

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****Girls 100 M Dash**

State Record: S 12.01 2014 Dominique Twombly, Oyster River
 Division I: D 12.24 1988 Angela Johnson, Nashua

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Saysaw, Grace	11	Concord	12.65Q	-2.1	2
2	Cory, Leiana	9	Portsmouth	12.72Q	-1.2	3
3	Brayall, Nora	11	Pinkerton	12.80Q	-0.2	1
4	Ortiz-Blanco, Leanny	11	Salem NH	12.84q	-0.2	1
5	Russell, Courtney	10	Pinkerton	12.87q	-2.1	2
6	Thomas, Natalee	9	Nashua South	13.05q	-1.2	3
7	O'Keefe, Ella	11	Bedford HS	13.14q	-2.1	2
8	Milks, Carolyn	11	Portsmouth	13.19q	-0.2	1
9	Horan, Meara	12	Londonderry	13.31	-0.2	1
10	Wright, Serenah	10	Merrimack	13.34	-1.2	3
11	George, Ava	10	Pinkerton	13.46	-1.2	3
12	Amoo, Kaylin	12	Merrimack	13.49	-2.1	2 13.486
13	Toenah, Chelsea	11	Concord	13.49	-1.2	3 13.487
14	Pelletier, Noelle	10	Dover	13.49	-2.1	2 13.489
15	Gillette, Gabby	10	Bishop Guertin	13.55	-0.2	1
16	Rogers, Alexys	10	Exeter	13.61	-0.2	1

Girls 100 M Dash

State Record: S 12.01 2014 Dominique Twombly, Oyster River
 Division I: D 12.24 1988 Angela Johnson, Nashua

Name	Year	School	Finals	Wind	Points
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Finals

1	Saysaw, Grace	11	Concord	12.07D	-0.4	10
2	Cory, Leiana	9	Portsmouth	12.59	-0.4	8
3	Brayall, Nora	11	Pinkerton	12.77	-0.4	6
4	Ortiz-Blanco, Leanny	11	Salem NH	12.94	-0.4	4
5	Russell, Courtney	10	Pinkerton	12.95	-0.4	2
6	Thomas, Natalee	9	Nashua South	13.03	-0.4	1
7	Milks, Carolyn	11	Portsmouth	13.08	-0.4	
8	O'Keefe, Ella	11	Bedford HS	13.20	-0.4	

Girls 200 M Dash

State Record: S 24.44 1971 Kathy Lawson, Keene
 Division I: D 24.44 1970 Kathie Lawson, Keene

Name	Year	School	Finals	Wind	H#	Points
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1	Saysaw, Grace	11	Concord	24.41S	+0.0	3	10
2	Cory, Leiana	9	Portsmouth	25.77	+0.0	3	8
3	Brown, Tiana	12	Nashua North	26.31	+0.0	3	6
4	Cenesca, Angela	11	Manchester Central	26.37	+0.0	3	4
5	Ortiz-Blanco, Leanny	11	Salem NH	26.83	+0.0	3	2
6	West, Sophie	12	Spaulding	26.94	-0.3	2	1
7	Brayall, Nora	11	Pinkerton	26.97	-0.3	2	
8	Milks, Carolyn	11	Portsmouth	27.07	-0.3	2	
9	Ayi, Camrin	10	Nashua South	27.22	-0.3	2	
10	Swisher, Josephine	9	Merrimack	27.32	-0.1	1	
11	Russell, Courtney	10	Pinkerton	27.34	-0.3	2	

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls 200 M Dash**

12 Gillette, Gabby	10 Bishop Guertin	27.37	-0.1	1
13 Lougee, Kaylee	12 Keene	27.39	-0.3	2
14 Silva, Bailey	10 Pinkerton	27.51	-0.1	1
15 Perry, Diamond	11 Nashua South	27.56	-0.1	1
16 Perry, Violet	11 Keene	27.61	-0.1	1
-- Thomas, Natalee	9 Nashua South	FS	+0.0	3

Girls 400 M Run

State Record: S 55.42 2019		Grace Devannby, Concord	
Division I: D 56.20 2023		Harriet Barber, Manchester C	
Name	Year School	Finals	H# Points
1 Cenesca, Angela	11 Manchester Central	57.93	3 10
2 McBride, Martelle	11 Exeter	59.11	3 8
3 Osanya, Rebecca	9 Pinkerton	60.22	3 6
4 Poteet, Madeline	11 Exeter	60.98	3 4
5 Bekkering, Joy	10 Bedford HS	61.25	3 2
6 Hebert, Paige	11 Dover	61.70	2 1
7 Lynch, Kathleen	9 Dover	62.20	3
8 Ernst, Isabelle	10 Exeter	62.60	2
9 Summers, Abrielle	9 Bedford HS	62.75	2
10 Curtin, Kelly	9 Winnacunnet	63.08	2
11 Amoo, Kaylin	12 Merrimack	63.22	2
12 McNulty, Camryn	10 Pinkerton	64.51	1
13 Dumont, Isabella	11 Spaulding	64.56	1
14 Houde, Rose	11 Goffstown	65.03	1
15 Bailey, Taylor	11 Bedford HS	65.84	1
16 Sands, Ella	10 Bedford HS	65.87	1
17 Robichaud, Jolie	10 Portsmouth	66.01	1
-- Roeder, Emma	9 Exeter	DQ	2 Lane Violation

Girls 800 M Run

State Record: S 2:06.42 2013		Hannah Parker, Coe-Brown	
Division I: D 2:13.63 2017		Leya Salis, Bedford	
Name	Year School	Finals	H# Points
1 Neveu, Rosalie	10 Nashua North	2:16.67	3 10
2 Bremer, Isabelle	10 Exeter	2:16.78	3 8
3 Paterna, Brianna	10 Exeter	2:19.14	3 6
4 Tschida, Kara	12 Goffstown	2:20.64	3 4
5 Blake, Nicole	11 Pinkerton	2:21.83	3 2
6 Boll, Grace	10 Bedford HS	2:23.74	2 1
7 Sherman, Drewanne	11 Londonderry	2:25.54	2
8 Madden, Darby	12 Windham	2:26.46	2
9 Ray, Anna	11 Bedford HS	2:27.83	3
10 Denon, Lydia	11 Bedford HS	2:27.84	2
11 Martin, Ava	12 Alvirne	2:28.19	1
12 Marengo, Ariana	11 Nashua South	2:28.69	1
13 Boie, Caralyn	9 Winnacunnet	2:28.74	1
14 Ouellette, Maeve	10 Winnacunnet	2:28.94	1
15 Riccio, Abby	9 Exeter	2:29.72	1
16 Drew, Gemma	10 Keene	2:30.12	1
17 Sinclair, Anna	11 Bishop Guertin	2:30.98	2

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls 800 M Run**

18 Marzolf, Kalisan 11 Pinkerton 2:31.08 2

Girls 1600 M Run

State Record: S 4:47.48 2010 Arianna Vailas, Manchester Central

Division I: D 4:52.98 2016 Leya Salis, Bedford

Name	Year	School	Finals	Points
1 Paterna, Alexis	10	Exeter	4:56.05	10
2 White, Laura	12	Nashua North	4:57.80	8
3 Paterna, Brianna	10	Exeter	5:24.80	6
4 Cross, Eli	10	Exeter	5:24.82	4
5 Smith, Shelly	12	Concord	5:25.77	2
6 Forsyth, Shannon	9	Bishop Guertin	5:27.36	1
7 Pinegar, Abigail	10	Keene	5:28.15	
8 Bedard, Melanie	12	Merrimack	5:30.09	
9 McWhirter, Megan	11	Merrimack	5:30.44	
10 Moranti, Mia	11	Bedford HS	5:31.74	
11 O'Loughlin, Shae	9	Salem NH	5:34.29	
12 Parisi, Sofia	9	Winnacunnet	5:35.97	
13 Caridade, Raissa	11	Bedford HS	5:36.14	
14 MacDonald, Sophie	9	Goffstown	5:37.04	
15 MacEachern, Ashleigh	9	Exeter	5:37.34	
16 Ryan, Jenny	9	Portsmouth	5:43.75	
17 O'Neil, Kloeigh	11	Bedford HS	5:49.62	

Girls 3200 M Run

State Record: S 10:05.71 2017 Jacquelline Gaughan, Exeter

Division I: D 10:14.35 2018 Jacqueline Gaughan, Exeter

Name	Year	School	Finals	Points
1 Paterna, Alexis	10	Exeter	11:01.30	10
2 White, Laura	12	Nashua North	11:09.24	8
3 Cross, Eli	10	Exeter	11:25.91	6
4 Smith, Shelly	12	Concord	11:30.54	4
5 Fondakowski, Anna	12	Bishop Guertin	11:38.68	2
6 Simpson, Anna	12	Alvirne	11:40.44	1
7 Pinegar, Abigail	10	Keene	11:46.47	
8 Burdette, Mahalie	10	Concord	11:47.41	
9 Bedard, Gabrielle	11	Pinkerton	11:54.41	
10 Masson, Lyla	11	Bishop Guertin	12:00.36	
11 Berube, Sophia	12	Alvirne	12:07.05	
12 Fiorenza, Lily	10	Dover	12:20.41	
13 Laufersweiler, Anna	9	Londonderry	12:21.84	
14 Matson, Meredith	10	Bedford HS	12:24.94	
15 Yellin, Zosia	11	Merrimack	12:44.33	
-- Wichland, Addie	9	Keene	DNF	
-- Ralabate, Madeline	10	Exeter	DQ	Lane Violation

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****Girls 100 M Hurdles**

State Record: S 14.19	2024	Anika Scott, Bedford HS			
RetiredState: S 14.38	1981	Sheri Gagnon, Nashua (30")			
Division I: D 14.19	2024	Anika Scott, Bedford HS			
Retired D I: D 14.38	1981	Sheri Gagnon, Nashua (30")			
Name	Year	School	Prelims	Wind	H#

Preliminaries

1	Thomas, Jhanelle	12	Nashua North	15.08Q	-0.5	3
2	Brown, Tiana	12	Nashua North	15.80Q	0.2	1
3	Ford, Victoria	11	Manchester Memorial	16.62Q	-0.6	2
4	Flynn, Molly	10	Portsmouth	16.70q	-0.6	2
5	Kaupp, Ruby	12	Bedford HS	16.75q	0.2	1
6	Kirk, Zoe	12	Dover	16.80q	0.2	1
7	Grote, Lola	10	Winnacunnet	17.29q	0.2	1
8	MacVicar, Sydney	11	Exeter	17.33q	-0.5	3
9	Witta, Sarah	11	Nashua South	17.37	-0.5	3
10	Bolobanic, Jordyn	12	Dover	17.44	-0.6	2
11	Pierannunzi, Lucy	11	Keene	17.45	-0.6	2
12	Bancroft, Jocelyn	12	Portsmouth	17.56	0.2	1
13	Tsetsilas, Teya	9	Windham	17.59	0.2	1
14	LaBatt, Ava	10	Keene	17.62	0.2	1
15	Mann, Tianna	11	Manchester Central	17.64	-0.5	3
16	Bobar, Alexandra	10	Bedford HS	17.73	-0.6	2
17	Schreiner, Isabella	10	Windham	17.92	-0.6	2
18	Castor, Maddox	10	Keene	17.94	-0.5	3
19	Perkins, Brenna	9	Portsmouth	18.03	-0.5	3
20	Collier, Abrielle	11	Merrimack	18.10	-0.6	2
21	Schmidt, Gracie	12	Dover	18.36	-0.5	3
22	Becker, Ava	11	Manchester Central	19.89	-0.6	2
--	Massaquoi, Bakela	11	Concord	DNF	-0.5	3

Girls 100 M Hurdles

State Record: S 14.19	2024	Anika Scott, Bedford HS			
RetiredState: S 14.38	1981	Sheri Gagnon, Nashua (30")			
Division I: D 14.19	2024	Anika Scott, Bedford HS			
Retired D I: D 14.38	1981	Sheri Gagnon, Nashua (30")			
Name	Year	School	Finals	Wind	Points

Finals

1	Thomas, Jhanelle	12	Nashua North	15.21	0.4	10
2	Brown, Tiana	12	Nashua North	15.46	0.4	8
3	Flynn, Molly	10	Portsmouth	16.01	0.4	6
4	Kirk, Zoe	12	Dover	16.49	0.4	4
5	Kaupp, Ruby	12	Bedford HS	16.55	0.4	2
6	MacVicar, Sydney	11	Exeter	16.84	0.4	1
7	Ford, Victoria	11	Manchester Memorial	16.90	0.4	
8	Grote, Lola	10	Winnacunnet	17.22	0.4	

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****Girls 300 M Hurdles**

State Record: S 43.54 2014		Corinne Kennedy, Lebanon			
Division I: D 43.87 1997		Katie Gayman, Manchester Central			
Name	Year	School	Finals	H#	Points
1 Thomas, Jhanelle	12	Nashua North	44.60	3	10
2 Brown, Tiana	12	Nashua North	46.05	3	8
3 Metcalf, Sienna	11	Portsmouth	46.06	3	6
4 Frye, Allison	11	Nashua North	47.24	3	4
5 Clifford, Maitri	12	Winnacunnet	47.60	3	2
6 Stienecker, Abigail	10	Pinkerton	47.73	2	1
7 Wilson, Charlotte	10	Nashua North	48.54	2	
8 Witta, Sarah	11	Nashua South	48.90	3	
9 Wright, Serenah	10	Merrimack	49.29	2	
10 Perkins, Brenna	9	Portsmouth	49.40	1	
11 Baryames, Alexa	11	Portsmouth	49.61	2	
12 Grote, Lola	10	Winnacunnet	50.17	1	50.169
13 O'Malley, Norah	10	Dover	50.17	2	50.170
14 Ash, Elise	11	Portsmouth	50.62	1	
15 Vitaria, Laura	10	Concord	50.88	1	
16 MacVicar, Sydney	11	Exeter	51.06	1	
17 Norris, Karlee	9	Exeter	51.17	1	
18 Bolobanic, Jordyn	12	Dover	53.58	2	

Girls 4x100 M Relay

State Record: S 47.88 2024		Pinkerton, Pinkerton			
		N Brayall, E Roberts, C Russell, H Sippel			
Division I: D 47.88 2024		Pinkerton, Pinkerton			
		N Brayall, E Roberts, C Russell, H Sippel			
School			Finals	H#	Points
1 Concord			48.52	3	10
1) Toenah, Chelsea 11	2) Goulas, Ella 12				
3) Conteh, Ballay 12	4) Saysaw, Grace 11				
2 Nashua North			49.50	3	8
1) Frye, Sarah 11	2) Brown, Tiana 12				
3) Frye, Allison 11	4) Thomas, Jhanelle 12				
3 Portsmouth			49.65	3	6
1) Carter, Ella 11	2) Milks, Carolyn 11				
3) Metcalf, Sienna 11	4) Cory, Leiana 9				
4 Pinkerton			49.68	3	4
1) George, Ava 10	2) Russell, Courtney 10				
3) McNulty, Camryn 10	4) Brayall, Nora 11				
5 Bedford HS			51.18	3	2
1) Thomas, Sadie 10	2) Yeater, Lilah 9				
3) Foxx, Libby 10	4) O'Keefe, Ella 11				
6 Nashua South			51.28	3	1
1) Chavarin, Alejandra 12	2) Ayi, Camrin 10				
3) Witta, Sarah 11	4) Thomas, Natalee 9				
7 Merrimack			51.37	2	
1) Amoo, Kaylin 12	2) Swisher, Josephine 9				
3) Holbrook, Hailey 9	4) Wright, Serenah 10				
8 Londonderry			51.40	2	
1) Jackson, Shaneda 10	2) Barud, Lillian 10				
3) Courtemanche, Kyra 12	4) Horan, Meara 12				

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls 4x100 M Relay**

9 Exeter	51.59	2
1) Pratt, Deryn 11	2) Rogers, Alexys 10	
3) Ernst, Isabelle 10	4) Surette, Hazel 9	
10 Keene	51.61	2
1) Pierannunzi, Lucy 11	2) Perry, Violet 11	
3) Lougee, Kaylee 12	4) Ethier, Sophia 10	
11 Bishop Guertin	52.01	2
1) Hope, Maddie 12	2) McCarthy, Maddy 9	
3) Sinclair, Anna 11	4) Gillette, Gabby 10	
12 Dover	52.55	1
1) Davis, Seneca 9	2) Pelletier, Noelle 10	
3) McCormick, Avianna 9	4) Campbell, Harmony 11	
13 Spaulding	52.79	2
1) Junkins, Abby 11	2) Tallman, Kaitlin 12	
3) West, Sophie 12	4) Boudreau, Sara 11	
14 Manchester Memorial	52.90	1
1) Courter, Jordan 11	2) Jackson, Charline 11	
3) Nur, Fatumo 11	4) Ford, Victoria 11	
15 Manchester Central	53.97	1
1) Mann, Tianna 11	2) Becker, Ava 11	
3) Sarmiento, Mia 9	4) Giuliano, Ella 9	
16 Windham	54.31	1
1) Lee, Sedona 12	2) Tanso, Abby 9	
3) Anderson, Lauren 10	4) Tsetsilas, Teya 9	
17 Alvirne	55.06	1
1) Marcotte, Ella 9	2) Da Silva, Samantha 11	
3) Amadi, Lisa 11	4) Jackson, Lilianna 9	

Girls 4x400 M Relay

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State Record: S	3:53.87	2013	Bishop Guertin, Bishop Guertin		
			S Burke, R Pellitier, B Garnick, M McCabe		
Division I: D	3:58.30	2011	Bishop Guertin		
			C Barowski, S Burke, M McCabe, L Mei		
School			Finals	H#	Points
=====					
1 Concord	3:59.52	3	10		
1) Muller, Madeline 12	2) Conteh, Ballay 12				
3) Saysaw, Grace 11	4) Yahya, Nabah 12				
2 Exeter	4:00.67	3	8		
1) Caron, Danica 11	2) Poteet, Madeline 11				
3) McBride, Martelle 11	4) Bremer, Isabelle 10				
3 Nashua North	4:00.75	3	6		
1) Wilson, Charlotte 10	2) Frye, Allison 11				
3) Neveu, Rosalie 10	4) Thomas, Jhanelle 12				
4 Portsmouth	4:01.70	3	4		
1) Carter, Ella 11	2) Parrott, Georgia 11				
3) Metcalf, Sienna 11	4) Cory, Leiana 9				
5 Bedford HS	4:09.86	3	2		
1) Bekkering, Joy 10	2) Boll, Grace 10				
3) Denon, Lydia 11	4) Ray, Anna 11				
6 Pinkerton	4:10.16	3	1		
1) Blake, Nicole 11	2) Osanya, Rebecca 9				
3) McNulty, Camryn 10	4) Rzasa, Sarah 11				
7 Nashua South	4:13.46	2			

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls 4x400 M Relay**

1) Ayi, Camrin 10	2) Marengo, Ariana 11		
3) Thomas, Natalee 9	4) Millette, Emma 10		
8 Merrimack	4:14.74	2	
1) Amoo, Kaylin 12	2) Bedard, Melanie 12		
3) Muskiewicz, Emily 11	4) Wright, Serenah 10		
9 Winnacunnet	4:15.23	2	
1) Ouellette, Maeve 10	2) Curtin, Kelly 9		
3) Boie, Caralyn 9	4) Clifford, Maitri 12		
10 Bishop Guertin	4:15.60	2	
1) Hope, Maddie 12	2) McCarthy, Maddy 9		
3) Sinclair, Anna 11	4) Gillette, Gabby 10		
11 Dover	4:19.14	2	
1) Hebert, Paige 11	2) Pelletier, Noelle 10		
3) Flynn, Avery 9	4) Lynch, Kathleen 9		
12 Keene	4:21.09	1	
1) Houston, Lucy 11	2) Farris, Aly 11		
3) Perry, Violet 11	4) Lougee, Kaylee 12		
13 Goffstown	4:21.87	1	
1) Houde, Rose 11	2) Quinn, Calleigh 10		
3) Jordan, Alyssa 11	4) Tschida, Kara 12		
14 Spaulding	4:25.37	1	
1) Dumont, Isabella 11	2) Kho, Josefina 9		
3) Meulenbroek, Caroline 11	4) West, Sophie 12		
15 Londonderry	4:25.81	2	
1) DiBuono, Ella 11	2) DeLong, Gabriella 10		
3) White, Sayde 12	4) Sherman, Drewanne 11		
16 Alvirne	4:29.56	1	
1) Tobin, Addison 12	2) Oliveira, Victoria 12		
3) Berube, Sophia 12	4) Simpson, Anna 12		
17 Manchester Central	4:29.60	1	
1) Mann, Tianna 11	2) Becker, Ava 11		
3) Spencer, Blake 10	4) Cenesca, Angela 11		
18 Windham	4:36.30	1	
1) Lee, Sedona 12	2) Hynes, Lauren 12		
3) Martin, Brooke 12	4) Madden, Darby 12		

Girls 4x800 M Relay

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State Record: S 9:15.02	2011	Bishop Guertin, Bishop Guertin	
		S Veilleaux, S Burke, M McCabe, C Barowski	
Division I: D 9:28.28	2017	Bishop Guertin, Bishop Guertin	
		J Nigro, C Towle, H Schmitt, C Fischer	
School		Finals	Points
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1 Exeter		9:37.24	10
1) Caron, Danica 11	2) Riccio, Abby 9		
3) Poteet, Madeline 11	4) Paterna, Alexis 10		
2 Bedford HS		9:45.37	8
1) Boll, Grace 10	2) Sands, Ella 10		
3) Denon, Lydia 11	4) Ray, Anna 11		
3 Pinkerton		9:48.50	6
1) Rzasas, Sarah 11	2) Marzolf, Kalisan 11		
3) Bedard, Gabrielle 11	4) Blake, Nicole 11		
4 Concord		9:52.68	4
1) Doherty, Quinn 10	2) Gualtieri, Gianna 10		

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls 4x800 M Relay**

3) Burdette, Mahalie 10	4) Yahya, Nabah 12		
5 Alvirne	10:01.17	2	
1) Oliveira, Victoria 12	2) Cartagena, Olivia 9		
3) Berube, Sophia 12	4) Martin, Ava 12		
6 Londonderry	10:08.65	1	
1) DeLong, Gabriella 10	2) Laufersweiler, Anna 9		
3) White, Sayde 12	4) Sherman, Drewanne 11		
7 Merrimack	10:12.08		
1) McWhirter, Megan 11	2) Taylor, Ella 11		
3) Kandel, Desiree 10	4) Bedard, Melanie 12		
8 Portsmouth	10:27.20		
1) Campbell, Kelsey 11	2) Colman, Addie 9		
3) Carter, Chloe 10	4) Cosgrove, Sophie 12		
9 Goffstown	10:38.58		
1) Houde, Rose 11	2) MacDonald, Sophie 9		
3) Quinn, Calleigh 10	4) Jordan, Alyssa 11		
10 Nashua South	10:51.66		
1) Millette, Emma 10	2) Perry, Katelyn (Katie) 12		
3) Fischer, Kiera 9	4) Somorrostro, Nina 10		
11 Nashua North	11:05.18		
1) Azevedo, Kathryn 11	2) Prowker, Kaelyn 9		
3) Prowker, Olivia 9	4) Rossetti, Alex 12		
-- Windham	DQ		Cut in too early
1) Perks, Hazel 9	2) Hynes, Lauren 12		
3) Rogers, Natalie 11	4) Martin, Brooke 12		

Girls High Jump

State Record: S	5-10	1988	Alison Poulin, Oyster River		
Division I: D	5-08	1996	Krista Nelson, Londonderry		
Name	Year	School	Finals	Points	
1 Goulas, Ella	12	Concord	5-00.00	10	
4-08 4-10 5-00					
P O XO					
2 Gregoire, Linsey	12	Londonderry	4-10.00	8	
4-08 4-10 5-00					
O O XXX					
3 Jimeno, Cassandra	9	Merrimack	J4-10.00	6	
4-08 4-10 5-00					
XO O XXX					
4 Ahdi, Aaria	10	Bedford HS	J4-10.00	3	
4-08 4-10 5-00					
O XO XXX					
4 Pataki, Maggie	12	Portsmouth	J4-10.00	3	
4-08 4-10 5-00					
O XO XXX					
6 Schreiner, Isabella	10	Windham	J4-10.00	1	
4-08 4-10 5-00					
XO XO XXX					
7 White, Arianna	9	Londonderry	J4-10.00		
4-08 4-10 5-00					
O XXO XXX					

Results

7	Oates, Marley	12	Manchester Central	J4-10.00
	4-08 4-10 5-00			
	O XXO XXX			
7	Kirk, Zoe	12	Dover	J4-10.00
	4-08 4-10 5-00			
	O XXO XXX			
10	Lander, Emma	10	Portsmouth	4-08.00
	4-08 4-10			
	O XXX			
11	French, Lauren	11	Keene	J4-08.00
	4-08 4-10			
	XO XXX			
11	Stienecker, Abigail	10	Pinkerton	J4-08.00
	4-08 4-10			
	XO XXX			
13	Turner, Quinn	10	Manchester Central	J4-08.00
	4-08 4-10			
	XXO XXX			
13	Mijal, Mya	11	Bedford HS	J4-08.00
	4-08 4-10			
	XXO XXX			
--	O'Donnell, Katherine	11	Bedford HS	NH
	4-08			
	XXX			
--	Ruehr, Greta	11	Keene	NH
	4-08			
	XXX			
--	Owen, Akadya	11	Keene	NH
	4-08			
	XXX			
--	Courter, Jordan	11	Manchester Memorial	NH
	4-08			
	XXX			

State Record: S 12-09 2012											Jacilyn Briggs, Keene	
Division I: D 11-07 2009											Lindsey Patterson, Timberlane	
Name	Year					School					Finals	Points
1 Kaupp, Ruby	12					Bedford HS					11-08.00D	10
	8-00	8-06	9-00	9-06	10-00	10-06	11-00	11-08	12-00			
	P	P	P	P	O	XO	O	XO	XXX			
2 Muller, Madeline	12					Concord					10-00.00	8
	8-00	8-06	9-00	9-06	10-00	10-06						
	O	O	O	O	XO	XXX						
3 Paquin, Delaney	9					Pinkerton					J10-00.00	6
	8-00	8-06	9-00	9-06	10-00	10-06						
	XO	XO	O	O	XXO	XXX						
4 Bobar, Alexandra	10					Bedford HS					9-06.00	4
	8-00	8-06	9-00	9-06	10-00							
	XO	O	XO	XO	XXX							
5 Kelly, Brooke	12					Dover					9-00.00	2
	8-00	8-06	9-00	9-06								
	P	O	O	XXX								

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls Pole Vault**

6 Millette, Emma	10 Nashua South	J9-00.00	1
8-00 8-06 9-00 9-06			
O O XXO XXX			
7 Ruehr, Greta	11 Keene	8-06.00	
8-00 8-06 9-00			
O O XXX			
7 Powers, Bridget	10 Bishop Guertin	8-06.00	
8-00 8-06 9-00			
P O XXX			
9 Cahoon, Sophia	11 Pinkerton	J8-06.00	
8-00 8-06 9-00			
O XO XXX			
9 Takekoshi, Lela	11 Spaulding	J8-06.00	
8-00 8-06 9-00			
O XO XXX			
11 Rushton, Catherine	11 Salem NH	J8-06.00	
8-00 8-06 9-00			
XO XO XXX			
-- Muskus, Rose	11 Keene	NH	
8-00			
XXX			

Girls Long Jump

=====							
State Record: S 19-04.50		2008	Bree Robinson, Pinkerton				
Division I: D 19-04.50		2008	Bree Robinson, Pinkerton				
Name	Year	School	Finals	Wind	H#	Points	
=====							
1 Goulas, Ella	12	Concord	18-04.25	+0.0	2	10	
FOUL(+0.0) 18-04.25(+0.0)	PASS	PASS	PASS	PASS			
2 Conteh, Ballay	12	Concord	17-05.25	0.7	2	8	
17-05(+0.0) 16-04(+0.0)	17-05.25(0.7)	16-01.50(+0.0)	16-05(+0.0)	16-09.50(+0.0)			
3 Cenesca, Angela	11	Manchester Central	16-11.25	-0.1	1	6	
16-11.25(-0.1) 16-02.75(+0.0)	FOUL(+0.0)	FOUL(0.8)	FOUL(+0.0)	FOUL(+0.0)			
4 Ethier, Sophia	10	Keene	16-09.00	0.9	1	4	
16-00(+0.0) 15-08(+0.0)	16-09(0.9)	15-06(+0.0)	16-01(+0.0)	15-11.75(+0.0)			
5 McBride, Martelle	11	Exeter	16-03.75	+0.0	2	2	
16-03.50(+0.0) FOUL(+0.0)	14-03(-0.4)	FOUL(1.2)	16-03.75(+0.0)	14-10(0.4)			
6 Coleman, Katie	10	Pinkerton	16-01.00	+0.0	2	1	
16-01(+0.0) 15-08.50(+0.0)	15-08.25(+0.0)	14-08.75(+0.0)	FOUL(1.6)	FOUL(+0.0)			
7 Ahern, Claire	11	Exeter	16-00.75	+0.0	2		
FOUL(0.3) 16-00.75(+0.0)	FOUL(+0.0)	FOUL(+0.0)	15-09.75(+0.0)	15-10.25(+0.0)			
8 Russell, Courtney	10	Pinkerton	15-10.00	+0.0	1		
15-01.25(+0.0) 14-10.25(+0.0)	15-10(+0.0)	14-10(0.2)	14-06.50(+0.0)	14-08.50(+0.0)			
9 Witta, Sarah	11	Nashua South	15-07.50	+0.0	2		
15-07.50(+0.0) 15-03.50(+0.0)	15-03.75(+0.0)						
10 Dandeneau, Allie	11	Nashua North	15-06.75	NWI	1		
FOUL(-0.0) FOUL(+0.0)	15-06.75(-0.0)						
11 Yahya, Nabah	12	Concord	15-05.00	+0.0	2		
15-05(+0.0) 14-07(+0.0)	15-00.25(+0.0)						
12 McNulty, Camryn	10	Pinkerton	15-02.75	0.2	2		
14-09.50(0.6) 14-11.75(+0.0)	15-02.75(0.2)						
13 Lynch, Kathleen	9	Dover	15-00.00	+0.0	2		
14-06.25(+0.0) 14-07.75(0.4)	15-00(+0.0)						

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls Long Jump**

14	Ahdi, Aaria	10 Bedford HS	14-10.75	+0.0	1
	14-06(1.0) 14-09(0.1) 14-10.75(+0.0)				
15	Amadi, Lisa	11 Alvirne	14-05.00	1.2	1
	13-05.25(+0.0) 14-05(1.2) 14-01.75(+0.0)				
16	Frye, Sarah	11 Nashua North	14-03.75	+0.0	1
	14-03.75(+0.0) 14-02.75(+0.0) FOUL(+0.0)				
17	MacVicar, Sydney	11 Exeter	13-09.25	+0.0	1
	13-09.25(+0.0) FOUL(1.2) 13-08.25(0.1)				
18	Perry, Diamond	11 Nashua South	13-02.25	+0.0	1
	FOUL(1.1) FOUL(+0.0) 13-02.25(+0.0)				

Girls Triple Jump

=====						
State Record: S		40-02	2007	Ellen Powers, Bishop Guertin		
Division I: D		38-11.75	2007	Ellen Powers, Bishop Guertin		
Name	Year	School	Finals	Wind	H#	Points
=====						
1	Goulas, Ella	12 Concord	37-09.75	+0.0	2	10
	37-09.75(+0.0) PASS	PASS	35-06.75(+0.0)	36-11.50(+0.0)	37-00.25(+0.0)	
2	Frye, Sarah	11 Nashua North	34-02.00	+0.0	2	8
	34-02(+0.0) 33-10.75(0.7) PASS	34-01(+0.0)	33-09.75(+0.0)	34-00.75(+0.0)		
3	Flynn, Molly	10 Portsmouth	34-01.25	+0.0	2	6
	FOUL(+0.0) FOUL(+0.0) 33-02.50(+0.0)	34-01.25(+0.0)	33-02.50(+0.0)	32-08.75(+0.0)		
4	Yahya, Nabah	12 Concord	33-09.75	+0.0	2	4
	31-06.25(-0.0) 32-04.25(+0.0) 33-09.75(+0.0)	31-10.25(+0.0)	33-00.25(+0.0)	FOUL(+0.0)		
5	Chavarin, Alejandra	12 Nashua South	33-09.25	+0.0	1	2
	FOUL(+0.0) 33-00(+0.0) FOUL(+0.0)	31-07(+0.0)	33-09.25(+0.0)	30-11(+0.0)		
6	Rogers, Alexys	10 Exeter	32-10.75	+0.0	1	1
	32-01.75(0.7) 32-10.75(+0.0)	30-11.50(+0.0)	31-05.25(+0.0)	29-10.75(+0.0)	31-07.75(+0.0)	
7	Millette, Emma	10 Nashua South	32-08.25	+0.0	2	
	FOUL(+0.0) 32-08.25(+0.0) FOUL(+0.0)	FOUL(+0.0)	31-09.25(+0.0)	PASS		
8	Ramirez, Amalie	11 Nashua South	32-06.00	-0.3	1	
	30-05.25(+0.0) 31-05.75(0.4) 32-06(-0.3)	30-08.50(+0.0)	FOUL(+0.0)	31-01.75(+0.0)		
9	Ethier, Sophia	10 Keene	32-05.75	+0.0	2	
	30-09.75(+0.0) 32-05.75(+0.0)	32-00.75(+0.0)				
10	Elmera, Naima	12 Pinkerton	32-05.50	+0.0	2	
	32-05.50(+0.0) 32-05(+0.0)	31-06.25(+0.0)				
11	Boudreau, Sara	11 Spaulding	32-01.50	0.8	1	
	31-09.75(+0.0) 32-01.50(0.8)	30-11(+0.0)				
12	Kirk, Zoe	12 Dover	32-00.75	+0.0	1	
	31-11.75(+0.0) 32-00.75(+0.0)	31-07.25(+0.0)				
13	Coleman, Katie	10 Pinkerton	31-11.50	+0.0	2	
	30-11.50(+0.0) 31-11.50(+0.0)	31-07.50(+0.0)				
14	Pena, Alexandra	11 Londonderry	31-04.50	+0.0	1	
	FOUL(+0.0) FOUL(-0.0)	31-04.50(+0.0)				
15	Mullen, Grace	9 Concord	30-06.25	-0.4	1	
	30-06(+0.0) 29-03.50(+0.0)	30-06.25(-0.4)				
16	Friend-Gray, Emeline	12 Dover	30-02.00	+0.0	2	
	FOUL(+0.0) 30-02(+0.0)	29-08.50(+0.0)				
17	Amadi, Lisa	11 Alvirne	29-00.25	+0.0	1	
	28-02.25(+0.0) 28-09.75(-0.6)	29-00.25(+0.0)				
--	Rossetti, Alex	12 Nashua North	FOUL		1	
	FOUL(0.6) FOUL(+0.0) FOUL(+0.0)					

Girls Shot Put

State Record: S 51-03.50 2000 Laura Gerrughty, Nashua									
Division I: D 51-03.50 2000 Laura Gerraughty, Nashua									
Name		Year		School		Finals		H#	Points
1	Borico, Consuelo	10	Concord	36-11.00		2	10		
	36-08.75 36-11 34-11.50		35-11.75 36-01.75 36-03						
2	Johnson, Brynn	11	Windham	35-07.50		2	8		
	33-00.75 33-00.50 34-04.25		33-11.25 32-09.25 35-07.50						
3	Kemp, Carolyn	11	Bedford HS	34-03.75		2	6		
	33-01.25 31-06 32-10.50		31-05 31-04.75 34-03.75						
4	Gautieri, Nora	12	Nashua South	34-03.50		2	4		
	33-00.25 31-03 32-02		33-03.75 34-02 34-03.50						
5	Trask, Jameson	12	Pinkerton	34-03.25		2	2		
	FOUL FOUL 32-04 33-03.75		34-03.25 32-11.75						
6	Beem, Lucille	11	Exeter	33-07.75		2	1		
	33-07.75 32-06 FOUL FOUL FOUL		32-02						
7	Haggett, Autumn	12	Pinkerton	33-04.75		1			
	31-00 31-05.75 33-04.75		31-00.75 31-00.50 31-07.50						
8	Fabiano, Autumn	11	Exeter	32-07.50		2			
	FOUL 31-03 32-07.50 FOUL FOUL FOUL								
9	Trask, Avery	9	Pinkerton	31-05.75		2			
	FOUL FOUL 31-05.75								
10	Wentworth, Emmie	11	Portsmouth	29-11.75		1			
	29-11.75 29-09.50 29-06								
11	Cruz, Chloe	12	Nashua South	29-11.75		1			
	27-10.75 28-06.75 29-11.75								
12	Marzolf, Skylar	9	Pinkerton	29-09.75		1			
	28-02.25 29-03 29-09.75								
13	Hatcher, Bella	10	Alvirne	29-09.25		1			
	FOUL FOUL 29-09.25								
14	Henderson, Charlotte	12	Nashua North	29-08.25		1			
	26-09 29-08.25 27-00.50								
15	Perigny, Ayden	10	Winnacunnet	28-09.50		1			
	26-01 28-09.50 28-01.75								
16	Anderson, Lilly	12	Merrimack	27-02.00		2			
	26-05.75 24-08 27-02								
17	Nishimwe, Deborah	12	Concord	26-10.00		1			
	26-10 26-08.50 26-05								
18	Murray, Aniya	9	Nashua North	26-01.50		1			
	26-01.50 25-02 25-11.50								

Girls Discus Throw

State Record: S 158-09 2007 Kelsey Huckins, Keene										
Division I: D 148-09 2001 Laura Gerraughty, Nashua										
Name				Year	School			Finals	H#	Points
1	Trask, Jameson			12	Pinkerton			117-01	2	10
	117-01	111-08	107-02	94-11	108-00	115-11				
2	Cruz, Chloe			12	Nashua South			109-06	2	8
	109-06	104-08	105-11	103-01	108-01	101-03				
3	Kemp, Carolyn			11	Bedford HS			108-04	2	6
	FOUL	99-11	FOUL	104-00	90-03	108-04				
4	Brown, Sarah			10	Keene			98-06	2	4
	FOUL	92-08	91-05	85-01	98-06	FOUL				

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls Discus Throw**

5 Johnson, Brynn	11 Windham	94-05	2	2
93-11 91-10 86-02 94-05	FOUL FOUL			
6 Yazbek, Autumn	11 Londonderry	92-02	1	1
92-02 78-00 82-11 79-01	68-10 69-10			
7 Murray, Aniya	9 Nashua North	92-00	1	
92-00 89-01	FOUL FOUL 84-09			
8 Ortiz Cuevas, Vanessa	11 Nashua South	91-10	1	
91-08	FOUL FOUL 66-02 91-10	FOUL		
9 Gutowski, Samantha	10 Exeter	91-07	1	
82-10 91-07 72-01				
10 Fabiano, Autumn	11 Exeter	90-05	2	
82-07 90-05 82-00				
11 Anderson, Lilly	12 Merrimack	89-07	1	
80-00 89-07 86-00				
12 Beem, Lucille	11 Exeter	85-08	2	
FOUL 85-08	FOUL			
13 Lefebvre, Josie	9 Manchester Central	84-07	1	
FOUL 84-07 83-00				
14 Wentworth, Emmie	11 Portsmouth	J84-07	1	
78-10 84-07 79-10				
15 Gautieri, Nora	12 Nashua South	84-05	2	
84-05	FOUL FOUL			
16 Terrenzio, Juliana	12 Pinkerton	78-07	2	
76-06 78-01 78-07				
17 Morin, Taylor	10 Manchester Central	71-08	1	
FOUL FOUL 71-08				

Girls Javelin Throw

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State Record: S	149-05	2007				Danika Ham, Somersworth
RetiredState: S	150-02	1981				Michelle Duhaime, Man Central
Division I: D	139-05	2003				Heidi Nadeau, Winnacunnet
Retired D I: D	150-02	1981				Nichelle Duhaime, Manchester Central
Name		Year	School		Finals	H# Points
=====						
1 Wright, Kelly			12 Windham		111-07	2 10
101-02 104-06 106-08			103-07 111-07 105-04			
2 Knapp, Makenna			12 Keene		111-03	2 8
105-02 85-03 94-00			111-03 88-03 109-06			
3 Rzasas, Sarah			11 Pinkerton		102-07	2 6
96-07 89-09 92-02			95-07 89-00 102-07			
4 Kelly, Brooke			12 Dover		100-01	2 4
98-00 100-01 99-10			79-06 95-10 97-11			
5 Brown, Sarah			10 Keene		97-09	1 2
97-09 81-08 95-06			93-00 86-11 90-04			
6 Gautieri, Nora			12 Nashua South		97-00	2 1
83-07 97-00 91-09			FOUL 89-02 89-05			
7 Lefebvre, Josie			9 Manchester Central		94-00	1
85-10 93-10 92-01			94-00 91-08 81-01			
8 O'Malley, Norah			10 Dover		93-10	2
88-05 93-10 89-05			83-00 88-07 93-02			
9 Kemp, Carolyn			11 Bedford HS		91-01	2
89-11 80-01 91-01						
10 Beland, Roe			11 Portsmouth		89-08	1
84-02 89-08 69-05						

2025 NHIAA Division I Track & Field Championships**Portsmouth High School - 5/30/2025****Results****....Girls Javelin Throw**

11 Root, Makayla	12 Concord	87-02	2
87-02 84-11 78-09			
12 Pataki, Maggie	12 Portsmouth	83-04	2
83-04 80-11 78-11			
13 Da Silva, Samantha	11 Alvirne	82-09	1
82-09 72-02 64-03			
14 Ash, Elise	11 Portsmouth	78-10	1
78-10 71-06 77-08			
15 Tardif, Ava	9 Alvirne	78-01	1
70-05 78-01 74-11			
16 Annis, Gwendelynn	10 Goffstown	74-02	1
74-02 FOUL 67-05			
17 Henderson, Charlotte	12 Nashua North	73-01	1
73-01 69-02 71-09			

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Women - Team Rankings - 18 Events Scored

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1) Concord	110	2) Nashua North	94
3) Exeter	85	4) Pinkerton	53
5) Portsmouth	47	6) Bedford HS	46
7) Windham	21	8) Manchester Central	20
9) Keene	18	9) Nashua South	18
11) Dover	11	12) Londonderry	10
13) Salem NH	6	13) Merrimack	6
15) Goffstown	4	16) Alvirne	3
16) Bishop Guertin	3	18) Winnacunnet	2
19) Spaulding	1		