839 (1:21.048)	7:51.849 (1:23.010)	9:15.220 (1:23.371)	10:25.376 (1:10.156)	
9	Somero, Derek	11 Mascenic Regional	10:29.53		
	1:16.676 (1:16.676)	2:37.260 (1:20.584)	3:55.579 (1:18.319)	5:16.276 (1:20.697)	
	6:39.421 (1:23.145)	8:00.091 (1:20.670)	9:18.612 (1:18.521)	10:29.525 (1:10.913)	
10	Reeder, Isaac	11 Profile	10:35.12		
	1:13.272 (1:13.272)	2:30.993 (1:17.721)	3:49.816 (1:18.823)	5:11.163 (1:21.347)	
	6:34.021 (1:22.858)	7:58.383 (1:24.362)	9:18.463 (1:20.080)	10:35.112 (1:16.649)	
11	Francis, Noah	12 Profile	10:40.34		
	1:17.234 (1:17.234)	2:36.736 (1:19.502)	3:54.789 (1:18.053)	5:16.067 (1:21.278)	
	6:39.263 (1:23.196)	8:02.776 (1:23.513)	9:27.629 (1:24.853)	10:40.336 (1:12.707)	
12	Barnes, Christian	10 Portsmouth C	10:45.46		
	1:16.835 (1:16.835)	2:37.636 (1:20.801)	3:57.294 (1:19.658)	5:18.856 (1:21.562)	
	6:42.660 (1:23.804)	8:07.743 (1:25.083)	9:29.474 (1:21.731)	10:45.459 (1:15.985)	
13	Bodanza, Elijah	9 Hillsboro-Deering	10:55.45		
	1:14.599 (1:14.599)	2:34.160 (1:19.561)	3:55.069 (1:20.909)	5:16.836 (1:21.767)	
	6:41.654 (1:24.818)	8:06.823 (1:25.169)	9:32.430 (1:25.607)	10:55.444 (1:23.014)	
14	Russell, Carl	9 Mascoma Valley	11:01.93		
	1:18.918 (1:18.918)	2:40.402 (1:21.484)	4:02.240 (1:21.838)	5:23.963 (1:21.723)	
	6:48.984 (1:25.021)	8:15.229 (1:26.245)	9:41.923 (1:26.694)	11:01.929 (1:20.006)	
15	Palmer, Bryce	10 Newport	11:22.44		
	1:20.072 (1:20.072)	2:40.895 (1:20.823)	4:04.656 (1:23.761)	5:30.368 (1:25.712)	
	6:58.947 (1:28.579)	8:27.548 (1:28.601)	9:56.448 (1:28.900)	11:22.433 (1:25.985)	

Boys 110 Meter Hurdles

=====					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Crear, Colby	11 Pelham	14.72Q	1.1	1
2	Lombara, Gavin	11 Monadnock	15.10Q	1.8	2
3	Colby, Kaden	12 Conant	16.00q	1.1	1
4	Beaulieu, Elijah	12 White Mountains	16.15q	1.1	1
5	Cardoso, Ben	12 Sanborn Regional	16.35q	1.8	2
6	King, Robert	10 Hillsboro-Deering	16.51q	1.8	2
7	Bibeau, Jacob	12 Monadnock	16.64q	1.1	1
8	Duarte, Sergio	11 Prospect Mountain	16.67q	1.8	2
9	Migliore, Nathan	11 Pelham	16.96	1.8	2
10	O'Connor, Brady	10 Pelham	17.14	1.1	1
11	Dwyer, Brady	12 Epping	17.65	1.1	1 17.642
12	Morin, Casey	12 Epping	17.65	1.8	2 17.647
13	Dunn, Jacob	10 Kearsarge	17.67	1.1	1
14	Gonzalez, Jacob	10 Sanborn Regional	17.68	1.1	1
15	Tripp, David	11 Belmont	17.91	1.8	2
16	Nylund, Jackson	12 Hopkinton	18.33	1.8	2

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Name	Year	School	Finals	Wind	Points
Finals					
1 Crear, Colby	11	Pelham	14.37	2.9	10
2 Lombara, Gavin	11	Monadnock	14.99	2.9	8
3 Beaulieu, Elijah	12	White Mountains	15.79	2.9	6
4 Colby, Kaden	12	Conant	15.95	2.9	4
5 King, Robert	10	Hillsboro-Deering	16.34	2.9	2
6 Duarte, Sergio	11	Prospect Mountain	16.36	2.9	1
7 Bibeau, Jacob	12	Monadnock	16.43	2.9	
8 Cardoso, Ben	12	Sanborn Regional	16.72	2.9	

Boys 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Crear, Colby	11	Pelham	38.30	2	10
2 Lombara, Gavin	11	Monadnock	40.65	2	8
3 Migliore, Nathan	11	Pelham	41.69	2	6
4 Cardoso, Ben	12	Sanborn Regional	41.78	2	4
5 Cramer, Clayton	11	Raymond	43.37	2	2
6 Sauers, David	12	Portsmouth C	43.57	2	1 43.562
7 Edokpolo, Rere	11	Trinity	43.57	1	43.566
8 Bibeau, Jacob	12	Monadnock	43.87	2	
9 Colby, Kaden	12	Conant	44.05	2	
10 Casey, Ryan	10	Bishop Brady	44.23	1	
11 Harris, Tony	10	Hillsboro-Deering	44.85	1	
12 Nylund, Jackson	12	Hopkinton	45.22	1	
13 Sawyer, Jaimen	12	Gilford	45.44	1	
14 DeFruscio, Joseph	11	Prospect Mountain	45.46	1	
15 Kershaw, Newton	10	Derryfield	45.92	1	
16 Uicker, Mark	10	Gilford	46.27	1	

Boys 4x100 Meter Relay

School	Finals	H#	Points
1 Bishop Brady	43.25	2	10
1) Bissah, Joshua-Stephen 12	2) McIntyre, Seamus 11		
3) Yap, Alan 12	4) Gentchos, Joshua 12		
2 Trinity	43.79	2	8
1) DiGiantommaso, Anthony 10	2) Edokpolo, Rere 11		
3) Edokpolo, Ewa 9	4) Oyaronbi, Nehemiah 12		
3 Sanborn Regional	44.41	2	6
1) Ingersoll, Austin 12	2) Cardoso, Ben 12		
3) Sanchez, Breyden 10	4) McKeen, Shane 11		
4 Monadnock	45.37	2	4
1) Lombara, Gavin 11	2) Johns, Tucker 10		
3) Ball, Nicholas 10	4) Joslyn, Peyton 10		
5 Epping	45.79	1	2
1) Thompson, Patrick 11	2) Morin, Casey 12		
3) Dwyer, Brady 12	4) Twombly, Jacob 12		
6 Pelham	45.86	2	1
1) Migliore, Nathan 11	2) Souza, Nathan 11		
3) Drouin, Gavin 10	4) LaPlant, Ryan 12		

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Results

....Boys 4x100 Meter Relay

7 Hillsboro-Deering	45.91	2
1) Richard, Daniel 10	2) King, Robert 10	
3) Harris, Tony 10	4) Curley, Brady 12	
8 Raymond	46.08	2
1) Martineau, Jonathan 10	2) Cramer, Clayton 11	
3) Da Silva, Gustavo 11	4) Glidden, Dennis 11	
9 Mascoma Valley	46.09	1
1) Jespersen-Pecor, Cameron 12	2) Joyce, Sam 9	
3) Moulton, Tanner 11	4) Thomas, James 12	
10 Laconia	46.16	2
1) Christopoulos, Nicholas 11	2) Parker, Tristan 11	
3) Fernandes, Jay 12	4) D'Almeida, Albert 12	
11 Winnisquam	46.18	1
1) McComiskey, Francis 12	2) Pham, Victor 11	
3) Lavoie, Nathan 12	4) Griffin, Dylan 10	
12 Newfound Regional	47.04	1
1) York, Joshua 10	2) Drake, Tegan 11	
3) Orłowski, Athanasius 11	4) Wilkins, Owen 9	
13 Hopkinton	47.83	1
1) Cauley, Kristof 10	2) Nylund, Jackson 12	
3) Vendt, Matt 12	4) Tanuvasa, Deacon 11	
14 Prospect Mountain	48.08	1
1) Swenson, Micah 12	2) Francis, Brenden 12	
3) Snell, Blake 10	4) Wood, Parker 11	
15 Franklin	48.53	1
1) Sarkis, George 10	2) LaBrecque, Cameron 10	
3) McCoy, Ezekiel 12	4) Alers-Alers, Gabriel 12	
16 Newport	48.88	1
1) Forand, Cayden 11	2) Diapola, Tyson 9	
3) Avery, Travis 11	4) Forsythe, Christian 11	

Boys 4x400 Meter Relay

School	Finals	H#	Points
1 Pelham	3:28.48	2	10
1) Dumont, Logan 12	2) Drouin, Gavin 10		
3) Afzal, Rahim 11	4) Crear, Colby 11		
2 Inter-Lakes	3:29.09	2	8
1) Nudd-Homeyer, Isaac 11	2) Hird, Ronan 12		
3) Gasque, Devin 11	4) Richards, Landon 10		
3 Portsmouth Christian	3:35.10	2	6
1) Kelm, Tim 12	2) Sauers, David 12		
3) Teeter, Jonas 12	4) Sturgis, Ivan 12		
4 Monadnock	3:35.29	2	4
1) Lombara, Gavin 11	2) Ball, Nicholas 10		
3) Johns, Tucker 10	4) Joslyn, Peyton 10		
5 Winnisquam	3:38.18	2	2
1) McComiskey, Francis 12	2) Haggett, Taber 10		
3) Osmer, Henry 12	4) Goodwin, Brendan 11		
6 Hopkinton	3:39.86	2	1
1) Daniels, Ben 12	2) O'Rourke, Joe 12		
3) Finlayson, Roman 11	4) Louca, Vincent 12		
7 Newport	3:40.32	2	
1) Forand, Cayden 11	2) Forsythe, Christian 11		

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Results

....Boys 4x400 Meter Relay

3) Avery, Travis 11	4) Fellows, Aaron 11		
8 Profile		3:42.13	1
1) Lawton, Wyatt 11	2) Rolfe, Moses 10		
3) Young, Emery 12	4) Francis, Noah 12		
9 Sanborn Regional		3:42.67	2
1) Pitre, Jake 11	2) Sanchez, Breyden 10		
3) Caillouette, Ricky 12	4) McKeen, Shane 11		
10 Mascoma Valley		3:44.32	1
1) Joyce, Sam 9	2) Deserranno, Alex 9		
3) Thomas, James 12	4) Moulton, Tanner 11		
11 Gilford		3:45.02	1
1) Bondaz, Aiden 12	2) Forest, Carter 12		
3) Suranyi, Ben 12	4) Marvel, Gunnar 10		
12 Laconia		3:46.24	1
1) D'Almeida, Albert 12	2) LeClerc, Zander 10		
3) Lynch, Ben 10	4) Defosses, Alexander 11		
13 Epping		3:47.63	1
1) Thompson, Patrick 11	2) Morin, Casey 12		
3) Twombly, Jacob 12	4) Dwyer, Brady 12		
14 Newmarket		3:50.51	1
1) Wu, Aiden 9	2) Hartshorne, Simon 9		
3) Hill, Sawyer 10	4) LaBranche, Jaron 11		
15 Newfound Regional		3:50.89	1
1) Orłowski, Athanasius 11	2) Foster, Colin 9		
3) Harker, Brady 10	4) Drake, Tegan 11		
16 Hillsboro-Deering		3:58.57	1
1) Curley, Brady 12	2) Harris, Tony 10		
3) King, Robert 10	4) Bodanza, Elijah 9		

Boys 4x800 Meter Relay

School	Finals	Points
1 Hopkinton	8:21.40	10
1) Daniels, Ben 12	2) Louca, Vincent 12	
3) Clarner, Matt 12	4) Finlayson, Roman 11	
1:01.880 (1:01.880)	2:03.153 (1:01.273)	3:04.545 (1:01.392)
5:11.325 (1:01.804)	6:18.584 (1:07.259)	7:18.667 (1:00.083)
8:21.391 (1:02.724)		
2 Profile	8:28.92	8
1) Francis, Noah 12	2) Reeder, Isaac 11	
3) Young, Emery 12	4) Lawton, Wyatt 11	
1:02.290 (1:02.290)	2:12.097 (1:09.807)	3:12.550 (1:00.453)
5:20.822 (1:00.195)	6:26.495 (1:05.673)	7:22.633 (56.138)
8:28.919 (1:06.286)		
3 Winnisquam	8:31.92	6
1) Swain, David 11	2) Rompf, Philipp 12	
3) Osmer, Henry 12	4) Goodwin, Brendan 11	
1:05.088 (1:05.088)	2:12.410 (1:07.322)	3:15.251 (1:02.841)
5:23.890 (1:01.450)	6:30.860 (1:06.970)	7:29.040 (58.180)
8:31.912 (1:02.872)		
4 Monadnock	8:36.37	4
1) Joslyn, Jace 12	2) Brunjes, Jacob 10	
3) Bentley, Jed 10	4) Lampinen, Carlton 12	
58.979 (58.979)	2:04.675 (1:05.696)	3:05.568 (1:00.893)
5:16.264 (1:05.509)	6:28.835 (1:12.571)	7:29.668 (1:00.833)
8:36.361 (1:06.693)		

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Winnisquam High School

Results

....Boys 4x800 Meter Relay

5 Pelham					8:38.31	2
1) Afzal, Rahim 11			2) Riordan, Ben 12			
3) Dumont, Logan 12			4) Williams, Brady 10			
1:01.257 (1:01.257)	2:06.207 (1:04.950)	3:12.041 (1:05.834)	4:22.963 (1:10.922)			
5:25.288 (1:02.325)	6:30.246 (1:04.958)	7:29.969 (59.723)	8:38.310 (1:08.341)			
6 Newport				8:40.22	1	
1) Forsythe, Christian 11			2) Forand, Cayden 11			
3) Palmer, Bryce 10			4) Fellows, Aaron 11			
1:00.883 (1:00.883)	2:10.042 (1:09.159)	3:11.454 (1:01.412)	4:20.148 (1:08.694)			
5:24.182 (1:04.034)	6:35.209 (1:11.027)	7:35.134 (59.925)	8:40.212 (1:05.078)			
7 Gilford				8:52.08		
1) Bondaz, Aiden 12			2) Suranyi, Ben 12			
3) Marvel, Gunnar 10			4) Forest, Carter 12			
1:02.466 (1:02.466)	2:10.635 (1:08.169)	3:15.290 (1:04.655)	4:26.646 (1:11.356)			
5:31.357 (1:04.711)	6:39.190 (1:07.833)	7:42.598 (1:03.408)	8:52.075 (1:09.477)			
8 Conant				9:02.94		
1) Alajajian, Nathan 11			2) Richard, Austen 12			
3) Graham, Aaron 9			4) Vezina, Shawn 9			
1:01.176 (1:01.176)	2:11.287 (1:10.111)	3:14.243 (1:02.956)	4:28.241 (1:13.998)			
5:35.321 (1:07.080)	6:45.256 (1:09.935)	7:52.291 (1:07.035)	9:02.933 (1:10.642)			
9 Newmarket				9:11.20		
1) Wu, Aiden 9			2) Hartshorne, Simon 9			
3) Hill, Sawyer 10			4) LaBranche, Jaron 11			
1:07.544 (1:07.544)	2:17.885 (1:10.341)	3:28.972 (1:11.087)	4:42.621 (1:13.649)			
5:47.110 (1:04.489)	6:59.141 (1:12.031)	8:02.530 (1:03.389)	9:11.195 (1:08.665)			
10 Trinity				9:19.05		
1) Krause, Cooper 11			2) Becker, Hayden 12			
3) Roth, Brandon 9			4) Lenti, Nick 10			
1:05.457 (1:05.457)	2:15.734 (1:10.277)	3:21.059 (1:05.325)	4:38.767 (1:17.708)			
5:47.798 (1:09.031)	7:05.756 (1:17.958)	8:11.066 (1:05.310)	9:19.047 (1:07.981)			
11 Somersworth				9:26.27		
1) O'Brien, Owen 12			2) Labelle, Ray 10			
3) O'Brien, Jackson 9			4) Pincince, Jacob 12			
1:16.709 (1:16.709)	2:32.495 (1:15.786)	3:42.788 (1:10.293)	4:53.731 (1:10.943)			
5:59.246 (1:05.515)	7:11.518 (1:12.272)	8:17.310 (1:05.792)	9:26.266 (1:08.956)			
12 Portsmouth Christian				9:39.58		
1) Barnes, Christian 10			2) Hutchinson, Will 10			
3) Holt, Brady 10			4) Howard, Simeon 9			
1:07.256 (1:07.256)	2:17.470 (1:10.214)	3:28.951 (1:11.481)	4:44.977 (1:16.026)			
5:55.791 (1:10.814)	7:17.191 (1:21.400)	8:25.889 (1:08.698)	9:39.571 (1:13.682)			

Boys High Jump

=====						
Name	Year School				Finals	Points
=====						
1 Edokpolo, Rere	11 Trinity				6-00.00	10
5-04 5-06 5-08 5-10 6-00 6-02						
P P O O XO XXX						
2 Fellows, Aaron	11 Newport				5-10.00	8
5-04 5-06 5-08 5-10 6-00						
O O O O XXP						
3 Louca, Vincent	12 Hopkinton				J5-10.00	6
5-04 5-06 5-08 5-10 6-00 6-02						
P XO XXO O XXP XPP						

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Winnisquam High School

Results

....Boys Pole Vault

4	Colby, Kaden	12	Conant	10-06.00	4
	9-00 9-06 10-00 10-06 11-00				
	XO O O O XXX				
5	Migliore, Nathan	11	Pelham	10-00.00	2
	9-00 9-06 10-00 10-06				
	O O O XXX				
6	Small, John	10	Derryfield	J10-00.00	1
	9-00 9-06 10-00 10-06				
	O O XO XXX				
7	Hird, Ronan	12	Inter-Lakes	9-06.00	
	9-00 9-06 10-00				
	XO O XXX				
7	Wolpin, Benjamin	11	Gilford	9-06.00	
	9-00 9-06 10-00				
	XO O XXX				
9	Hastie, Logan	11	Pelham	J9-06.00	
	9-00 9-06 10-00				
	O XO XXX				
10	Bondaz, Aiden	12	Gilford	9-00.00	
	9-00 9-06				
	O XXX				
10	Ciglar, Jon	12	Conant	9-00.00	
	9-00 9-06				
	O XXX				
10	Bednaz, William	12	Newfound Regional	9-00.00	
	9-00 9-06				
	O XXX				

Boys Long Jump

Name	Year	School	Finals	Wind	H#	Points
1 Walker, David	10	Inter-Lakes	21-06.50	+0.0	2	10
			FOUL(-1.1) FOUL(-0.0) 20-00(+0.0) 21-01.50(-0.5) 20-10(-0.9) 21-06.50(+0.0)			
2 DiGiantomaso, Anthony	10	Trinity	21-02.25	+0.0	2	8
			FOUL(+0.0) 19-01.50(+0.0) 19-04.75(1.5) 18-08.25(+0.0) 18-10(-0.8) 21-02.25(+0.0)			
3 Edokpolo, Rere	11	Trinity	21-01.75	+0.0	2	6
			21-01.75(+0.0) 20-03.50(-0.1) 20-10.75(-0.2) 20-07.75(+0.0) 19-04.75(+0.0) 19-02.75(+0.0)			
4 Emery, Garrett	12	Woodsville	20-07.25	+0.0	2	4
			19-10.75(+0.0) 20-07.25(+0.0) 20-04.25(+0.0) 20-01.75(+0.0) 19-09.75(0.4) 20-00.75(+0.0)			
5 Sheppard, Tayshawn	12	Somersworth	20-02.50	-0.4	2	2
			20-02.50(-0.4) 19-07.25(+0.0) 20-00(-0.4) 18-05.25(-1.1) 19-10.50(+0.0) FOUL(0.4)			
6 Worell, Seth	11	Somersworth	19-10.00	+0.0	2	1
			18-02(-1.6) 17-11.25(+0.0) 19-10(+0.0) 18-06(+0.0) 17-10.50(+0.0) 19-02(-0.6)			
7 Butler, George	10	Pittsburg	19-07.00	2.3	1	
			17-07.50(-0.4) 18-11.75(+0.0) 18-08(0.1) 19-07(2.3) 18-04(+0.0) 18-08.50(+0.0)			
8 Durepo, Davey	10	Trinity	18-10.75	-0.7	1	
			18-10.75(-0.7) 18-05.75(0.7) 18-03.50(+0.0) 18-05(+0.0) 18-01.75(+0.0) 18-10.25(-0.4)			
9 LeBlanc, Evan	12	Laconia	18-10.00	-0.1	1	
			18-00(1.7) 18-10(-0.1) 16-07.50(+0.0)			
10 Hogan, Peter	12	Mount Royal	18-09.75	NWI	1	
			18-07.50(0.3) 18-09.75(-0.0) 18-05.75(0.5)			
11 Sauers, David	12	Portsmouth C	18-01.75	-1.8	1	
			17-07(1.1) 18-01.25(-0.8) 18-01.75(-1.8)			

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12	Caillouette, Ricky	12	Sanborn Regional	17-10.50	1.7	2
	17-10.50(1.7)	17-09.50(1.0)	15-11.25(+0.0)			
13	Thompson, Patrick	11	Epping	17-07.50	+0.0	1
	16-08.25(4.2)	16-09.75(1.2)	17-07.50(+0.0)			
14	Martineau, Jonathan	10	Raymond	17-03.50	4.4	1
	FOUL(1.1)	17-02.75(0.3)	17-03.50(4.4)			
15	Fernandes, Jay	12	Laconia	J17-03.50	+0.0	1
	16-00(0.5)	FOUL(-1.4)	17-03.50(+0.0)			
16	Sleeper, Jarrin	12	Woodsville	16-06.50	+0.0	2
	13-09.75(+0.0)	FOUL(1.0)	16-06.50(+0.0)			

Boys Triple Jump

Name	Year	School	Finals	Wind	H#	Points
1	Garand, Alex	10	Trinity	42-07.25	-0.5	2 10
	42-07.25(-0.5)	39-11(-2.0)	41-06.25(+0.0)	40-08(-0.0)	41-07(+0.0)	42-01(+0.0)
2	Emery, Garrett	12	Woodsville	42-02.50	0.2	2 8
	40-11.25(-0.1)	41-03.50(-0.2)	42-02.50(0.2)	41-02.50(-0.5)	41-00.50(-0.7)	40-08.50(-0.1)
3	Sheppard, Tayshawn	12	Somersworth	41-02.75	+0.0	2 6
	39-01(-0.0)	39-08(+0.0)	38-10.75(0.4)	39-10.25(0.1)	38-00.25(-0.1)	41-02.75(+0.0)
4	Butler, George	10	Pittsburg	40-05.50	+0.0	2 4
	39-02.25(+0.0)	40-05.50(+0.0)	37-08.50(1.1)	38-03.50(-0.0)	39-11.75(+0.0)	39-04.50(+0.0)
5	Nwabueze, Osinachi	10	Pelham	38-10.50	-0.1	2 2
	FOUL(+0.0)	37-01.50(-0.2)	37-09.50(-0.9)	38-06.25(-0.2)	37-07.50(1.9)	38-10.50(-0.1)
6	Caillouette, Ricky	12	Sanborn Regional	38-06.75	NWI	2 1
	FOUL(+0.0)	36-10.50(-0.7)	37-08.75(+0.0)	37-10(-1.2)	38-06.75(-0.0)	FOUL(-0.1)
7	St. Pierre, Luke	10	Fall Mountain	37-08.25	1.2	1
	37-08.25(1.2)	37-01.50(-0.7)	35-09(-0.5)	35-04(1.7)	36-06.75(+0.0)	36-02.75(+0.0)
8	LeBlanc, Evan	12	Laconia	37-05.50	-0.5	1
	36-00.50(2.1)	36-09.25(+0.0)	37-05.50(-0.5)	FOUL(+0.0)	37-04(+0.0)	35-03(+0.0)
9	Cauley, Kristof	10	Hopkinton	36-10.00	+0.0	2
	34-04.75(-0.4)	36-10(+0.0)	35-07.25(-1.1)			
10	McGuire, Justin	9	Stevens	36-05.00	2.2	1
	33-01.50(3.6)	34-03(-0.3)	36-05(2.2)			
11	Pham, Victor	11	Winnisquam	35-09.00	2.8	1
	35-09(2.8)	FOUL(-0.2)	FOUL(+0.0)			
12	Ivanyi, Tibor	11	Pelham	35-08.25	-1.3	1
	34-08(+0.0)	35-03.50(1.3)	35-08.25(-1.3)			
13	Couitt, Aidan	10	Newport	35-04.75	0.2	1
	35-04.75(0.2)	32-05.75(+0.0)	PASS			
14	Slayton, Sam	11	Belmont	34-11.75	-0.8	1
	32-05.75(-0.3)	34-11.75(-0.8)	FOUL(0.2)			
15	Hastie, Logan	11	Pelham	34-04.50	NWI	1
	34-01.50(+0.0)	34-04.50(-0.0)	33-10.25(1.4)			
16	Louca, Vincent	12	Hopkinton	32-05.50	-2.1	2
	32-05.50(-2.1)	FOUL(-0.5)	PASS			

Boys Shot Put

Name	Year	School	Finals	H#	Points	
1	Ashley, Kyle	12	Newport	47-04.25	2 10	
	46-04.50	46-05.50	45-08.50	47-04.25	FOUL	FOUL

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2	Pollari, Kamden	11	Newport	42-08.50	2	8
	42-05 42-08.50 40-08.50 42-03 40-08.75 42-08					
3	Wood, Parker	11	Prospect Mountain	41-07.00	2	6
	38-10.50 40-01.50 41-07 38-03 39-04.50 40-06.50					
4	Thibault, Paul	12	Trinity	41-03.00	2	4
	FOUL FOUL 41-03 40-11 FOUL FOUL					
5	Prescott, Robert	11	Prospect Mountain	J41-03.00	2	2
	37-05.50 39-09 41-03 38-10 40-04.50 FOUL					
6	Diehn, Barnaby	10	Mascoma Valley	40-03.00	2	1
	40-03 38-04.75 39-06 36-08.50 37-05 FOUL					
7	Patch, Tyson	11	Fall Mountain	40-02.00	1	
	40-02 35-01.75 36-06 39-07 39-10 37-10.50					
8	Erlick, Hunter	12	Belmont	39-06.00	1	
	39-04.50 39-02.50 39-06 37-08.50 38-07 37-10					
9	Robert, Isaac	12	Newfound Regional	J39-06.00	2	
	36-06 39-06 37-04.50 38-11 39-00.50 38-02.25					
10	Myers, Colin	10	Mascoma Valley	39-02.50	1	
	36-06.75 39-02.50 36-10					
11	Adams, Connor	12	Moultonborough	38-08.50	1	
	38-08.50 37-09 38-04					
12	Blanchette, Gage	11	Conant	38-06.50	1	
	37-04 38-06.50 37-05.50					
13	Oyaronbi, Nehemiah	12	Trinity	38-04.50	2	
	38-04.50 38-00 37-09.50					
14	Rivera, Ethan	10	Belmont	38-02.00	1	
	37-07.25 36-04 38-02					
15	Hill, Logan	10	Monadnock	34-05.25	1	
	32-08.50 34-05.25 FOUL					
16	Colby, Max	9	White Mountains	33-08.50	1	
	33-05 FOUL 33-08.50					

Boys Discus Throw

Name	Year School	Finals	H#	Points
1 Patch, Tyson	11 Fall Mountain	154-07	2	10
	138-10 143-09 FOUL 149-04 154-07 FOUL			
2 Diehn, Barnaby	10 Mascoma Valley	144-08	2	8
	129-07 FOUL 119-07 140-04 125-08 144-08			
3 Filteau, Brady	10 Belmont	133-10	2	6
	119-04 119-05 FOUL 126-00 133-10 FOUL			
4 Ashley, Kyle	12 Newport	131-06	2	4
	128-10 114-07 131-06 FOUL 127-03 121-11			
5 Plociennik, Malachi	12 Berlin	131-03	2	2
	131-03 FOUL FOUL 127-02 126-11 119-11			
6 Blanchette, Gage	11 Conant	128-07	2	1
	105-07 FOUL 123-05 127-06 FOUL 128-07			
7 Thibault, Paul	12 Trinity	119-08	2	
	112-07 119-08 FOUL FOUL FOUL FOUL			
8 Duquette, Daven	11 Berlin	115-08	2	
	96-06 FOUL 115-08 FOUL FOUL 102-03			
9 Colby, Max	9 White Mountains	115-00	1	
	104-06 115-00 114-08			
10 Patch, Braydon	11 Fall Mountain	113-08	1	
	FOUL FOUL 113-08			

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Winnisquam High School

Results

....Boys Discus Throw

11 Gonyer, Cam	11 Berlin	102-05	1
99-06 102-05 94-08			
12 Sawyer, Ben	11 Conant	102-02	1
102-02 98-08 101-06			
13 Angwenyi, Erick	12 Portsmouth C	101-10	1
92-10 99-06 101-10			
14 Ziegler, Brennan	10 Derryfield	101-01	1
91-04 101-01 95-02			
-- Robert, Isaac	12 Newfound Regional	FOUL	1
FOUL FOUL FOUL			
-- Pollari, Kamden	11 Newport	FOUL	1
FOUL FOUL FOUL			

Boys Javelin Throw

Name	Year	School	Finals	H#	Points
1 Ashley, Kyle	12	Newport	190-10	2	10
190-10 PASS PASS 174-05 180-10 PASS					
2 Sawyer, Ben	11	Conant	159-07	2	8
FOUL 119-11 147-01 159-07 159-05 147-03					
3 Eckner-Naylor, Hunter	10	Hopkinton	150-11	2	6
150-11 150-00 126-01 143-02 146-04 142-03					
4 Worell, Seth	11	Somersworth	150-01	2	4
144-05 150-01 145-03 144-09 140-08 137-02					
5 Beck, Keaton	12	Laconia	148-00	2	2
124-03 148-00 140-11 134-08 130-08 135-06					
6 Ball, Nicholas	10	Monadnock	144-11	2	1
137-04 FOUL 144-11 FOUL 130-05 105-02					
7 Higgins, Owen	11	Monadnock	138-10	1	
132-01 138-10 134-03 138-00 129-03 108-07					
8 Colby, Max	9	White Mountains	138-00	1	
128-08 137-02 127-03 138-00 129-03 108-07					
9 Hodge, Ayden	9	Newport	135-06	2	
FOUL 130-09 135-06					
10 Thibodeau, Mason	9	Fall Mountain	126-09	2	
126-09 125-07 FOUL					
11 Bragg, Jason	12	Sanborn Regional	125-07	1	
125-07 118-03 FOUL					
12 Cairns, Emerson	10	Gorham	122-02	1	
122-02 113-00 97-08					
13 Myers, Colin	10	Mascoma Valley	118-09	1	
118-09 112-10 FOUL					
14 Welenc, Jesse	12	Raymond	117-05	1	
117-05 116-01 101-02					
15 Ferwarda, Mason	12	Hillsboro-Deering	115-10	1	
115-10 109-02 108-08					
16 Savoy, Braden	9	Hillsboro-Deering	110-06	1	
107-11 FOUL 110-06					

Men - Team Rankings - 18 Events Scored

1) Trinity	59	2) Monadnock	57
3) Portsmouth Christian	52	4) Pelham	47
5) Newport	42	6) Bishop Brady	38

2024 NHIAA Division III Track & Field Championships - 5/23/2024**Winnisquam High School****Results****....Boys Javelin Throw**

7) Inter-Lakes	28	8) Hopkinton	25
9) Sanborn Regional	23	10) Profile	22
11) Mascoma Valley	19	12) Conant	17
13) Concord Christian	14	13) Winnisquam	14
13) White Mountains	14	16) Somersworth	13
17) Woodsville	12	18) Fall Mountain	11
19) Prospect Mountain	9	20) Hillsboro-Deering	8
21) Raymond	7	22) Campbell	6
22) Belmont	6	24) Pittsburg	4
24) Mount Royal	4	26) Epping	2
26) Laconia	2	26) Berlin	2
29) Derryfield	1		