

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024****the TRACK at new balance****Results****Girls 55 M Dash**

Name	Year	School	Finals	H#
Finals				
1 LeBlanc, Alexis	11	Wilmington	7.46	6
2 Deardorf, Aubrey	11	Lexington	7.49	4
3 Encarnacao, Kamryn	11	Reading Memorial	7.61	2
4 Sagues, Bruguers	11	Lexington	7.84	4
5 Curll, Kayleigh	11	Woburn	7.86	1
6 Nelson, Elizabeth	10	Winchester	7.92	1
7 MacDonald, Cathryn (Cate)	11	Wilmington	7.93	6
8 Mclucas, Lara	11	Melrose	7.97	3
9 Butler, Kaitlynn	12	Woburn	7.98	1
10 Hermsdorf, Gaby	11	Winchester	8.02	1
11 Walsh, Ella	9	Melrose	8.03	3
12 Galante, Talia	9	Wakefield	8.06	5
13 Hartigan, Abigail	11	Wakefield	8.07	5
14 Cummings, Kaya	11	Burlington	8.09	3
15 McCarthy, Sophie	11	Winchester	8.10	1 8.091
16 DeAmaral, Nathallya	11	Belmont MA	8.10	2 8.093
17 Van Oloo, Mayeesha	11	Arlington	8.10	4 8.095
18 Yu, Iris	10	Lexington	8.14	4 8.131
19 Ormond, Amelia	12	Belmont MA	8.14	2 8.133
20 Smith, Eileen	12	Arlington	8.15	4 8.144
21 Walker, Kayleigh	10	Wilmington	8.15	6 8.145
22 Takahashi, Lenna	11	Watertown	8.16	6
23 Mayhew, Kaylin	8	Watertown	8.17	6
24 Repucci, Annabelle	9	Reading Memorial	8.22	2
25 Goodwin, Madison	9	Burlington	8.25	3 8.243
26 Gera, Livia	9	Woburn	8.25	1 8.250
27 Jones, Makayla	9	Woburn	8.27	1
28 Lennox, Caitlin	12	Lexington	8.33	4
29 Matarazzo, Ellie	11	Burlington	8.34	3
30 Wassarman, Sophie	11	Winchester	8.36	1 8.360
30 Chambers, Reilly	10	Arlington	8.36	4 8.360
32 Neill, Taylor	11	Belmont MA	8.37	2
33 Joseph, Guerly	9	Wakefield	8.38	5
34 Kelley, Amelia	9	Melrose	8.39	3
35 Rodriguez-Clark, Fiona	11	Belmont MA	8.43	2 8.421
36 Revah, Shane	10	Wakefield	8.43	5 8.422
37 Johnson, Delaney	12	Reading Memorial	8.50	2
38 Ledet, Christine	9	Arlington	8.54	4
39 Henrikson, Amelie	10	Burlington	8.55	3
40 Martin, Sofia	10	Stoneham	8.57	5
41 Bencal, Madison	9	Melrose	8.59	3 8.581
42 Cannatelli, Maggey	11	Stoneham	8.59	5 8.588
43 Oliphant, Olivia	12	Stoneham	8.60	5
44 Breen, Grace	10	Stoneham	8.62	5
45 Glaser, Samantha	11	Wilmington	8.78	6
46 Kurth, Hannah	8	Watertown	8.83	6
47 Brown, Destanie	11	Watertown	8.99	6
48 Talty, Molly	12	Reading Memorial	9.44	2

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024****the TRACK at new balance****Results****Girls 300 M Dash**

Name	Year	School	Finals	H#
1 Gangi, Nicole	11	Woburn	41.82	1
2 Hermsdorf, Gaby	11	Winchester	43.92	1
3 Ryan, Bryn	12	Arlington	44.66	4
4 Carriere, Isabel	10	Wilmington	44.88	6
5 Hughes, Nyla	9	Woburn	45.11	1
6 Maxwell, Mojo	11	Arlington	45.41	4
7 Steinbrecher, Anika	11	Lexington	45.77	4
8 Brewin, Sophie	11	Stoneham	45.89	5
9 Repucci, Annabelle	9	Reading Memorial	45.90	2
10 Clement, Lucy	11	Burlington	45.96	3
11 Gunther, Caleigh	12	Burlington	45.97	3
12 Walsh, Ella	9	Melrose	46.04	3
13 Hao, Marissa	10	Lexington	46.20	4
14 Seed, Natalie	10	Lexington	46.31	4
15 Londino, Audrey	12	Burlington	46.47	3
16 Hartigan, Abigail	11	Wakefield	46.51	5
17 Nelson, Elizabeth	10	Winchester	46.53	1
18 Egan, Rachel	12	Watertown	46.55	6
19 Wolff, Joana	11	Belmont MA	46.65	2
20 Lake, Samantha	10	Reading Memorial	46.75	2
21 McCarthy, Sophie	11	Winchester	47.01	1
22 Fauci, Lilah	11	Melrose	47.88	3
23 Fernandes, Isabella	9	Belmont MA	47.91	2
24 Mulik, Kaylin	9	Wilmington	48.26	6
25 Finch, Colby	10	Melrose	48.66	3
26 Vo, Celina	10	Wilmington	48.79	6
27 Ferreira, Claire	10	Belmont MA	49.58	2
28 Galante, Talia	9	Wakefield	49.75	5
29 Holland, Addie	10	Reading Memorial	50.42	2
30 Catricala, Kira	9	Stoneham	50.62	5
31 Beaver Garcia, Isabel	10	Arlington	50.73	4
32 Jones, Makayla	9	Woburn	50.96	1
33 Kurth, Hannah	8	Watertown	53.14	6
34 DeAngelis, Stella	10	Wakefield	54.03	5

**Girls 600 M Run**

Name	Year	School	Finals	H#
1 Gilligan, Leila	11	Burlington	1:44.33	3
32.197 (32.197)	1:06.484 (34.288)		1:44.325 (37.841)	
2 Drago, Emma	11	Melrose	1:46.19	3
32.954 (32.954)	1:08.862 (35.908)		1:46.182 (37.320)	
3 Wilcox, Quin	10	Wakefield	1:46.63	5
35.948 (35.948)	1:12.126 (36.178)		1:46.622 (34.496)	
4 Bilodeau, Georgia	9	Burlington	1:47.18	3
34.771 (34.771)	1:11.302 (36.531)		1:47.175 (35.874)	
5 Cunningham, Claire	12	Lexington	1:50.04	4
34.390 (34.390)	1:11.777 (37.387)		1:50.033 (38.256)	
6 Metivier, Sydney	12	Woburn	1:50.09	1
36.508 (36.508)	1:14.393 (37.885)		1:50.087 (35.694)	
7 Kvaal, Cecilia	9	Lexington	1:50.73	4
34.405 (34.405)	1:11.640 (37.236)		1:50.723 (39.084)	

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8 Harkins, Chloe	10 Woburn	1:51.69	1
36.882 (36.882)	1:15.263 (38.381)	1:51.688 (36.426)	
9 Hamer, Lucy	12 Belmont MA	1:51.85	2
37.965 (37.965)	1:14.896 (36.932)	1:51.848 (36.952)	
10 Rizal, Oju	11 Arlington	1:55.41	4
37.643 (37.643)	1:17.093 (39.450)	1:55.403 (38.311)	
11 Ramsey, Julia	10 Winchester	1:55.55	1
38.707 (38.707)	1:19.279 (40.573)	1:55.541 (36.262)	
12 Shanley, Annabelle	11 Reading Memorial	1:56.08	2
38.152 (38.152)	1:16.504 (38.352)	1:56.073 (39.569)	
13 Saltus, Katherine	9 Belmont MA	1:56.70	2
39.370 (39.370)	1:18.179 (38.809)	1:56.693 (38.515)	
14 Frawley, Jillian	12 Melrose	1:58.06	3
38.059 (38.059)	1:14.662 (36.603)	1:58.054 (43.392)	
15 White, Maeve	11 Wilmington	1:58.38	6
37.322 (37.322)	1:19.636 (42.315)	1:58.372 (38.736)	
16 Audet, Zoe	11 Melrose	1:58.84	3
38.813 (38.813)	1:17.195 (38.383)	1:58.839 (41.644)	
17 Niceforo, Olivia	10 Wilmington	1:58.85	6
37.668 (37.668)	1:20.110 (42.443)	1:58.846 (38.736)	
18 Dailey, Erin	11 Belmont MA	1:59.08	2
39.524 (39.524)	1:18.718 (39.195)	1:59.080 (40.362)	
19 Rock, Tessa	11 Reading Memorial	1:59.42	2
38.302 (38.302)	1:16.844 (38.542)	1:59.413 (42.570)	
20 Langone, Lexa	9 Burlington	1:59.51	3
38.750 (38.750)	1:16.622 (37.873)	1:59.506 (42.884)	
21 Pym, Imogen	10 Lexington	2:00.21	4
38.715 (38.715)	1:20.103 (41.388)	2:00.201 (40.099)	
22 Byers, Margot	10 Lexington	2:00.84	4
37.715 (37.715)	1:18.608 (40.893)	2:00.831 (42.224)	
23 Caplin, Rachel	12 Wakefield	2:00.94	5
41.268 (41.268)	1:22.801 (41.533)	2:00.931 (38.130)	
24 Kuo, Sophie	11 Lexington	2:01.07	4
37.917 (37.917)	1:19.210 (41.294)	2:01.068 (41.858)	
25 Patel, Saloni	11 Reading Memorial	2:01.48	2
39.705 (39.705)	1:19.513 (39.808)	2:01.475 (41.962)	
26 Rockwell, Lily	10 Melrose	2:01.59	3
38.269 (38.269)	1:18.818 (40.550)	2:01.581 (42.763)	
27 Vallarino, Nora	12 Arlington	2:01.79	4
36.190 (36.190)	1:16.610 (40.420)	2:01.782 (45.172)	
28 Morris, Sydney	12 Woburn	2:01.88	1
38.752 (38.752)	1:19.489 (40.737)	2:01.877 (42.388)	
29 Howard, Kelwyn	10 Arlington	2:02.40	4
36.549 (36.549)	1:17.457 (40.908)	2:02.397 (44.940)	
30 Weieneth, Elizabeth	10 Melrose	2:02.71	3
37.627 (37.627)	1:17.258 (39.631)	2:02.708 (45.451)	
31 MacKenzie, Nola	12 Watertown	2:02.86	6
38.182 (38.182)	1:21.342 (43.160)	2:02.860 (41.519)	
32 Caplin, Lily	9 Wakefield	2:02.89	5
41.524 (41.524)	1:22.637 (41.113)	2:02.886 (40.249)	
33 Daly, Violet	8 Watertown	2:02.95	6
38.683 (38.683)	1:21.682 (42.999)	2:02.946 (41.264)	
34 Galluzzo, Sofia	10 Woburn	2:03.45	1
38.509 (38.509)	1:21.071 (42.563)	2:03.444 (42.373)	

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35 Suzuki, Leah	10 Winchester	2:03.99	1
38.864 (38.864)	1:20.926 (42.062)	2:03.983 (43.058)	
36 Herrera, Cassandra	12 Burlington	2:04.41	3
38.840 (38.840)	1:18.829 (39.989)	2:04.408 (45.580)	
37 Cavanaugh, Anna	9 Wilmington	2:04.48	6
38.506 (38.506)	1:20.485 (41.980)	2:04.480 (43.996)	
38 LaFrancesca, Viola	12 Reading Memorial	2:06.10	2
38.880 (38.880)	1:20.529 (41.649)	2:06.098 (45.569)	
39 Bosco, Kaylee	9 Wakefield	2:06.12	5
41.581 (41.581)	1:24.082 (42.501)	2:06.119 (42.038)	
40 Dinardi, Mia	12 Stoneham	2:06.43	5
41.161 (41.161)	1:24.358 (43.197)	2:06.428 (42.071)	
41 Scally, Olivia	12 Stoneham	2:07.35	5
41.677 (41.677)	1:24.775 (43.098)	2:07.343 (42.568)	
42 Crosby, Lily	11 Reading Memorial	2:09.21	2
39.021 (39.021)	1:21.071 (42.050)	2:09.204 (48.134)	
43 Golisano, Sofia	12 Stoneham	2:17.40	5
40.509 (40.509)	1:25.396 (44.888)	2:17.396 (52.000)	
44 O'Shea, Ciara	9 Wilmington	2:58.25	6
55.843 (55.843)	1:57.497 (1:01.654)	2:58.245 (1:00.748)	
-- Spolidoro, Shannon	11 Woburn	DNF	1
38.383 (38.383)			
-- Giannantonio, Zoe	8 Watertown	DQ	6 Cut in early
38.830 (38.830)	1:21.902 (43.072)	2:03.902 (42.000)	

**Girls 1000 M Run**

Name	Year School	Finals	H#
1 Callahan, Mackenzie	9 Lexington	3:16.95	2
37.853 (37.853)	1:20.497 (42.644)	2:01.219 (40.722)	2:40.864 (39.645)
3:16.946 (36.083)			
2 Van Kelsted, Kira	11 Belmont MA	3:18.41	1
37.040 (37.040)	1:17.413 (40.374)	2:00.809 (43.396)	2:41.786 (40.977)
3:18.403 (36.617)			
3 Finn, Leah	11 Woburn	3:19.89	1
37.078 (37.078)	1:18.024 (40.946)	2:01.465 (43.441)	2:41.586 (40.122)
3:19.886 (38.300)			
4 L'Heureux, Cadence	12 Melrose	3:20.31	2
37.425 (37.425)	1:19.862 (42.438)	2:02.269 (42.408)	2:43.471 (41.202)
3:20.306 (36.836)			
5 Walker, Chloe	10 Winchester	3:20.36	1
37.294 (37.294)	1:17.828 (40.534)	2:01.217 (43.390)	2:42.461 (41.244)
3:20.353 (37.892)			
6 Bangston, Liza	11 Wakefield	3:24.30	3
40.768 (40.768)	1:23.065 (42.297)	2:05.604 (42.540)	2:45.999 (40.396)
3:24.292 (38.293)			
7 McCormack, Nora	9 Melrose	3:26.98	2
38.301 (38.301)	1:22.472 (44.171)	2:05.530 (43.059)	2:48.811 (43.281)
3:26.975 (38.164)			
8 Eldridge, Ava	10 Burlington	3:28.09	2
39.989 (39.989)	1:23.939 (43.950)	2:08.349 (44.411)	2:49.257 (40.908)
3:28.090 (38.833)			

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9 Aggarwal, Prachi	11 Lexington	3:28.10	2		
42.568 (42.568)	1:22.461 (39.894)	2:03.670 (41.209)		2:46.213 (42.543)	
3:28.100 (41.888)					
10 Yorkey, Ella	10 Melrose	3:28.12	2		
36.998 (36.998)	1:21.378 (44.380)	2:03.950 (42.572)		2:47.361 (43.412)	
3:28.118 (40.757)					
11 Bielat, Natalie	9 Lexington	3:28.78	2		
38.601 (38.601)	1:22.849 (44.249)	2:06.449 (43.600)		2:49.661 (43.212)	
3:28.775 (39.115)					
12 Margolius, Isadora	12 Arlington	3:29.80	2		
39.794 (39.794)	1:24.492 (44.698)	2:08.909 (44.418)		2:52.305 (43.396)	
3:29.792 (37.487)					
13 Woelk, Eloise	10 Winchester	3:30.21	1		
38.204 (38.204)	1:20.310 (42.107)	2:05.331 (45.021)		2:50.220 (44.889)	
3:30.207 (39.988)					
14 Bosso, Carla	9 Woburn	3:32.54	1		
36.674 (36.674)	1:19.227 (42.553)	2:05.085 (45.858)		2:52.045 (46.960)	
3:32.534 (40.490)					
15 Reinelt, Chloe	11 Arlington	3:34.79	2		
43.685 (43.685)	1:25.273 (41.588)	2:10.586 (45.314)		2:55.141 (44.555)	
3:34.789 (39.649)					
16 Mahon, Alexandra	11 Woburn	3:35.42	1		
37.375 (37.375)	1:18.490 (41.116)	2:02.529 (44.040)		2:49.209 (46.680)	
3:35.413 (46.204)					
17 Stepler, Katherine	12 Reading Memorial	3:38.81	1		
39.273 (39.273)	1:20.909 (41.636)	2:07.929 (47.020)		2:54.738 (46.810)	
3:38.809 (44.072)					
18 Jenkins, Grace	10 Melrose	3:39.98	2		
40.589 (40.589)	1:23.935 (43.347)	2:08.787 (44.852)		2:54.574 (45.788)	
3:39.977 (45.403)					
19 Caplin, Hannah	9 Wakefield	3:40.05	3		
42.758 (42.758)	1:26.750 (43.992)	2:12.567 (45.817)		2:57.671 (45.104)	
3:40.042 (42.372)					
20 Green, Rosemary	10 Belmont MA	3:40.20	1		
38.543 (38.543)	1:20.559 (42.016)	2:06.918 (46.360)		2:54.890 (47.972)	
3:40.193 (45.303)					
21 Conte, Kate	9 Burlington	3:41.78	2		
39.721 (39.721)	1:23.687 (43.966)	2:10.754 (47.068)		2:57.303 (46.549)	
3:41.775 (44.472)					
22 Renzi, Laurel	9 Wakefield	3:42.27	3		
42.740 (42.740)	1:26.423 (43.684)	2:12.229 (45.806)		2:57.676 (45.448)	
3:42.267 (44.592)					
23 Galloway, Alisha (Allie)	10 Lexington	3:42.59	2		
40.321 (40.321)	1:23.196 (42.875)	2:08.492 (45.296)		2:56.130 (47.639)	
3:42.585 (46.455)					
24 Woelk, Alexandra	10 Winchester	3:43.29	1		
37.587 (37.587)	1:20.516 (42.929)	2:08.225 (47.710)		2:56.029 (47.804)	
3:43.287 (47.259)					
25 Zaya, Isabella (Bella)	11 Wilmington	3:43.41	3		
42.430 (42.430)	1:25.984 (43.555)	2:11.815 (45.831)		2:59.814 (48.000)	
3:43.403 (43.589)					
26 Goodwin, Drew	10 Reading Memorial	3:44.38	1		
36.235 (36.235)	1:16.681 (40.447)	2:04.573 (47.892)		2:52.769 (48.196)	
3:44.376 (51.608)					

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27 Tilden, Margaret	10 Stoneham	3:46.94	3		
42.656 (42.656)	1:27.600 (44.944)	2:15.503 (47.904)		3:02.585 (47.082)	
3:46.933 (44.348)					
28 Herr, Caroline	11 Arlington	3:47.12	2		
44.110 (44.110)	1:26.861 (42.752)	2:12.816 (45.955)		3:00.391 (47.576)	
3:47.117 (46.726)					
29 Agami, Kaitlyn	9 Reading Memorial	3:47.20	1		
37.862 (37.862)	1:20.900 (43.038)	2:07.626 (46.727)		2:56.664 (49.038)	
3:47.195 (50.532)					
30 Shanahan, Abby	10 Reading Memorial	3:49.89	1		
38.961 (38.961)	1:20.069 (41.109)	2:07.826 (47.757)		2:57.580 (49.754)	
3:49.889 (52.309)					
31 Guerbous, Maya	12 Stoneham	3:53.14	3		
43.374 (43.374)	1:28.879 (45.505)	2:16.687 (47.809)		3:06.011 (49.324)	
3:53.138 (47.128)					
32 MacKenzie, Willow	9 Watertown	3:54.09	3		
44.008 (44.008)	1:29.101 (45.093)	2:17.304 (48.204)		3:05.325 (48.021)	
3:54.087 (48.763)					
33 Fleming, Caroline	12 Watertown	3:59.70	3		
42.284 (42.284)	1:28.644 (46.360)	2:16.711 (48.068)		3:07.111 (50.400)	
3:59.695 (52.584)					
34 Cappione, Tessa	12 Wilmington	4:06.07	3		
43.392 (43.392)	1:30.691 (47.299)	2:22.048 (51.358)		3:15.046 (52.998)	
4:06.063 (51.017)					
35 McCarthy, Lia	9 Wakefield	4:15.39	3		
45.595 (45.595)	1:35.086 (49.491)	2:28.847 (53.761)		3:23.615 (54.768)	
4:15.386 (51.772)					
36 Sullivan, Tess	9 Wilmington	4:20.74	3		
46.802 (46.802)	1:37.067 (50.265)	2:31.075 (54.008)		3:29.211 (58.136)	
4:20.736 (51.526)					
37 Douzepis, Niki	10 Wilmington	4:28.53	3		
47.947 (47.947)	1:40.235 (52.288)	2:36.225 (55.991)		3:33.659 (57.434)	
4:28.524 (54.866)					

**Girls 1 Mile Run**

Name	Year School	Finals	H#		
1 Lauzon, Evie	12 Arlington	5:28.86	2		
40.243 (40.243)	1:20.288 (40.046)	2:01.852 (41.564)		2:43.449 (41.597)	
3:24.848 (41.400)	4:06.488 (41.640)	4:48.319 (41.831)		5:28.860 (40.542)	
2 Lehr, Dana	12 Belmont MA	5:30.98	1		
41.924 (41.924)	1:24.910 (42.986)	2:06.254 (41.344)		2:47.525 (41.272)	
3:28.511 (40.986)	4:09.765 (41.255)	4:50.627 (40.862)		5:30.975 (40.348)	
3 Whorton, Amelia	9 Lexington	5:35.34	2		
42.978 (42.978)	1:26.762 (43.784)	2:09.333 (42.572)		2:52.306 (42.973)	
3:37.518 (45.212)	4:20.940 (43.422)	5:02.660 (41.720)		5:35.340 (32.681)	
4 Sallee, Lily	12 Wakefield	5:42.60	2		
40.984 (40.984)	1:23.331 (42.348)	2:07.310 (43.980)		2:51.629 (44.320)	
3:35.879 (44.250)	4:20.190 (44.312)	5:03.764 (43.574)		5:42.596 (38.832)	
5 Butler, Sinead	12 Woburn	5:43.59	1		
43.078 (43.078)	1:25.334 (42.256)	2:07.920 (42.586)		2:51.102 (43.183)	
3:34.564 (43.462)	4:17.903 (43.340)	5:00.820 (42.917)		5:43.589 (42.770)	

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6 Powell, Reilly	10 Melrose	5:45.61	1		
41.753 (41.753)	1:24.819 (43.066)	2:07.516 (42.697)		2:50.996 (43.481)	
3:35.795 (44.799)	4:20.162 (44.368)	5:04.533 (44.372)		5:45.602 (41.069)	
7 Ehmann, Erin	10 Lexington	5:47.42	2		
42.904 (42.904)	1:26.712 (43.809)	2:09.324 (42.612)		2:52.341 (43.017)	
3:37.663 (45.322)	4:22.276 (44.614)	5:05.919 (43.643)		5:47.413 (41.495)	
8 Conte, Grace	9 Burlington	5:54.65	1		
45.344 (45.344)	1:29.581 (44.238)	2:14.470 (44.889)		2:59.008 (44.539)	
3:44.384 (45.376)	4:29.564 (45.180)	5:13.792 (44.229)		5:54.643 (40.851)	
9 Ferrell, Ella	9 Wakefield	5:55.51	2		
44.260 (44.260)	1:29.372 (45.112)	2:14.382 (45.010)		2:59.868 (45.486)	
3:45.748 (45.880)	4:32.383 (46.636)	5:16.904 (44.522)		5:55.508 (38.604)	
10 Kiley, Charlotte	10 Wilmington	5:55.77	2		
42.000 (42.000)	1:25.332 (43.332)	2:09.779 (44.448)		2:54.807 (45.028)	
3:41.352 (46.545)	4:27.764 (46.413)	5:14.331 (46.567)		5:55.768 (41.437)	
11 Newman, Riley	10 Winchester	5:56.03	1		
46.143 (46.143)	1:31.155 (45.012)	2:17.255 (46.100)		3:03.777 (46.523)	
3:49.256 (45.480)	4:32.904 (43.648)	5:18.636 (45.732)		5:56.025 (37.389)	
12 Faiano, Zoe	11 Woburn	5:56.57	1		
46.113 (46.113)	1:29.748 (43.636)	2:14.604 (44.856)		3:00.192 (45.588)	
3:47.284 (47.092)	4:33.028 (45.745)	5:17.916 (44.888)		5:56.562 (38.647)	
13 Faust, Sofia	9 Arlington	5:57.45	2		
44.945 (44.945)	1:28.521 (43.576)	2:13.524 (45.003)		2:58.499 (44.976)	
3:45.776 (47.277)	4:32.286 (46.511)	5:17.544 (45.258)		5:57.448 (39.904)	
14 Branson, Bridget	7 Reading Memorial	5:57.55	1		
42.267 (42.267)	1:25.887 (43.620)	2:10.825 (44.939)		2:56.835 (46.010)	
3:43.506 (46.672)	4:30.665 (47.160)	5:16.662 (45.997)		5:57.543 (40.881)	
15 Master, Kaylee	10 Watertown	6:02.65	2		
43.457 (43.457)	1:27.225 (43.768)	2:11.355 (44.130)		2:56.655 (45.300)	
3:43.888 (47.234)	4:31.718 (47.830)	5:17.631 (45.913)		6:02.648 (45.018)	
16 Frakt, Maizie	12 Melrose	6:09.81	1		
46.368 (46.368)	1:31.767 (45.400)	2:17.464 (45.698)		3:04.088 (46.624)	
3:51.182 (47.094)	4:38.472 (47.290)	5:26.005 (47.534)		6:09.803 (43.798)	
17 Juffre, Allison (Allie)	10 Reading Memorial	6:10.52	1		
45.029 (45.029)	1:31.482 (46.453)	2:17.696 (46.214)		3:04.726 (47.031)	
3:51.542 (46.816)	4:39.031 (47.489)	5:26.294 (47.264)		6:10.517 (44.224)	
18 Ahmad, Zoya	12 Winchester	6:25.35	1		
46.938 (46.938)	1:33.624 (46.687)	2:21.967 (48.343)		3:11.519 (49.552)	
4:02.300 (50.782)	4:53.723 (51.423)	5:42.500 (48.777)		6:25.345 (42.846)	
19 Iagnemma, Siri	11 Belmont MA	6:25.68	1		
45.800 (45.800)	1:31.070 (45.271)	2:17.301 (46.232)		3:04.155 (46.854)	
3:51.804 (47.650)	4:40.884 (49.080)	5:32.600 (51.717)		6:25.673 (53.073)	
20 Agarwala, Kritika	11 Burlington	6:30.28	1		
46.472 (46.472)	1:32.864 (46.393)	2:21.116 (48.252)		3:11.863 (50.747)	
4:03.660 (51.797)	4:55.386 (51.727)	5:48.623 (53.237)		6:30.276 (41.654)	
21 Rechea, Violeta	11 Melrose	6:32.58	1		
47.342 (47.342)	1:33.908 (46.567)	2:20.770 (46.862)		3:10.722 (49.952)	
4:00.922 (50.200)	4:52.978 (52.056)	5:45.644 (52.666)		6:32.579 (46.936)	
22 Damon-Bach, Celeste	12 Reading Memorial	6:33.74	1		
45.714 (45.714)	1:32.101 (46.388)	2:20.000 (47.900)		3:10.055 (50.055)	
4:01.642 (51.588)	4:53.673 (52.032)	5:46.364 (52.691)		6:33.739 (47.376)	
23 Setia, Hanna	12 Winchester	6:34.60	1		
46.399 (46.399)	1:32.500 (46.102)	2:19.720 (47.220)		3:09.428 (49.709)	
4:01.508 (52.080)	4:54.244 (52.736)	5:46.422 (52.179)		6:34.594 (48.172)	

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**

**the TRACK at new balance**

**Results**

**....Girls 1 Mile Run**

24 Shamashkin, Zoe	10 Woburn	6:37.85	1		
47.276 (47.276)	1:34.168 (46.892)	2:22.346 (48.179)		3:12.436 (50.091)	
4:03.782 (51.346)	4:56.144 (52.363)	5:49.140 (52.996)		6:37.847 (48.708)	
25 Wallace, Natalie	10 Stoneham	6:44.95	2		
46.467 (46.467)	1:33.111 (46.644)	2:23.982 (50.872)		3:16.275 (52.293)	
4:08.981 (52.707)	5:03.330 (54.349)	5:57.338 (54.008)		6:44.941 (47.604)	
26 Putnam, Eveline	9 Stoneham	6:47.53	2		
44.000 (44.000)	1:32.151 (48.152)	2:23.614 (51.464)		3:16.851 (53.237)	
4:09.030 (52.180)	5:03.063 (54.033)	5:56.716 (53.653)		6:47.521 (50.806)	
27 Zhao, Yongyi	10 Wakefield	6:47.58	2		
43.835 (43.835)	1:32.536 (48.702)	2:23.493 (50.957)		3:16.496 (53.003)	
4:09.317 (52.822)	5:03.344 (54.028)	5:57.208 (53.864)		6:47.580 (50.373)	
28 LaPointe, Katelyn	10 Wilmington	6:59.56	2		
47.664 (47.664)	1:37.320 (49.656)	2:29.738 (52.419)		3:23.406 (53.668)	
4:18.986 (55.580)	5:14.922 (55.936)	6:09.614 (54.692)		6:59.556 (49.942)	
29 Hughes, Rebecca	12 Wilmington	7:29.88	2		
49.505 (49.505)	1:43.200 (53.696)	2:39.716 (56.516)		3:38.970 (59.254)	
4:37.488 (58.518)	5:35.995 (58.508)	6:35.036 (59.041)		7:29.877 (54.842)	
30 Myrter, Katharine	12 Stoneham	7:40.39	2		
52.951 (52.951)	1:47.373 (54.423)	2:45.145 (57.772)		3:44.042 (58.897)	
4:43.760 (59.718)	5:43.596 (59.837)	6:44.615 (1:01.019)		7:40.388 (55.774)	

**Girls 2 Mile Run**

Name	Year School	Finals			
1 Lehr, Dana	12 Belmont MA	11:11.88			
42.742 (42.742)	1:22.834 (40.092)	2:04.456 (41.623)		2:45.583 (41.128)	
3:26.694 (41.112)	4:08.260 (41.566)	4:50.555 (42.296)		5:32.962 (42.408)	
6:15.118 (42.156)	6:57.723 (42.605)	7:40.078 (42.355)		8:22.918 (42.840)	
9:06.046 (43.128)	9:49.270 (43.224)	10:31.897 (42.628)		11:11.877 (39.980)	
2 Hackett, Molly	12 Reading Memorial	11:44.22			
43.352 (43.352)	1:24.329 (40.977)	2:06.255 (41.927)		2:48.467 (42.212)	
3:31.502 (43.036)	4:15.240 (43.738)	5:00.150 (44.911)		5:45.505 (45.355)	
6:30.414 (44.909)	7:15.884 (45.471)	8:00.884 (45.000)		8:46.009 (45.125)	
9:31.952 (45.944)	10:18.451 (46.500)	11:04.831 (46.380)		11:44.218 (39.387)	
3 Macheimer, Alex	11 Winchester	12:46.15			
48.571 (48.571)	1:34.581 (46.010)	2:21.538 (46.957)		3:07.907 (46.370)	
3:54.834 (46.927)	4:42.076 (47.243)	5:30.534 (48.458)		6:19.734 (49.200)	
7:08.993 (49.260)	7:58.777 (49.784)	8:47.956 (49.180)		9:37.898 (49.943)	
10:28.277 (50.379)	11:16.450 (48.173)	12:05.816 (49.367)		12:46.145 (40.329)	
4 LaFrancesca, Maria	10 Reading Memorial	13:01.54			
46.210 (46.210)	1:30.716 (44.506)	2:18.238 (47.522)		3:06.705 (48.468)	
3:55.237 (48.532)	4:42.442 (47.205)	5:30.480 (48.039)		6:20.052 (49.572)	
7:09.607 (49.556)	8:00.454 (50.847)	8:51.984 (51.531)		9:43.751 (51.768)	
10:35.510 (51.760)	11:29.203 (53.693)	12:18.730 (49.528)		13:01.539 (42.809)	
5 Bettencourt, Josephine	10 Lexington	13:05.54			
50.016 (50.016)	1:35.825 (45.809)	2:22.373 (46.548)		3:09.184 (46.812)	
3:55.758 (46.575)	4:43.041 (47.283)	5:30.886 (47.845)		6:20.186 (49.301)	
7:09.895 (49.709)	7:59.610 (49.716)	8:49.024 (49.414)		9:39.699 (50.676)	
10:31.237 (51.538)	11:24.404 (53.168)	12:14.208 (49.804)		13:05.534 (51.327)	



**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024****the TRACK at new balance****Results****....Girls 2 Mile Run**

6 Su, Michelle	11 Winchester	13:17.15		
49.448 (49.448)	1:35.572 (46.124)	2:22.056 (46.484)	3:08.975 (46.920)	
3:55.750 (46.775)	4:43.276 (47.527)	5:32.406 (49.131)	6:22.564 (50.158)	
7:12.969 (50.405)	8:03.009 (50.040)	8:54.619 (51.611)	9:47.040 (52.421)	
10:38.946 (51.907)	11:30.939 (51.993)	12:25.109 (54.170)	13:17.150 (52.042)	
7 Rivera, Emilia	12 Woburn	13:38.40		
46.581 (46.581)	1:34.482 (47.901)	2:22.426 (47.944)	3:11.986 (49.560)	
4:02.392 (50.407)	4:54.034 (51.642)	5:45.890 (51.856)	6:38.730 (52.841)	
7:30.801 (52.071)	8:24.284 (53.484)	9:18.407 (54.124)	10:12.970 (54.564)	
11:06.726 (53.756)	12:00.880 (54.154)	12:52.759 (51.880)	13:38.400 (45.641)	
8 Dill, Riley	11 Belmont MA	13:43.91		
50.622 (50.622)	1:38.272 (47.651)	2:29.357 (51.085)	3:20.503 (51.147)	
4:10.950 (50.448)	5:00.843 (49.893)	5:51.770 (50.927)	6:44.370 (52.601)	
7:37.866 (53.496)	8:30.530 (52.665)	9:24.012 (53.482)	10:16.408 (52.396)	
11:09.702 (53.294)	12:02.942 (53.241)	12:54.766 (51.824)	13:43.908 (49.143)	
9 Ludlum, Kensington	12 Melrose	13:46.17		
49.869 (49.869)	1:36.685 (46.816)	2:27.753 (51.068)	3:19.282 (51.529)	
4:11.121 (51.840)	5:04.745 (53.624)	5:58.665 (53.920)	6:50.338 (51.673)	
7:41.878 (51.540)	8:33.888 (52.011)	9:26.129 (52.241)	10:19.194 (53.066)	
11:12.291 (53.097)	12:05.602 (53.312)	12:58.422 (52.820)	13:46.166 (47.745)	
10 Shackelford, Kaitlyn	11 Wilmington	14:00.88		
49.180 (49.180)	1:35.673 (46.493)	2:22.998 (47.326)	3:11.949 (48.951)	
4:01.819 (49.871)	4:53.175 (51.356)	5:44.990 (51.816)	6:37.654 (52.664)	
7:31.435 (53.782)	8:25.509 (54.074)	9:20.806 (55.297)	10:17.254 (56.448)	
11:13.539 (56.286)	12:10.718 (57.179)	13:07.650 (56.933)	14:00.872 (53.222)	
11 Richardson, Abigail	11 Wakefield	14:03.50		
54.754 (54.754)	1:48.054 (53.300)	2:39.299 (51.246)	3:32.565 (53.266)	
4:26.259 (53.695)	5:20.898 (54.640)	6:14.362 (53.464)	7:05.829 (51.468)	
7:57.760 (51.932)	8:51.546 (53.786)	9:44.729 (53.184)	10:37.782 (53.053)	
11:31.215 (53.434)	12:25.533 (54.318)	13:17.253 (51.720)	14:03.499 (46.247)	
12 Mitchell, Riley	10 Wakefield	14:20.40		
54.782 (54.782)	1:48.122 (53.341)	2:39.408 (51.286)	3:32.654 (53.247)	
4:26.474 (53.820)	5:21.342 (54.868)	6:14.831 (53.490)	7:08.054 (53.223)	
8:01.954 (53.901)	8:57.209 (55.255)	9:53.246 (56.037)	10:49.039 (55.794)	
11:44.818 (55.780)	12:40.170 (55.352)	13:33.381 (53.212)	14:20.397 (47.016)	
13 Israelson, Cayley	11 Wilmington	14:27.59		
50.400 (50.400)	1:38.321 (47.921)	2:29.505 (51.184)	3:23.730 (54.225)	
4:16.997 (53.268)	5:11.310 (54.313)	6:05.703 (54.394)	7:00.462 (54.759)	
7:55.690 (55.229)	8:51.060 (55.370)	9:47.330 (56.270)	10:43.398 (56.069)	
11:40.051 (56.653)	12:36.909 (56.858)	13:33.075 (56.167)	14:27.582 (54.508)	
14 Knowles, Peyton	10 Wakefield	14:35.47		
52.092 (52.092)	1:45.082 (52.990)	2:38.199 (53.118)	3:32.913 (54.714)	
4:26.698 (53.786)	5:21.719 (55.021)	6:15.237 (53.518)	7:08.514 (53.277)	
8:02.702 (54.188)	8:58.382 (55.681)	9:55.028 (56.646)	10:51.498 (56.470)	
11:50.067 (58.570)	12:49.067 (59.000)	13:46.139 (57.072)	14:35.463 (49.324)	
15 Lohnes, Alexis	11 Woburn	14:43.41		
50.313 (50.313)	1:39.378 (49.066)	2:32.225 (52.847)	3:26.828 (54.604)	
4:20.100 (53.272)	5:15.848 (55.748)	6:10.063 (54.216)	7:05.989 (55.926)	
8:01.068 (55.080)	8:54.999 (53.932)	9:51.221 (56.222)	10:49.918 (58.697)	
11:48.869 (58.952)	12:48.594 (59.725)	13:46.355 (57.762)	14:43.404 (57.049)	
16 Schad, Abigail	9 Melrose	14:57.17		
50.753 (50.753)	1:40.568 (49.816)	2:32.509 (51.941)	3:26.517 (54.008)	
4:20.513 (53.996)	5:16.510 (55.997)	6:12.439 (55.930)	7:08.667 (56.228)	
8:06.547 (57.880)	9:05.805 (59.258)	10:05.282 (59.477)	11:05.357 (1:00.076)	
12:05.016 (59.660)	13:04.303 (59.288)	14:04.107 (59.804)	14:57.162 (53.055)	

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**

**the TRACK at new balance**

**Results**

**....Girls 2 Mile Run**

17 Wu, Sherri	11 Watertown	15:03.01		
50.146 (50.146)	1:39.186 (49.040)	2:32.129 (52.943)	3:26.537 (54.408)	
4:19.651 (53.115)	5:16.549 (56.898)	6:10.577 (54.028)	7:06.726 (56.149)	
8:01.581 (54.856)	8:59.854 (58.273)	9:59.528 (59.675)	10:59.095 (59.568)	
11:59.110 (1:00.015)	12:51.765 (52.656)	14:03.950 (1:12.186)	15:03.002 (59.052)	
18 Oalman, Mera	10 Watertown	15:27.00		
48.210 (48.210)	1:36.246 (48.036)	2:29.146 (52.900)	3:23.790 (54.645)	
4:18.054 (54.264)	5:16.652 (58.598)	6:13.801 (57.149)	7:10.286 (56.485)	
8:07.915 (57.630)	9:08.199 (1:00.284)	10:10.526 (1:02.327)	11:14.276 (1:03.751)	
12:18.826 (1:04.551)	13:23.214 (1:04.388)	14:28.311 (1:05.097)	15:26.994 (58.684)	
-- Powell, Reilly	10 Melrose	DNF		
44.658 (44.658)	1:28.626 (43.969)	2:12.919 (44.293)	2:58.015 (45.096)	
3:43.638 (45.624)	4:29.390 (45.752)	5:15.454 (46.064)	6:02.203 (46.749)	
6:49.304 (47.101)	7:36.831 (47.528)	8:25.619 (48.788)	9:14.605 (48.986)	
10:03.744 (49.140)	10:51.306 (47.563)	11:37.718 (46.412)		
-- Esmailzadeh, Emma	9 Stoneham	DNF		
50.281 (50.281)	1:41.258 (50.977)	2:34.477 (53.220)	3:29.812 (55.336)	
4:27.337 (57.525)	5:25.069 (57.732)	6:23.749 (58.680)	7:24.992 (1:01.244)	
8:28.014 (1:03.023)	9:30.745 (1:02.731)	10:33.890 (1:03.146)	11:36.535 (1:02.645)	
12:39.217 (1:02.682)	13:40.826 (1:01.609)	14:39.770 (58.944)		
-- Francis, Sophia	12 Arlington	DNF		
45.475 (45.475)	1:29.536 (44.061)	2:14.902 (45.367)	3:00.423 (45.521)	
3:45.914 (45.492)	4:31.274 (45.360)	5:17.469 (46.196)	6:03.982 (46.514)	
6:50.323 (46.341)	7:35.139 (44.816)	8:20.937 (45.798)	9:06.815 (45.879)	
9:53.695 (46.880)	10:40.042 (46.347)	11:25.808 (45.767)		
-- DeMartinis, Ashleigh	12 Burlington	DNF		
45.630 (45.630)	1:28.789 (43.160)	2:13.092 (44.304)	2:58.118 (45.026)	
3:43.745 (45.628)	4:29.501 (45.756)	5:15.492 (45.992)	6:02.158 (46.667)	
6:48.878 (46.720)	7:35.380 (46.502)	8:21.094 (45.714)	9:08.415 (47.322)	
9:57.873 (49.458)	10:45.942 (48.069)	11:24.589 (38.648)		
-- Warren, Daphne	9 Lexington	DQ lane violation		
47.402 (47.402)	1:35.333 (47.932)	2:26.172 (50.840)	3:18.584 (52.412)	
4:11.396 (52.812)	5:04.958 (53.563)	5:59.058 (54.100)	6:50.713 (51.656)	
7:42.370 (51.657)	8:33.234 (50.865)	9:24.246 (51.012)	10:15.143 (50.897)	
11:06.551 (51.408)	11:58.232 (51.681)	12:49.102 (50.870)	13:34.911 (45.810)	
-- Murray, Kiera	9 Stoneham	DQ lane violation		
43.708 (43.708)	1:28.411 (44.704)	2:14.117 (45.706)	3:02.922 (48.805)	
3:53.199 (50.278)	4:42.238 (49.040)	5:31.688 (49.450)	6:24.328 (52.640)	
7:16.794 (52.467)	8:10.393 (53.599)	9:04.944 (54.552)	9:58.542 (53.599)	
10:52.624 (54.082)	11:47.618 (54.994)	12:41.755 (54.138)	13:32.072 (50.317)	
-- Peterson, Holly	11 Watertown	DQ lane violation		
46.040 (46.040)	1:29.803 (43.764)	2:16.241 (46.438)	3:03.782 (47.541)	
3:53.620 (49.839)	4:43.291 (49.672)	5:32.238 (48.948)	6:21.315 (49.077)	
7:10.910 (49.596)	8:01.342 (50.432)	8:52.374 (51.032)	9:43.592 (51.218)	
10:36.062 (52.471)	11:29.610 (53.548)	12:21.726 (52.116)	13:11.923 (50.197)	

**Girls 55 M Hurdles**

Name	Year School	Finals	H#
1 Gangi, Nicole	11 Woburn	8.62	1
2 Curll, Kayleigh	11 Woburn	8.97	1
3 Blout, Morgan	12 Stoneham	9.34	5
4 DeCastro, Kelsey	11 Arlington	9.38	4
5 Van Oloo, Mayeesha	11 Arlington	9.83	4

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024****the TRACK at new balance****Results****....Girls 55 M Hurdles**

6 Healy, Lauren	10 Melrose	9.84	3
7 Cormey, Temperance	10 Winchester	9.87	1
8 Gilligan, Leila	11 Burlington	9.89	3
9 Clark, Katelyn	12 Woburn	9.90	1
10 Dennison, Kyler	9 Wakefield	10.16	5
11 Gu, Yuexuan	9 Lexington	10.29	4
12 Finnih, Monjola	11 Lexington	10.33	4
13 Gardner, Mira	12 Belmont MA	10.41	2 10.401
14 Engvaldsen, Abigail	10 Wilmington	10.41	6 10.405
15 McCarthy, Sloane	11 Winchester	10.47	1
16 Ristuccia, Emily	11 Arlington	10.51	4
17 Jordan, Sara	12 Stoneham	10.65	5
18 Grady, Rachel	10 Reading Memorial	10.66	2
19 Cribbie, Brianna	12 Wakefield	10.68	5
20 Olatilu, Giselle	11 Wilmington	10.77	6
21 King, Avery	9 Wilmington	10.78	6
22 Bois, Julia	12 Stoneham	10.80	5
23 Saikachi, Minori	12 Winchester	10.85	1
24 Gove, Amanda	12 Stoneham	10.96	5
25 Caplin, Rachel	12 Wakefield	11.02	5
26 Bilodeau, Georgia	9 Burlington	11.10	3
27 Callahan, Emma	11 Wilmington	11.14	6
28 Ries, Daphne	11 Belmont MA	11.19	2
29 Kuhn, Lyla	11 Burlington	11.28	3
30 Duong, Valerie	12 Watertown	11.29	6
31 Langone, Lexa	9 Burlington	11.34	3
32 Savio, Katherine	11 Reading Memorial	11.38	2
33 Pan, Ella	9 Lexington	11.45	4
34 Stern, Hannah	11 Arlington	11.51	4
35 Caterino, Mia	11 Watertown	11.54	6
36 Kennedy, Katherine	10 Melrose	11.58	3
37 Smith, Julia	11 Reading Memorial	11.64	2
38 Lusic, Laila	12 Belmont MA	11.65	2
39 Murphy, Allison	12 Melrose	11.73	3
40 DeAngelis, Stella	10 Wakefield	12.05	5
41 Murphy, Oona	10 Melrose	13.94	3
42 Ellerman, Valesca	10 Lexington	14.33	4

**Girls 4x200 M Relay**

School	Finals	H#
1 Lexington	1:49.19	2
1) Sagues, Bruguers 11		
2) Deardorf, Aubrey 11		
3) Hao, Marissa 10		
4) Haverly, Felice 11		
2 Wilmington	1:49.54	2
1) Walker, Kayleigh 10		
2) MacDonald, Cathryn (Cate) 11		
3) King, Avery 9		
4) LeBlanc, Alexis 11		
3 Woburn	1:53.65	1
1) Gera, Livia 9		
2) Clark, Katelyn 12		
3) Butler, Kaitlynn 12		
4) Hughes, Nyla 9		
4 Stoneham	1:54.56	2
1) Brewin, Sophie 11		
2) Scully, Bridget 12		
3) Oliphant, Olivia 12		
4) Blout, Morgan 12		
5 Arlington	1:55.81	2

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**

**the TRACK at new balance**

**Results**

**....Girls 4x200 M Relay**

1) DeCastro, Kelsey 11	2) Maxwell, Mojo 11		
3) Chambers, Reilly 10	4) Smith, Eileen 12		
6 Burlington		1:56.70	1
1) Cummings, Kaya 11	2) Clement, Lucy 11		
3) Henrikson, Amelie 10	4) Matarazzo, Ellie 11		
7 Wakefield		1:56.75	2
1) Dennison, Kyler 9	2) Revah, Shane 10		
3) Joseph, Guerly 9	4) Cribbie, Brianna 12		
8 Melrose		1:57.22	1
1) Mclucas, Lara 11	2) Healy, Lauren 10		
3) Frawley, Jillian 12	4) Steger-Wilson, Audrey 12		
9 Reading Memorial		1:57.23	1
1) Savio, Katherine 11	2) Encarnacao, Kamryn 11		
3) Lake, Samantha 10	4) Johnson, Delaney 12		
10 Winchester		1:58.12	1
1) Von Mering, Madison 11	2) Cormey, Temperance 10		
3) McCarthy, Ella 11	4) McCarthy, Sophie 11		
11 Watertown		1:58.19	2
1) Mayhew, Kaylin 8	2) Caterino, Mia 11		
3) Duong, Valerie 12	4) Egan, Rachel 12		
12 Belmont MA		1:58.49	1
1) Ormond, Amelia 12	2) Neill, Taylor 11		
3) Rodriguez-Clark, Fiona 11	4) Wolff, Joana 11		

**Girls 4x400 M Relay**

School	Finals	H#		
1 Lexington	4:19.16	2		
1) Kvaal, Cecilia 9	2) Ehmman, Erin 10			
3) Callahan, Mackenzie 9	4) Whorton, Amelia 9			
31.960 (31.960)	1:07.018 (35.059)	1:38.489 (31.472)	2:14.367 (35.878)	
2:45.731 (31.364)	3:18.920 (33.190)	3:48.087 (29.167)	4:19.156 (31.069)	
2 Arlington	4:22.18	2		
1) Lauzon, Evie 12	2) Francis, Sophia 12			
3) Ryan, Bryn 12	4) Margolius, Isadora 12			
30.904 (30.904)	1:04.800 (33.896)	1:36.600 (31.800)	2:11.697 (35.097)	
2:44.248 (32.551)	3:19.855 (35.608)	3:48.859 (29.004)	4:22.177 (33.319)	
3 Melrose	4:26.03	1		
1) Drago, Emma 11	2) L'Heureux, Cadence 12			
3) McCormack, Nora 9	4) Frakt, Maizie 12			
31.011 (31.011)	1:07.916 (36.905)	1:41.757 (33.842)	2:17.201 (35.444)	
2:49.621 (32.420)	3:22.585 (32.964)	3:52.691 (30.107)	4:26.028 (33.337)	
4 Woburn	4:26.91	1		
1) Finn, Leah 11	2) Metivier, Sydney 12			
3) Butler, Sinead 12	4) Harkins, Chloe 10			
31.117 (31.117)	1:06.133 (35.016)	1:39.398 (33.266)	2:14.303 (34.905)	
2:48.033 (33.730)	3:23.404 (35.372)	3:52.441 (29.038)	4:26.903 (34.462)	
5 Wakefield	4:28.79	2		
1) Wilcox, Quin 10	2) Sallee, Lily 12			
3) Bangston, Liza 11	4) Renzi, Laurel 9			
32.736 (32.736)	1:08.198 (35.462)	1:40.653 (32.456)	2:14.250 (33.597)	
2:45.911 (31.661)	3:24.088 (38.177)	3:54.434 (30.347)	4:28.783 (34.349)	

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**  
**the TRACK at new balance**  
**Results**

**....Girls 4x400 M Relay**

6	Winchester					4:31.03	1		
	1) Walker, Chloe 10			2) Newman, Riley 10					
	3) Woelk, Eloise 10			4) Ramsey, Julia 10					
	31.245 (31.245)	1:06.747	(35.502)	1:41.056 (34.309)		2:17.125	(36.069)		
	2:49.899 (32.775)	3:26.563	(36.664)	3:58.187 (31.624)		4:31.027	(32.840)		
7	Belmont MA					4:31.22	1		
	1) Iagnemma, Siri 11			2) Hamer, Lucy 12					
	3) Van Kelsted, Kira 11			4) DeAmaral, Nathallya 11					
	30.806 (30.806)	1:08.981	(38.175)	1:41.987 (33.007)		2:16.471	(34.484)		
	2:48.414 (31.944)	3:23.013	(34.600)	3:51.445 (28.432)		4:31.217	(39.772)		
8	Wilmington					4:36.81	2		
	1) White, Maeve 11			2) Niceforo, Olivia 10					
	3) Mulik, Kaylin 9			4) Carriere, Isabel 10					
	36.043 (36.043)	1:09.944	(33.901)	1:43.730 (33.787)		2:19.711	(35.981)		
	2:53.598 (33.888)	3:30.103	(36.505)	4:01.363 (31.260)		4:36.802	(35.440)		
9	Burlington					4:43.00	1		
	1) Londino, Audrey 12			2) Gunther, Caleigh 12					
	3) Conte, Grace 9			4) Kuhn, Lyla 11					
	31.437 (31.437)	1:08.552	(37.116)	1:42.105 (33.554)		2:18.695	(36.590)		
	2:52.909 (34.215)	3:31.941	(39.032)	4:06.781 (34.841)		4:42.997	(36.216)		
10	Reading Memorial					4:43.18	1		
	1) Shanahan, Abby 10			2) Shanley, Annabelle 11					
	3) Stepler, Katherine 12			4) Rock, Tessa 11					
	30.923 (30.923)	1:08.716	(37.793)	1:42.313 (33.598)		2:19.728	(37.415)		
	2:54.495 (34.768)	3:32.639	(38.144)	4:06.361 (33.722)		4:43.171	(36.811)		
11	Stoneham					4:59.47	2		
	1) Catricala, Kira 9			2) Guerbous, Maya 12					
	3) Wallace, Natalie 10			4) Tilden, Margaret 10					
	34.264 (34.264)	1:12.828	(38.564)	1:47.540 (34.713)		2:29.306	(41.766)		
	3:07.305 (38.000)	3:47.039	(39.734)	4:19.328 (32.289)		4:59.462	(40.135)		

**Girls High Jump**

Name	Year	School	Finals
1 Master, Kaylee	10	Watertown	4-10.00
4-02 4-04 4-06 4-08 4-10 5-00			
0 0 0 0 0 XXX			
2 Haverly, Felice	11	Lexington	J4-10.00
4-02 4-04 4-06 4-08 4-10 5-00			
--- 0 0 0 XO XXX			
2 Blout, Morgan	12	Stoneham	J4-10.00
4-02 4-04 4-06 4-08 4-10 5-00			
--- --- 0 0 XO XXX			
4 Radoslovich, Ella	11	Arlington	J4-10.00
4-02 4-04 4-06 4-08 4-10 5-00			
--- --- 0 XO XXO XXX			
5 Curll, Kayleigh	11	Woburn	4-08.00
4-02 4-04 4-06 4-08 4-10			
--- --- XO 0 XXX			
6 Hanlon, Cassidy	11	Burlington	J4-08.00
4-02 4-04 4-06 4-08 4-10			
0 0 XXO 0 XXX			

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024****the TRACK at new balance****Results****....Girls High Jump**

7	Mulik, Kaylin	9	Wilmington	J4-08.00
	4-02 4-04 4-06 4-08 4-10			
	0 0 0 XO XXX			
8	Repucci, Annabelle	9	Reading Memorial	J4-08.00
	4-02 4-04 4-06 4-08 4-10			
	0 0 0 XXO XXX			
9	Gardner, Mira	12	Belmont MA	4-06.00
	4-02 4-04 4-06 4-08			
	0 0 0 XXX			
9	Boyer, Emeline	11	Melrose	4-06.00
	4-02 4-04 4-06 4-08			
	--- 0 0 XXX			
11	Olatilu, Giselle	11	Wilmington	J4-06.00
	4-02 4-04 4-06 4-08			
	0 0 XO XXX			
11	Wolff, Joana	11	Belmont MA	J4-06.00
	4-02 4-04 4-06 4-08			
	0 0 XO XXX			
11	Gu, Yuexuan	9	Lexington	J4-06.00
	4-02 4-04 4-06 4-08			
	0 0 XO XXX			
11	Hughes, Nyla	9	Woburn	J4-06.00
	4-02 4-04 4-06 4-08			
	0 0 XO XXX			
15	Cribbie, Brianna	12	Wakefield	J4-06.00
	4-02 4-04 4-06 4-08			
	XO 0 XO XXX			
16	Gove, Amanda	12	Stoneham	J4-06.00
	4-02 4-04 4-06 4-08			
	--- 0 XXO XXX			
17	Bencal, Avery	9	Melrose	J4-06.00
	4-02 4-04 4-06 4-08			
	0 XO XXO XXX			
18	Palic, Maya	11	Wakefield	J4-06.00
	4-02 4-04 4-06 4-08			
	XXO XO XXO XXX			
19	Callahan, Emma	11	Wilmington	4-04.00
	4-02 4-04 4-06			
	0 0 XXX			
19	Tsafack, Elka	12	Arlington	4-04.00
	4-02 4-04 4-06			
	0 0 XXX			
19	Joseph, Guerly	9	Wakefield	4-04.00
	4-02 4-04 4-06			
	0 0 XXX			
22	McMaken-Marsh, Willa	12	Arlington	J4-04.00
	4-02 4-04 4-06			
	0 XO XXX			
23	Gunther, Caleigh	12	Burlington	J4-04.00
	4-02 4-04 4-06			
	XXO XO XXX			
24	Thistle, Grace	12	Stoneham	J4-04.00
	4-02 4-04 4-06			
	0 XXO XXX			

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**  
**the TRACK at new balance**  
**Results**

**....Girls High Jump**

25 Starica, Maria	10 Belmont MA	J4-04.00
4-02 4-04 4-06		
XO XXO XXX		
25 Gilligan, Leila	11 Burlington	J4-04.00
4-02 4-04 4-06		
XO XXO XXX		
27 Manekas, Perry	10 Winchester	4-02.00
4-02 4-04		
O XXX		
27 Green, Sabina	9 Lexington	4-02.00
4-02 4-04		
O XXX		
27 Savio, Katherine	11 Reading Memorial	4-02.00
4-02 4-04		
O XXX		
30 Misra, Divya	10 Winchester	J4-02.00
4-02 4-04		
XXO XXX		
-- Nelson, Madeline	9 Reading Memorial	NH
4-02		
XXX		
-- Spolidoro, Shannon	11 Woburn	NH
4-02		
XXX		
-- Wu, Sherri	11 Watertown	NH
4-02		
XXX		
-- Croach, Lilah	10 Melrose	NH
4-02		
XXX		

**Girls Long Jump**

=====				
Name	Year	School	Finals	H#
=====				
1 Deardorf, Aubrey	11	Lexington	17-09.25	2
17-04.75	FOUL	17-09.25		
2 Gangi, Nicole	11	Woburn	17-05.75	1
17-05.75	17-00	17-01.50		
3 Encarnacao, Kamryn	11	Reading Memorial	16-00.50	1
15-08.50	16-00.50	15-09.75		
4 LeBlanc, Alexis	11	Wilmington	15-10.50	3
15-10.50	FOUL	FOUL		
5 Clark, Katelyn	12	Woburn	15-06.25	1
15-03.25	15-04.25	15-06.25		
6 L'Heureux, Cadence	12	Melrose	15-04.75	2
FOUL	15-04.75	PASS		
7 Dennison, Kyler	9	Wakefield	15-00.25	3
15-00.25	14-10.25	FOUL		
8 Yu, Iris	10	Lexington	15-00.00	2
14-06.25	14-09	15-00		
9 Cormey, Temperance	10	Winchester	14-11.25	1
14-01	14-02	14-11.25		
10 Sagues, Bruguers	11	Lexington	14-11.00	2
13-06.50	13-09	14-11		

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**  
**the TRACK at new balance**  
**Results**

**....Girls Long Jump**

11 King, Avery	9 Wilmington	14-05.00	3
14-05 13-08.25 13-07.75			
12 Healy, Lauren	10 Melrose	14-03.50	2
14-03.50 14-00.75 13-07.25			
13 DeAmaral, Nathallya	11 Belmont MA	14-01.50	1
FOUL 13-04.50 14-01.50			
14 Jordan, Sara	12 Stoneham	J14-01.50	3
FOUL 14-01.50 13-01			
15 Von Mering, Madison	11 Winchester	14-01.00	1
14-01 13-08.50 13-07.50			
16 Ryan, Bryn	12 Arlington	13-11.25	2
13-07 13-09 13-11.25			
17 Caterino, Mia	11 Watertown	13-11.00	3
13-10.25 13-11 13-04.50			
18 Palic, Maya	11 Wakefield	13-09.50	3
FOUL 13-09.50 13-07			
19 Kelley, Amelia	9 Melrose	13-08.00	2
FOUL 13-08 FOUL			
20 Bilodeau, Georgia	9 Burlington	13-06.50	2
FOUL 13-06.50 12-04			
21 Millien, Taeja	10 Woburn	13-05.75	1
13-03.50 11-09 13-05.75			
22 Floyd, Olivia	12 Burlington	13-05.25	2
13-03.50 13-05.25 13-03.75			
23 Shanley, Annabelle	11 Reading Memorial	13-05.00	1
12-08.25 11-08.50 13-05			
24 Cannatelli, Maggey	11 Stoneham	13-04.00	3
13-04 12-07.50 12-07.75			
25 Lake, Samantha	10 Reading Memorial	12-08.75	1
12-04 12-08.75 11-11			
26 McMaken-Marsh, Willa	12 Arlington	12-08.00	2
FOUL 12-05.75 12-08			
27 Glaser, Samantha	11 Wilmington	12-05.25	3
11-07 12-05 12-05.25			
28 Stern, Hannah	11 Arlington	12-04.00	2
12-04 FOUL FOUL			
29 Martin, Sofia	10 Stoneham	11-04.50	3
FOUL FOUL 11-04.50			
30 Rodriguez-Clark, Fiona	11 Belmont MA	11-02.25	1
FOUL 11-02.25 FOUL			
-- Kuhn, Lyla	11 Burlington	FOUL	2
FOUL FOUL FOUL			
-- Cassesso, Daisy	12 Wakefield	FOUL	3
FOUL FOUL FOUL			

**Girls Triple Jump**

Name	Year School	Finals
1 Lennox, Caitlin	12 Lexington	31-00.75
30-00.50 31-00.75 29-08		
2 Callahan, Emma	11 Wilmington	30-03.25
28-05.25 30-00.25 30-03.25		



**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024****the TRACK at new balance****Results****Girls Shot Put**

Name	Year	School	Finals	H#
1 Hayes, Isabella	12	Arlington	38-00.75	2
33-08 FOUL			38-00.75	
2 Prior, Meghan	12	Arlington	34-02.00	2
FOUL 32-04.75			34-02	
3 Boyer, Emeline	11	Melrose	33-06.75	1
33-06.75 FOUL			32-00	
4 Cuthbertson, Ainsley	11	Lexington	31-07.25	2
31-07.25 31-01.50			FOUL	
5 Hayes, Gabrielle	12	Arlington	31-02.50	2
FOUL FOUL			31-02.50	
6 Hanlon, Cassidy	11	Burlington	29-04.25	1
29-04.25 28-02.75			28-11.25	
7 Krueger, Maddie	12	Wilmington	28-11.00	2
FOUL 28-07.25			28-11	
8 Arangio, Isabelle	12	Winchester	28-10.25	1
28-09.75 28-10.25			26-06.75	
9 Yiu, Hazel	11	Burlington	28-02.50	1
26-07.75 28-02.50			28-02.50	
10 Howie, Abigail	11	Wilmington	27-11.00	2
27-11 21-00.75			27-10.50	
11 Gaiero, Kelsey	12	Burlington	27-05.25	1
24-11.50 26-11			27-05.25	
12 Diaz, Brendia	11	Wakefield	J27-05.25	2
24-06.75 27-05.25			22-10.25	
13 Langione, Ariana	10	Woburn	27-03.25	1
27-03.25 27-03			26-10.75	
14 Golisano, Sofia	12	Stoneham	27-02.75	2
23-04.75 26-02.25			27-02.75	
15 Wolosoff, Ella	11	Lexington	25-09.50	2
24-04.75 24-01.75			25-09.50	
16 Paolucci, Sofia	12	Stoneham	25-05.25	2
FOUL 25-05.25			24-07	
17 Heller, Julia	9	Wilmington	24-09.25	2
24-09.25 23-09.75			24-09.25	
18 Lind, Nina	10	Belmont MA	24-02.75	1
22-11 24-02.75			24-00.25	
19 West, Emma	12	Winchester	24-01.75	1
23-06.25 24-01.75			23-05.25	
20 Wondolowski, Emily	11	Lexington	24-00.25	2
24-00.25 23-10.25			21-05	
21 Casassa, Audrey	10	Winchester	23-11.00	1
23-08.25 23-11			23-10.75	
22 Talty, Molly	12	Reading Memorial	23-09.25	1
23-09.25 23-07.75			23-01.25	
23 Damon-Bach, Celeste	12	Reading Memorial	23-08.25	1
21-04 22-06.75			23-08.25	
24 Sullivan, Anna	10	Melrose	J23-08.25	1
FOUL 20-03			23-08.25	
25 Morris, Sydney	12	Woburn	23-06.75	1
23-05 23-06.75			FOUL	
26 Lin, Chloe	12	Stoneham	23-03.00	2
23-03 22-09.25			22-00.75	

**Middlesex League Varsity Indoor T&F Block #1 - 12/20/2024**  
**the TRACK at new balance**  
**Results**

**....Girls Shot Put**

27	Gustavsen, Sarah	10	Reading Memorial	22-11.25	1
	22-02.50 22-11.25 21-05				
28	Garraway Mercury, Noelle	11	Wakefield	22-10.00	2
	FOUL 22-10 FOUL				
29	Velmishi, Flavia	11	Woburn	21-04.00	1
	21-04 20-06.50 FOUL				
30	Donohue, Mae		Melrose	20-08.50	1
	20-08.50 20-06.50 19-05.25				
31	Beirne, Erin	10	Watertown	20-06.75	2
	20-06 20-06.75 19-06.75				
32	Kenneally, Madeleine	11	Belmont MA	20-06.25	1
	19-00 20-06.25 FOUL				
33	Barrett, Maura	10	Wakefield	17-06.50	2
	13-09 FOUL 17-06.50				
34	Spickler, Sarah	10	Watertown	17-04.75	2
	FOUL 16-07.25 17-04.75				
35	Gorham, Isabel	10	Watertown	15-10.50	2
	FOUL 15-10.50 15-01.75				
36	Gallagher, Estelle	10	Belmont MA	15-06.25	1
	15-06.25 FOUL 14-02				

**Girls Weight Throw**

Name	Year	School	Finals
1 Cuthbertson, Ainsley	11	Lexington	41-07.50
	39-01	FOUL 41-00.50	41-07.50
2 Prior, Meghan	12	Arlington	37-02.50
	31-03.25	37-02.50 FOUL FOUL	
3 Hayes, Isabella	12	Arlington	32-09.50
	FOUL 28-00	32-09.50 30-09.50	
4 Wondolowski, Emily	11	Lexington	23-06.50
	FOUL 19-02	23-06.50 20-02.75	
5 Hayes, Gabrielle	12	Arlington	22-09.50
	17-01.75	18-03.50 19-08.50 22-09.50	