

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

Boys 55 M Dash

Name	Year School	Finals	H#
Finals			
1 Buonacore, Vincent (Vinn)	Westford Academy	6.65	1
2 Raymondeau, Elliott	Acton-Boxbor	6.68	1
3 Lemke, Liam	Acton-Boxbor	6.69	1
4 Peters, Sunil	Waltham	6.73	11
5 Begic, Nicholas	Lincoln-Sudb	6.83	1
6 Nunez O'Doherty, Darraug	Lincoln-Sudb	6.89	1
7 Withington, Matthew	Acton-Boxbor	6.90	2 6.898
8 Kasirye, Julian	Acton-Boxbor	6.90	2 6.899
8 Milner, Kossi	Cambridge Ri	6.90	1 6.899
10 Kasanov, Jacob	Weston	6.91	1
11 Marshall, Rasheed	Waltham	6.92	9
12 Izzo, Jack	Acton-Boxbor	6.93	1
13 Poyau, Amil	Weston	6.95	2
14 Thomas, Jasen	Cambridge Ri	6.98	3
15 Withington, George	Acton-Boxbor	7.00	2 6.995
16 Torres, Oscar	Weston	7.00	11 7.000
17 Zhuang, Chuanxuan	Lincoln-Sudb	7.02	3 7.011
18 Lerra, Taran	Acton-Boxbor	7.02	2 7.019
19 Foy, Noah	Waltham	7.07	2 7.061
20 Wang, Andrew	Lincoln-Sudb	7.07	2 7.064
21 Shokoti, Matthew	Cambridge Ri	7.10	6
22 Middioni, Thomas	Newton South	7.11	2
23 Inuzuka, Matthew	Acton-Boxbor	7.15	3
24 Johnson, Connor	Lincoln-Sudb	7.16	3
25 Kitzis, Ben	Newton South	7.18	4 7.176
26 Xerras, Luke	Newton South	7.18	4 7.177
27 Ssenfuma, Jaden	Waltham	7.21	3 7.203
28 Obijuru, Francis	Boston Latin	7.21	3 7.206
29 William, Lugo	Wayland	7.22	5 7.214
30 Cranmore, Austin	Weston	7.22	4 7.218
31 Galman, Gil	Bedford	7.23	3
32 VanHoutte, Matthew	Westford Academy	7.25	5 7.244
33 Mercedes EncarnaciÃ³n, Da	Boston Latin	7.25	6 7.246
34 Joseph, Vivek	Bedford	7.26	4 7.254
35 Swepson, Payton	Westford Academy	7.26	4 7.257
36 Navas, Christian	Boston Latin	7.27	3
37 Perkinson, Graham	Newton South	7.28	6 7.274
38 Atkinson, Zion	Concord-Carlisle	7.28	5 7.280
39 DeMichele, Jake	Lincoln-Sudb	7.30	10
40 Green, Kamai	Cambridge Ri	7.32	5 7.312
41 Bryden, Nash	Newton South	7.32	5 7.318
42 Dash, Jesse	Newton South	7.32	4 7.319
43 Jung, Owen	Newton South	7.32	5 7.320
44 Rodrigues, Max	Westford Academy	7.33	4
45 Dandridge, Jonathan	Bedford	7.35	6
46 Tenby, Owen	Boston Latin	7.37	6
47 Deveaux, Brock	Waltham	7.39	5 7.386
48 Shokoti, Mathias	Cambridge Ri	7.39	7 7.390
49 Gramer, Timothy	Boston Latin	7.40	11
50 Coston, Jayce	Newton South	7.42	6
51 Waldron, Gavin	Bedford	7.43	5
52 Henke, Oliver	Cambridge Ri	7.46	7 7.457

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 55 M Dash

53	Lawson, Ja'Quell	Cambridge Ri	7.46	7	7.458
54	Zhang, Tyler	Westford Academy	7.46	7	7.459
54	Williams, John	Lincoln-Sudb	7.46	6	7.459
56	Gallant, Derek	Bedford	7.54	6	
57	Ilan, Potashinsky	Wayland	7.55	10	
58	Gavin, Conor	Waltham	7.56	10	
59	Jamas, Michael	Cambridge Ri	7.59	8	
60	Blair, Richard	Concord-Carlisle	7.60	7	
61	Deveaux, Dane	Waltham	7.61	10	7.606
62	McCarthy, Finbar	Waltham	7.61	11	7.607
63	Allen, Jack	Bedford	7.62	8	
64	Varela, Marcello	Weston	7.64	7	
65	Reid, Amor	Boston Latin	7.67	8	7.663
66	Souabny, Tarik	Boston Latin	7.67	10	7.670
67	Jonathan, Newland	Wayland	7.72	8	
68	Johnson, Mark	Concord-Carlisle	7.79	8	
69	Friel, Sebastian	Weston	7.80	8	
70	Chow, Alfred	Weston	7.84	8	
71	Abdulkareem, Ali	Westford Academy	7.90	7	
72	Watts, Morris	Wayland	8.00	10	
73	Mitesh, Dash	Wayland	8.03	9	
74	David, Daniel	Boston Latin	8.12	9	
75	Smith, Phineas	Westford Academy	8.20	8	
76	Jensen, Owen	Concord-Carlisle	8.24	11	
77	Stanzler, Benjamin	Concord-Carlisle	8.31	9	
78	Murphy, Kian	Bedford	8.38	9	
79	Hild, Tata	Lincoln-Sudb	8.60	11	
80	Luke, McNamara	Wayland	8.92	9	
81	Blair, Robert	Concord-Carlisle	9.26	10	
82	Niemann, Henry	Weston	9.27	9	
--	Wang, Andrew	Westford Academy	FS	4	

Boys 300 M Dash

Name	Year	School	Finals	H#
1	Raymondeau, Elliott	Acton-Boxbor	34.76	1
2	Barbieri, Nicolas	Weston	35.68	3
3	Friedman-Wellisch, Jerem	Cambridge Ri	36.14	2
4	Lemke, Liam	Acton-Boxbor	36.21	1
5	Kasirye, Julian	Acton-Boxbor	36.36	1
6	Tavares, Ben	Weston	36.49	1
7	Peters, Sunil	Waltham	36.89	12
8	Boretti, Ryan	Lincoln-Sudb	37.04	2
9	Sudnick, Matthew	Lincoln-Sudb	37.16	1
10	Withington, Matthew	Acton-Boxbor	37.37	2
11	Stick, Matthew	Weston	38.01	3
12	Henry, Miel	Cambridge Ri	38.04	5
13	Rizza, Sammy	Waltham	38.08	11
14	Izzo, Jack	Acton-Boxbor	38.15	4
15	Hurlbut-Lesk, Ian	Acton-Boxbor	38.16	3
16	Mathew, Jonathan	Newton South	38.29	4
17	D'Souza, Eugene	Newton South	38.49	4
18	Barnett, Beckett	Acton-Boxbor	38.50	3
19	Oliveri Kuhnle, Matteo	Bedford	38.56	3

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 300 M Dash

20 Raines, Jude	Lincoln-Sudb	38.97	2
21 Furlonge, Brendan	Boston Latin	39.07	4
22 Gothie, Max	Lincoln-Sudb	39.11	2
23 Johnson, Connor	Lincoln-Sudb	39.25	2
24 McCue, Aiden	Boston Latin	39.60	4
25 Jackson, Tyrell	Waltham	39.64	13
26 Williams, Avery	Boston Latin	39.71	7
27 Jayden, Taylor	Wayland	39.78	5
28 Tristan, Norgaard	Wayland	39.80	5
29 Freeman, Gabriel	Westford Academy	40.02	5
30 Hall, Gordon	Concord-Carlisle	40.28	6
31 Weiner, Jonah	Newton South	40.36	6
32 Perkinson, Graham	Newton South	40.46	6
33 Gramer, Timothy	Boston Latin	40.48	6
34 Henke, Oliver	Cambridge Ri	40.52	7
35 Acevedo, Jared	Boston Latin	40.53	5
36 Dickie, Jackson	Weston	40.73	13
37 Yu, Jaden	Cambridge Ri	41.10	7
38 Toomey, Connor	Lincoln-Sudb	41.29	6
39 DeMichele, Jake	Lincoln-Sudb	41.33	13
40 Jamas, Michael	Cambridge Ri	41.75	8
41 Nolte, Henry	Waltham	41.77	11
42 Coston, Jayce	Newton South	41.94	8
43 Gavin, Conor	Waltham	42.48	5
44 Endo, Noah	Concord-Carlisle	42.60	7
45 Zhuang, Chuanxuan	Lincoln-Sudb	42.63	12
46 Casparis, Lantin	Concord-Carlisle	42.70	9
47 Tenby, Owen	Boston Latin	42.83	8
48 Barreto, Nathan	Westford Academy	42.89	8
49 Souabny, Tarik	Boston Latin	42.94	7
50 Karnath, Nicolas	Cambridge Ri	43.12	8
51 O'Connor, Wes	Waltham	43.48	12
52 Jonathan, Newland	Wayland	43.68	13
53 Johnson, Mark	Concord-Carlisle	44.24	10
54 Navas, Christian	Boston Latin	44.26	9
55 Randall, Dante	Cambridge Ri	44.35	11
56 Salazar Delgado, Jeffrey	Waltham	44.49	13
57 Accabo, Will	Westford Academy	44.55	10
58 Swanson, Ben	Westford Academy	44.82	10
59 Chow, Alfred	Weston	44.92	12
60 Smith, Phineas	Westford Academy	45.18	9
61 Allen, Jack	Bedford	45.47	9
62 Andrew, Bayazitov	Wayland	45.73	9
63 Millet, Ryan	Westford Academy	46.34	8
64 Stanzler, Benjamin	Concord-Carlisle	47.47	10
65 Salato, Alessandro	Bedford	49.34	9
66 Ilan, Potashinsky	Wayland	49.60	10

Boys 600 M Run

Name	Year	School	Finals	H#
1 Nawa, Ryuji		Weston	1:28.76	1
	29.692 (29.692)	59.424 (29.732)	1:28.757 (29.333)	

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 600 M Run

2	Day, Joseph	Boston Latin	1:29.95	1	
	29.521 (29.521)	1:00.014 (30.493)	1:29.946 (29.932)		
3	Burnet, Sam	Boston Latin	1:30.43	1	
	29.948 (29.948)	1:00.036 (30.088)	1:30.430 (30.395)		
4	Martel, Toby	Concord-Carlisle	1:31.39	2	
	29.698 (29.698)	1:00.897 (31.200)	1:31.383 (30.486)		
5	Ganapathi, Gireesh	Acton-Boxbor	1:31.60	1	
	28.808 (28.808)	58.427 (29.620)	1:31.594 (33.168)		
6	Prior, Jonah	Boston Latin	1:31.78	3	
	28.545 (28.545)	59.206 (30.661)	1:31.779 (32.573)		
7	Mehta, Aarav	Weston	1:32.11	1	
	29.494 (29.494)	1:00.167 (30.673)	1:32.103 (31.936)		
8	Hamilton, Mason	Acton-Boxbor	1:33.55	1	
	29.372 (29.372)	1:00.572 (31.201)	1:33.547 (32.975)		
9	Moser, Thomas	Weston	1:33.99	1	
	29.800 (29.800)	1:01.053 (31.254)	1:33.982 (32.929)		
10	Lee, Theodore	Cambridge Ri	1:34.35	2	
	30.030 (30.030)	1:02.074 (32.044)	1:34.344 (32.270)		
11	Breuil Kupczak, Alexandr	Cambridge Ri	1:34.59	2	
	30.812 (30.812)	1:03.498 (32.687)	1:34.587 (31.089)		
12	Smith, Connor	Boston Latin	1:34.74	1	
	30.164 (30.164)	1:00.934 (30.770)	1:34.734 (33.800)		
13	Chand, Sarun	Newton South	1:35.54	2	
	30.669 (30.669)	1:03.962 (33.293)	1:35.539 (31.577)		
14	Almeida, Michael	Westford Academy	1:35.58	2	
	30.491 (30.491)	1:03.243 (32.752)	1:35.578 (32.336)		
15	Atticus, DeGrenier	Wayland	1:35.59	2	
	29.556 (29.556)	1:01.804 (32.249)	1:35.584 (33.780)		
16	Savard, Jacob	Acton-Boxbor	1:35.96	2	
	30.337 (30.337)	1:03.100 (32.763)	1:35.960 (32.861)		
17	Lam, Ernest	Newton South	1:36.41	3	
	30.436 (30.436)	1:03.081 (32.646)	1:36.401 (33.320)		
18	Zeng, Nick	Newton South	1:36.52	3	1:36.511
	30.064 (30.064)	1:02.691 (32.628)	1:36.511 (33.820)		
19	Lundgren, Thomas	Bedford	1:36.52	3	1:36.513
	29.590 (29.590)	1:01.531 (31.941)	1:36.513 (34.983)		
20	Gorkavy, Platon	Bedford	1:36.74	3	
	29.194 (29.194)	1:00.489 (31.296)	1:36.735 (36.246)		
21	Barreto, Nathan	Westford Academy	1:37.41	3	
	30.136 (30.136)	1:02.756 (32.621)	1:37.401 (34.645)		
22	Smith, Benjamin	Acton-Boxbor	1:37.96	4	
	30.119 (30.119)	1:03.357 (33.238)	1:37.951 (34.595)		
23	Bluestein, Charlie	Newton South	1:38.56	3	
	30.649 (30.649)	1:03.988 (33.339)	1:38.559 (34.572)		
24	Booth, Max	Concord-Carlisle	1:39.09	3	
	30.463 (30.463)	1:04.311 (33.848)	1:39.082 (34.772)		
25	Brophy, Jaden	Cambridge Ri	1:39.53	5	
	30.467 (30.467)	1:04.765 (34.298)	1:39.522 (34.758)		
26	Puc, Alexander	Lincoln-Sudb	1:39.87	4	
	32.091 (32.091)	1:04.966 (32.876)	1:39.866 (34.900)		
27	Connor, Langan	Wayland	1:40.97	4	
	29.827 (29.827)	1:03.632 (33.805)	1:40.961 (37.330)		
28	Chabot, Austin	Waltham	1:41.25	5	
	30.141 (30.141)	1:04.178 (34.037)	1:41.244 (37.066)		

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 600 M Run

29 Nolte, Griffin	Waltham	1:41.28	5
30.705 (30.705)	1:05.087 (34.382)	1:41.278 (36.192)	
30 Kareem, Gayed	Wayland	1:42.40	4
34.261 (34.261)	1:09.047 (34.786)	1:42.392 (33.345)	
31 Silber, Joshua	Cambridge Ri	1:44.04	5
32.088 (32.088)	1:07.818 (35.731)	1:44.035 (36.217)	
32 Lewis, Declan	Cambridge Ri	1:44.26	5
31.294 (31.294)	1:06.195 (34.901)	1:44.259 (38.064)	
33 James, Markey	Wayland	1:44.34	4
33.921 (33.921)	1:08.517 (34.596)	1:44.335 (35.819)	
34 Nwankwo, Ikechukwu	Cambridge Ri	1:45.24	5
31.592 (31.592)	1:06.605 (35.014)	1:45.237 (38.632)	
35 Rudolf, David	Acton-Boxbor	1:49.54	5
29.445 (29.445)	1:04.773 (35.328)	1:49.531 (44.759)	
36 Wang, Andrew	Westford Academy	1:51.02	2
29.352 (29.352)	1:07.568 (38.216)	1:51.020 (43.452)	
37 Covell, Brian	Bedford	1:52.06	4
34.153 (34.153)	1:10.655 (36.503)	1:52.058 (41.404)	
38 Holland, Kai	Bedford	1:55.60	4
35.016 (35.016)	1:13.612 (38.596)	1:55.593 (41.981)	

Boys 1000 M Run

Name	Year School	Finals	H#
1 Friedman, Alex	Newton South	2:37.49	1
30.444 (30.444)	1:02.439 (31.996)	1:35.001 (32.562)	2:06.950 (31.950)
2:37.485 (30.535)			
2 Nolan, Brendan	Boston Latin	2:40.27	1
30.661 (30.661)	1:02.926 (32.266)	1:35.301 (32.375)	2:07.764 (32.464)
2:40.269 (32.505)			
3 Bodenrader, Joey	Concord-Carlisle	2:41.95	1
30.651 (30.651)	1:03.319 (32.668)	1:36.193 (32.874)	2:09.945 (33.752)
2:41.945 (32.000)			
4 MacDonald, Charles	Concord-Carlisle	2:42.83	1
30.893 (30.893)	1:03.535 (32.643)	1:36.398 (32.864)	2:09.902 (33.504)
2:42.825 (32.923)			
5 Ibanez Fraile, Leon	Cambridge Ri	2:43.22	1
31.044 (31.044)	1:03.949 (32.905)	1:37.231 (33.283)	2:10.740 (33.509)
2:43.217 (32.478)			
6 Harris, Nolan	Newton South	2:43.47	1
30.217 (30.217)	1:02.275 (32.059)	1:35.993 (33.719)	2:10.725 (34.732)
2:43.466 (32.742)			
7 Protasowicki, William	Bedford	2:44.17	1
31.097 (31.097)	1:03.411 (32.315)	1:36.568 (33.157)	2:10.769 (34.201)
2:44.163 (33.395)			
8 Bout, Sawyer	Concord-Carlisle	2:45.01	1
30.339 (30.339)	1:02.736 (32.397)	1:36.254 (33.519)	2:10.554 (34.300)
2:45.001 (34.448)			
9 Berthold, Nick	Westford Academy	2:45.15	1
29.408 (29.408)	1:01.504 (32.096)	1:35.617 (34.113)	2:11.104 (35.488)
2:45.147 (34.044)			
10 Tutun, Jack	Weston	2:45.65	1
30.498 (30.498)	1:03.485 (32.987)	1:36.851 (33.367)	2:11.476 (34.625)
2:45.644 (34.168)			

Dual County League Meet #3 - 1/8/2025**the TRACK at new balance****Results****....Boys 1000 M Run**

11 Perry, Ryan	Concord-Carlisle	2:50.70	1		
31.662 (31.662)	1:04.870 (33.208)	1:40.409 (35.539)	2:17.001 (36.592)		
2:50.692 (33.692)					
12 Quayle, Braeden	Concord-Carlisle	2:52.10	1		
30.683 (30.683)	1:04.033 (33.351)	1:38.997 (34.964)	2:15.818 (36.822)		
2:52.097 (36.279)					
13 Cyriaque, Schaff	Wayland	2:52.14	2		
34.379 (34.379)	1:09.086 (34.707)	1:43.890 (34.805)	2:18.943 (35.053)		
2:52.136 (33.193)					
14 Govarthanaraj, Soorya	Westford Academy	2:53.08	1		
31.250 (31.250)	1:04.120 (32.870)	1:38.105 (33.985)	2:15.279 (37.175)		
2:53.074 (37.796)					
15 Zhu, Austin	Boston Latin	2:55.35	2		
34.683 (34.683)	1:09.823 (35.140)	1:44.358 (34.535)	2:20.062 (35.705)		
2:55.341 (35.279)					
16 Feng, Patrick	Newton South	2:55.59	2		
34.638 (34.638)	1:10.587 (35.950)	1:46.202 (35.615)	2:22.386 (36.184)		
2:55.587 (33.202)					
17 Eichler, Kieran	Cambridge Ri	2:56.01	2		
34.165 (34.165)	1:09.963 (35.799)	1:45.710 (35.747)	2:22.550 (36.841)		
2:56.003 (33.453)					
18 Waechter, Hunter	Weston	2:56.08	2		
34.362 (34.362)	1:10.190 (35.828)	1:45.927 (35.738)	2:22.774 (36.848)		
2:56.075 (33.301)					
19 Fitzgibbon, Matthew	Weston	2:56.68	3		
33.583 (33.583)	1:08.067 (34.484)	1:44.420 (36.354)	2:21.547 (37.127)		
2:56.680 (35.133)					
20 Macha, Arjun	Acton-Boxbor	2:58.52	2		
34.295 (34.295)	1:10.160 (35.865)	1:45.894 (35.734)	2:22.812 (36.919)		
2:58.518 (35.706)					
21 Dhar, Shivay	Westford Academy	3:00.02	2		
34.553 (34.553)	1:10.544 (35.992)	1:46.976 (36.432)	2:24.081 (37.105)		
3:00.013 (35.932)					
22 Herring, Alan	Newton South	3:00.21	2		
33.870 (33.870)	1:09.590 (35.721)	1:45.501 (35.911)	2:23.246 (37.745)		
3:00.210 (36.964)					
23 Waxman, Oren	Weston	3:00.54	2		
34.065 (34.065)	1:09.869 (35.804)	1:45.677 (35.808)	2:23.602 (37.925)		
3:00.538 (36.936)					
24 Cho, Ian	Westford Academy	3:03.02	2		
34.748 (34.748)	1:10.884 (36.136)	1:47.310 (36.426)	2:24.475 (37.166)		
3:03.020 (38.545)					
25 Gayraud Prin, Robin	Bedford	3:07.21	2		
34.957 (34.957)	1:10.442 (35.486)	1:47.696 (37.254)	2:26.326 (38.630)		
3:07.205 (40.880)					
26 Currier, Paul	Boston Latin	3:09.39	2		
35.328 (35.328)	1:13.018 (37.690)	1:51.477 (38.460)	2:30.895 (39.419)		
3:09.387 (38.492)					
27 Zeng, Justin	Newton South	3:10.60	3		
34.875 (34.875)	1:12.448 (37.573)	1:51.971 (39.524)	2:33.356 (41.386)		
3:10.592 (37.236)					
28 Jamieson, Ephraim	Acton-Boxbor	3:12.36	3		
35.233 (35.233)	1:12.648 (37.415)	1:52.340 (39.692)	2:34.347 (42.008)		
3:12.358 (38.012)					

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 1000 M Run

29 Arun, Srivas	Westford Academy	3:12.55	2		
35.633 (35.633)	1:12.554 (36.922)	1:50.646 (38.092)		2:31.042 (40.397)	
3:12.548 (41.506)					
30 Baker, Archie	Wayland	3:13.05	3		
35.517 (35.517)	1:11.538 (36.021)	1:50.671 (39.133)		2:33.308 (42.637)	
3:13.047 (39.740)					
31 Dishinca, Mario	Lincoln-Sudb	3:13.85	3		
36.384 (36.384)	1:15.568 (39.184)	1:55.992 (40.425)		2:37.402 (41.410)	
3:13.844 (36.443)					
32 Garskof, Lalo	Cambridge Ri	3:14.41	3		
35.483 (35.483)	1:15.200 (39.717)	1:55.619 (40.420)		2:36.844 (41.226)	
3:14.405 (37.561)					
33 Tisdale, Henry simms	Weston	3:15.28	3		
35.693 (35.693)	1:14.933 (39.240)	1:54.656 (39.723)		2:35.968 (41.312)	
3:15.279 (39.312)					
34 Polymeros, Nicholas	Weston	3:21.36	3		
36.100 (36.100)	1:16.708 (40.608)	1:58.621 (41.913)		2:41.566 (42.945)	
3:21.360 (39.794)					
35 Featherman, Lukas	Cambridge Ri	3:22.71	3		
37.764 (37.764)	1:17.199 (39.436)	2:00.503 (43.304)		2:44.552 (44.050)	
3:22.708 (38.156)					
36 Abelson, Leo	Cambridge Ri	3:26.22	3		
35.698 (35.698)	1:15.963 (40.265)	2:00.014 (44.052)		2:45.199 (45.185)	
3:26.213 (41.015)					
37 Ota, Sebastian	Bedford	3:27.46	3		
35.180 (35.180)	1:11.049 (35.869)	1:50.454 (39.405)		2:35.592 (45.139)	
3:27.456 (51.864)					
38 Lang, Kevin	Bedford	3:42.17	3		
35.168 (35.168)	1:15.240 (40.072)	2:00.459 (45.220)		2:50.180 (49.721)	
3:42.162 (51.983)					
39 Kelly, Eamon	Acton-Boxbor	3:50.05	3		
38.560 (38.560)	1:24.469 (45.909)	2:18.652 (54.184)		3:08.496 (49.844)	
3:50.047 (41.552)					

Boys 1 Mile Run

Name	Year School	Finals	H#		
1 Elhaji, Bilal	Boston Latin	4:28.69	1		
32.839 (32.839)	1:05.544 (32.706)	1:39.735 (34.192)		2:14.383 (34.648)	
2:48.581 (34.199)	3:23.290 (34.709)	3:56.912 (33.623)		4:28.688 (31.776)	
2 MacDonald, Gavin	Newton South	4:35.87	1		
33.639 (33.639)	1:07.338 (33.700)	1:42.393 (35.056)		2:18.559 (36.166)	
2:54.666 (36.108)	3:30.900 (36.235)	4:06.071 (35.171)		4:35.870 (29.800)	
3 Caggiano, David	Westford Academy	4:36.69	1		
34.111 (34.111)	1:07.534 (33.423)	1:42.669 (35.136)		2:18.679 (36.010)	
2:54.945 (36.267)	3:31.287 (36.342)	4:05.271 (33.984)		4:36.689 (31.419)	
4 Medina, Gael	Cambridge Ri	4:39.44	1		
36.040 (36.040)	1:10.413 (34.373)	1:44.474 (34.061)		2:18.929 (34.456)	
2:55.208 (36.280)	3:31.075 (35.867)	4:05.451 (34.377)		4:39.439 (33.988)	
5 Maqtedar, Akhilesh	Acton-Boxbor	4:41.13	1		
33.410 (33.410)	1:06.947 (33.537)	1:42.031 (35.084)		2:18.178 (36.148)	
2:54.574 (36.396)	3:30.768 (36.195)	4:06.955 (36.187)		4:41.121 (34.167)	

Dual County League Meet #3 - 1/8/2025**the TRACK at new balance****Results****....Boys 1 Mile Run**

6	Cahill, William	Weston	4:42.27	1	
	36.067 (36.067)	1:09.301 (33.235)	1:43.622 (34.321)		2:19.407 (35.786)
	2:55.542 (36.135)	3:31.864 (36.323)	4:07.298 (35.434)		4:42.270 (34.972)
7	Cyriaque, Schaff	Wayland	4:47.81	1	
	35.787 (35.787)	1:11.191 (35.404)	1:46.239 (35.049)		2:21.150 (34.911)
	2:55.979 (34.829)	3:31.959 (35.981)	4:07.869 (35.910)		4:47.809 (39.940)
8	Bodenrader, Jay	Concord-Carlisle	4:50.50	1	
	35.432 (35.432)	1:10.257 (34.825)	1:46.459 (36.202)		2:23.507 (37.049)
	3:00.948 (37.441)	3:38.813 (37.865)	4:16.251 (37.439)		4:50.494 (34.243)
9	Smack, Cameron	Concord-Carlisle	4:51.46	1	
	35.833 (35.833)	1:10.211 (34.378)	1:46.056 (35.846)		2:22.931 (36.875)
	3:00.431 (37.501)	3:38.531 (38.100)	4:16.050 (37.520)		4:51.454 (35.404)
10	Lin, Chris	Acton-Boxbor	4:52.59	1	
	35.850 (35.850)	1:10.463 (34.613)	1:45.411 (34.948)		2:21.777 (36.367)
	2:59.007 (37.230)	3:38.054 (39.048)	4:16.494 (38.440)		4:52.585 (36.092)
11	Herman, Cody	Newton South	4:53.06	1	
	36.394 (36.394)	1:12.621 (36.228)	1:49.516 (36.896)		2:26.593 (37.077)
	3:04.017 (37.424)	3:41.243 (37.227)	4:18.116 (36.873)		4:53.051 (34.936)
12	Rivier, Alexan	Concord-Carlisle	4:58.26	1	
	36.991 (36.991)	1:14.037 (37.047)	1:51.745 (37.708)		2:29.779 (38.034)
	3:07.471 (37.693)	3:45.955 (38.484)	4:23.863 (37.908)		4:58.258 (34.395)
13	Kohl, Edward (Ed)	Boston Latin	4:59.25	2	
	39.185 (39.185)	1:16.912 (37.728)	1:54.935 (38.024)		2:33.005 (38.070)
	3:11.455 (38.451)	3:49.552 (38.097)	4:25.779 (36.228)		4:59.245 (33.466)
14	Bedingfield, Adam	Boston Latin	4:59.65	1	
	35.145 (35.145)	1:10.541 (35.396)	1:46.827 (36.286)		2:24.074 (37.248)
	3:02.721 (38.648)	3:42.046 (39.325)	4:22.149 (40.104)		4:59.643 (37.494)
15	Dandrea, Griffin	Newton South	4:59.71	1	4:59.705
	36.106 (36.106)	1:12.363 (36.257)	1:49.301 (36.939)		2:26.331 (37.031)
	3:04.735 (38.404)	3:44.418 (39.683)	4:23.511 (39.093)		4:59.705 (36.195)
16	Thomas, Jack	Concord-Carlisle	4:59.71	1	4:59.710
	35.677 (35.677)	1:11.481 (35.804)	1:48.484 (37.004)		2:26.474 (37.990)
	3:05.331 (38.857)	3:44.799 (39.469)	4:23.956 (39.157)		4:59.710 (35.754)
17	Haddad, Andre	Concord-Carlisle	5:02.41	1	
	36.639 (36.639)	1:13.057 (36.419)	1:50.850 (37.793)		2:30.559 (39.709)
	3:10.174 (39.616)	3:49.707 (39.533)	4:28.805 (39.099)		5:02.404 (33.600)
18	Nasdor, Justin	Lincoln-Sudb	5:02.97	1	
	37.308 (37.308)	1:14.395 (37.087)	1:51.523 (37.129)		2:30.052 (38.529)
	3:08.205 (38.153)	3:47.910 (39.705)	4:27.379 (39.469)		5:02.967 (35.588)
19	Eldridge, Liam	Cambridge Ri	5:05.26	1	
	36.858 (36.858)	1:13.342 (36.484)	1:51.159 (37.818)		2:29.735 (38.576)
	3:08.608 (38.873)	3:48.263 (39.656)	4:27.823 (39.560)		5:05.255 (37.433)
20	Mranal, Jagan	Lincoln-Sudb	5:10.46	2	
	36.745 (36.745)	1:13.302 (36.557)	1:50.816 (37.515)		2:30.418 (39.602)
	3:11.546 (41.128)	3:51.401 (39.856)	4:32.798 (41.397)		5:10.454 (37.656)
21	Han, Kevin	Weston	5:11.35	2	
	37.932 (37.932)	1:16.043 (38.111)	1:55.710 (39.668)		2:35.031 (39.322)
	3:14.379 (39.348)	3:55.527 (41.148)	4:35.468 (39.941)		5:11.349 (35.881)
22	Rotella, Sahill	Bedford	5:11.69	2	
	38.412 (38.412)	1:16.323 (37.912)	1:55.358 (39.035)		2:34.642 (39.284)
	3:13.909 (39.268)	3:54.595 (40.686)	4:35.191 (40.596)		5:11.686 (36.496)
23	Jaramillo, Gabriel	Westford Academy	5:11.92	2	
	37.322 (37.322)	1:13.847 (36.526)	1:51.544 (37.697)		2:31.760 (40.216)
	3:14.355 (42.596)	3:56.230 (41.875)	4:35.603 (39.374)		5:11.917 (36.314)

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 1 Mile Run

24	Ledell, Jason	Westford Academy	5:14.40	2			
	38.046 (38.046)	1:16.639 (38.593)	1:55.991 (39.352)		2:35.484 (39.494)		
	3:15.603 (40.120)	3:56.746 (41.143)	4:36.820 (40.075)		5:14.399 (37.580)		
25	Chao, Adam	Bedford	5:14.57	2			
	38.695 (38.695)	1:17.948 (37.254)	1:56.657 (38.709)		2:35.859 (39.202)		
	3:15.747 (39.888)	3:56.384 (40.638)	4:36.275 (39.892)		5:14.568 (38.293)		
26	Bosmajian, Aidan	Cambridge Ri	5:15.56	1			
	36.962 (36.962)	1:14.911 (37.949)	1:52.663 (37.753)		2:32.189 (39.526)		
	3:12.404 (40.216)	3:53.178 (40.774)	4:34.622 (41.444)		5:15.551 (40.929)		
27	Ren, Jason	Newton South	5:18.77	2			
	36.912 (36.912)	1:13.560 (36.648)	1:51.103 (37.543)		2:31.163 (40.061)		
	3:13.494 (42.331)	3:55.987 (42.494)	4:37.247 (41.260)		5:18.767 (41.520)		
28	Cheng, Michael	Bedford	5:24.05	2			
	39.566 (39.566)	1:19.455 (39.889)	2:00.238 (40.784)		2:41.227 (40.989)		
	3:21.255 (40.029)	4:02.014 (40.759)	4:43.948 (41.935)		5:24.044 (40.096)		
29	Hamill, Peter	Acton-Boxbor	5:24.71	2			
	38.970 (38.970)	1:17.219 (38.249)	1:56.974 (39.756)		2:37.957 (40.984)		
	3:19.411 (41.454)	4:01.641 (42.231)	4:43.765 (42.124)		5:24.704 (40.940)		
30	Poulain, David	Cambridge Ri	5:25.10	2			
	38.632 (38.632)	1:18.597 (39.965)	2:00.512 (41.916)		2:42.990 (42.478)		
	3:26.205 (43.216)	4:07.946 (41.741)	4:49.071 (41.125)		5:25.093 (36.023)		
31	Berzin, Gael	Cambridge Ri	5:28.12	2			
	39.135 (39.135)	1:19.292 (40.158)	2:00.138 (40.846)		2:42.515 (42.378)		
	3:25.779 (43.264)	4:07.405 (41.626)	4:48.658 (41.253)		5:28.116 (39.459)		
32	Okamoto, Nao	Bedford	5:28.88	2			
	40.356 (40.356)	1:20.254 (39.898)	2:00.711 (40.458)		2:42.035 (41.324)		
	3:24.787 (42.752)	4:08.025 (43.239)	4:50.881 (42.856)		5:28.879 (37.999)		
33	Derven, Archer	Acton-Boxbor	5:31.22	2			
	38.295 (38.295)	1:18.237 (39.943)	1:59.980 (41.744)		2:42.752 (42.772)		
	3:26.095 (43.344)	4:08.533 (42.438)	4:51.091 (42.559)		5:31.216 (40.125)		
34	Morgan, Fallace	Wayland	5:38.28	2			
	39.056 (39.056)	1:19.616 (40.560)	2:00.826 (41.210)		2:42.907 (42.082)		
	3:26.882 (43.975)	4:10.907 (44.025)	4:55.498 (44.592)		5:38.280 (42.783)		
35	Herrick, Matthew	Waltham	5:45.36	2			
	40.135 (40.135)	1:19.748 (39.614)	1:59.463 (39.715)		2:41.991 (42.529)		
	3:27.709 (45.718)	4:15.105 (47.396)	5:02.316 (47.212)		5:45.351 (43.036)		
36	Simler, Nate	Westford Academy	5:57.49	2			
	40.736 (40.736)	1:23.380 (42.644)	2:08.463 (45.084)		2:55.318 (46.855)		
	3:42.779 (47.462)	4:30.355 (47.576)	5:16.716 (46.361)		5:57.485 (40.769)		

Boys 2 Mile Run

=====							
Name	Year	School	Finals				
=====							
1	Sholk, Ethan	Lincoln-Sudb	9:29.14				
	35.481 (35.481)	1:08.219 (32.738)	1:42.640 (34.421)		2:18.619 (35.980)		
	2:54.827 (36.208)	3:30.920 (36.094)	4:06.723 (35.803)		4:42.486 (35.764)		
	5:18.632 (36.146)	5:54.676 (36.044)	6:31.623 (36.948)		7:08.910 (37.288)		
	7:46.409 (37.500)	8:24.104 (37.696)	8:58.440 (34.336)		9:29.140 (30.700)		
2	Flaig, Thomas	Newton South	9:46.54				
	38.432 (38.432)	1:12.891 (34.460)	1:48.508 (35.617)		2:24.666 (36.159)		
	3:01.016 (36.351)	3:37.506 (36.490)	4:14.276 (36.770)		4:51.427 (37.152)		
	5:27.833 (36.407)	6:05.120 (37.288)	6:42.111 (36.991)		7:20.584 (38.473)		
	7:58.581 (37.998)	8:36.228 (37.648)	9:13.051 (36.823)		9:46.539 (33.488)		

Dual County League Meet #3 - 1/8/2025**the TRACK at new balance****Results****....Boys 2 Mile Run**

3	Bronstein, Daniel	Cambridge Ri	10:13.24		
	39.569 (39.569)	1:15.741 (36.172)	1:51.999 (36.258)	2:29.493 (37.495)	
	3:07.186 (37.693)	3:45.625 (38.440)	4:24.438 (38.813)	5:03.643 (39.205)	
	5:42.647 (39.004)	6:21.576 (38.930)	7:01.325 (39.749)	7:41.129 (39.804)	
	8:20.802 (39.673)	8:59.831 (39.029)	9:38.712 (38.882)	10:13.240 (34.528)	
4	Rojas-Pratt, Alejandro S	Cambridge Ri	10:14.87		
	40.754 (40.754)	1:18.626 (37.872)	1:56.800 (38.175)	2:36.109 (39.309)	
	3:15.257 (39.148)	3:54.634 (39.377)	4:34.438 (39.804)	5:14.521 (40.084)	
	5:52.763 (38.242)	6:31.896 (39.133)	7:10.682 (38.787)	7:48.864 (38.182)	
	8:26.957 (38.094)	9:05.477 (38.520)	9:43.248 (37.771)	10:14.865 (31.618)	
5	MacDonald, Charles	Concord-Carlisle	10:16.60		
	39.867 (39.867)	1:18.077 (38.211)	1:56.926 (38.849)	2:36.708 (39.782)	
	3:15.500 (38.792)	3:54.801 (39.302)	4:34.754 (39.953)	5:14.228 (39.475)	
	5:52.444 (38.216)	6:31.367 (38.924)	7:10.197 (38.831)	7:48.576 (38.380)	
	8:26.681 (38.105)	9:05.663 (38.982)	9:43.012 (37.350)	10:16.591 (33.579)	
6	Sokatch, Jake	Newton South	10:17.68		
	41.224 (41.224)	1:18.679 (37.455)	1:56.522 (37.844)	2:35.725 (39.204)	
	3:14.983 (39.258)	3:54.601 (39.619)	4:34.640 (40.039)	5:14.067 (39.428)	
	5:52.250 (38.184)	6:31.610 (39.360)	7:09.960 (38.350)	7:48.388 (38.428)	
	8:26.966 (38.579)	9:05.693 (38.728)	9:43.446 (37.753)	10:17.679 (34.233)	
7	Selvitella, James	Cambridge Ri	10:21.53		
	40.519 (40.519)	1:18.243 (37.724)	1:56.689 (38.447)	2:36.465 (39.776)	
	3:15.670 (39.205)	3:54.540 (38.870)	4:34.433 (39.894)	5:14.488 (40.056)	
	5:52.973 (38.485)	6:32.152 (39.180)	7:11.022 (38.870)	7:49.794 (38.772)	
	8:27.844 (38.050)	9:05.853 (38.010)	9:44.323 (38.470)	10:21.527 (37.204)	
8	Kohl, Edward (Ed)	Boston Latin	10:48.50		
	41.689 (41.689)	1:21.739 (40.050)	2:01.146 (39.408)	2:39.930 (38.784)	
	3:18.672 (38.743)	3:58.267 (39.595)	4:38.376 (40.110)	5:19.902 (41.526)	
	6:01.039 (41.137)	6:43.156 (42.117)	7:25.097 (41.942)	8:07.681 (42.584)	
	8:50.054 (42.373)	9:32.062 (42.008)	10:12.477 (40.416)	10:48.496 (36.020)	
9	Zhou, Zihang	Boston Latin	10:54.64		
	40.811 (40.811)	1:20.303 (39.492)	1:57.191 (36.888)	2:37.037 (39.847)	
	3:16.148 (39.112)	3:55.906 (39.758)	4:37.970 (42.064)	5:20.453 (42.484)	
	6:01.416 (40.963)	6:43.547 (42.132)	7:25.380 (41.833)	8:08.070 (42.691)	
	8:50.332 (42.262)	9:32.560 (42.229)	10:13.924 (41.364)	10:54.632 (40.708)	
10	Gemmett, Mark	Boston Latin	11:11.41		
	42.186 (42.186)	1:22.690 (40.504)	2:03.691 (41.001)	2:44.754 (41.064)	
	3:26.915 (42.161)	4:09.898 (42.984)	4:50.871 (40.973)	5:33.224 (42.353)	
	6:13.972 (40.749)	6:55.648 (41.676)	7:37.796 (42.148)	8:21.200 (43.405)	
	9:03.583 (42.383)	9:46.504 (42.921)	10:30.394 (43.891)	11:11.402 (41.008)	
11	Iyer, Atharv	Westford Academy	11:20.73		
	40.352 (40.352)	1:20.541 (40.190)	2:01.611 (41.070)	2:43.942 (42.332)	
	3:26.624 (42.683)	4:09.668 (43.044)	4:52.233 (42.565)	5:35.004 (42.772)	
	6:18.129 (43.125)	7:02.280 (44.152)	7:46.343 (44.063)	8:31.281 (44.939)	
	9:15.639 (44.358)	10:01.464 (45.825)	10:43.996 (42.533)	11:20.729 (36.733)	
12	Salazar-Weibel, Patrick	Bedford	11:25.91		
	41.386 (41.386)	1:22.445 (41.060)	2:04.384 (41.940)	2:45.403 (41.019)	
	3:27.307 (41.904)	4:10.193 (42.887)	4:52.606 (42.413)	5:35.752 (43.146)	
	6:19.326 (43.575)	7:02.840 (43.514)	7:47.255 (44.416)	8:32.388 (45.133)	
	9:16.601 (44.214)	10:02.104 (45.504)	10:46.622 (44.518)	11:25.910 (39.288)	
13	LaCoste, Colin	Westford Academy	11:26.46		
	39.871 (39.871)	1:20.276 (40.405)	2:01.416 (41.140)	2:43.519 (42.104)	
	3:26.384 (42.866)	4:09.435 (43.051)	4:52.009 (42.575)	5:34.762 (42.753)	
	6:18.596 (43.834)	7:02.069 (43.474)	7:46.927 (44.858)	8:30.614 (43.688)	
	9:15.432 (44.819)	10:01.203 (45.771)	10:44.916 (43.713)	11:26.460 (41.545)	

Dual County League Meet #3 - 1/8/2025**the TRACK at new balance****Results****....Boys 2 Mile Run**

14 Bendersky, Simon	Bedford	11:28.98		
41.441 (41.441)	1:22.193 (40.752)	2:04.088 (41.896)	2:44.920 (40.832)	
3:26.749 (41.830)	4:09.814 (43.065)	4:52.459 (42.645)	5:35.128 (42.670)	
6:18.880 (43.752)	7:02.604 (43.724)	7:47.075 (44.472)	8:31.971 (44.896)	
9:17.348 (45.378)	10:02.726 (45.378)	10:47.491 (44.765)	11:28.980 (41.489)	
15 Rotella, Sahill	Bedford	12:07.68		
42.716 (42.716)	1:23.304 (40.588)	2:05.332 (42.028)	2:48.010 (42.679)	
3:33.196 (45.187)	4:19.382 (46.186)	5:05.356 (45.975)	5:51.557 (46.201)	
6:37.763 (46.206)	7:25.420 (47.658)	8:13.314 (47.894)	9:02.700 (49.386)	
9:51.792 (49.093)	10:40.101 (48.309)	11:25.611 (45.510)	12:07.675 (42.064)	
16 Grady, Spence	Wayland	12:23.75		
41.017 (41.017)	1:22.150 (41.133)	2:04.503 (42.353)	2:48.459 (43.956)	
3:33.308 (44.849)	4:19.070 (45.763)	5:03.614 (44.544)	5:51.244 (47.630)	
6:38.331 (47.088)	7:27.660 (49.330)	8:19.072 (51.412)	9:07.741 (48.670)	
9:58.636 (50.896)	10:47.753 (49.117)	11:37.717 (49.964)	12:23.746 (46.029)	
17 Morgan, Fallace	Wayland	12:31.24		
41.073 (41.073)	1:21.783 (40.710)	2:03.486 (41.704)	2:48.137 (44.652)	
3:33.684 (45.547)	4:18.701 (45.018)	5:04.948 (46.248)	5:52.437 (47.489)	
6:42.118 (49.681)	7:32.908 (50.790)	8:24.815 (51.908)	9:15.790 (50.976)	
10:07.575 (51.785)	10:59.020 (51.445)	11:49.511 (50.492)	12:31.237 (41.727)	

Boys 55 M Hurdles

Name	Year School	Finals	H#
1 Kyle, Ryan	Westford Academy	7.65	1
2 Lawal, Lateef	Boston Latin	8.30	1
3 O'Keefe, James	Lincoln-Sudb	8.47	1
4 Harris, Diego	Acton-Boxbor	8.54	1
5 Ryan, McCormack	Wayland	8.56	1
6 Raines, Jude	Lincoln-Sudb	8.61	5
7 Zhang, Haochen	Boston Latin	8.90	2
8 Atticus, DeGrenier	Wayland	8.98	2
9 Panchu, Sidharth	Acton-Boxbor	9.04	1
10 Giglio-Dirga, Ian	Newton South	9.06	1 9.053
11 Francois, Karl	Newton South	9.06	2 9.056
12 Macko, Hayden	Westford Academy	9.28	2
13 Shapiro, Maksim	Acton-Boxbor	9.39	3
14 Duffy, Jack	Acton-Boxbor	9.50	2
15 Boaz, Ethan	Westford Academy	9.56	2 9.556
16 Guthrie, Joey	Westford Academy	9.56	5 9.558
16 Jung, Owen	Newton South	9.56	2 9.558
18 Lee, Theodore	Cambridge Ri	10.07	3
19 Thomas, Jack	Concord-Carlisle	10.12	3
20 Nicholson, Dominic	Cambridge Ri	10.18	3
21 Hesselbein, Reginald	Boston Latin	10.25	4
22 Umeshkumar, Kishan	Acton-Boxbor	10.29	3
23 Holland, Kai	Bedford	10.45	4 10.445
24 Langan, Seamus	Newton South	10.45	4 10.447
25 Ma, Seiji	Concord-Carlisle	10.46	3
26 Freeman, Gabriel	Westford Academy	10.54	3
27 Karnath, Nicolas	Cambridge Ri	10.72	4
28 Quezada, Cleveland	Weston	10.74	4
29 Aray, Sebastien	Cambridge Ri	10.75	4
30 Leonard, Thomas	Acton-Boxbor	10.87	5

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 55 M Hurdles

31 Dandridge, Jonathan	Bedford	10.90	4
32 Randall, Dante	Cambridge Ri	11.18	5
33 Mbangula, Luvuyo	Cambridge Ri	11.25	5
34 Mason, Gregory	Westford Academy	11.36	5
35 Rodrigues, Max	Westford Academy	11.40	3
36 Mwebeiha, Isaiah	Weston	11.64	5

Boys 4x200 M Relay

School		Finals	H#
1 Acton-Boxborough Reg 'A'		1:30.56	1
1) Raymondeau, Elliott	2) Lemke, Liam		
3) Kasirye, Julian	4) Withington, Matthew		
2 Weston 'A'		1:30.71	1
1) Lago, Noah	2) Poyau, Amil		
3) Barbieri, Nicolas	4) Tavares, Ben		
3 Lincoln-Sudbury Regional 'A'		1:32.85	1
1) Begic, Nicholas	2) Sudnick, Matthew		
3) O'Keefe, James	4) Gothie, Max		
4 Wayland 'A'		1:38.82	2
1) Atticus, DeGrenier	2) Jayden, Taylor		
3) Norgaard, Tristan	4) Ryan, McCormack		
5 Newton South 'A'		1:39.59	2
1) Middien, Thomas	2) Francois, Karl		
3) Dash, Jesse	4) D'Souza, Eugene		
6 Boston Latin 'A'		1:40.63	2
1) Furlonge, Brendan	2) McCue, Aiden		
3) Ouyang, Matt	4) Williams, Avery		
7 Concord-Carlisle 'A'		1:41.38	2
1) Atkinson, Zion	2) Endo, Noah		
3) Blair, Richard	4) Hall, Gordon		
8 Waltham 'A'		1:45.80	1
1) Jackson, Tyrell	2) Foy, Noah		
3) Rizza, Sammy	4) Marshall, Rasheed		
-- Cambridge Rindge & Latin 'A'		DNF	1
1) Thomas, Jasen	2) Milner, Kossi		
3) Henry, Miel	4) Friedman-Wellisch, Jeremy		
-- Westford Academy 'A'		DNF	1
1) Buonacore, Vincent (Vinnie)	2) Kyle, Ryan		
3) O'Hearn, Dilan	4) Navas, Diego		

Boys 4x400 M Relay

School		Finals	H#
1 Boston Latin 'A'		3:41.41	1
1) Elhaji, Bilal	2) Day, Joseph		
3) Nolan, Brendan	4) Burnet, Sam		
27.855 (27.855)	56.104 (28.249)	1:21.685 (25.582)	1:51.731 (30.046)
2:18.724 (26.993)	2:47.366 (28.643)	3:12.517 (25.151)	3:41.405 (28.888)
2 Newton South 'A'		3:42.18	1
1) Giglio-Dirga, Ian	2) Friedman, Alex		

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys 4x400 M Relay

3) Bryden, Nash	4) Mathew, Jonathan								
27.102 (27.102)	56.978 (29.876)	1:23.473 (26.496)	1:52.865 (29.392)						
2:18.785 (25.920)	2:46.764 (27.979)	3:12.577 (25.813)	3:42.177 (29.601)						
3 Weston 'A'		3:42.93 1							
1) Burnett, Nathan	2) Nawa, Ryuji								
3) Tavares, Nathan	4) Cahill, William								
25.549 (25.549)	53.217 (27.668)	1:20.590 (27.374)	1:51.658 (31.068)						
2:18.861 (27.203)	2:48.607 (29.747)	3:14.046 (25.440)	3:42.926 (28.880)						
4 Concord-Carlisle 'A'		3:45.35 1							
1) MacDonald, Charles	2) Hernandez, Cesar								
3) Pimenta, Mateo	4) Bodenrader, Joey								
28.267 (28.267)	58.264 (29.997)	1:23.439 (25.176)	1:53.637 (30.198)						
2:18.596 (24.960)	2:50.479 (31.884)	3:17.621 (27.143)	3:45.349 (27.728)						
5 Westford Academy 'A'		3:47.48 2							
1) Berthold, Nick	2) Caggiano, David								
3) Almeida, Michael	4) Govarthanaraj, Soorya								
26.317 (26.317)	56.653 (30.336)	1:23.409 (26.757)	1:52.960 (29.551)						
2:20.155 (27.196)	2:49.541 (29.386)	3:17.757 (28.217)	3:47.474 (29.717)						
6 Cambridge Rindge & Latin 'A'		3:50.24 1							
1) Tague, Sebastian	2) Rojas-Pratt, Alejandro Stefan								
3) Lee, Theodore	4) Bronstein, Daniel								
27.998 (27.998)	56.467 (28.469)	1:22.796 (26.329)	1:52.181 (29.385)						
2:18.524 (26.344)	2:53.220 (34.696)	3:19.818 (26.599)	3:50.237 (30.419)						
7 Lincoln-Sudbury Regional 'A'		3:53.85 2							
1) Begic, Nicholas	2) O'Keefe, James								
3) Raines, Jude	4) Johnson, Connor								
27.820 (27.820)	1:01.567 (33.748)	1:30.353 (28.786)	2:02.226 (31.874)						
2:28.221 (25.996)	2:58.379 (30.158)	3:25.440 (27.061)	3:53.849 (28.410)						
8 Bedford 'A'		3:55.19 2							
1) Lundgren, Thomas	2) Joseph, Vineet								
3) Protasowicki, William	4) Gorkavy, Platon								
27.561 (27.561)	59.477 (31.916)	1:25.769 (26.292)	1:55.839 (30.070)						
2:24.099 (28.260)	2:55.980 (31.881)	3:24.908 (28.928)	3:55.186 (30.279)						
9 Acton-Boxborough Reg 'A'		3:59.33 1							
1) Barnett, Beckett	2) Hurlbut-Lesk, William								
3) Inuzuka, Matthew	4) Withington, George								
26.023 (26.023)	55.065 (29.043)	1:21.444 (26.379)	1:50.652 (29.208)						
2:18.533 (27.882)	2:56.649 (38.116)	3:25.545 (28.896)	3:59.328 (33.784)						
10 Wayland 'A'		4:15.51 2							
1) Kareem, Gayed	2) Andrew, Bayazitov								
3) Sawyer, Getz	4) Grady, Spence								
29.773 (29.773)	1:02.536 (32.764)	1:34.289 (31.753)	2:09.806 (35.518)						
2:40.829 (31.023)	3:16.877 (36.048)	3:44.276 (27.400)	4:15.503 (31.228)						

Boys High Jump

Name	Year	School	Finals
1 Lawal, Lateef		Boston Latin	6-00.00
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02			
--- O XO O XO XXO XO XXX			
2 Joseph, Vineet		Bedford	5-10.00
5-00 5-02 5-04 5-06 5-08 5-10 6-00			
--- --- --- XO O XXO XXX			
3 Duffy, Jack		Acton-Boxbor	5-08.00
5-00 5-02 5-04 5-06 5-08 5-10			
--- --- --- O O XXX			

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys High Jump

4 Pimenta, Mateo	Concord-Carlisle	5-06.00
5-00 5-02 5-04 5-06 5-08		
--- 0 0 0 XXX		
5 Rodrigues, Max	Westford Academy	J5-06.00
5-00 5-02 5-04 5-06 5-08		
0 0 XO XO XXX		
6 Xerras, Luke	Newton South	J5-06.00
5-00 5-02 5-04 5-06 5-08		
XXO 0 0 XO XXX		
7 Joseph, Vivek	Bedford	5-04.00
5-00 5-02 5-04 5-06		
XO 0 0 XXX		
8 Shokoti, Matthew	Cambridge Ri	J5-04.00
5-00 5-02 5-04 5-06		
XXO 0 0 XXX		
9 Ryan, McCormack	Wayland	J5-04.00
5-00 5-02 5-04 5-06		
0 0 XO XXX		
10 Van Beever, Zander	Newton South	5-02.00
5-00 5-02 5-04		
XO 0 XXX		
11 Merck, Jamal	Lincoln-Sudb	J5-02.00
5-00 5-02 5-04		
0 XO XXX		
11 Zlatkov, Ryan	Bedford	J5-02.00
5-00 5-02 5-04		
0 XO XXX		
11 Jackson, Tyrell	Waltham	J5-02.00
5-00 5-02 5-04		
0 XO XXX		
11 Green, Kamai	Cambridge Ri	J5-02.00
5-00 5-02 5-04		
0 XO XXX		
15 Flanagan, Liam	Westford Academy	J5-02.00
5-00 5-02 5-04		
XO XO XXX		
16 Nicholson, Dominic	Cambridge Ri	J5-02.00
5-00 5-02 5-04		
0 XXO XXX		
17 Obijuru, Francis	Boston Latin	5-00.00
5-00 5-02		
0 XXX		
18 Sawyer, Getz	Wayland	J5-00.00
5-00 5-02		
XO XXX		
18 Shokoti, Mathias	Cambridge Ri	J5-00.00
5-00 5-02		
XO XXX		
-- Mitesh, Dash	Wayland	NH
5-00		
XXX		
-- Comperchio, Casey	Concord-Carlisle	NH
5-00		
XXX		

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys High Jump

-- Boaz, Ethan	Westford Academy	NH
5-00		
XXX		
-- Garvin, Matthew (Matt)	Lincoln-Sudb	NH
5-00		
XXX		
-- Boretti, Ryan	Lincoln-Sudb	NH
5-00 5-02 5-04 5-06 5-08 5-10		
--- --- --- --- --- XXX		
-- O'Hearn, Dilan	Westford Academy	NH
5-00 5-02 5-04 5-06		
--- --- --- XXX		

Boys Long Jump

Name	Year	School	Finals	H#
1 Kyle, Ryan		Westford Academy	20-08.75	3
FOUL 20-08.75 PASS				
2 Lawal, Lateef		Boston Latin	19-04.75	3
19-04.75 18-04.75 18-09				
3 Boretti, Ryan		Lincoln-Sudb	19-02.50	2
19-02.50 FOUL PASS				
4 Acevedo, Jared		Boston Latin	18-10.75	3
FOUL 18-10.75 FOUL				
5 Obijuru, Francis		Boston Latin	18-09.25	2
17-11.25 18-09.25 18-02.50				
6 Gothie, Max		Lincoln-Sudb	18-06.75	3
17-09.75 17-09.50 18-06.75				
7 Feng, Eric		Acton-Boxbor	18-02.75	3
16-04 FOUL 18-02.75				
8 Galman, Gil		Bedford	18-00.75	3
18-00 18-00.75 FOUL				
9 Tristan, Norgaard		Wayland	17-10.50	3
17-07.50 16-08 17-10.50				
10 Oliveri Kuhnle, Matteo		Bedford	17-09.50	2
17-09.50 17-03 17-07				
11 D'Souza, Eugene		Newton South	17-09.25	3
FOUL 17-04.50 17-09.25				
12 Duffy, Jack		Acton-Boxbor	17-06.00	2
17-02 17-06 17-03				
13 Ssenfuma, Jaden		Waltham	17-04.50	1
15-07 14-06 17-04.50				
14 Shokoti, Mathias		Cambridge Ri	17-04.25	1
15-02.75 15-09 17-04.25				
15 Sawyer, Getz		Wayland	17-04.00	2
16-02.50 13-09 17-04				
16 Milner, Kossi		Cambridge Ri	17-03.75	3
FOUL FOUL 17-03.75				
17 Hernandez, Cesar		Concord-Carlisle	17-01.00	2
FOUL 17-01 16-09				
18 Edmundson, Abel		Newton South	17-00.00	2
17-00 16-06 16-00.50				
19 Lam, Ernest		Newton South	16-11.25	2
16-11.25 FOUL 15-09				

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys Long Jump

20	Rizza, Sammy	Waltham	16-09.00	1
	16-09 15-05.25 15-11.50			
21	Wang, Andrew	Lincoln-Sudb	J16-09.00	3
	FOUL 16-09 FOUL			
22	Marshall, Rasheed	Waltham	16-07.25	3
	FOUL 16-07.25 FOUL			
23	Zlatkov, Ryan	Bedford	16-07.00	2
	FOUL 15-06.75 16-07			
24	Zhao, Daniel	Acton-Boxbor	J16-07.00	2
	16-07 FOUL 15-01.50			
25	Zhang, Haochen	Boston Latin	16-05.25	2
	15-09.50 16-03.50 16-05.25			
26	Scully-Power, Lucas	Weston	16-04.00	1
	16-04 15-06.50 15-07			
27	Mendez, Bobby	Waltham	16-02.50	1
	FOUL 16-02.50 16-00.75			
28	Endo, Noah	Concord-Carlisle	16-01.50	1
	16-01.50 15-09 FOUL			
29	Dickie, Jackson	Weston	16-01.00	2
	16-01 FOUL FOUL			
30	Mwebeiha, Isaiah	Weston	15-10.00	1
	15-06 15-10 15-06.50			
31	Roma, Francis Ryan	Acton-Boxbor	15-03.50	1
	15-03.50 FOUL 15-02.50			
32	Lawson, Ja'Quell	Cambridge Ri	15-01.50	1
	FOUL 15-01.50 14-04.50			
33	Russell, Whitmore	Wayland	14-11.00	1
	14-04.50 14-10.50 14-11			
34	Zhuang, Chuanxuan	Lincoln-Sudb	14-05.50	1
	14-03.50 FOUL 14-05.50			
--	Torres, Oscar	Weston	FOUL	3
	FOUL FOUL FOUL			

Boys Triple Jump

Name	Year	School	Finals
1 Torres, Oscar		Weston	40-04.00
	FOUL FOUL	40-04	

Boys Shot Put

Name	Year	School	Finals	H#
1 Harrild, Jack		Newton South	42-00.50	3
	40-11.50 42-00.50 FOUL			
2 Luxama, Zach		Newton South	39-05.25	3
	39-05.25 39-02.50 36-04.50			
3 O'Connor, Wes		Waltham	38-06.50	3
	FOUL 33-11.50 38-06.50			
4 Salato, Alessandro		Bedford	37-11.00	3
	37-11 36-11.25 36-04.50			
5 Larimore, Chase		Bedford	37-07.00	3
	37-07 37-04 FOUL			

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys Shot Put

6	Merck, Jamal	Lincoln-Sudb	37-05.50	1
	37-05.50 35-07.50 37-02			
7	Slater, Tate	Newton South	34-09.00	3
	34-09 34-00 26-04			
8	Mulcahey, Oscar	Newton South	33-04.50	3
	33-02 33-04.50 32-10.75			
9	Zhang, Tyler	Westford Academy	33-03.00	3
	FOUL 29-01 33-03			
10	Gallant, Derek	Bedford	33-02.50	2
	32-05 32-05 33-02.50			
11	Bello, Matthew (Matt)	Westford Academy	J33-02.50	2
	33-02.50 31-11 32-04.50			
12	Shapiro, Maksim	Acton-Boxbor	32-09.00	2
	31-00 32-09 30-10			
13	Philpott, Ryan	Acton-Boxbor	32-06.00	3
	FOUL FOUL 32-06			
14	Rivers, Daniel	Lincoln-Sudb	32-05.75	3
	32-05.75 32-05 31-02			
15	Eaton, Cameron	Waltham	32-04.50	2
	31-05.50 32-02 32-04.50			
16	Blair, Richard	Concord-Carlisle	32-04.00	3
	32-04 31-05.50 31-03			
17	Hernandez, Cesar	Concord-Carlisle	32-00.50	3
	32-00.50 31-01 31-07.50			
18	Hall, Gordon	Concord-Carlisle	31-08.75	3
	27-10.75 28-11.75 31-08.75			
19	Guo, Gavin	Westford Academy	31-07.25	3
	29-10.50 30-00 31-07.25			
20	Waldron, Gavin	Bedford	30-07.00	2
	30-07 30-03.50 30-05			
21	O'Brien, Colin	Waltham	J30-07.00	2
	30-07 28-07.50 28-08.25			
22	McCarthy, Finbar	Waltham	30-05.50	2
	29-08.50 28-09.50 30-05.50			
23	Subbiah, Chelian	Weston	30-03.50	2
	30-03.50 29-07.50 28-01.50			
24	Ouyang, Matt	Boston Latin	29-09.75	2
	29-06.50 29-09.75 28-05.50			
25	Friel, Sebastian	Weston	29-09.50	2
	29-00.50 29-09.50 28-09			
26	Juris, Eli	Westford Academy	29-02.50	2
	27-03 28-09.50 29-02.50			
27	Jensen, Owen	Concord-Carlisle	J29-02.50	1
	27-08 28-06.25 29-02.50			
28	Sanchez - German, Jovann	Boston Latin	29-02.00	2
	25-06.50 29-02 25-11.75			
29	Reid, Amor	Boston Latin	29-00.00	2
	29-00 28-04.25 27-02.75			
30	Kasanov, Jacob	Weston	28-06.00	1
	27-10 FOUL 28-06			
31	Sreeramaiah, Mohan	Acton-Boxbor	28-05.00	1
	FOUL 28-05 28-01.50			
32	Brady, Spencer	Wayland	28-03.50	2
	27-08.50 28-03.50 27-09			

Dual County League Meet #3 - 1/8/2025
the TRACK at new balance
Results

....Boys Shot Put

33	Watts, Morris	Wayland	28-00.00	1
	26-05.25 27-11 28-00			
34	Arrieta, Diego	Lincoln-Sudb	27-11.75	2
	27-11.75 27-11.75 26-10.50			
35	Brown, Theodore	Cambridge Ri	27-08.50	1
	27-00 26-10 27-08.50			
36	Villafane, Benicio	Waltham	26-11.00	1
	FOUL 24-05 26-11			
37	Riddle, Aaron	Boston Latin	26-01.50	1
	25-04.50 26-01.50 23-01.50			
38	Ohlenbusch, Darwin	Weston	26-01.00	1
	25-08 24-09.50 26-01			
39	Blair, Robert	Concord-Carlisle	26-00.00	1
	24-09 26-00 22-10			
40	Lima, Gustavo	Acton-Boxbor	25-06.50	1
	23-09.50 23-00 25-06.50			
41	Williams, Avery	Boston Latin	25-01.50	1
	25-01.50 23-08 23-06.25			
42	Grady, Spence	Wayland	24-11.00	1
	24-07.50 24-11 24-05.50			
43	Vasquez, Luis	Cambridge Ri	23-06.25	1
	23-06.25 23-02.50 23-06			
44	Chakravarty, Vivek	Lincoln-Sudb	23-00.00	1
	FOUL FOUL 23-00			
--	Chen, Harvey	Newton South	FOUL	3
	FOUL FOUL FOUL			