

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
**the TRACK at new balance**  
**Results**

**Boys 55 M Dash Varsity**

Name	Year	School	Finals	H#
Finals				
1 Cox, Sean	12	Burlington	6.68	1
2 Philiossaint, Martin	12	Wilmington	6.78	1
3 Talavia, Kaiyan	12	Belmont	6.86	3 6.853
4 St Pierre, Duc	12	Woburn	6.86	3 6.859
4 Peng, Jonathan	12	Arlington	6.86	2 6.859
6 Lubowa, Nahshon	11	Woburn	6.89	3
7 Verdier, Jonathan	9	Woburn	6.96	3
8 Trainor, Alex	12	Arlington	7.01	2
9 Richer, Brady	11	Burlington	7.03	1 7.026
10 Mosharaf, Alborz	12	Belmont	7.03	3 7.027
11 Sheehan, Shane	10	Burlington	7.05	1
12 Harrison, Peter	12	Arlington	7.06	2
13 Carswell, Jasper	11	Winchester	7.21	2
14 Doyle, Finn	11	Winchester	7.28	2
15 Mahadi, Arvino	12	Belmont	7.31	3
16 Arulraj, Jonas	11	Wilmington	7.32	1
17 Spence, Cooper	11	Winchester	7.34	2 7.332
18 Lu, Ethan	10	Belmont	7.34	3 7.335
19 Molina, Cameron	10	Wilmington	7.35	1
20 Veazie, Brayden	11	Wilmington	7.43	1
21 Pupa, Jonathan	9	Burlington	7.62	1
-- Shubochkin, Nikolai	12	Arlington	FS	2

**Boys 300 M Dash Varsity**

Name	Year	School	Finals	H#
1 Baker, Ashvin	12	Wilmington	35.48	1
2 Shubochkin, Nikolai	12	Arlington	37.48	2
3 Brooks, Ryan	11	Burlington	37.69	1
4 Hedlund, Luke	12	Arlington	37.73	2
5 Burke, Ryan	10	Burlington	37.83	1 37.823
6 LaSpina, Alexander	11	Arlington	37.83	2 37.824
7 Kalema, Morris	11	Woburn	38.13	3
8 Abbott, Nicholas	12	Burlington	38.14	1
9 Curran, Dan	11	Woburn	39.12	3
10 Naykene, Natan	12	Winchester	39.73	2
11 Kothavade, Gautam	12	Belmont	40.26	3
12 Bees, Matthew	10	Winchester	40.33	2
13 Harris, Benjamin	10	Wilmington	40.45	1
14 Kowalczyk, Pete	12	Winchester	40.91	2
15 Kenneally, James	10	Belmont	40.98	3
16 McGann, Flynn	12	Woburn	41.31	3
17 Jean, Marvins	12	Wilmington	43.87	1
-- Amaratunga, Samuel	11	Belmont	FS	3

**Boys 600 M Run Varsity**

Name	Year	School	Finals	H#
1 Pendergast, Tyler	11	Woburn	1:28.45	3
27.703 (27.703)	57.083 (29.380)		1:28.446 (31.364)	

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025****the TRACK at new balance****Results****....Boys 600 M Run Varsity**

2	Dizio, Carlin	10 Woburn	1:30.39	3
	27.937 (27.937)	57.517 (29.580)	1:30.384 (32.868)	
3	Ivanov, Ivan	11 Burlington	1:31.29	1
	29.361 (29.361)	59.305 (29.944)	1:31.283 (31.979)	
4	Kenneally, Patrick	11 Arlington	1:31.72	2
	28.934 (28.934)	59.764 (30.831)	1:31.719 (31.955)	
5	Lally, Nathan	11 Woburn	1:31.96	3
	28.209 (28.209)	57.864 (29.656)	1:31.952 (34.088)	
6	Wood, Calvin	12 Arlington	1:32.46	2
	29.294 (29.294)	1:00.342 (31.048)	1:32.458 (32.116)	
7	Kennedy, Haris	12 Arlington	1:33.34	2
	29.524 (29.524)	1:01.458 (31.935)	1:33.336 (31.879)	
8	Kinyanjui, Shawn	11 Winchester	1:34.34	2
	29.646 (29.646)	1:01.253 (31.608)	1:34.339 (33.086)	
9	Jenks, Cameron	12 Wilmington	1:34.45	1
	29.951 (29.951)	1:01.715 (31.764)	1:34.446 (32.731)	
10	Nagappan, Arun	10 Burlington	1:36.10	1
	30.045 (30.045)	1:02.075 (32.031)	1:36.093 (34.018)	
11	Hutchinson, Connor	11 Arlington	1:36.17	2
	29.843 (29.843)	1:01.398 (31.556)	1:36.163 (34.765)	
12	Leary, Ian	11 Burlington	1:36.40	1
	32.361 (32.361)	1:05.306 (32.945)	1:36.394 (31.089)	
13	McGee, Logan	11 Burlington	1:36.51	1
	30.718 (30.718)	1:04.213 (33.496)	1:36.501 (32.288)	
14	Moriarty, Henry	12 Belmont	1:37.24	3
	30.893 (30.893)	1:03.529 (32.636)	1:37.237 (33.708)	
15	Ragar, Reno	11 Belmont	1:38.38	3
	28.459 (28.459)	1:00.051 (31.592)	1:38.379 (38.328)	
16	Heffernan, Chase	11 Wilmington	1:39.60	1
	32.928 (32.928)	1:06.390 (33.462)	1:39.594 (33.204)	
17	Koopman, Nolan	11 Arlington	1:41.37	2
	29.673 (29.673)	1:01.202 (31.529)	1:41.369 (40.168)	
18	Tulachan, Neel	11 Woburn	1:42.49	3
	31.360 (31.360)	1:05.288 (33.928)	1:42.490 (37.203)	
19	Grace, Dylan	11 Wilmington	1:42.55	1
	33.290 (33.290)	1:08.163 (34.874)	1:42.542 (34.380)	
20	Schoenholtz, Ethan	12 Wilmington	1:42.72	1
	32.041 (32.041)	1:06.654 (34.613)	1:42.714 (36.061)	
21	Wolff, Tomas	9 Belmont	1:43.24	3
	30.889 (30.889)	1:05.409 (34.520)	1:43.232 (37.824)	
22	Brown, Ryan	12 Burlington	1:43.49	1
	33.514 (33.514)	1:08.748 (35.235)	1:43.486 (34.739)	
23	Walcott, Geno	9 Woburn	1:44.84	3
	32.291 (32.291)	1:09.015 (36.724)	1:44.832 (35.817)	
24	Lloyd, Carder	11 Belmont	1:45.15	3
	31.601 (31.601)	1:06.998 (35.397)	1:45.144 (38.146)	
25	Wu, Jeffrey	10 Belmont	1:45.18	3
	31.226 (31.226)	1:06.649 (35.423)	1:45.177 (38.528)	
26	Atwater, Zachary	10 Wilmington	1:48.33	1
	33.969 (33.969)	1:10.393 (36.424)	1:48.322 (37.929)	

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025****the TRACK at new balance****Results****Boys 1000 M Run Varsity**

Name	Year	School	Finals		
1 Dutta, Rohan	12	Burlington	2:44.44		
31.316 (31.316)	1:06.254 (34.938)	1:41.705 (35.452)	2:13.974 (32.269)		
2:44.435 (30.461)					
2 Meretta, Eli	12	Belmont	2:44.93		
31.534 (31.534)	1:06.495 (34.961)	1:41.369 (34.875)	2:13.634 (32.265)		
2:44.926 (31.292)					
3 Kulubya, Dawit	11	Woburn	2:47.09		
31.692 (31.692)	1:06.740 (35.048)	1:41.767 (35.028)	2:14.989 (33.223)		
2:47.089 (32.100)					
4 Ciampa, Dean	12	Wilmington	2:48.74		
31.974 (31.974)	1:07.110 (35.136)	1:42.571 (35.461)	2:15.964 (33.393)		
2:48.735 (32.772)					
5 Russell, Felix	12	Arlington	2:51.97		
34.016 (34.016)	1:09.026 (35.011)	1:44.792 (35.767)	2:18.820 (34.028)		
2:51.964 (33.144)					
6 Sweeney, Jack	12	Arlington	2:52.82		
33.354 (33.354)	1:08.194 (34.840)	1:43.759 (35.565)	2:19.652 (35.893)		
2:52.815 (33.164)					
7 Fritsch, Matthew	12	Winchester	2:53.32		
32.960 (32.960)	1:07.887 (34.928)	1:43.472 (35.586)	2:19.216 (35.744)		
2:53.315 (34.100)					
8 Holleran, Cooper	10	Wilmington	2:57.19		
33.862 (33.862)	1:10.586 (36.724)	1:47.201 (36.616)	2:23.152 (35.952)		
2:57.181 (34.029)					
9 Katayomba, Evans	11	Burlington	2:57.52		
34.178 (34.178)	1:10.199 (36.021)	1:47.216 (37.018)	2:22.171 (34.955)		
2:57.512 (35.342)					
10 Cummings, Evan	11	Wilmington	3:01.38		
33.303 (33.303)	1:10.103 (36.800)	1:47.910 (37.808)	2:25.686 (37.776)		
3:01.377 (35.692)					
11 Weng, Isaac	11	Belmont	3:03.41		
33.836 (33.836)	1:10.436 (36.600)	1:46.926 (36.491)	2:24.735 (37.809)		
3:03.408 (38.674)					
12 Chang, Alexander	12	Burlington	3:03.82		
33.638 (33.638)	1:10.347 (36.709)	1:48.254 (37.908)	2:26.414 (38.160)		
3:03.812 (37.398)					
13 Mohd, Yusuf	12	Woburn	3:08.06		
34.120 (34.120)	1:11.045 (36.925)	1:48.854 (37.809)	2:28.405 (39.552)		
3:08.060 (39.656)					
14 Sullivan, Oakley	10	Belmont	3:13.14		
34.279 (34.279)	1:11.232 (36.953)	1:49.234 (38.003)	2:30.633 (41.400)		
3:13.136 (42.503)					

**Boys 1 Mile Run Varsity**

Name	Year	School	Finals		
1 Bernstein, Owen	12	Winchester	4:34.66		
34.579 (34.579)	1:07.772 (33.193)	1:41.661 (33.889)	2:16.449 (34.788)		
2:51.314 (34.865)	3:28.329 (37.016)	4:04.245 (35.916)	4:34.656 (30.412)		
2 Moir, Jack	12	Arlington	4:35.15		
35.300 (35.300)	1:08.641 (33.341)	1:42.788 (34.148)	2:18.269 (35.481)		
2:53.137 (34.868)	3:29.170 (36.033)	4:04.337 (35.168)	4:35.150 (30.813)		

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3	Cheung, Anderson	12 Arlington	4:38.45		
	35.518 (35.518)	1:08.827 (33.309)	1:42.971 (34.144)	2:17.952 (34.981)	
	2:52.632 (34.680)	3:28.929 (36.297)	4:05.364 (36.436)	4:38.443 (33.080)	
4	Malloy, Harry	12 Arlington	4:40.12		
	35.059 (35.059)	1:08.279 (33.220)	1:42.193 (33.914)	2:17.074 (34.881)	
	2:52.342 (35.268)	3:28.568 (36.227)	4:05.108 (36.540)	4:40.120 (35.012)	
5	Almeida, Krish	12 Burlington	4:40.86		
	34.769 (34.769)	1:07.960 (33.192)	1:41.904 (33.944)	2:16.734 (34.831)	
	2:51.946 (35.212)	3:28.205 (36.260)	4:04.901 (36.696)	4:40.855 (35.955)	
6	Capone, Jonathan	12 Woburn	4:51.08		
	35.581 (35.581)	1:09.298 (33.718)	1:44.117 (34.819)	2:20.850 (36.734)	
	2:58.372 (37.522)	3:36.623 (38.252)	4:14.942 (38.319)	4:51.080 (36.139)	
7	Dong, Gavin	11 Wilmington	4:51.82		
	36.970 (36.970)	1:11.762 (34.792)	1:47.691 (35.929)	2:25.434 (37.744)	
	3:03.490 (38.056)	3:41.179 (37.690)	4:17.826 (36.647)	4:51.811 (33.986)	
8	Geiger, Noah	9 Belmont	4:54.78		
	36.867 (36.867)	1:10.922 (34.056)	1:46.961 (36.039)	2:24.071 (37.111)	
	3:01.778 (37.708)	3:40.909 (39.131)	4:18.937 (38.028)	4:54.779 (35.843)	
9	Harrington, Jonathan	11 Woburn	4:58.06		
	36.711 (36.711)	1:11.446 (34.736)	1:47.550 (36.104)	2:25.238 (37.688)	
	3:03.696 (38.459)	3:43.372 (39.676)	4:23.287 (39.916)	4:58.058 (34.771)	
10	Heldwein, Henry	11 Belmont	4:59.31		
	37.295 (37.295)	1:12.118 (34.824)	1:48.333 (36.215)	2:26.087 (37.755)	
	3:04.547 (38.460)	3:43.782 (39.236)	4:23.694 (39.912)	4:59.305 (35.612)	
11	Cronin, Jake	11 Wilmington	5:07.67		
	37.989 (37.989)	1:14.950 (36.961)	1:52.688 (37.739)	2:31.589 (38.901)	
	3:11.626 (40.037)	3:52.346 (40.720)	4:32.829 (40.484)	5:07.666 (34.838)	
12	Lamoretti, Jayden	12 Burlington	5:09.73		
	38.005 (38.005)	1:15.070 (37.065)	1:53.014 (37.944)	2:32.307 (39.294)	
	3:13.072 (40.765)	3:54.001 (40.929)	4:32.638 (38.637)	5:09.726 (37.088)	
13	DaGraca, Logan	11 Burlington	5:18.54		
	38.710 (38.710)	1:18.069 (39.359)	1:57.748 (39.680)	2:37.404 (39.656)	
	3:17.857 (40.453)	3:59.340 (41.484)	4:39.991 (40.652)	5:18.533 (38.542)	
14	Canevari, Parker	10 Wilmington	5:25.43		
	38.420 (38.420)	1:17.646 (39.226)	1:58.539 (40.894)	2:40.762 (42.224)	
	3:24.272 (43.510)	4:06.783 (42.512)	4:46.159 (39.376)	5:25.424 (39.265)	
15	Efe, Selim	10 Belmont	5:33.96		
	38.648 (38.648)	1:18.746 (40.099)	2:01.543 (42.797)	2:43.942 (42.399)	
	3:27.007 (43.066)	4:11.606 (44.600)	4:54.943 (43.337)	5:33.954 (39.012)	
16	Nicolas, Isaac	10 Woburn	5:47.92		
	39.391 (39.391)	1:20.343 (40.952)	2:04.266 (43.924)	2:49.950 (45.684)	
	3:35.970 (46.020)	4:23.125 (47.155)	5:06.529 (43.404)	5:47.913 (41.384)	

**Boys 2 Mile Run Varsity**

Name	Year School	Finals		
1 Collins, Daichi	11 Arlington	10:06.29		
	39.230 (39.230)	1:17.268 (38.038)	1:55.823 (38.556)	2:34.771 (38.948)
	3:13.294 (38.524)	3:51.900 (38.607)	4:31.016 (39.116)	5:09.002 (37.987)
	5:47.473 (38.472)	6:25.413 (37.940)	7:03.576 (38.163)	7:42.140 (38.564)
	8:21.125 (38.986)	8:59.524 (38.400)	9:35.472 (35.948)	10:06.286 (30.815)

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2	Pereira, Jonathan	12 Woburn	10:09.51		
	37.471 (37.471)	1:14.125 (36.655)	1:52.098 (37.973)	2:30.804 (38.706)	
	3:09.816 (39.012)	3:48.752 (38.937)	4:28.056 (39.304)	5:06.827 (38.771)	
	5:45.244 (38.418)	6:24.447 (39.203)	7:03.535 (39.088)	7:41.831 (38.296)	
	8:20.783 (38.952)	8:59.572 (38.789)	9:35.824 (36.253)	10:09.501 (33.677)	
3	Merrill, Owen	10 Arlington	10:28.63		
	39.734 (39.734)	1:17.857 (38.124)	1:56.556 (38.699)	2:35.516 (38.961)	
	3:14.917 (39.401)	3:53.745 (38.828)	4:33.411 (39.666)	5:13.616 (40.206)	
	5:53.641 (40.025)	6:33.660 (40.020)	7:14.187 (40.527)	7:54.956 (40.769)	
	8:35.432 (40.476)	9:15.286 (39.855)	9:53.649 (38.364)	10:28.628 (34.979)	
4	Kanyike, Roy	11 Burlington	10:37.25		
	39.299 (39.299)	1:18.110 (38.812)	1:57.138 (39.028)	2:37.144 (40.006)	
	3:17.486 (40.343)	3:57.761 (40.276)	4:37.220 (39.459)	5:16.696 (39.476)	
	5:56.800 (40.104)	6:36.716 (39.916)	7:16.700 (39.985)	7:57.463 (40.763)	
	8:37.897 (40.435)	9:19.448 (41.552)	9:59.626 (40.178)	10:37.243 (37.617)	
5	Dong, Gavin	11 Wilmington	10:43.61		
	39.656 (39.656)	1:18.772 (39.116)	1:57.536 (38.764)	2:37.336 (39.800)	
	3:17.725 (40.390)	3:57.952 (40.228)	4:37.604 (39.652)	5:17.109 (39.505)	
	5:57.159 (40.050)	6:37.167 (40.008)	7:18.034 (40.868)	7:59.564 (41.530)	
	8:41.704 (42.140)	9:24.152 (42.449)	10:06.488 (42.336)	10:43.601 (37.114)	
6	Calhoun, Prince	12 Woburn	10:43.99		
	40.225 (40.225)	1:18.442 (38.217)	1:57.436 (38.995)	2:37.642 (40.206)	
	3:18.048 (40.407)	3:58.132 (40.084)	4:37.892 (39.760)	5:17.772 (39.880)	
	5:58.444 (40.672)	6:39.146 (40.703)	7:20.227 (41.081)	8:01.826 (41.600)	
	8:43.212 (41.386)	9:25.276 (42.065)	10:05.518 (40.242)	10:43.982 (38.464)	
7	Stefanowicz, Henry	10 Burlington	11:08.73		
	41.792 (41.792)	1:21.633 (39.841)	2:02.548 (40.916)	2:44.540 (41.992)	
	3:26.544 (42.005)	4:08.684 (42.140)	4:51.061 (42.377)	5:33.571 (42.510)	
	6:16.086 (42.516)	6:57.745 (41.660)	7:41.390 (43.645)	8:25.124 (43.734)	
	9:08.444 (43.321)	9:51.452 (43.008)	10:31.932 (40.480)	11:08.728 (36.796)	
8	Olmsted, William	9 Belmont	11:17.99		
	40.035 (40.035)	1:17.628 (37.593)	1:57.021 (39.394)	2:37.461 (40.440)	
	3:18.435 (40.974)	3:59.099 (40.664)	4:43.435 (44.336)	5:26.879 (43.444)	
	6:12.568 (45.689)	6:57.182 (44.615)	7:42.754 (45.572)	8:29.651 (46.897)	
	9:15.663 (46.012)	9:58.846 (43.184)	10:42.266 (43.420)	11:17.981 (35.716)	
9	Campisano, Elias	10 Belmont	11:18.21		
	41.424 (41.424)	1:21.275 (39.852)	2:00.967 (39.692)	2:42.019 (41.052)	
	3:23.476 (41.457)	4:05.240 (41.764)	4:47.756 (42.516)	5:31.741 (43.986)	
	6:15.796 (44.055)	6:58.721 (42.926)	7:42.740 (44.020)	8:27.224 (44.484)	
	9:12.006 (44.782)	9:55.557 (43.552)	10:38.324 (42.768)	11:18.205 (39.881)	
10	Dynan, David	11 Wilmington	11:28.93		
	42.500 (42.500)	1:23.876 (41.376)	2:06.586 (42.711)	2:49.764 (43.178)	
	3:32.569 (42.806)	4:15.944 (43.375)	5:00.344 (44.401)	5:43.000 (42.656)	
	6:25.260 (42.260)	7:09.476 (44.216)	7:53.187 (43.711)	8:38.759 (45.572)	
	9:23.664 (44.905)	10:09.079 (45.416)	10:51.717 (42.639)	11:28.926 (37.209)	
11	Sun, Andrew	11 Winchester	11:30.99		
	41.535 (41.535)	1:21.476 (39.942)	2:02.787 (41.311)	2:44.942 (42.156)	
	3:27.581 (42.640)	4:10.155 (42.574)	4:53.888 (43.734)	5:38.660 (44.772)	
	6:23.511 (44.851)	7:07.957 (44.447)	7:52.933 (44.976)	8:38.313 (45.380)	
	9:23.264 (44.951)	10:08.604 (45.341)	10:52.082 (43.478)	11:30.990 (38.908)	
12	Mann, Austin	10 Belmont	11:42.57		
	44.617 (44.617)	1:27.297 (42.680)	2:10.833 (43.536)	2:53.995 (43.162)	
	3:37.988 (43.993)	4:21.288 (43.301)	5:05.613 (44.325)	5:50.227 (44.614)	
	6:34.295 (44.068)	7:17.388 (43.094)	8:01.024 (43.636)	8:45.115 (44.091)	
	9:31.371 (46.256)	10:15.956 (44.585)	11:01.968 (46.012)	11:42.568 (40.600)	

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**the TRACK at new balance**  
**Results**

**....Boys 2 Mile Run Varsity**

13 Berkmen, Kaan	12 Belmont	11:43.18	
44.207 (44.207)	1:27.044 (42.838)	2:10.531 (43.487)	2:53.644 (43.113)
3:37.616 (43.972)	4:20.976 (43.360)	5:05.287 (44.312)	5:49.838 (44.552)
6:33.977 (44.140)	7:17.050 (43.073)	8:00.578 (43.528)	8:44.554 (43.976)
9:31.036 (46.483)	10:15.416 (44.380)	11:00.366 (44.951)	11:43.179 (42.813)
14 Govathoti, Moses	10 Burlington	12:03.25	
43.329 (43.329)	1:27.496 (44.167)	2:11.383 (43.888)	2:55.716 (44.334)
3:40.016 (44.300)	4:23.896 (43.880)	5:09.104 (45.208)	5:53.815 (44.712)
6:36.459 (42.644)	7:22.621 (46.163)	8:09.759 (47.138)	8:57.918 (48.160)
9:45.304 (47.387)	10:33.258 (47.954)	11:19.627 (46.369)	12:03.246 (43.620)
15 Khaleel, Mehran	11 Burlington	12:26.16	
43.753 (43.753)	1:27.756 (44.003)	2:11.885 (44.130)	2:56.554 (44.669)
3:41.540 (44.986)	4:27.220 (45.680)	5:13.844 (46.624)	6:01.107 (47.264)
6:48.148 (47.042)	7:36.289 (48.141)	8:23.960 (47.671)	9:13.076 (49.116)
10:02.312 (49.237)	10:52.636 (50.324)	11:41.140 (48.505)	12:26.156 (45.016)
16 Lawler, Matthew	9 Wilmington	12:32.90	
44.394 (44.394)	1:29.060 (44.666)	2:14.432 (45.372)	2:59.384 (44.953)
3:45.610 (46.226)	4:32.348 (46.738)	5:19.239 (46.892)	6:06.243 (47.004)
6:54.512 (48.270)	7:43.177 (48.665)	8:31.995 (48.818)	9:21.202 (49.208)
10:10.216 (49.014)	10:59.820 (49.605)	11:48.036 (48.216)	12:32.895 (44.860)

**Boys 55 M Hurdles Varsity**

Name	Year School	Finals	H#
1 Hedlund, Luke	12 Arlington	8.09	2
2 Lubowa, Nahshon	11 Woburn	8.17	3
3 Conte, Matthew	11 Burlington	8.60	1
4 Mattson, Cameron	12 Burlington	8.63	1
5 Ciasullo, Anthony	12 Woburn	8.78	3
6 Tatsumi, Takeshi	12 Belmont	8.90	3
7 Janowsky, Tobin	12 Winchester	9.02	2
8 Egenolf, Taran	12 Winchester	9.04	2
9 Connolly, Aidan	12 Arlington	9.06	2
10 Qi, Daniel	12 Belmont	9.19	3
11 O'Meara, Cian	11 Winchester	9.77	2
12 Latchford, Ryan	10 Burlington	9.81	1
13 Grace, Dylan	11 Wilmington	9.88	1 9.873
13 Hutchinson, Connor	11 Arlington	9.88	2 9.873
15 Harris, Benjamin	10 Wilmington	10.24	1
16 Svetly, Cash	9 Woburn	10.47	3
17 Stevens, Trevor	11 Burlington	10.76	1
18 Goulding, Hugh	9 Belmont	10.80	3
19 Veazie, Brayden	11 Wilmington	10.81	1
20 Lopes, James	12 Arlington	10.91	2
21 Moussignac, Javeed	9 Belmont	11.65	3
22 Cummings, Anthony	11 Wilmington	11.71	1

**Boys 4x200 M Relay Varsity**

School	Finals
1 Burlington	1:36.20
1) Abbott, Nicholas 12	2) Richer, Brady 11
3) Rayne, Liam 10	4) Cox, Sean 12

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
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**....Boys 4x200 M Relay Varsity**

2 Woburn	1:36.32
1) Kalema, Morris 11	2) Ciasullo, Anthony 12
3) Clafflin, Camden 12	4) Curran, Dan 11
3 Belmont	1:36.51
1) Mosharaf, Alborz 12	2) Amaratunga, Samuel 11
3) Talavia, Kaiyan 12	4) Qi, Daniel 12
4 Arlington	1:39.55
1) Patel, Neel 11	2) Sadowski, Jack 12
3) Trainor, Alex 12	4) Kenneally, Dennis 12
5 Winchester	1:39.86
1) Spence, Cooper 11	2) Kakol, Shreyas 12
3) Li, Marvin 11	4) Kumaran, Kadhira 11
-- Wilmington	DNF
1) Molina, Cameron 10	2) Arulraj, Jonas 11
3) Jean, Marvins 12	4) Philiossaint, Martin 12

**Boys 4x400 M Relay Varsity**

School	Finals
1 Arlington	3:35.64
1) Peng, Jonathan 12	2) LaSpina, Alexander 11
3) Collins, Daichi 11	4) Cheung, Anderson 12
24.995 (24.995)      52.729 (27.734)	1:18.950 (26.221)
2:13.403 (25.728)      2:41.852 (28.449)	3:07.250 (25.398)
	1:47.676 (28.727)
	3:35.639 (28.390)
2 Woburn	3:38.83
1) Dizio, Carlin 10	2) Lally, Nathan 11
3) Pendergast, Tyler 11	4) Kulubya, Dawit 11
26.284 (26.284)      54.605 (28.321)	1:20.176 (25.572)
2:16.889 (26.553)      2:46.062 (29.173)	3:11.030 (24.969)
	1:50.336 (30.160)
	3:38.826 (27.796)
3 Wilmington	3:39.92
1) Jenks, Cameron 12	2) Ciampa, Dean 12
3) Holleran, Cooper 10	4) Baker, Ashvin 12
27.099 (27.099)      56.664 (29.565)	1:23.222 (26.558)
2:19.485 (27.499)      2:50.262 (30.778)	3:13.258 (22.996)
	1:51.986 (28.765)
	3:39.919 (26.662)
4 Burlington	3:40.53
1) Rigolini, Scott 10	2) Dutta, Rohan 12
3) Ivanov, Ivan 11	4) Nagappan, Arun 10
27.562 (27.562)      56.458 (28.897)	1:23.512 (27.054)
2:19.076 (24.824)      2:48.016 (28.940)	3:13.434 (25.419)
	1:54.252 (30.740)
	3:40.526 (27.092)
5 Winchester	3:55.31
1) Kinyanjui, Shawn 11	2) Gobes, Xavier 10
3) Walker, Nicholas 12	4) Bernstein, Owen 12
30.149 (30.149)      1:02.900 (32.752)	1:31.012 (28.112)
2:29.842 (27.853)      3:02.602 (32.761)	3:27.634 (25.032)
	2:01.989 (30.977)
	3:55.302 (27.668)
6 Belmont	3:57.48
1) Kothavade, Gautam 12	2) Moriarty, Henry 12
3) Kenneally, James 10	4) Meretta, Eli 12
27.017 (27.017)      57.610 (30.594)	1:23.438 (25.828)
2:25.074 (28.506)      2:56.218 (31.144)	3:25.662 (29.444)
	1:56.568 (33.130)
	3:57.474 (31.813)

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
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**Results**

**Boys High Jump Varsity**

Name	Year	School	Finals
1 Ngowi, Peter		Arlington	6-03.00
4-10 5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-01 6-02 6-03 6-05			
---			XXX
2 Jepson, Noah	11	Arlington	5-08.00
4-10 5-00 5-02 5-04 5-06 5-08 5-10			
---			XXX
3 Kalema, Morris	11	Woburn	J5-08.00
4-10 5-00 5-02 5-04 5-06 5-08 5-10			
---			XXX
4 Baker, Ashvin	12	Wilmington	5-04.00
4-10 5-00 5-02 5-04 5-06			
---			XXX
4 Brookins, Parker	12	Belmont	5-04.00
4-10 5-00 5-02 5-04 5-06			
---			XXX
6 Mahadi, Arvino	12	Belmont	J5-04.00
4-10 5-00 5-02 5-04 5-06			
---			XXX
6 Fanton, Oliver	12	Winchester	J5-04.00
4-10 5-00 5-02 5-04 5-06			
---			XXX
8 Sheehan, Shane	10	Burlington	J5-04.00
4-10 5-00 5-02 5-04 5-06			
---			XXX
9 Harris, Benjamin	10	Wilmington	J5-04.00
4-10 5-00 5-02 5-04 5-06			
---			XXX
10 Keeler, Nathan	10	Winchester	J5-02.00
4-10 5-00 5-02 5-04			
---			XXX
11 Swanson, Gavin	10	Belmont	J5-02.00
4-10 5-00 5-02 5-04			
---			XXX
11 Latchford, Ryan	10	Burlington	J5-02.00
4-10 5-00 5-02 5-04			
---			XXX
-- Forsyth, Ryan	9	Woburn	XNH JV
4-10			
XXX			
-- Dynan, David	11	Wilmington	NH
4-10 5-00 5-02			
---			XXX
-- Ross, Ishaan	10	Arlington	XNH JV
4-10			
XXX			
-- Martell, Cole	10	Woburn	XNH JV
4-10			
XXX			
-- Sadowski, Jack	12	Arlington	NH
4-10 5-00 5-02			
---			XXX



**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
**the TRACK at new balance**  
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**....Boys High Jump Varsity**

-- Svetly, Cash	9 Woburn	NH		
4-10 5-00 5-02				
--- --- XXX				
-- Conte, Matthew	11 Burlington	NH		
4-10 5-00 5-02				
--- --- XXX				
-- Peavey, Esmael	9 Belmont	XJ5-04.00	JV	
4-10 5-00 5-02 5-04 5-06				
--- --- XO O XXX				
-- Reynolds, Parker	10 Belmont	XJ5-04.00	JV	
4-10 5-00 5-02 5-04				
--- --- XXO O				
-- Bhandary, Aayush	12 Belmont	XJ5-04.00	JV	
4-10 5-00 5-02 5-04 5-06				
--- O XO XO XXX				
-- Holliday, Quinn	11 Arlington	XJ5-00.00	JV	
4-10 5-00 5-02				
XO XXO XXX				
-- Harrison, Peter	12 Arlington	XJ5-00.00	JV	
4-10 5-00 5-02				
--- O XXX				
-- Lloyd, Carder	11 Belmont	XJ4-10.00	JV	
4-10 5-00				
XO XXX				
-- Valeriano, Gavin	11 Winchester	XJ4-10.00	JV	
4-10 5-00				
XO XXX				
-- Michaud, Bridge	10 Woburn	XJ4-10.00	JV	
4-10 5-00				
XO XXX				
-- Kelley, Michael	9 Burlington	XJ4-10.00	JV	
4-10 5-00				
O XXX				
-- Wilcox, Christian	9 Burlington	XJ4-10.00	JV	
4-10 5-00				
XO XXX				

**Boys Long Jump Varsity**

Name	Year	School	Finals	H#
1 Philiossaint, Martin	12	Wilmington	20-06.00	1
19-04.25 FOUL		20-06		
2 Peng, Jonathan	12	Arlington	19-07.50	2
FOUL 19-07.50		19-03.50		
3 Carswell, Jasper	11	Winchester	19-07.00	2
19-00.50		19-06.50		
4 Sheehan, Shane	10	Burlington	19-04.00	1
19-04		18-03.25		
18-01.25				
5 Lawrence, Gideon	12	Arlington	18-11.25	2
FOUL 18-11.25		FOUL		
6 Ciasullo, Anthony	12	Woburn	18-10.50	3
FOUL FOUL		18-10.50		
7 Comeau, Parker	11	Winchester	18-05.50	2
FOUL 18-04		18-05.50		

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025****the TRACK at new balance****Results****....Boys Long Jump Varsity**

8	Kenneally, Dennis	12	Arlington	18-04.75	2
	18-00.50 17-11.75			18-04.75	
9	Mahadi, Arvino	12	Belmont	18-01.50	3
	17-09.50 18-01.50		FOUL		
10	Jean, Marvins	12	Wilmington	17-11.50	1
	17-10.25 17-04.25		17-11.50		
11	Bhandary, Aayush	12	Belmont	17-11.00	3
	17-11 15-11		17-02		
12	Curran, Dan	11	Woburn	16-11.00	3
	16-11		FOUL FOUL		
13	Lu, Ethan	10	Belmont	16-05.50	3
	16-05.50 15-05.75		PASS		
14	Kelley, Michael	9	Burlington	16-05.00	1
	16-05		FOUL 14-02.75		
15	Verdier, Jonathan	9	Woburn	16-02.50	3
	16-02.50 15-06		15-10		
16	Kumaran, Kadhir	11	Winchester	16-01.25	2
	15-00.50 16-01.25		13-03.75		
17	Rigolini, Scott	10	Burlington	16-01.00	1
	16-01 16-00.50		15-07.50		
18	Jenks, Cameron	12	Wilmington	15-09.00	1
	15-01.50 14-07.75		15-09		
--	Rotondi, Nicholas	11	Winchester	X17-03.00	2 JV
	17-03 14-00.50		16-08.50		
--	Elkin, Daniel	11	Arlington	X17-02.00	2 JV
	FOUL 17-02		15-09		
--	Wilcox, Christian	9	Burlington	X17-01.00	1 JV
	17-01 16-02.50		FOUL		
--	Brookins, Parker	12	Belmont	X16-11.75	3 JV
	14-04.50 15-07		16-11.75		
--	Veazie, Brayden	11	Wilmington	X16-02.00	1 JV
	16-02		FOUL 16-01.50		
--	Katos, Anthony	10	Belmont	X15-07.50	3 JV
	FOUL 15-07.50		12-01		
--	Molina, Cameron	10	Wilmington	X15-05.50	1 JV
	FOUL 15-05.50		FOUL		
--	Peavey, Esmael	9	Belmont	X15-05.00	3 JV
	14-00.75 14-08		15-05		
--	Wolff, Tomas	9	Belmont	X15-01.00	3 JV
	15-01		FOUL FOUL		
--	Xue, Ray	9	Belmont	X14-11.75	3 JV
	14-07.50 14-11.75		FOUL		
--	Kamal, Zeeshan	10	Burlington	X14-06.25	1 JV
	14-06.25 14-03.50		13-00.25		
--	Barsoumian, Armen	10	Belmont	X14-05.50	3 JV
	12-04.75 12-11.50		14-05.50		
--	Mei, Brandon	10	Belmont	X14-04.50	3 JV
	13-07.50 14-04.50		13-06.50		
--	Schoenholtz, Ethan	12	Wilmington	X13-10.50	1 JV
	FOUL 13-10.50		FOUL		
--	Taylor, Tomas		Belmont	X12-06.25	3 JV
	FOUL 12-06.25		12-00.50		
--	Cummings, Anthony	11	Wilmington	X12-01.50	1 JV
	11-04.50 11-09.50		12-01.50		

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
**the TRACK at new balance**  
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**....Boys Long Jump Varsity**

-- Calle, David	9 Belmont	X12-01.25	3 JV
FOUL FOUL 12-01.25			
-- Canevari, Parker	10 Wilmington	X11-11.50	1 JV
11-11.50 11-04.25 11-11			
-- Michaud, Jason	9 Wilmington	X10-04.50	1 JV
10-03.50 10-04.50 9-10			

**Boys Shot Put Varsity**

Name	Year School	Finals
1 Williams, Christopher	12 Burlington	47-06.25
44-06 45-05.25 47-06.25		
2 Lubowa, Nahshon	11 Woburn	42-09.75
40-06.25 40-06.75 42-09.75		
3 Montgomery, Jerome	12 Winchester	40-01.00
38-08 38-05.75 40-01		
4 Harrison, Bryan	11 Winchester	39-03.00
34-04.50 39-03 34-02.50		
5 Mutyabi, James	12 Burlington	39-00.50
37-11.75 35-09.25 39-00.50		
6 Thikekar, Arav	12 Burlington	38-11.75
36-00.75 38-11.75 38-09.25		
7 Volchok, Leo	11 Winchester	38-11.25
36-05.75 38-11.25 PASS		
8 Borges, Gabriel	11 Wilmington	38-09.75
37-00.25 38-05.75 38-09.75		
9 Fitch, Max	11 Arlington	37-04.75
34-09 37-04.75 36-02		
10 Jordan, James	11 Arlington	34-10.75
34-10.75 33-11 34-06.75		
11 Christopoulos, Elias	11 Woburn	34-09.00
34-02.25 34-09 FOUL		
12 Bauer, Justin	9 Woburn	33-10.00
32-07.50 33-10 29-08.75		
13 Kolonoski, Miles	11 Arlington	29-06.25
29-06.25 29-00.25 26-02.75		
14 Hidalgo Mendoza, Jose	11 Belmont	29-05.25
28-03.50 26-03.50 29-05.25		
15 Rozgic, Luka	11 Belmont	27-07.00
24-09.75 26-09.25 27-07		
16 Moussignac, Javeed	9 Belmont	26-11.75
26-03.75 25-09.50 26-11.75		

**Boys Weight Throw Varsity**

Name	Year School	Finals
1 Williams, Christopher	12 Burlington	40-08.00
40-08 38-02 FOUL FOUL FOUL FOUL		
2 Morrison, William	12 Burlington	40-05.25
39-04 37-05.25 35-01.25 39-09.25 40-05.25 FOUL		
3 Preston, William	12 Burlington	36-11.25
36-10.75 36-11.25 FOUL FOUL FOUL 30-04.50		

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025****the TRACK at new balance****Results****....Boys Weight Throw Varsity**

4 Thikekar, Arav 12 Burlington 35-02.25  
 33-10.75 32-01 33-10 FOUL 30-09.75 35-02.25

**Boys 55 M Dash Junior Varsity**

Name	Year	School	Finals	H#
1 Lawrence, Gideon	12	Arlington	6.86	6
2 Volchok, Leo	11	Winchester	7.21	1
3 Kolonoski, Miles	11	Arlington	7.23	1
4 Rotondi, Nicholas	11	Winchester	7.24	11
5 Kenneally, Dennis	12	Arlington	7.25	2 7.243
6 Mattson, Cameron	12	Burlington	7.25	7 7.250
7 Peavey, Esmael	9	Belmont	7.26	2
8 Lauria, Alex	12	Woburn	7.28	1
9 Casanave, Cody	12	Arlington	7.32	2
10 Harley, Noah	11	Winchester	7.34	1
11 Carey, Thomas	12	Arlington	7.35	1
12 Mao, Yuanheng	11	Belmont	7.38	3
13 Burkhardt, Iain	11	Arlington	7.40	2 7.391
14 Rivkin, Alex	10	Arlington	7.40	2 7.394
15 Kakol, Shreyas	12	Winchester	7.40	1 7.397
16 Tauro, Ryan	10	Burlington	7.42	4 7.413
17 Stuart, Colin	9	Winchester	7.42	12 7.415
18 Egenolf, Taran	12	Winchester	7.42	2 7.419
19 Kumaran, Kadhir	11	Winchester	7.43	3
20 Guan, Aaron	11	Arlington	7.45	3 7.441
21 Magnusson, Oliver	12	Winchester	7.45	2 7.447
22 Bhandary, Aayush	12	Belmont	7.46	4 7.457
23 Jankovich, Novak	10	Winchester	7.46	1 7.458
24 Crafts, Samuel	10	Winchester	7.46	4 7.460
25 Slotnick, Eli	11	Arlington	7.48	7
26 Li, Marvin	11	Winchester	7.49	4
27 Kowalczyk, Pete	12	Winchester	7.50	5 7.494
27 Mikula, Matthew	11	Winchester	7.50	4 7.494
29 O'Callahan, Christopher	11	Winchester	7.51	3
30 Bees, Matthew	10	Winchester	7.53	3
31 Kim, Thomas	10	Winchester	7.55	5 7.545
32 Wolff, Tomas	9	Belmont	7.55	5 7.547
33 Khanal, Saugat	12	Winchester	7.57	4
34 Lovell, Donald	12	Winchester	7.58	3
35 Albers, Faraz	9	Winchester	7.60	5
36 Cho, Daniel	11	Belmont	7.61	3
37 Choi, Malcolm	9	Arlington	7.62	6
38 Katos, Anthony	10	Belmont	7.63	5
39 Diaz-Terra, Pedro	10	Arlington	7.64	4 7.632
40 Relwani, Krish	11	Winchester	7.64	4 7.635
41 Bova, Andrew	9	Arlington	7.65	6
42 Sarandis, George	11	Winchester	7.67	5
43 Kennedy, Jeffrey	9	Arlington	7.69	12
44 Halaseh, Adel	9	Winchester	7.70	8
45 Peng, Matt	9	Burlington	7.72	6 7.711
46 Garfall, Noah	9	Arlington	7.72	12 7.717
47 Ryou, Jeffrey	9	Wilmington	7.73	5
48 Trinh, Huan	12	Belmont	7.75	6

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49 Kakol, Vineeth	10	Winchester	7.76	5	
50 Powers, Knox	10	Arlington	7.78	12	
51 Reno, Justin	11	Winchester	7.80	6	
52 Silva, Bruno	10	Woburn	7.81	7	7.804
53 Cavalier, Dante	12	Belmont	7.81	6	7.810
54 Huang, Aden	12	Winchester	7.83	6	
55 Sugihara, Kiharu	9	Arlington	7.90	7	
56 Mei, Brandon	10	Belmont	7.92	8	
57 Ross, Ishaan	10	Arlington	7.94	7	
58 Goff, Moshe	12	Arlington	7.96	12	
59 Stendardo, Liam	9	Winchester	7.98	8	
60 Mora-Avirad, Sebastian	10	Winchester	8.01	7	
61 Marquez, Joaquin	10	Arlington	8.02	9	8.014
62 Valenti, Massimo	9	Belmont	8.02	11	8.018
63 Burra, Vishnu	12	Arlington	8.03	11	
64 Dooley, John	9	Burlington	8.06	8	
65 Carlisle, George	11	Winchester	8.08	7	
66 Nguyen, Jack	10	Winchester	8.12	8	8.112
67 Martell, Cole	10	Woburn	8.12	9	8.117
68 Egan, Liam	9	Burlington	8.20	12	
69 Lule, Victor	9	Burlington	8.22	10	
70 Janowsky, Riley	9	Winchester	8.24	8	
71 Roofe, John	11	Wilmington	8.27	8	
72 Taylor, Tomas		Belmont	8.34	12	
73 Donlon, Thomas	11	Winchester	8.35	9	
74 Ramirez, Agustin	9	Arlington	8.38	9	8.376
75 Pusey, Keen	9	Arlington	8.38	9	8.378
76 Lindmark, Michael	10	Winchester	8.39	9	
77 Manganelli, Evan	9	Winchester	8.52	9	
78 Ahern, Kieran	9	Winchester	8.54	10	
79 Dash, Aaryan	9	Burlington	8.56	10	
80 Dobbs, Liam	10	Arlington	8.63	11	
81 Blake, James	9	Winchester	8.65	10	
82 McGee, Gavin	9	Burlington	8.75	10	
83 Hurd, Grayson	9	Winchester	8.78	11	
84 Cunnane, Henry	9	Winchester	8.87	10	
85 Kelsey, Jayden	9	Woburn	9.07	7	
86 Prajapati, Taney	9	Woburn	9.11	1	
87 Pabla, Jaiveer	10	Wilmington	9.21	10	
88 Michaud, Jason	9	Wilmington	9.86	11	
89 Matrundola, Johnny	12	Winchester	11.10	11	

**Boys 300 M Dash Junior Varsity**

Name	Year	School	Finals	H#
1 Kennedy, Haris	12	Arlington	39.43	1
2 Casanave, Cody	12	Arlington	39.63	8
3 Patel, Neel	11	Arlington	39.71	1
4 Burkhardt, Iain	11	Arlington	40.41	9
5 Crafts, Samuel	10	Winchester	40.55	10
6 Tauro, Ryan	10	Burlington	40.67	1
7 Chernobayev, Maxim	11	Arlington	41.07	1
8 Railey, Colin	11	Arlington	41.17	2
9 Greau, Ewenn	11	Arlington	41.19	2

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025****the TRACK at new balance****Results****....Boys 300 M Dash Junior Varsity**

10	DeCastro, Joshua	9	Arlington	41.21	1	
11	Lauria, Alex	12	Woburn	41.39	8	
12	Mikula, Matthew	11	Winchester	41.53	10	
13	Kolonoski, Miles	11	Arlington	41.58	9	
14	Michaud, Bridge	10	Woburn	41.66	4	
15	O'Callahan, Christopher	11	Winchester	41.80	11	
16	Pinard, Leon	11	Arlington	42.00	3	
17	Delaney, Jake	10	Burlington	42.26	4	
18	Diaz-Terra, Pedro	10	Arlington	42.36	2	
19	Choi, Malcolm	9	Arlington	42.37	4	
20	Goulding, Hugh	9	Belmont	42.47	8	
21	Stevens, Trevor	11	Burlington	42.50	2	
22	Newhall, Josh	11	Burlington	42.94	2	
23	Albers, Faraz	9	Winchester	43.00	8	
24	Katos, Anthony	10	Belmont	43.19	4	
25	Dell'Anno, John	12	Woburn	43.24	2	
26	Relwani, Krish	11	Winchester	43.26	3	
27	Swanson, Gavin	10	Belmont	43.42	9	
28	Bova, Andrew	9	Arlington	43.70	5	
29	Van Eyk, Ryan	11	Arlington	43.75	4	
30	Reno, Justin	11	Winchester	43.77	10	
31	Kakol, Vineeth	10	Winchester	43.84	3	
32	Valenti, Massimo	9	Belmont	44.02	9	
33	Dryga, Maxim	12	Arlington	44.22	11	44.212
34	Ryou, Jeffrey	9	Wilmington	44.22	3	44.214
35	Kennedy, Jeffrey	9	Arlington	44.30	9	
36	Marquez, Joaquin	10	Arlington	44.85	8	
37	Cavalier, Dante	12	Belmont	45.35	5	
38	Ramirez, Agustin	9	Arlington	45.78	5	
39	Alvarado, Sam	10	Woburn	45.95	6	
40	Huang, Aden	12	Winchester	46.13	10	
41	Stendardo, Liam	9	Winchester	46.24	11	
42	Lule, Victor	9	Burlington	46.26	6	
43	Egan, Liam	9	Burlington	46.36	6	
44	Pusey, Keen	9	Arlington	46.39	6	
45	Yusuf, Guled	10	Burlington	47.38	7	
46	Reynolds, Parker	10	Belmont	47.39	3	
47	Reeder, Jesse	10	Arlington	47.44	6	
48	Janowsky, Riley	9	Winchester	47.80	11	
49	Nguyen, Jack	10	Winchester	48.65	7	
50	Cummings, Anthony	11	Wilmington	49.21	5	
51	McGee, Gavin	9	Burlington	49.63	7	
52	Dash, Aaryan	9	Burlington	50.05	11	
53	Taylor, Tomas		Belmont	50.47	5	
54	Pabla, Jaiveer	10	Wilmington	59.47	7	
--	Donlon, Thomas	11	Winchester	DNF	8	

**Boys 600 M Run Junior Varsity**

Name	Year	School	Finals	H#	
1	Railey, Colin	11	Arlington	1:41.73	1
	33.171 (33.171)	1:09.369 (36.198)	1:41.726 (32.358)		
2	Greau, Ewenn	11	Arlington	1:43.75	1
	33.727 (33.727)	1:09.989 (36.262)	1:43.750 (33.762)		

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
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**....Boys 600 M Run Junior Varsity**

3	Willems Cleetus, Gael	11	Arlington	1:44.05	1
	34.313 (34.313)	1:11.548	(37.236)	1:44.049	(32.501)
4	Ritscher, Andrew	11	Burlington	1:45.35	1
	34.269 (34.269)	1:11.965	(37.696)	1:45.342	(33.378)
5	Dobbs, Charles	10	Arlington	1:48.42	1
	33.884 (33.884)	1:11.124	(37.240)	1:48.420	(37.296)
6	Kneiss, Isaac	11	Winchester	1:48.97	1
	33.326 (33.326)	1:10.424	(37.098)	1:48.968	(38.544)
7	Park, Junwoo	11	Winchester	1:49.06	1
	32.906 (32.906)	1:10.816	(37.910)	1:49.057	(38.242)
8	Goff, Moshe	12	Arlington	1:49.10	2
	34.776 (34.776)	1:11.434	(36.658)	1:49.100	(37.666)
9	Marzouki, Nabil	9	Woburn	1:49.70	1
	32.758 (32.758)	1:09.865	(37.107)	1:49.694	(39.830)
10	Ma, Vincent	9	Winchester	1:49.88	1
	34.637 (34.637)	1:12.704	(38.068)	1:49.875	(37.172)
11	Dean, Spencer	11	Winchester	1:50.04	2
	34.110 (34.110)	1:11.512	(37.402)	1:50.040	(38.529)
12	Nelson, Benjamin	10	Belmont	1:53.54	2
	35.748 (35.748)	1:13.133	(37.386)	1:53.539	(40.406)
13	Sultan, Jesse	11	Arlington	1:56.09	2
	35.837 (35.837)	1:15.411	(39.574)	1:56.089	(40.679)
14	Bergeron, Ryan	9	Burlington	1:56.66	2
	36.888 (36.888)	1:17.104	(40.216)	1:56.654	(39.550)
15	Soto, Matteo	9	Winchester	1:57.13	2
	36.525 (36.525)	1:16.548	(40.023)	1:57.128	(40.580)
16	Chelnitsky, Benjamin	10	Belmont	1:57.33	1
	33.649 (33.649)	1:13.345	(39.696)	1:57.327	(43.983)
17	Sun, Zachary	9	Winchester	1:58.57	2
	36.373 (36.373)	1:16.220	(39.848)	1:58.567	(42.347)
18	Mohanty, Anirudh	10	Burlington	2:01.55	2
	38.049 (38.049)	1:19.256	(41.208)	2:01.541	(42.285)
19	Riahi, Cyrus	11	Burlington	2:07.25	2
	40.914 (40.914)	1:24.290	(43.376)	2:07.248	(42.958)
20	Sarkissian, James	11	Burlington	2:09.86	2
	40.820 (40.820)	1:25.032	(44.212)	2:09.852	(44.820)
21	Werfali, Ahmad	9	Winchester	2:13.71	2
	43.864 (43.864)	1:28.380	(44.516)	2:13.708	(45.329)
22	Balsara, Arya	10	Burlington	2:51.90	2
	58.432 (58.432)	1:58.134	(59.702)	2:51.896	(53.762)

**Boys 1000 M Run Junior Varsity**

Name	Year	School	Finals	
1	Maniscalco, Andy	11	Burlington	3:03.41
	35.173 (35.173)	1:12.085	(36.912)	1:50.022 (37.938)
	3:03.402 (34.108)			2:29.294 (39.272)
2	Bradt, Adam	11	Winchester	3:04.38
	33.987 (33.987)	1:08.982	(34.995)	1:46.462 (37.481)
	3:04.375 (37.239)			2:27.137 (40.675)
3	Mohanty, Piyush	10	Burlington	3:06.70
	35.186 (35.186)	1:12.317	(37.132)	1:50.390 (38.073)
	3:06.700 (37.176)			2:29.524 (39.135)

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
**the TRACK at new balance**  
**Results**

**....Boys 1000 M Run Junior Varsity**

4	Seka, Omar	11 Winchester	3:07.06		
	33.046 (33.046)	1:08.430 (35.384)	1:46.097 (37.668)	2:27.415 (41.319)	
	3:07.058 (39.643)				
5	Goentzel, Sam	10 Belmont	3:09.41		
	35.913 (35.913)	1:14.330 (38.418)	1:55.326 (40.996)	2:35.172 (39.847)	
	3:09.407 (34.236)				
6	Howard, Stephen	11 Burlington	3:14.80		
	36.264 (36.264)	1:13.886 (37.623)	1:52.751 (38.865)	2:34.001 (41.250)	
	3:14.799 (40.799)				
7	Cormey, Nathaniel	10 Winchester	3:17.24		
	35.664 (35.664)	1:13.637 (37.973)	1:53.428 (39.792)	2:35.826 (42.398)	
	3:17.238 (41.413)				
8	Templin, Adam	10 Burlington	3:24.82		
	37.566 (37.566)	1:17.817 (40.251)	2:02.471 (44.655)	2:44.809 (42.338)	
	3:24.819 (40.011)				
9	Carriere, Nathan	11 Wilmington	3:25.05		
	36.532 (36.532)	1:14.538 (38.007)	1:55.584 (41.046)	2:40.166 (44.583)	
	3:25.044 (44.878)				
10	Cheng, Lucas	10 Burlington	3:29.58		
	37.192 (37.192)	1:17.435 (40.244)	2:02.100 (44.665)	2:47.066 (44.967)	
	3:29.572 (42.506)				
11	Yadav, Rohan	11 Winchester	3:34.82		
	35.413 (35.413)	1:13.315 (37.903)	2:00.282 (46.968)	2:47.702 (47.420)	
	3:34.813 (47.112)				
12	Sutphin, Emilio	10 Winchester	3:41.79		
	39.006 (39.006)	1:22.473 (43.468)	2:11.582 (49.110)	3:00.578 (48.996)	
	3:41.790 (41.212)				
13	Mahnken, Jack	10 Wilmington	3:48.67		
	39.573 (39.573)	1:22.935 (43.363)	2:10.342 (47.407)	3:02.878 (52.537)	
	3:48.664 (45.786)				
14	Nelson, Benjamin	10 Belmont	3:52.49		
	38.392 (38.392)	1:19.987 (41.596)	2:09.628 (49.641)	3:05.586 (55.959)	
	3:52.481 (46.895)				
15	Cao, Hanyuan	9 Winchester	3:52.61		
	41.102 (41.102)	1:26.202 (45.100)	2:17.589 (51.388)	3:10.083 (52.495)	
	3:52.602 (42.520)				
16	Barsoumian, Armen	10 Belmont	3:56.95		
	38.502 (38.502)	1:23.810 (45.309)	2:16.035 (52.225)	3:10.958 (54.924)	
	3:56.946 (45.988)				

**Boys 1 Mile Run Junior Varsity**

=====					
Name	Year	School	Finals		
=====					
1	Wilson, Nathan	10 Arlington	5:01.86		
	36.766 (36.766)	1:15.884 (39.118)	1:53.912 (38.028)	2:32.998 (39.087)	
	3:12.958 (39.960)	3:52.161 (39.203)	4:29.836 (37.676)	5:01.860 (32.024)	
2	Martin, Charles	Arlington	5:12.86		
	39.597 (39.597)	1:18.306 (38.710)	1:59.325 (41.019)	2:39.530 (40.206)	
	3:19.962 (40.432)	4:00.046 (40.084)	4:39.902 (39.856)	5:12.860 (32.958)	
3	Weinberg, Zachary	9 Arlington	5:25.65		
	39.165 (39.165)	1:18.500 (39.336)	2:00.195 (41.696)	2:43.269 (43.074)	
	3:26.000 (42.732)	4:08.778 (42.779)	4:50.663 (41.885)	5:25.641 (34.978)	



**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025****the TRACK at new balance****Results****....Boys 1 Mile Run Junior Varsity**

4	Zou, Andrew	12 Arlington	5:26.00		
	37.233 (37.233)	1:17.009 (39.776)	1:59.041 (42.033)	2:42.994 (43.953)	
	3:27.229 (44.236)	4:08.608 (41.379)	4:50.100 (41.492)	5:25.996 (35.896)	
5	Michael, Tobias	10 Arlington	5:28.59		
	38.822 (38.822)	1:18.237 (39.415)	1:59.645 (41.408)	2:42.570 (42.926)	
	3:25.352 (42.782)	4:09.073 (43.721)	4:51.169 (42.097)	5:28.585 (37.416)	
6	Langridge, Brian	12 Winchester	5:30.95		
	37.597 (37.597)	1:16.255 (38.659)	1:55.989 (39.735)	2:38.313 (42.324)	
	3:22.251 (43.938)	4:06.834 (44.584)	4:51.137 (44.303)	5:30.943 (39.807)	
7	Alay Lopez, Alexis	10 Burlington	5:34.75		
	41.453 (41.453)	1:23.388 (41.935)	2:04.754 (41.367)	2:47.521 (42.768)	
	3:30.636 (43.115)	4:13.808 (43.172)	4:56.828 (43.020)	5:34.748 (37.920)	
8	Serra, Cody	10 Burlington	5:34.89		
	37.881 (37.881)	1:17.294 (39.414)	1:58.150 (40.856)	2:41.239 (43.089)	
	3:24.981 (43.742)	4:09.831 (44.851)	4:54.761 (44.930)	5:34.883 (40.123)	
9	Liu, Brayden	10 Belmont	5:40.16		
	40.865 (40.865)	1:22.189 (41.324)	2:04.517 (42.328)	2:47.893 (43.376)	
	3:31.753 (43.861)	4:16.991 (45.238)	5:02.098 (45.108)	5:40.154 (38.056)	
10	Helmuth, Elijah	9 Arlington	5:43.95		
	41.621 (41.621)	1:22.736 (41.116)	2:06.789 (44.053)	2:48.974 (42.186)	
	3:32.466 (43.492)	4:16.373 (43.908)	5:00.834 (44.461)	5:43.941 (43.108)	
11	Mannelli, Noah	9 Winchester	5:44.39		
	41.349 (41.349)	1:24.277 (42.929)	2:07.948 (43.671)	2:52.301 (44.353)	
	3:36.623 (44.323)	4:21.834 (45.212)	5:06.669 (44.835)	5:44.387 (37.719)	
12	Davis, Benjamin	9 Winchester	5:45.26		
	39.874 (39.874)	1:22.232 (42.358)	2:06.253 (44.022)	2:51.277 (45.024)	
	3:36.157 (44.880)	4:21.765 (45.608)	5:06.243 (44.479)	5:45.253 (39.010)	
13	Schuster, Lucas	9 Belmont	5:47.64		
	41.607 (41.607)	1:24.196 (42.589)	2:08.547 (44.352)	2:52.955 (44.408)	
	3:38.230 (45.276)	4:24.573 (46.343)	5:08.283 (43.711)	5:47.634 (39.352)	
14	Xue, Ray	9 Belmont	5:47.85		
	38.107 (38.107)	1:17.992 (39.885)	1:59.801 (41.809)	2:44.275 (44.475)	
	3:30.328 (46.053)	4:16.927 (46.600)	5:05.899 (48.972)	5:47.843 (41.944)	
15	Orbanes, Leo	10 Belmont	5:50.33		
	42.065 (42.065)	1:23.229 (41.164)	2:06.078 (42.850)	2:50.722 (44.644)	
	3:36.140 (45.418)	4:24.309 (48.170)	5:09.057 (44.748)	5:50.329 (41.272)	
16	Trainor, Chase	9 Arlington	5:58.71		
	41.086 (41.086)	1:24.165 (43.080)	2:09.777 (45.612)	2:57.091 (47.315)	
	3:44.912 (47.821)	4:32.658 (47.747)	5:18.223 (45.565)	5:58.705 (40.483)	
17	Dopman, Jasper	9 Arlington	6:08.51		
	43.553 (43.553)	1:27.195 (43.642)	2:14.742 (47.548)	3:04.131 (49.389)	
	3:52.226 (48.096)	4:40.829 (48.604)	5:28.644 (47.815)	6:08.503 (39.860)	
18	Calle, David	9 Belmont	6:18.56		
	41.726 (41.726)	1:25.252 (43.526)	2:13.185 (47.934)	3:01.514 (48.329)	
	3:50.994 (49.480)	4:41.697 (50.704)	5:32.982 (51.285)	6:18.560 (45.578)	
19	Lim, Matthew	10 Arlington	6:37.50		
	44.371 (44.371)	1:29.396 (45.025)	2:18.226 (48.831)	3:09.289 (51.063)	
	4:01.781 (52.492)	4:54.587 (52.807)	5:47.453 (52.866)	6:37.497 (50.044)	
--	Jolly, Gavin	11 Woburn	DNF		
	40.603 (40.603)	1:24.645 (44.043)	2:12.789 (48.144)	3:02.764 (49.975)	
	3:52.614 (49.851)	4:43.005 (50.391)	5:31.474 (48.470)		

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
**the TRACK at new balance**  
**Results**

**Boys 55 M Hurdles Junior Varsity**

Name	Year	School	Finals
1 Carlisle, George	11	Winchester	10.21
2 Wilcox, Christian	9	Burlington	10.45
3 Rayne, Liam	10	Burlington	10.50
4 Dryga, Maxim	12	Arlington	10.81
5 Forsyth, Ryan	9	Woburn	11.17
6 Lauzon, Leander	9	Arlington	12.08

**Boys 4x200 M Relay Junior Varsity**

School	Finals
1 Arlington	1:42.27
1) Connolly, Aidan 12	2) Burra, Vishnu 12
3) Carey, Thomas 12	4) Pinard, Leon 11
2 Winchester	1:42.90
1) Magnusson, Oliver 12	2) Harley, Noah 11
3) O'Meara, Cian 11	4) Jankovich, Novak 10
3 Arlington 'B'	1:43.96
1) Rivkin, Alex 10	2) Kostoulakos, Noah 10
3) Diaz-Terra, Pedro 10	4) DeCastro, Joshua 9
4 Belmont 'B'	1:45.78
1) Mao, Yuanheng 11	2) Lloyd, Carder 11
3) Cho, Daniel 11	4) Clark, Alex 11
5 Burlington	1:48.90
1) Delaney, Jake 10	2) Dooley, John 9
3) Peng, Matt 9	4) Newhall, Josh 11

**Boys 4x400 M Relay Junior Varsity**

School	Finals	H#
1 Arlington	3:57.68	1
1) Sweeney, Jack 12	2) Kenneally, Patrick 11	
3) Wilson, Nathan 10	4) Russell, Felix 12	
27.353 (27.353)	57.644 (30.292)	1:28.944 (31.300)
2:29.132 (28.058)	2:58.804 (29.672)	3:26.984 (28.180)
2 Winchester	4:13.18	1
1) Yadav, Rohan 11	2) Dean, Spencer 11	
3) Seka, Omar 11	4) Kneiss, Isaac 11	
29.781 (29.781)	1:02.003 (32.222)	1:33.351 (31.348)
2:38.833 (29.241)	3:11.359 (32.526)	3:39.088 (27.730)
3 Wilmington	4:16.67	2
1) Cummings, Evan 11	2) Heffernan, Chase 11	
3) Dynan, David 11	4) Cronin, Jake 11	
29.774 (29.774)	1:00.573 (30.800)	1:32.133 (31.560)
2:37.147 (30.597)	3:11.443 (34.296)	3:43.132 (31.689)
4 Belmont	4:18.73	1
1) Efe, Selim 10	2) Olmsted, William 9	
3) Geiger, Noah 9	4) Campisano, Elias 10	
31.204 (31.204)	1:07.306 (36.102)	1:40.129 (32.824)
2:47.438 (29.634)	3:20.032 (32.595)	3:48.547 (28.515)
		4:18.721 (30.175)

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
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**....Boys 4x400 M Relay Junior Varsity**

5	Winchester 'C'				4:19.16	2
	1) Cormey, Nathaniel 10		2) Mannelli, Noah 9			
	3) Ma, Vincent 9		4) Bradt, Adam 11			
	31.560 (31.560)	1:06.328 (34.768)	1:38.447 (32.120)	2:15.294 (36.848)		
	2:47.351 (32.057)	3:17.960 (30.609)	3:47.917 (29.957)	4:19.160 (31.244)		
6	Winchester 'B'				4:23.18	2
	1) Albiani, Charlie 9		2) Davis, Benjamin 9			
	3) Proschitsky, Eli 9		4) Bernstein, Tyler 9			
	31.067 (31.067)	1:03.730 (32.663)	1:35.435 (31.706)	2:09.690 (34.255)		
	2:43.107 (33.418)	3:19.076 (35.969)	3:50.589 (31.513)	4:23.176 (32.588)		
7	Belmont 'B'				4:25.45	1
	1) Liu, Brayden 10		2) Sullivan, Oakley 10			
	3) Orbanes, Leo 10		4) Goentzel, Sam 10			
	34.257 (34.257)	1:10.632 (36.375)	1:42.796 (32.165)	2:18.260 (35.464)		
	2:47.883 (29.624)	3:20.986 (33.104)	3:53.007 (32.021)	4:25.444 (32.438)		
8	Wilmington 'B'				4:42.24	2
	1) Atwater, Zachary 10		2) Carriere, Nathan 11			
	3) Lawler, Matthew 9		4) Mahnken, Jack 10			
	30.966 (30.966)	1:04.622 (33.657)	1:36.386 (31.764)	2:14.280 (37.894)		
	2:50.483 (36.204)	3:28.944 (38.461)	4:03.377 (34.433)	4:42.239 (38.863)		

**Boys Shot Put Junior Varsity**

Name	Year	School	Finals	H#
1 Preston, William	12	Burlington	38-04.50	2
35-04 38-04.50 33-04				
2 Brooks, Ryan	11	Burlington	38-02.50	2
38-02.50 33-04.25 33-05.75				
3 Lee, Brian	10	Burlington	35-00.00	2
35-00 33-02 34-00.75				
4 Morrison, William	12	Burlington	34-02.00	2
33-05 32-11.25 34-02				
5 Spence, Cooper	11	Winchester	33-05.50	2
32-10.75 33-05.50 32-10.50				
6 Tucci, Jack	11	Burlington	33-02.25	2
33-00 32-06 33-02.25				
7 Steiner, Zachary	12	Woburn	32-11.00	2
32-01.75 32-11 FOUL				
8 Walker, Damon	10	Burlington	32-08.00	2
32-08 32-05.50 31-00				
9 Connolly, Aidan	12	Arlington	32-04.50	1
32-04.50 FOUL 31-00.25				
10 Galarneau, Anthony	10	Burlington	32-03.50	2
31-04.50 32-03.50 32-02.50				
11 Abdi, Zak	12	Woburn	31-10.75	2
31-00.25 31-10.75 31-10				
12 Phillips, Kanai	11	Arlington	30-10.25	1
FOUL 28-01.25 30-10.25				
13 Marino, Vincenzo	12	Woburn	30-09.50	2
30-08 30-09.50 30-02.25				
14 Nivar Alvarez, Jayden	11	Burlington	30-03.25	1
30-03.25 27-11.25 24-08				
15 Goff, Moshe	12	Arlington	29-04.75	2
29-04.75 FOUL 27-08.25				

**Middlesex League Varsity - JV Indoor T&F Block #3A - 1/2/2025**  
**the TRACK at new balance**  
**Results**

**....Boys Shot Put Junior Varsity**

16 Hannon, Ciaran	10 Winchester	28-11.75	1
27-09.25	28-05.75	28-11.75	
17 Tzovaras, Andrew	10 Woburn	28-08.50	2
20-04.75	28-08.50	27-00	
18 Doyle, Finn	11 Winchester	28-08.00	2
26-08.50	28-00.50	28-08	
19 Bhatti, Raj	11 Woburn	27-03.25	2
26-07.75	27-03.25	26-02.25	
20 Zobian, Adam	11 Winchester	27-01.75	2
27-01.75	27-01.50	26-07	
21 Peou, Rith	10 Winchester	26-07.50	1
26-02.25	26-01.75	26-07.50	
22 Duncan, Patrick	Arlington	26-06.00	1
25-08.25	FOUL	26-06	
23 Aryee, Joel	11 Winchester	25-05.00	1
25-05	25-02	24-02.75	
24 Mean, Jacob	10 Winchester	25-02.00	1
23-09.25	25-02	24-05.50	
25 Lunn, Michael	11 Woburn	23-01.50	1
22-04.25	23-01.50	21-01.25	
26 Reppucci, Dennis	10 Wilmington	22-08.00	1
22-07.25	22-08	22-01.75	
27 Marquardt, Sean	10 Winchester	21-11.00	1
19-11.25	20-11	21-11	
28 McLaughlin, Brady	12 Wilmington	20-09.75	1
20-09.75	FOUL	20-04.50	
29 Schmid, Aiden	10 Burlington	20-07.50	1
20-07.50	FOUL	FOUL	
30 Gatta, Jacob	10 Burlington	20-06.25	1
FOUL	19-10.75	20-06.25	
31 Lochard, Gabriel	9 Winchester	17-09.25	1
17-09.25	16-11.25	17-08.75	